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STANDARD EDITION**

**Pathian Laka Helna leh Tlanna**

**January, February, March  
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**A Chhûnga Thu Awmte**

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## ***Thuhmahruai:***

### **Pathian Laka Helna leh Tlanna**

**P**ATHIAN thil siam tha famkimah chuan engtin tin emaw sua na a lo chhuak nawlh mai a, eng vânga lo chhuak nge tih chu hre chiah lo mah ıla, chu sual ngei chu indona ropui tia kan hriat tâk lo ințanna bul hi a ni nghe nghe. Thil pakhat kan hriat chian êm êm erawh a awm: he indonaah hian keini mihringte hi hnuh luhin kan awm a, mi tu mah hian kan tâlchhiatsan thei lo bawk tih hi a ni.

Chutiang chu a tîr ațang rênga a nih dân tûr erawh a ni lo. Thil siamte kha a “tha êm êm” vek a, tin, Pathianin “mal a sâwm” vek bawk. LALPA chu he thil siam tha famkim Enkawltu anga ngaih a nih tho rualin, ani chuan Evi leh Adama te chu an tâna a siamte enkawl tûrin mawhphurhna a pe chhâwng a. Setana’n fakedna thu eng emaw hmanga Evi leh Adama te a bum thlûk a, Pathian thu aia ama thu zâwk a âwitîr theih tâkah chiah khân chu indona chu leiah hian a lo thleng ve ta nghâl a ni. Pathianin a lo hrilh tawh Thupuanêk zawm awl tê tê-te kha rinawm takin lo zâwm zêl mai ni se chuan, tûna kan hriat ang khawvêl – retheihna, hrehawmna, leh tawrhnaa khat emaw tih mai tûr hi chu a awm hauh lo vang le!

“Setana’n Pathian nungchang dik lo taka lantîr a tumna leh mihringte’n Siamtu chungchânga ngaih dân dik lo tak an neih a, hmangaihna ni lova mi hlauhawm leh huathlala tak anga an hmuh theih zâwkna tûra a beihnate chu a la bânsan lo. Pathian dân hnâwl a tumna leh dânin thil a phûtte lak ata zalên ta anga inngaihna mihringte’n an neihna tûra a hnathawhte leh, hêng a bumna thu lo do lêt ngamtute chung a tihduhdahna a chelek thinte pawh chu ala chhunzawm reng bawk. Chutianga thil a lo tih tawh thîn dân chu Israel hnam thlahtu bul te, zâwlnete, leh tirkhohte bâkah, martarte leh Kohhran siamthatute chanchin ațang khân Chiang takin a hmuh theih a ni.”—Ellen G. White, *Indona Ropui*, p. xii

He thil lungchhiatthlâk tak ching fel tûr hian, hêng thil thleng zawng zawngte lo hmu lâwk vektu Pathian chuan “leilung pian hma daih tawh khân” (*Efesi 1:4*) a tih dân kawng a lo ruahman fel sa vek tawh a. “Chu chu tlanna ruahmanna” tia kan hriat tâk hi a ni.

He tlanna hi *Genesis 15*-a Pathianin Abrahama thu a thlunpui dân chanchin kan hmuh khân a lo entîr lâwk a, khami tum khân Pathian chu ransa phel inkârah mei alh hluah hluah angin a kal tlang a nih kha. Hmasânga mite'n sakhaw serh leh sâng an lo kalpui dân chu Abrama rinna tihnghehna atân hman a ni a; tin, keini pawhin sualin a thlen harsatna ching fel tûr hian amah Pathian ngei chu a rawn inrawlh a ni tih kan hriat theih phah bawk a ni.

Pathian chuan mihringte helna zawng zawngah hian mawhphurhna pumhlûm lâk a lo intiam tawh ngei a; tin, kan thil tihsual chi hrang hrang nghawngte pawh chu amah ngeiin a tawrh tûr thu a lo sawi tawh bawk. Hetianga a tih chauh hian Pathian chuan mihringte nêna an inlaichinna chhe tawh chu a din thar leh thei a, chu mai chu ni lovin, anmahni mihringte inkâr leh mihringte leh thil siam dangte inkâra inlaichinna pawh a siam tha leh thei dân bawk a ni.

Hêng thil zawng zawngte kan thlîr hian Setana'n Pathian mite leh thil siam dangte tihchhiat a châkzia chu kan hmu thei a. A ruahmannate chu Bible-ah hian puanchhuah a ni a, unau inkârah te, chhûngkuaah te, leh hnam khat zîngah te thlenga sual leh tha inbeihna awm fo thînte hian a thiltum chu a tilang chiang hle. Inhnehchhiahna a thlen châng te, tàm a tlâk lai te, sal tâna a thlen tum te'n hmuh a ni thîn a; tin, chhiatna a lo thlena din thar leh hna thawh hleih theih loh a nih lai te, thuneihna inchuh an awm châng te, leh milem biaknain mipui a hîp tum te'n a lang chhuak thîn bawk.

Pathian Lehkhabu pum pui hi kan chhiar chhuah vek chuan Pathianin Setana thiltumte a hneh zêl thîn dân kan hmu ngei ang. Isua chu Immanuela, “kan hnêna Pathian awm” angin a lo kal a, chutianga a lo kalna chuan Evi leh Adama te hnên atanga Setana'n ram a lo rûsak tawh chu a rawn la lêt leh a. Adama lo hlawhchham tawhnaah chuan Isua chu a hlawhtling ta a ni. A rawngbawlna hmang khân thil siam leh sual thiltihtheihnate lakah thu a nei tih a lantîr tawh a. Vâna a kîr leh hma lâwk khân amah zuitute chu thu a pe nawn leh a; tin, Pentikost nî-ah khân vân lalram huang chu an zauh zêl theih nân thiltihtheihna nêna a thuam bawk a ni.

Kraws-ah khân Isua'n chiang takin hnehna a lo chang tawh a. Kan rinawmna (loyalty) chu hnehna changtu lamah nge ni a, a tlâwm zâwk lamah kan hlan ang tih hi engtik lai pawha kan tihchian a ngai a. Thlan tûr chu a chiang sa reng mai; chutih rual chuan indona chu a la awm reng tlat avâng leh buminate chu engtik lai pawha a thlen reng si avângin kan thilung leh rilru hnehtu nih tuma inbeihna pawh hi chhonzawm zêl a la ni. Chuvângin, kan beiseina leh kan tawngtaina chu tûn kuartar-a kan zirlai zirte hian hêng bumna thenkhatte hi puang chhuak sela, tin, Krista chu thlang satliah ngawt lova amahah chuan kan awm zui reng theih nân min pui bawk se tih hi a ni. A chhan pawh amah Isua ngeiin, "A tâwp thlenga tuar peih apiang chu, chu mi ngei chu chhandamin a awm ang," (*Matthaia 24:13*) a tih vâng a ni.

*Tûn kuartar-a kan zirlai bu ziaktu, David Tasker-a hi South Pacific Division-a an field secretary ni lai mêk a ni a. Thuthlung Hlui zirna lama a kawtâwp (PhD) zo tawh niin, a pianna ram New Zealand-ah kum eng emaw chen pastor hna a lo thawk tawh a, Solomon Islands-ah mission president a lo ni tawh bawk. Pacific Adventist University (Papua New Guinea)-ah leh Adventist Institute of Advanced Studies (Philippines)-ah te Biblical Studies subject zirtirtu a lo ni tawh thîn bawk a. A nupui Carol-i nêñ fapa pahnih (Nathan-a leh Stefena-a te) an nei a, tin, tû pathum an nei tawh bawk a ni.*

Zirlai 1-na

December 26–January 1, 2016

VÂNA BUAINA

**CHÂNGVAWN:** “Chhandamna chu lalthutthlênga thû kan Pathian leh Berâm No te tâ a ni!” (*Thupuan 7:10*, NKJV).

**Chhiar tûrte:** *Isaia 14:4, 12–15; Ezekiel 28:2, 12–19; Luka 10:1–21; Johana 12:31; Thupuan 12:7–13.*

SABBATH CHAWHNÛ

December 26

**H**MANGAIHNA dân chu Pathian sawrkâr inngahchhan bulpui ber a nih tlat avângin chhia leh tha hriatna nei mihring zawng zawngte hlimna chu felna dân nêna inrem thlapa an awm leh awm lohah a inngat a. Pathian chuan a thil siam zawng zawngte lak aţang hian hmangaihna avânga a rawng an bâwlsak a beisei tlat a – chu rawngbawlna chu ama nungchang an ngaihhlutna aţang lo chhuak ni se a duh hle bawk a ni. Tihluihna hmanga thu inâwhchawpţir ang hi a lâwm ve lo va; mi zawng zawng hnênah zalênna a pe a, chumi hmang chuan anmahni duhthu rêngin a rawng an bâwl mai zâwk dân a ni,”—Ellen G. White, *Thlahtubulte leh Zâwlneite*, p. 11.

Thil siam zawng zawngte’n hmangaihna chu lawm nachâng an hriat chhûng kha chuan lei leh vân pum puiah hian inremna famkim a awm ţhîn a. Mahse mi pakhat a hel tâk avâng khân thil engkim a lo danglam zo ta a. Lucifera chuan Pathian aia hna thawk tha thei zâwk tûrah a inngai a. Pathian dinhmun leh chu dinhmunin a ken tel zahawmna pawh chu luahlan a duh bawk.

Chutianga thuneihna a duh luatna chuan vânah khian indona a chawk chhuak ta a (*Thupuan 12:7*). Eden Huana chêng Evi leh Adama te nupa chu buma thingrah ei phal loh a eitîrna hmang khân indona chu leiah hian a rawn chhawm lût ta a, a nghawng tha lo chi hrang hrangte chu kan tuar chho ta char char mai a nih hi. Chhandamna ruahmanna kan tih pawh hi a nihna takah chuan Pathianin helna a chin fel dân leh Setana’n thil a lo tihchingpen tawhte siam tha a, mumal taka an awm leh theih nâna a thiltih a ni kan ti thei ang.

**Vâna tlûkna chu**

**Isaia 14:4, 12–15** chhiar la. **Heti laia Babulon lal chungthu a sawina engte hian nge mihringte aia ropui fê zâwk mi tu emaw chungchâng a sawi a ni tih tilang?**

Leia lalte zînga tu mah hi vân ațanga lo tla thla an la awm lo va, chuvângin châng 12-15 thute hian Babulon lal aia ropui zâwk mi tu emaw chanchin a sawi ni ngeiin a lang. Chu mai chu ni lovin, vân ațanga lo chhuk a, vântirhkohte ai pawha dinhmun sâng zâwk luahtu, leh hmâr tâwp rêta awm inkhâwmna tlânga th ù tih thute hi hmasâng Bible ram vêla chêngte'n an biak òhin pathian tu emaw chanchin sawina a ni a. Hetah hian Setana thiltumte chu chiang takin hai lan a ni a, chuvângin he hrilhlâwkna thu hian kawh pahnih a nei tih a lang.

Isua pawh khân hetiang deuh hi Jerusalem chhiat tûr thu a sawi khân a lo hmang ve a (*Matthaia 24*). A zirtîrte khân Jerusalem tihchhiat a nih hun tûr chungchâng an zâwt chu ni tho bawk mah se, Isua chuan Rom-hote'n A.D. 70-a Jerusalem an rawn tihchhiat tûr thu leh chu aia ropui zâwk a tak taka khawvêl la tâwp tûr thu chu sawi kawpin a chhâng ta a ni. Hetiang chiah hian Isaiah pawhin Babulon lal ropuizia leh thiltihtheih òhinzia chu sawiin, chûngte chu leia lalte aia ropui leh thiltitheih zâwk daih eng/tu emaw-ah a hmehbel ta thung a ni.

**Ezekiela 28:2, 12–19** chhiar la. **Hêng chângachte hian engtiangin nge Setana nihna chu tarlan a nih?**

Ezekiela hian Eden Huana awm mi òha famkim pakhat chanchin a sawi a, chu mi chuan puithiam lalber âwmbela an dah ang lunglhu chi tinrênga cheimawi thuamhnaw a inbel a; tin, Pathian lalòhutphaha vêngtu cherub ni tûra ruat a ni bawk. Amaherawhchu, òha famkim

ni mah se a “mawina” avâng chuan amah leh amah a intikhaw lo ta a ni.

Hetianga mihring nihna leh incheina eng eng emaw a sawite hmang hian vân mite awm dân tlângpui chu kan lo hriatthiam theih phah a. Zâwlneite chuan amah lâwng lâwnga hriatthiam mai harsa deuh tûr thil eng emaw sawifiah nân a ang teuh ber tûr leh hriatthiam awlsam zâwk tûr thil dang emaw an hmang mai ðhîn a. Vâna thil thlengte chu keini leia chêngte tân hi chuan hriatthiam a harsa mai thei a; mahse leia rorêltute’n an thuneihna hmanga dik lo leh âthlâk taka thil an tihin a nghawngte chu kan hrethiam thei vek thung. Isaia leh Ezekiel a te hian mihringte tâna hriatthiam phâk rual loh tûr, Pathian remruat anga engkim fel leh mâwi taka awm chu mi tu emaw-in ama hma a sial êm avâng a lo tihchhiat tâk vek dân min hrilh a ni.

**Pathian siam mi ðha famkim, a awmna hmun leh vêl te pawh ðha famkim bawk Lucifera meuh pawh chapona avângin amah leh amah a intikhaw lo ta vek mai a nih chu! Hei hian keini suala tlu tawh mihringte tâna chopona hlauhawmzia eng nge min hrilh le?**

**THAWHTANNI**  
**He khawvêl lal chu**

*December 28*

**Johana 12:31, 14:30, leh 16:11-te hi chhiar la. Eng vângin nge Isua hian Setana chu he khawvêl lal ti-a a sawi le?**

Pathianin Eden Huana Evi leh Adama te a dah tihh khân huan leh a chhûnga thil awmte enkawl hna chu an kutah a dah nghâl a (*Genesis 2:8, 15*); tin, thil nung chi hrang hrang - tua chêng chi te, vân boruaka chêng chi te, leh khawmuala chêng chi te chungah thu a neihtîr baw a (*Genesis 1:26, 28*). Adama’n leia ramsa awm zawng zawngte hming a phuahsak khân a anmahni enkawltu tûr a nihzia a tilang a ni. Dân tlângpuiah chuan thil eng emaw hming

phuah tûr chuan chumi chung a thuneitu nih a ngai thîn a, chುವ್ಯಂಗin thil siam zawng zawngte hming a han phuahna hmang khân Adama chuan he khawvêl rorêltu a nihzia Chiang takin a târlang a ni.

Chu thuneihna chu Adama'n a lo chhân tâkah khân Setana chuan a hmun ruak chu rang takin a rawn luah nghâl a. An dinhmun ngaia mihringte dah leh an nih theih nân Krista chu Kalvari tângah a lo inhlân tawh a, a famkimna erawh chu tlansa zawng zawngte'n Evi leh Adama te hamthatna ang an chan leh a, chatuan atâna "lal leh puithiam" anga ro an rêl hunah a thleng ang (*Thupuan 1:6, 5:10*). Joba lehkhabu bung tîr lamte hian Adama thil chhân nasat-zia chu min hrilh a. Lei leh vâh pum puia rorêlna lalthuthlêng an hûnna pindan chu min han thlîr-tîr a, suala kan tlûk achinah kha chuan khaurêl (nature) thu thu-in kan lo awm ta mai a ni tih kan hmu thei a ni.

***Joba 1:6, 7* leh *2:1, 2*-te hi chhiar la. Eng vângin nge Setana hian Pathian fate LALPA hmaa an inlanna a tel ve tum khân a chhuk a chhova lei a fan kual vênna a tanga lo kal a nih thu a sawi?**

"Chhuka chho" tih emaw, "kala lêt leh" tih emaw-te hi zin khawthawng mite'n khawi hmun emaw an tlawh thu sawina atân hman a ni ngai lo va. Pathian Lehkhabu-ah hi chuan neitu nihzia entîrna anga hman a ni tângpui thîn. Pathianin Abrahama hnêna ram a pêk dâwn khân a ram pêk tûr dung leh vâng chu fang chhuak vek tûrin a hrilh a (*Genesis 13:17*), chutiang bawh chuan Mosia leh Josua te hnênah pawh a hrilh leh bawh (*Deuteronomi 11:24; Josua. 1:3*). Setana pawh hian "he khawvêl pathian" (*2 Korin 4:4*) ni ta angah a lo inhhâl ve a ni ngei ang.

Joba lehkhabu bung hmasa pahniha Setana lo lan ve nawlh dân leh *Genesis 3*-naa thil thleng hi a inzûl hle a. Setana chuan Paradis-ah khân buaina a chawkhhuak a, chutianga a duh anga



a chêt hnu chuan mihringte chu hrehawm tuar zui zêl tûrin a hnutchhiah ta a ni.

**He khawvêlah hian Setana chuan hna a thawk ngei a ni tih hriat theihna tûr kan nei em? Eng tik nî-ah emaw chuan hêng thil hnawk leh buai zawng zawngte hi chin fel vek a la ni dâwn a ni tih thuthiam aṭang hian engtin nge beiseina i lo chhar ve theih ang le?**

**THAWHLEHNÍ**

*December 29*

**Vânah indona a chhuak**

Vânah indona chhuak hi eng ang indona nge ni tih kan hre lo va; chumi awmzia chu Setana leh a hnungzuitute vân aṭanga paihthlâk an nih thu bâk hi chu eng ang inbeihna nge awm tih kan hre lo tihna a ni. Khatia buaina chhuak ta khân vânah khian eng ang chhiatna nge a thlen tih chu Bible hian engmah a sawi lo va. He leia thlarau lam thila nghawng a neihte chu a chhui ber zâwk a ni.

***Thupuan 12:7–16* chhiar la. Hêng chângte hian vânah indona ropui a thlen dân leh chu indona chuan vân leh lei a nghawng zui tâk dân engtin nge a sawi?**

Johana'n "kan unaute hêktu" leh a hnehtute inkâra indona awm mêk hi a ṭha zâwnge a sawi dân hi lo chhinchhiah la. He indona hi chhandamna leh Pathian lalram lo thleng mêk nêna inzawm niin a sawi a (*Thupuan 12:10, 11*). He thu hi indona ropuia hian a pêng pawimawh tak pakhat a ni a, chuvâng chuan hemi bung pum puiah pawh hian Thupuanui berah a hmang a hmang ta rêng a ni.

*Thupuan 12* hi eng ang boruak hnuaia zia nge a nih tih leh eng nge a sawi tum tak tih te hi kan hriat a pawimawh a. Hemi bungah hian thil ṭihbaiawm tak tak pathum kan hmu a; mahse

hêngte hi chhanchhuahna mak tak takin a zui leh ðheuh tho a ni. He inlârna hmuhdawm tak maiah hian Johana chu Krista leh Setana te inbeih dân hmuhtîr a ni a; tin, Setana'n Isua Krista chu a lo tluk lohzia pawh hmuhîr a ni bawk. Entîr nân, drakon lian pui mai (Setana, *Thupuan 12:9*) chuan nausên (Isua) lo piang mai tûr chu a lo chhuah rual ruala dawlh nghâl tûrin a lo inrâlring a. Chutiang lak aţang chuan eng ang nausên nge dam khawchhuak thei awm ang? Mahse ani chu a dam khawchhuak tlat mai, Pathian hnênah leh a lalţhutphahah chuan lâk chhohin a awm ta daih a. Tichuan, drakon chuan nausên hringtunu (Pathian mite entîrma a ni; *Thupuan 12:13 en la*) chu tihduhdah a tum ta a. Nau hring hlim hlawl a ni si a, engtin nge drakon lakah hian a invên theih tâk ang le? Nimahsela ani pawh hi mak deuh maiin a tlân chhuak ve leh tlat mai (*châng 14*).

A vawi thumna atân drokon chuan Pathian mi thlante chu tihboral a rawn tum leh ta a, tuiin hmeichhia chu a len bo theih nân a kê aţang chuan tui tam tak a phuh chhuak a (*châng 15*). Hmeichhe âwm nêmlên bo tûrin tui a lentîr tihna a nih chu! Mahse Pathian bawk chu a rawn inrawlh leh a, hmeichhia pawh chu a chhanchhuak leh ta a ni (*châng 16*).

Tichuan, drakon chuan hmeichhe thlah la bâng awm chhunte lam chu a hawi ta a. A thinrim êm êm mai a, anmahni chu a do ta a. Mihringte chanchin kal tawhte kha kan thlîr kêr chuan Pathian mite'n beih, hnehchhiah, leh tihduhdah an tawrh nasat ðhinzia kan hmu ngei ang. Hêng an chung a thil lo thlengte hi tawrh chhuah zawh rual loh khawpa râpthlâkah kan ngai ðhîn a, an tawrhnaah hian an chanchin chu a tâwp ta mai emaw kan fo bawk. *Thupuan 14*-ah hian mi rinawmte chu Pathian lalţhutphah hmâa an din thu kan hmu a, chuvângin anni pawh hi Pathian chuan a lo chhanchhuak ve a ni tih kan hre thei a ni.

**Nangmah aia thiltitheih leh chak zâwkte'n an hnehlâk che ni-  
a inhriat châng i nei ðhîn em? Chutiang hunah chuan engtin**

## **ngê chùngte aia thiltitheî zâwk Lalpa hnên a tângin huaisenna chhar dân i zir theih ang?**

**NILAINÍ**

*December 30*

### **Setana hnawhchhuah a ni**

Kan hmuh tâk ang khân, vâna indona chu vânah khian tâwp mai lovin lei pawh hi a rawn nghawng tel ve ta a. Hun eng emaw chen chhông chu Setana (“kan unaute nêktu,” *Thupuan 12:10*) hi Pathian lalthutphah hmaah a la inlan chhunzawm zêl thei a, Pathian mite pawh a la hêk zat zat thei ni bawkin a lang. Chutianga a hnehchhihna tuarte zingah chuan Joba pawh kha a tel ve a ni.

### **Luka 10:1–21 chhiar la. Heti laia Isua’n Setana chungchâng sawi nâna tawngkam a hman he eng awmzia?**

Isua’n sawmsarihte a tîrh chhuah hma khân paw Isaiia emaw, thawmhnaw hâk thlâk tûr emaw keng miah lo tûrin a hrilh a (*Luka 10:4*), anmahni lo thlengtute chu Pathian malsâwmna dilsak tûrin a chah bawk (*châng 5*). Chinghne zingâ berâmno tlâ ang deuh an nih thu a hrilh a (*Luka 10:3*). Hetianga amah zuitute a ngaihtuahzia chu *Thupuan 12*-ah pawh a lang a, drakon chuan Pathian mite do tuma hma a lâk thu kan hmuh leh a ni.

An va kalna a tanga lâwm taka an lo kîr leh khân zirtîrte chuan ramhuaite chu an thu thu-a an awm thu an rawn sawi hlawm a (*Luka 10:17*), hei hian Isua pawh a tilâwm ve hle-in a rinawm (*Luka 10:21*). Setana chu têt ang vâna a tanga lo tla ang a sawi pawh kha hemi tûm hian a ni nghe nghe a. A zirtîrte hnênah chuan an thu thu-a ramhuaite an dah theih vâng ni lovin, vâna an hming ziak a nih tâk avâng zâwka lâwm tûrin a hrilh zui ta bawk a (*Luka 10:20*). He a thusawi hian mihringte chhandamna awmna dik tak chu kan Chhandamtu hnênah nghet takin a dah a. Hmêlmapa hnehtu chu keimahni hi ni lovin amah Isua zâwk a ni.

Isua zuitute hnênah chuan Isua’n a hlenchhuah tawh chhandamna mi dangte hnêna hrilh chhâwn ve zêl theihna erawh

pêk an ni tho a. *Luka 10:17-20*-a thil thleng hian a mite chu Isua'n thuhretu nihna hna a pêk avângin Setana chungah lam pawh thu an neih theih nân thiltihtheihna a pe a ni tih a târlang. Thuhretu nihna chuan he khawvêla mite chungah Setana thuneihna chu a su chim thîn a, chu mai chu ni lovin, mihringte chu a hna pangngai Pathian lamram zauh zêlna hna chhunzawm leh theihna remchâng a siam bawk thîn a ni.

Kan hmêlmapa chungah thu kan neih theih tâkna chhan chu Isua'n kraws-a hnehna a lo chan tawh vâng a ni a. Paula chuan Isua'n lalnate leh thuneihnate hlîp thla-in chûngte chu kraws-ah khân a lo hneh vek tawh thu a sawi a (*Kolosa 2:15*). Amahah chuan Pathian mite'n chu hnehna changtute an lo ni ta a. Setana chu tihbora a ni ngei dâwn tih a chiang bawk. He khawvêl lal hi paih chhuah a la ni dâwn a (*Johana 12:31*), Pathian mite a tibuai leh tawh ngai lo ang. Indona chu LALPA indona a nih avângin kan lâwm hle tûr a ni.

**“Vâna in hming ziak a nih avângin lâwm zâwk rawh u.” He thu hi ngun takin ngaihtuah zui la. Eng nge a sawi tum ni a, eng vânga lâwm hle tûr nge maw kan nih le?**

NINGANÍ

*December 31*

**Indona chu chhunzawm zêl a ni**

Rûl tûr nei hi thah a nih hnu-ah pawh rei vak lo chhûng chu a la che ngual ngual thei a, i khawih a nih pheih chuan a tûr chu a la rawn tichik chhuak thei bawk. Chutiang chiah chuan Setana seh hi a hlauhawm ngaiin ala hlauhawm reng tho a. Kalvari-ah khân hneh a ni tawh tho nachungin, a hlauhawmna erawh a la bo chuang lo a ni.

***Johana 16:33* chhiar la. Engtin nge Isua'n a zirtîrte kha sual nêna inbeih chhunzawm zêl chungchânga vaukhânna thu a hrilh le?**

Isua khân a zirtîrte'n hun harsa tak tak an la tawh tûr thu hi a hre Chiang khawp mai a; mahse chûng harsatnate chu a helhkham ber a ni tlat lo, amah avânga hnehna an la chan tûr lam chu a thlîr zâwk a ni. He thutiam hi rilrua dah chungin Paula chuan Rom khuaa ringtu awmte chu Pathianin an khephah hnuaia Setana a la rah perhtîr thuai tûr thu a hrilh a (*Rom 16:20*). Johana pawh khân ni hnuhnung kohhran hnênah he thu tho hi a rawn sawi ve leh a - Berâm No thisen zârah hnehna an la chan ngei tûr thu hi a hrilh (*Thupuan 12:11*).

***Hebrai 12:1, 2*** chhiar la. He laia “thlîrtute” a tih hi tute nge ni? Engtiangin nge hêng mite hian min fuih phûr le? *Hebrai 11 pawh en bawk rawh.*

*Hebrai 11*-ah hian rinna kawnga mi hmingtha thenkhatte chanchin tângpui kan hmu a. Abela chuan Pathian hnênah inthâwina tha famkim a hlân a, chuvâng chuan a thi tawh mah se hriat reng a la hlawh a. Enoka chu Pathian nêan lêng dún thîn a, chuvângin Pathian chuan ama hnêna chêng ve tûrin [thihna tem lovin] vânah a la chho ta a. Nova chuan thil lo thleng tûr, la hmuh theih si lohte chu a hril a, suala pil tawh khawvêl hnênah chhandamna thu a tângaupui a. Abraham a chuan ram tiam lama kal tûrin a awmna ram chângkâng tawh tak chu a chhuahsan a. Sari chu fa nei thei tawh lo tûr khawpa upa tak ni tawh mah se thutiam fa chu a hring leh ta tho a. Mosia chuan lal ina nuamsa taka chên ai chuan a mite nêna hrehawm tawrh tân chu a thlang zâwk a. Rahabi pawhin ring loho zîngah Pathian ropuizia a lo lanfîr ve bawk a ni (*Joshua 2:9–11*). Hêng mite hi *Hebrai 12:1*-in a sawi chhûmpui nasa tak anga min thlîrtute zîngah khân an tel ve a. Inkhêl entute'n an tan zâwng ni lêm lote inkhêl an thlîr liam ve mai mai ang hian min thlîr ve lo va; Pathian chu a rinawm a, harsatna an tawh hrang hrangahte khân ani chuan a chelh tlat zêl a ni tih min rawn hriattîr pah reng a ni. Chuvângin, he indona ropui takah hian kan mal tan lo a ni tih i hria ang u.

**Hebrai 11-nain rinna pasal ̣a a sawi ̣enkhatte hi han tḥir la. Ṭute nge an nih a, eng ang mi nge an nih hlawm? Diklohna nei lo leh sawiṣelbo an ni ḅik lo va, chuti ahnehin keimahni ang bawka hlauh cḥang leh rilru so phut cḥang nei leh, chaklohna eng eng emaw nei ve thote an ni hlawm. Heta ̣ang hian eng ang fuihna thu nge i chhar chhuah thei ang le?**

**ZIRṬAWPṆI**

*January 1*

**Ngaihtuah zui ṭur:** Lucifer-a thinlunga sual a lo luh maina chhan hi kan hre lo va. Ellen G. White-i chuan ẓawi ẓawiin Lucifera chuan mahni incḥawiṣan duhna rilru an put chho thu min hrilh a—*Thlahtubulte leh Ẓaẉlneite*, p. 35.

Mi ̣a famkim chung a he thil lo thleng ta mai hian phat rual lohin Pathian chuan mi tin hṇenah duhthlanna zaḷen a pe ̣euh a, chu chu a sawrḳar inngahna p̣eng pakhat pawh ni bawk tih a laṇfir. Pathian chuan mihringte hi ̣a tak vekin a siam a, thil ̣a leh ̣a lo thliar hran theihna pawh a pe ̣euh bawk. Anmahni-ah kḥan thil ̣a lo lam awn duhna rilru engmah a awm lo va. Chutiang ni si, eng ṿangin nge Lucifer-a rilru-ah kḥan sual a rawn awm theih le?

A chḥanna awm chhun chu a chḥanna awm lo tih mai hi a ni. Thil sual tihna ṭur hian chhuanlam engmah siam theih a ni lo va. Siam theih ni ḍawn ta ang se chuan, amah Pathian chu mawhphurtu ber a ni tihna a ni ang. Mihringte hi chuan thil ṛeng ṛeng hi eng ṿanga lo awm nge tih leh eng nge a nghawng tih te hriat kan duh tḥin a. Nimahsela sual hi chu eng ṿang maha awm a ni ve lo va; awm na chhan a nei lo hrim hrim a ni. Awmze nei lo leh thil awm ang lo lutuk a ni a. Chuṿangin Lucifera pawh hian a thiltihahte kḥan thiamthu sawi ṭur engmah a nei lo va, ani phei hi chu Pathianin a duhsak eṃ eṃ tḥin a ni ẓawk nghe nghe. Duhthlanna zaḷen chu engtin emaw tak a lo hmang sual ta a, amah leh amah chu intikhawlovin “Ṿarparha” ni tḥin kha Setana, Pathian leh a mite “hṃelma” a lo ni ta. Hemi thu-ah hian kan hriatthiam pḥak loh thil tam tak chu awm tho bawk mah se, keini pawh hian kan duhthlanna

leh kan zalênna thianghlim takte hi fimkhur taka kan hman ðhin a pawimawhzia kan hrethiam ngei tùr a ni.

**Sawi ho tùrte:**

- ❶ Pathian laka Setana helna chhan bulpui ber pakhat chu îtsîkna thinlung a put vâng a ni a. Nangma thiltawn ngeite pawh kha han thlîr kîr la, îtsîkna hian eng ang chhياتna nge a lo thlen ve tawh che u le? He rilru, mi tin tih theih deuh thaw-ina kan put hi engtin nge a hneh dân kan zir theih ang?
- ❷ Duhthlanna zalên pêk ðheuh kan nih thu hi ngun leh zualin han ngaihtuah leh ula. Engtiang takin nge he thilthlâwnpêk hlu tak hi kan lo hman ve ðhin? He thilthlâwnpêk dik lo taka hmannaing a ngawng chhuah thil râphtlâk tak takte chu thlîr ho ula. Engtin nge dik taka hman dân kan zir theih ang?
- ❸ Duhthlanna zalên pêk ðheuh kan ni chung hian dân erawhin pawimawhna a nei ve tho bawk si a. Dik taka sawi pheih chuan duhthlânna zalên kan neihzia tilang chiangtu atân Pathian chuan dân hi a siam a ni zâwk nghe nghe. A thuhrimin, thil dik leh dik lo thliar hrang thiam leh a dik zâwk chu thlang thei i nih si loh chuan ðhatna dân ngei pawh chuan eng nge awmzia a neih ang? Dânin a kaihnawih thil hrang hrangte leh dânin mihringte zalênna chungchâng a sawi dân hi ngun leh zualin han ngaihtuah ho leh teh u.
- ❹ Mi ðhenkhat chuan ramhuaite (Setana pawh a ni tho a) hi a tak taka awm angah an ngai tawh mang lo va. Eng vângin nge chutiang ngaih dân chu Bible thu kan hriatthiam dân bulpui nêh pawh a inkalh viau le?

## EDEN HUANA BUAINA

**CHÂNGVAWN:** “Nang leh hmeichhia hi ka indotîr ang che u a, i thlahte leh a thlahte pawh ka la indotîr bawh ang: chû mi chuan i lû a la tithitling ang a, nangin a keartui i la tithitling ang, a ti a.” (*Genesis 3:15*).

**Chhiar tûrte:** *Genesis 1:28; 2:15–17, 3:1–7, 10–19; Matthaia 6:26; Rom 8:17.*

### SABBATH CHAWHNÛ

January 2

**K**HAWVÊL leh a chhûnga thil awmte a siam zawh hnu khân Pathian chuan thil engkim chu “tha êm êm” vek niin a puang a (*Genesis 1:31*). Amaherawhchu, tûnah hi chuan khawvêla thil awmte hi an “tha êm êm” tawh hauh lo a ni tih chu a Chiang khawp mai. Kum za eng emaw zât liam ta chhûng ringawt pawh khân khawvêl siam that leh tum pàwl leh mi mal thahnemngai tam tak an lo awm tawh a; chuti chung chuan kan khawvêlah hian buaina, indona, inawpbegna, leh inhnuaiichhiaha a hluar tial tial a, tin, boruak leh tui te a bawhlhlawh tial tial a - mi tin mai hian him lo riauin kan inhre tawh a nih hi. Kum zabi 20-na kha thil tha tak tak lo thleng tûr awm anga ngaihna nêh a lo inher chhuak a nih pawhin, chu beiseina chu kum zabi 21-na hian a tithâmral ta vek chu a nih hi – a chhan lah chu a tha hle leh nghâl a.

Hetiang dinhmunah hian engtia lo lût ta mai nge maw kan nih le? A chhânna chu indona ropuiah hian kan hmu a, chu indona chu vânah intan ni mah se, vânduaitlâk takin leiah a lo kângkai ve ta a, chu pawh khawvêl siam a nih hnu rei vak lovah khân a ni leh nghâl.

Tûn kârah hian Setana’n mihringte zalênna a tikhawlohsak tâk dân leh, tûnlai thlenga mi tinin kan tawn vek chhiatna chi hrang hrang lo awm tan dân te kan thlîr ho dân a.

Suala mihringte an tlûk tâk thu hian Setana laka kan him theihna kawng awm chhun chu Pathianin thu min hrilhte âwih mai naah leh



ti tûra min hrilhte zawmnaah a innghat a, dik tak pheï chuan a thu chu a pawimawh zâwk nghe nghe a ni.

SUNDAY

January 3

## Malsâwmna pathumte

Khawvêl leh a chhônga thil awmte siam thu Genesis 1-a kan hmuhah hian “tin, Pathian chuan a en a, ða a ti hle a” tih ðawngkam hi vawi sarìh a lang a, chutianga ða a tih hle-te chu: êng (1:4); khawmual leh tuifinriat (*chông 10*); fang neia rah chî thlaite leh mu neia rah chî theite (*chông 12*); nî, thla, leh arsìte (*chông 16*); tuia chêng sanghate leh vôn boruaka awm tûr sanghate (*chông 21*) leh; ramsate, rante, leh bawkvâka kal chi tinrêngte (*chông 25*) hi a ni a. Hêng zawng zawngte a siam hnu hian Pathian chuan a hna a thawk zo ta a, tichuan he thu, “Pathianin a thil siam tinrêngte chu a en a, ngai teh, ða a ti êm êm a” (*Genesis 1:31*) tih hi kan hmu leh ta a ni. A thil siam tinrêngte chu “ða êm êm” vek ni-a a puan hnu hian Pathian chuan thil dang pakhat ti leh a nei a - a thil siamte chu kawng thumin “mal a sâwm” leh ta a ni.

A hmasa berah chuan, tuifinriata chêng chî thilnungte leh savate chu mal a sâwm phawt a. Chi tam tak thlaha lo pung a, tuifinriat tuite tikhat vek tûr leh, savate pawh leia lo pung zêl tûrin a hrilh a (1:22). A dawt lehah chuan, Evi leh Adama te a siam hnu khân Pathian chuan mal a sâwm zui nghâl a, chi tam tak thlaha lo pung a, leilung hi luah khat tûrin a fuih ve leh baw (1:28).

**Genesis 1:22, 28 chhiar la. Hêng malsâwmna thu pahnihte hi a bulðanna chu inang mah se, Evi leh Adama-te hnêna a sawiah kha chuan thil dang sawi tel a nei a, chu chu eng nge ni?**

Mihringte hian sanghate leh savate nên inthlah pung tûra fuihna thu Pathian hnêna a ðangin an dawng tlâng vek a; mahse sanghate leh savate nêna an danglamna ni ta chu Evi leh Adama te hnênah kha

chuan leilung leh a chhûnga thilnung awm zawng zawngte enkawl hna a pe tel bîk a ni. Hetah hian Pathian anpuia siam chu eng eng ni a awmzia tih kan hmu zui a. Siamtu chuan kan nu leh pa hmasa berte chu a thil siamte châwi kâng a, kawltu atân a sâwm a ni (*Rom 8:17; Hebrai 1:2, 3*).

Thil siam chanchina Pathianin mal a sâwm pathumna chu ni sarihnî Sabbath hi a ni a (*Genesis 2:3*). Hetah pawh hian mihringte chu ransate aiin an chungnung hle zâwk a ni tih nemngheh a ni leh a, thil siam dangte'n an neih ve phâk hauh loh Siamtu nêna hlim taka inpâwl hona nei thei tûra siam an ni. Hei hi thil siam dang zawng zawng aia mihringte'n dinhmun pawimawh bîk an luahzia tilangtu a ni bawk. He thu hi Isua pawh khân uar takin a lo sawi ve a: “Chunglêng savate hi en rawh u, buh an tuh lo va, an ât hek lo, buh inah an seng lût hek lo; nimahsela in Pa vâna mi chuan a châwm si a. Nangni chu anni ai chuan nasa takin in hlu zâwk lo vem ni?” tiin (*Matthaia 6:26*). Thil siam dangte hlutna sawi bo chuang si lovin he leia mihringte danglam bîkna leh hlut bîkna chiang takin a sawi lang a ni.

**Engtiang kawngte-in nge khawvêla thil awmte siam a nih dân Bible-in a sawi hian ngaih dân dang, entîr nân, evolution theory tih angte'n an theih ve miah loh mihringte (mi mal tin) dinhmun zahawmzia leh ropuizia a lantîr? Bible-in mihringte tobul a sawina êngah hian nangmah leh nangmah kha: *Mi tinte hnênah hian an phû ang tâwk zahna i lantîr thîn em? tih inzâwt ang che.***

**THAWH TANNÎ**  
**Theirah hmanga fiahna chu**

*January 4*

Pathian chuan thil engkim mai hi inthên hranga awm tûrin a siam a, an inthenna ramrî pawh chiang taka hriat theih a ni bawk: entîr nân, êng leh thim, boruak zau tak chung a tui awmte leh boruak

zau tak hnuaiia tui awmte, khawmual leh tuifinriat, chh ûn leh zân, anmahni chi awm dân tûr ang theuha siam thilnungte, ni dang zawng laka a serhhran bîk nî, hmeichhia leh mipa, thing dang zawng laka serhhran bîk thing pakhat.

**Genesis 1:4, 6, 7, 14, 18, 21, 24, 25 te hi chhiar la. Eng vângin nge hetianga thil chi hrang hrangte danglamna tilangtu ramrî hi mihringte siam an nih hma hauh pawh khân a lo kham tawh le?**

Pathian chuan mihring te, ramsa te, leh sava te chu leia vaivut aţangin a siam a (*Genesis 2:7, 19*), chutiangingin thingk ûng mâwi tak takte leh rah tuihnai tak tak chhuah thîn theite pawh lei aţang vêkin a “to-tûr” a (*châng 8, 9*). Huan mâwi tak siam nân a bîk takin ram bial khat a thlang bawk. Chu huan mawi tûrzaia chu kan suangtuah pha tawk chauh a; tûnlaia huan mâwi tak tak kan hmuhte zîngah hian Eden Huan han el pha tûr pakhat mah a awm lo. He huan, a bîk taka Pathianin a siam lai takah hian thingk ûng danglam tak mai pahnih - nunna thing leh a chhia leh a ţa hriatna thing te chu a awm a. A chhia leh a ţa hriatna thing rah hi chu ei phal a ni lo va, an ei a nih vaih chuan a nghawng râpthlâk tak an tawrh a ngai dawn a ni (*Genesis 2:17*).

**Genesis 2:15–17 chhiar la. Engtin nge hetah hian thil chhia leh thil ţa chu thliar hran a nih thu puanchhuah a nih a, chu chu Pathian laka an rinawm leh rinawmluh fiahna a nih nghâl bawk?**

Thil ţa leh thil chhia chu Chiang leh fiah taka thliar hran a ni a: huana thing tinrêng rahte chu an ei thei vek a; mahse he thing danglam tak, thing dang zawng laka serh hran bîk rah erawh hi chu an ei tûr a ni lo. Pathian Thupuanêkah hian Chiang lo leh hriat sual palh theih engmah a awm lo va. Evi leh Adama te kha a ţa leh a chhia thliar hrang thiam thei tûra siam an ni a; tin, chu chhia leh ţa

hriatna chu zalênna tel lo chuan hman theih a ni lo bawk. He thing rah hmang hian chu zalênna chu engtin nge an hman dâwn tih fiah a ni dâwn a ni. “A ða leh a chhia hriatna thing chu Pathian laka an rinawmna leh amah an hmangaihna leh hmangaih loh fiahna atâna siam a ni a. LALPA chuan mihringte’n an duh duha an tih theihte zîngah hian thil pakhat erawh khap tlat neih ða a ti a; chu a khap thil chu zah lova an tilui a nih chuan dân bawhchhia anga ngaih an ni dâwn a ni.”—Ellen G. White, *Thlahtubulte leh Zâwlneite*, p. 34, 35.

**I nun kha thlîr la, eng thilte nge i nun aţanga i paih thlâk ngei ngei ngai awm ve le?**

THAWHLEHNÎ

January 5

**Tlûkna chu: Then khatna**

Ramsa dang zawng aia “fing vervêk” ni âwma sawi rûl chu (*Genesis 3:1*) Bible bu pum puiah hian thil ða lo lam chhinchhiahna atâna hman zui zêl a lo ni ta a. Israel fate’n Kanan ram an pan lai khân rûl chuk na mi-in a chu chiam mai a, chûng a mi chukte chu an lo dam chhuah leh theih nân Mosia chuan banah dâra siam rûl lem a khâi a (*Nambar 21:5–9*). Mahse chu dâr rûl ngei mai chu nakînah chuan pathianah ngaiin an be ta hlauh mai a, a hnu kum sawmsarih vêlah Lal Hezekia khân a tihkeh sawm ta vek a nih kha (*2 Lalte 18:4*). Thupuan lehkhabu-ah pawh “rûlpui tar” chu “Diabola leh Setana” sawina a nih thu kan hmu leh bawk (*Thupuan 12:9*).

**Genesis 3:1–5 chhiar la. Setana khân Evi bum nân eng ang ruahmanna nge a siam?**

Rûlin ðawngkam a chhâk chhuah hmasak ber kha rinhlelhna leh mi dangte rin zawh lohna thinlung mi neihtîr thei tûr chî a ni a: “Chutiang chuan Pathianin a sawi tak tak a maw?” (*Genesis 3:1, NIV*). Evi lah khân eng vâng a rûl chuanrawn be ta mai nge a ni tih

kha ngaihtuah lovin, Pathian a rinna tichhe tûr dâwt thu chu chawplehchilhin a in-uai thlûktîr ta zâwk a. Setana'n "Pathian chuan, 'Huana thing rah rêng rêng hi in ei tûr a ni lo,' a ti elo maw?" tia a zawh khân (*Genesis 3:1*) Pathian chuan thing rah rêng rêng hi a zavaiin ei a khap vek ni âwma ngaihtîr a tum a (hei hi a Hebrai tawnga a inziah dân behchhana sawi a ni); mahse chu chu Pathianin a khap chu a ni hauh si lo.

Hetah hian Pathian nungchang chu rinhlelh a ni a, chu tak chu chiang taka amah beihna a ni bawk. He rûl hian Evi rilru kha a tibuai viau a ni ngei ang, a chhan pawh a chhân lêt dân aţang hian a chiang mai a, Pathianin a hrilh miah loh pawh a sawi tel ta nawk mai a ni: "Ti lo ve, huana thing rahte hi kan ei thei asin: huan lai taka thing awm rah erawh hi chu Pathianin, 'in ei tûr a ni lo, *tawh pawh in tawk tûr a ni lo*, chutilochuan in thî ang,' a ti a ni," tiin (*Genesis 3:2, 3; 2:17 nên khinkhin la*). Tawk miah lo tûrin Pathianin a hrilh ni âwma a sawi hi chu a rilru buai vânga ama'n a belh chawp mai zâwk a ni.

A hma lâk tawh china a hlawhtlin êm avâng hian Setana chu a huaisâr leh zual sauh a; tichuan, ualau takin Pathian thuneihna chu a cho ngam ta hial a: "i thi hauh lo vang" tiin a hrilh ta tâwng mai a ni (*Genesis 3:4, NKJV*). Amah ngei chuan thingkunga awm chung chuan a rah chu a hân khawih vêl a, a la nung reng tho bawk si khân a thil sawi chu a tiâwihawm ve riau bawk si. Tichuan, a tâwp nân tihian a han hrilh leh ta a: "In ei nî apangin in mit a lo vâ ang a, a chhia leh a ʒha hria-in Pathian ang in lo ni dâwn tih Pathian chuan a hre reng a nih chu," tiin (*châng 5*). Thlêmtu hian Pathian chu mi riawm lo ni âwma a chhuah mai bâkah, Evi leh Adama te tâna ʒha tûr thil ui ʒhen tlat angah a puh bawk a ni.

**Setana hian thu dik chu thu dik lo nên a chawhpawlh a. Mite hian thu dik leh thu dik lo chawhpawlh eng engte nge an âwih ve awm? Chutianga chawhpawlh chu, a bîkin thurin chungchângahate hian eng vângin nge a hlauhawm viau le?**

**Tlúkna chu: Then hnihna**

Pathianin Evi leh Adama te siam a tum lai khân a anpui leh amah ang taka siam an nih tûr thu a sawi a (*Genesis 1:26*). Thlêmtu-in chawchah/tawktarh atâna a hman chu: thing rah ei phal loh chu an ei a nih phawt chuan “Pathian ang” an lo ni dâwn tih thu kha a ni. A nihna taka chuan Pathian ang chu an ni tawh sa reng zâwk a. Ama anpuia siam an ni a; mahse thu dik ni bawk si lungchhiatthlâk tak chu, khatia thlêmna a sosân lai tak khân he thu dik thianghlim tak hi an hmuh thelh ta tlat mai kha a ni.

Chu mai chu ni lovin, Pathian chu a tîr aţang rênga an ei leh in tûr Peterau a ni bawk a, khatia Pathianin ei tûra a pêk chin bâk thil dang ei tel an duh ta tlat mai kha helna kawng khat chu a ni hrim hrim bawk. Mi tu emaw chuan a ina chaw ei tûrin a sâwm che a, chawh ei dawhkâna an thil chhawpte chu ei ta mai lo chuan an chhuar emaw, refrigerator emaw lam chu i pan a, nangma ei chhâk zâwng zawng i va insuah ve ta ngawt ang deuh hi a ni thei âwm e. I chêt dân chu nangmah sâwmtu zahlohna lian tak a ni mai lo va, an chhûngkua nêna in-inlaichînna pawh chu i lo ngaihlu lo hle a ni tih lantîrtu a ni bawk ang.

***Genesis 3:4–7* chhiar la. Thlêmtu hian Evi chu thei rah a ei chuan a mit a lo vâ dâwn niin a hrilh a. An mit a lo vâ tâkah chuan eng nge an hmuh a, chu an thil hmuh thar chuan eng nge a entîr?**

Evi chu a mit leh hrawk chhâkna chuan a hneh ta a (*Genesis 3:6*). Kha thing kha a mâwiin, a rah lah kha a îtawm êm kher lah tak a, tichuan a lo va, a ha rual mâwi tak mai chuan a han keih ta a, a thial lai te chuan dinhmun sâng zâwka chho ta delh delh ni âwmin a inmitthla vêl ngei ang. A thiltawn ang chu a pasal Adama hnênah a hrilh ve a, tichuan an pahnihin an mit a lo vâ ta a (*châng 7*); mahse an thil hmuh chuan a tizak ta hle mai thung si a ni.

Heti laia thil pawl tak pakhat chu Pathian chu thil tha tinrêng an hnêna Peterau a ni tih an hnâwlna leh an mamawh phuhrûk nâna mihring siam chawp chhâna an thlang ta zâwk kha a ni a (he thilah hi chuan ei châkna an nei kha a ni). Pathian chuan Evi leh Adama te hnênah khân ei leh in tûr phâng miah lova an awm tûr thu a lo hrilh tawh a; an ei tûr chin pawh a hrilh vek bawk. Thei rah ei phal loh an ei ta mai kha chu Pathian ruahmanna pâwn lam a ni a, a bîk taka enkawlna dawng an ni tho chung khân Pathianah rinna an nghat ngam chuang lo a ni tih a lang.

**Vawiinah hian kan tâna “theirah ei phal loh” (ei châkawm tak leh kan thatpui ngei tûr ni âwma langte a ni hlawm fo leh nghâl a) awm ve-te chu engte nge ni? Hetianga bumna thu âwihawm tak nêna a lo kal ve hunah pawh anni anga kan tihsual ve loh nân engtin nge kan tih ang?**

NINGANÍ

*January 7*

**A nghawngte chu**

Kha thei rah pum khat lek a ei avâng ringawta chhياتna lo thleng ta hi engtiang fakauva nasa nge a ni tih chu chatuan pawhin kan hrethiam pumhlûm tak tak chuang lo mai thei a. Chawlhkâr khat chhûnga Pathianin thil a siam zawng zawngte chu an lo chhe tan ta a. Pathianin inlaichînna a din chi hrang hrang: mihringte leh amah Pathian inkâra inlaichînna awm te (a lak ata an birû a), anmahni mihringte inkâra inlaichînna awm te (Adama khan Evi chu buaina thlentu-ah a puh a), leh mihringte leh an bul vêla thil awmte inkâra inlaichînna awm te (rûl chu mihringte hmêlma a lo ni ta a, lei pawhin hlîng leh buar te a chhuah tawh dâwn a, tin, hmaia thlantui luang zawih zawih khawpa hna an thawh chauhin ei tûr an nei theih tawh dâwn bawk) a lo keh ta ve mai a ni.

**Genesis 3:10–19 chhiar la. Evi leh Adama-te chhuanlam siam khân anmahni ngei chu an lo chhiat nasat tawhzia eng nge a lantîr?**

Pathianin an chhuanlam siam a lo dawnawm dân hi lo chhinchhiah la. Anmahni chu a tlan hma-in an thiltihah chuan mawhphurtu ber an ni tih an inhriat phawt a ðul a; tichuan, Pathian chuan an thiltih ve ve-te'n ngawng a neih tûrte chu fimkhur takin a hrilhfiah ta vek mai a ni. A hmasa berin, rûl chu ânchhe dawnga awmtîrin a dam chhông zawnga vaivut ei tawh tûrin a hrilh a, chu mai chu la ni lovin, hmeichhia nênhmêlmâktîrin, a lû chu hmeichhiain a la tithitling dân bawk a (*Genesis 3:14, 15*).

Tichuan, Evi lam chu hawiin hrehawm tak leh na tuar chung a nau a hrin ðin tûr thu a hrilh ve leh a (*Genesis 3:16*). Adama pawh chu lal anga nung tawh lovin, hah taka hna thawk leh hmaia thlantui luang zawih zawih chung a ei tûr thawk chhuak tawh tûr a nih thu a hrilh bawk (*Genesis 3:17-19*). Evi leh Adama te nupa chuan Pathian lakah an la hel chhunzawm zêl dân nge ni a, a hnênah an kîr tawh zâwk dân tih thu-ah duhthlanna an siam ðul ta. Pathian hnêna kîr leh tûr chuan an thiltih dik loh avânga mawhphurhna chu an lâk hmasa phawt a ngai a; mahse an thiltih dik loh an pawmna ringawt chu sualin mihringte chung a harsatna a thlen chinfelna atân chuan a tâwk chuang si lo.

Mihringte hmalam hun tichiang tûr kawng dang eng emaw a awm a ngai a. Tichuan, Pathian chuan ran hmanga inthâwina a buatsaihsak ta a (*Genesis 3:21*). Sual hmêlhriattîrtu, Pathian lak ata botîrtu, leh an inlaichînna tichhetu kha Pathian thil siam zînga mi, nunna nei, rûl a ni a; chuvângin thil siam vêk berâmno chuan anmahni Chhandamtu tûr lam chu a kawhmmuh ang a, inlaichînna chhe tawh pawh din thar lehin inremna a siam ang a, an hmâkhua a tiêng bawk dân a ni (*Genesis 3:15 en la*). Mahse tûnah chuan Evi leh Adama te chu leia rorêltu ni tawh lovin lei chungah an inngat tawh zâwk dân a; tin, tûn hma zawng aiin an nupa pawh an inrinchhan tawn nasa tawh bawk ang. “Thil siamte zînga a hnuaihning deuh zâwkte zîngah khân Adama chu lal angin a lo awm tawh ðin a, Pathian laka a rinawm chhông kha chuan thil siam zawng zawngte'n a thu an zâwm



thîn. Nimahsela Pathian dân a lo bawhchhiat tâk achinah kha chuan a thuneihna chu a lo chên ta a ni.”—Ellen G. White, *Education*, p. 26.

**Kan nu leh pa hmasa berte suala an tlûk hnu lawk khân chhandam nih leh theih beiseina chu pèk nghâl kan ni a (*Genesis 3:15 chhiar la*). Chu beiseina chu engtin nge i tân i lo seng luh ve theih ang? Engtin nge chu beiseina chu tân hma lama duhthlanna dik lo tak tak i lo siam tawhte hre chungin i tân i lo hman ve a, lawm nachâng i hriat theih ang?**

**ZIRTÂWPNI**

*January 8*

**Ngaihtuah zui tûr:** Eden hunlai leh a tîra Pathianin thil a siamte nêh kha chuan inhlat tawh hle mah ila, hêng thil siam hrang hrangahte hian Pathian thatzia chu min hrihthu tam tak a la awm reng tho. Han hawi kual vêl ila, âwih mai har khawpa thil mâwi leh pianhmang mak tak tak eng emaw zât kan hmu ang, hêngte hian min Siamtu hmangaihna chu an lantîr vek a ni. Entîr nân, thei chi hrang hrang – apple te, serthlum te, strawberry te, avocado te, tomato te, theihai te, dawnfawh te, lakhuihthei te, theitê te, pêrthei te, carrot te, theibuhfai te, sâpthei te, bê lam chî te, balhla te, broccoli te, zîkhlûm te, pârbâwr te, purûn te, cherry te, thingfanghma, leh a dang te hi han ngaihtuah ta la. Hêng theite hi tihpalh thil thu-a lo tui ve êm êm ringawt (kan tui tih zâwng chu a inang diak diak kher lo mai thei e) leh anmahni thu-a lei atanga lo to ve nawlh mai an ni thei dân em ni? Ni teh su e. Hêng thilthlâwnpêkte hi mi tin ban phâkah chuan a awm vek kher lo ngei mai tak a, tuilian leh tâm leh hri chhe lêng avângin mi tam tak chu rîltâmin a awm fo bawk. Chûngte ngei pawh chu sual avângang kan khawvêl chhiat nasat tawhzia tilangtu a ni leh tho mai. Nimahsela, thil siamte hi tihchhiat hmaa an awm dân ang khân hun rei lo tê chhûng chauh pawh han hmu leh zawk thei ni ila chuan aw! Pathian hmangaihna târlangtu ropui tak an ni ngei ang. Kan hriat reng tûr ni ta chu: thil siamah ni lovin amah Siamtu-ah chauh beiseina kan nghat zâwk tûr a ni.

### **Sawi ho tûrte:**

- ❶ Mihringte hi thi tûr rênga siam kan ni lo va. Thihna hi chu kan nih dân tûr dik tak aṭanga pên kâwina, mihringte'n kan hriat emaw, kan tawn emaw ngai miah lo tûr a ni. Chuvâng chuan mi zawng zawngin kan duh loh rawn “thihna” hi chu hai rual lohvin Eden tlûkna aṭanga kan chhawm kha a ni a. Bible-in chatuana nunna pêk kan nih thu a sawite kha ngun takin ngaihtuah zui ula. Chûng thutiamte chuan engtiangin nge thihna kut vawt tak mai hi hmachhawn thei tûrin min puhi le?
- ❷ Khawvêla Pathian thil siam engte hian nge Pathian chu a awm ngei a ni tih leh Pathian chuan mihringte hi min hmangaih hle a ni tih hriattîr che u?
- ❸ *Genesis 3*-a Evi leh Adama te nupa-in an sual aṭanga insawi fihlîm an tum dân kha chhiar nawn leh la. Chutianga tih mai chu eng vângin nge a awl viau ṭhin? Hetianga tih ve mai kan tum dân kawng chu engte nge ni? Chumi awmzia chu kan thil tih sualte hi min thlahtute emaw, kan vêla thil awmte emaw, leh mi dangte emaw avânga ti niin kan insawi fo a ni lo'm ni? Hetiang rilru put hman hlahawm tak lak aṭang hian engtin nge kan tâl chhuah theih ang a, kan thiltihah chuan mawh kan phurh ngam zêl theih ang le?

Zirlai 3-na

January 9–15, 2016

## KHAWVÊL PUM HELNA LEH THLAHTUBULTE

**CHÂNGVAWN:** “Ngaih teh, i hnênah ka awm a, i kalna apiangah ka vêng zêl ang chea, he ramah hian ka hruai kîr leh ang che; i hnêna ka sawi hi ka tih hma loh chuan ka thlahthlam dâwn lo che a ni,” (*Genesis 28:15*).

**Chhiar tûrte:** *Genesis 4:1–15; 3:9, 10; 4:9; 6:1–13; 22; 28:12–15; Sârn 51:1.*

**SABBATH CHAWHNÛ**

January 9

**L**EVİ LEH ADAMA-te an lo tlûk tâk hnu kha chuan an thlah lo kal leh zêlte-ah pawh inbumna leh inlaichînna keh chhia hmuh tûr a awm chhonzawm ta zêl a, Eden Huana thil thlêng khân zual lam a pan zêl a ni. Hetih hunah phei chuan sual leh ða inbeihna chuan khawvêl pum pui hi a fan chhuak vek tawh nghê nghê.

Kaina leh Abela te chanchinah khân chibai bûkna chu unau inremlohna leh inthahna hial thlentûrtu a lo ni a, mihringte chanchin kal tawh kan chhui kîr chuan hei tho hi Thupuanui rawn lang nawn leh ðhîn chu a ni tih kan hria ang. Tui lêt chanchinah khân helna leh sualna chuan Pathian thil siam engkim mai hi a tihdarh tâk vek dân kan hmu a. Sualna chuan Pathian thil siamte hmêl a tihmêlhem ðhîn a ni mai lo va, a tihchhe ðhîn bawk a ni.

Abrahama thil tawn kha he inbeihnaa fuihna thu min Peterau ropui tak a ni a, kha ta ðang khân Pathian chuan helna nghawng hrang hrangte chu amahah inbel a tum a ni tih a lang Chiang hle a. Keimahni Âiawhtu a la ni dâwn a ni.

Jakoba leh Esauva chanchinah leh Josefa leh a ûnate chanchinah te pawh khân inlaichînna ða lo nghawng kal zêl chu Setana'n chhûngkua leh Pathian mite tihchhiatna hmanrua atâna a hman dân kan hmu leh bawk.

Mahse, hêng zawng zawngahte hian Pathian rinawmzia chu kan hmu leh zêl tho va, ani chuan a fa zahpuiawm tak takte chu a enkawlin a tanpui chhunzawm zêl tho a ni.

SUNDAY

January 10

## Kaina leh Abela

**Genesis 4:1–15 chhiar la. Kaina leh Abela te unau chanchin hian sualin mihringte thinlung a luh chilh thûk tawhzia eng nge min hrilh le?**

Kaina a lo pian khân Evi chu a hlim hle mai a. *Genesis 3:15*-a kan hmuh anmahni Chhanchhuaktu tûr chu a hring ta ni ngeiah a ngai a. “LALPÂ tanpuiin mipa ka lo nei ta,” a ti a nih kha (*Genesis 4:1*). He lai thu hi “mipa ka siam ta e – LALPA” ti pawha lehlin theih a ni. A enga pawh chu lo ni se, Evi hian Lalpan a lo tiam tawha chu a hring ta ni-ah a inngai a (*Genesis 3:15*). Kaina hi a naupan laia a hlim thinzia leh, a nu leh pa te pawhin an fa hrin hmasak ber lo thang lian chho zêl chu an hlimpuizia sawi lanna pakhat mah a awm lo va. An chhûngkaw chanchin hi an fa pahnihna pian thu-in a zawm leh dâwrh a, tichuan, anni unau hian Pathian hnêna inthâwina an hlan thu-in a zui leh nghâl a. Amaherawhchu, kan hmuh fô tawh angin Pathian chibai bûk dân inang lo chuan chhiatna râpthlâk tak a thlentîr ta a ni.

**Genesis 3:9, 10; 4:9 chhiar la. Adama’n thil sual a tiha Pathianin zawhna a zawha a chhân dân kha Kaina’n thil sual a tiha Pathian a chhân ve dân nên khaikhin la. Eng nge a thumunna ni a, eng nge a danglamna ni le?**

Adama rilru awm dân leh Kaina rilru awm dân kha a inang lo va. Adama kha chu a rilru a buai a, a hlauthâwng a, tin, a zak hle bawk (*Genesis 3:10*); Kaina erawh chu a thinrim êm êm mai a, lungawihlohna tûr a zawng a, tin, hel rilru a pu tlât bawk a ni (*Genesis*

4:9). Adama kha chuan chhuanlam fahrah tak a la siam zâwk tal a, Kaina hi chuan hniak phâwi miah lohvin dâwt muhlûm hlak a sawi ngam tlat.

Amaherawhchu, hetianga beidawng taka a awm lai hian beiseina tûr eng eng emaw an nei leh ta hlauh mai. Setha a lo pian leh khân Evi chuan Thutiam Fa chu a hring ta tak takah a inngai leh a (*Genesis 4:25*). “Setha” tih hming hi “dah” emaw “ruat” emaw tih thumal aţanga lo kal a ni a, *Genesis 3:15*-a kan hmuh Chhanchhuaktu - rûl chu dova, a lû la tihkehsawmsaktu tûr sawina atâna thumal hman nêh khân thuhmun chiaa a ni. *Genesis 3:15* nêh a inzûlna dang leh chu, Evi hian a fapa hrin thar chu Abela aiawha chî thlahtu tûr niin a sawi kha a ni. Tichuan, beidawng leh chhياتna namên lo tak an tawh mêk lai leh, sual leh  ha indona chu a darh zau zêl lai ngei pawh hian mihringte chuan chhandam nih beiseina chu an la vuan tlat reng tho va. Hemi lo hi chu thil dang eng nge neih kan neih chuan le?

**An fapa duh tak a thiha Evi leh Adama te nupa rilru nat dân tûr kha han suangtuah chhin la, a tihlumtu lah chu tu dang ni lovin, a r larah ngei tho a ni bawk si, a nat dân kha a thuah hnih hle âwm e. Heti hian fapa pahnih an ch n tihna a ni a. Zirlai zir hautak tak - sual chuan amah rau rau b kah nghawng  ha lo tam tak a nei zui  h n a ni tih hi engtin nge kan zir chhuah theih ang?**

THAWHTANN   
Tui l t chu

*January 11*

***Genesis 6:1–13* chhiar la. Engtiang kawngte-in nge he lai thuin sual leh  ha indona ropui tak a tarlan chu kan hmuh a, chu indona chu a hma zawng aiin t nah chuan a nasa ta a ni tih pawh kan hriat le?**

Tui a lêt khân Pathianin thil a lo siam tawh ðhenkhat chu siam an nih hmaa an awm dân anga awm leh rih tûra tih an nih thu kan hmu a; Pathianin a ðhen hran tawhte zînga tam tak chu a lo infin leh a nih kha. Boruak zau tak hnuai tuite leh boruak zau tak chung a tuite, tuifinriat leh khawmual, tuifinriata sanghate, boruaka savate, leh leia awm chi thil nung tinrêng mai chu an lo kal khâwm a. Lei chu awmze neia siam a nih hmaa awm dân ang, “chhia leh ruak ngawt” ang mai khân a awm leh dâwn niin a lang hman hial a ni (*Genesis 1:2*).

Hetiang hian thil ðhalote chuan hnehna an chang ta niin lang mah se Pathian themthiamzia leh remruatna felzia chu arawn lang chhuak leh tho a. Thil hrang hrangte chu an nih dân tûr ang taka ðhen hrangin khawvêl leh a chhûnga thil awmte chu a siam thar leh ta zâwk a ni. A hmasa berin Nova (mi dik leh sawisêlbo) chu hetih hunlai awm ve mihring sual tak, an ngaihtuahna pawh sual lam hlîr nite leh inpâwngnêk châknaa khat tlatte lak aţangin a la hrang phawt a (*Genesis 6:8, 9 leh châng 5, 11–13*). Tichuan, Nova chu lawng lian tak siam tûrin a hrilh a, tichuan, a nâwlpui zînga aţangin mi tlêm tê, sava leh ramsa tlêm azâwng la hrangin inchhanhimna lawngah a luhtîr a, chhiatna lo thleng mai tûr lak ata an him thei dâwn a ni. Pathian khawngaihna avângin nunna chu a la awm chhunzawm zêl dâwn a, khawvêl chhe tawh tak aţang chuan khawvêl thar diai a lo chhuak ang a. Thil zawng zawngte chu siam thar vek a ni dâwn a ni.

Mahse chu pawh ðha famkim a la ni chuang lo. Tui a lêt hnu rei vak lo, Nova leh a chhûng pawh an inbêngbel hman âwrh chauh tihah chuan mihringte ðhatna derdêpzia chu kan hmuh leh ta a. Amah Nova ngei pawh chuan zu a rui a, thil zahthlâk tak a thleng ta nghe nghe a nih kha (*Genesis 9:20–27*). Hetiang hian rinna kawnga mi hmingthate zînga mi (*Hebrai 11:7 en la*) meuh pawhin thil duhawm lo tak a ti ve tho mai. Indona ropui chu a kal chhunzawm zêl a, a lang apauva inbeih vakna ringawt ni lovin, mi tin thilungah pawh beih a ni bawk a ni.

**Bible chuan tui lêt kha nunna nei zawng zawng tihboral vek nâna Pathianin a thlentîr niin a sawi a (*Genesis 7:4*). Hetiang deuh ãawngkam hi Bible hmun dangah pawh soal ngaihdam nâna Tlantu thiltihte sawi nân hman a ni bawk (*Isaia. 25:8, 43:25; Sâm 51:1*). Kan sualte hi tihboral a nih loh chuan kan nunna zâwk hi tihboral a ni thung tal ang. Engtin nge he thu dik tak hian soal leh ãa indonaa an thu inchuh hi ngaih pawlh theih loh khawpa chiang a nihzia a lantîr le?**

**THAWHLEHNÍ  
Abrahama**

*January 12*

Abrahama (a hma chuan Abrama tia koh a ni ãhîn a) kha a rinawmna avânga hriat hlawh a nih tho rualin, a nuna a thiltawn hrang hrangte kha chu a laka Pathian rinawmzia tilangtu a ni deuh vek zâwk âwm e.

Fapa a neih ngei tûr thu kha Pathianin ãum hnih ngawt a hrilh a. A hmasa zâwk chu kum 75-a upa a nih kumin a ni a (*Genesis 12:2, 4*), chumi aãanga kum sâwm vêl a vei hnu-ah a hrilh nawn leh a (*Genesis 13:16*). Pathian ruahmanna chu a tihsukuk fo hnu-ah thutiam fâ – thuthlung fâ chu a rawn piang ta nge nge a, Pathian rinawmzia chu rinhlelh châng nei fo ãhîn a chhiahhlawh hnênah puan chhuah a rawn ni leh ta a ni (*Genesis 17:19, 21; Genesis 21:3–5 en la*).

***Genesis 22:1–19* chhiar la. He lai chângah hian indona ropui pum pui chungchângah eng beiseina nge puan chhuah a nih?**

“Chanchin ãa takzia a lo hriat theih nân leh a rinna fiahna tûr ni pah fâwmin Pathian chuan Abrahama chu fapa tihlum tûrin thu a pe a. Khâng fiahna hun thim leh râpthlâk tak a paltlang laia nâ a tawrh kha phalsak a nih chhan pawh ama thil lo tawn tawh ngei aãanga mihringte tlan nâna Pathianin inhlanna a siam ropuizia a lo hriatthiam theih nân a ni. Ama fapa ngei a hlanna ang tluka Abrahama rilru tina thei tûr eng fiahna dang mah a awm lo. Pathian

pawhin a Fapa chu zak taka awm tûr leh chumi hnua hrehawm namên lo tak tuara thi tûrin a pe a. Chutianga Pathian Fapa meuh thangtlâwm tak leh hrehawm tuara a awm lai hmutu vântirhkohte lah chu an rawn inrawlh ve remtihsak an ni bawk si lo; Isaiaka chungchânga an inrawlh lo ang chiah kha a ni. ‘A tâwk êm êm tawh e,’ lo ti tûr âw pakhat mah pawh a awm lo va. Suala tlu tawh mihringte chhanchhuah lehna tûrin ropuina Lal chuan a nunna a hlân ta a nih chu. Hei lo liama Pathian khawngaihna leh hmangaihna ropuizia finfiaha chak zâwk tûr thil dang eng nge awm tawh chuang ang? ‘Ama Fapa ngei pawh zuah lo va, kan zaa tâna Peterau chuan engkim a thlâwnin min pe tel lo vang em ni?’ Rom 8:32.

“Abrahama laka phût inhlanna kha ama thâtna tûr atân chauh a ni bîk lo va, chhuan lo la awm leh zêl tûrte tâna hlâwkna tûr chauh lah a nih hek lo; vâna awmte leh khawvêl danga awm suala tlu ve lote zirtîrna tûr atân pawh a ni tel bawk a ni. Krista leh Setana inbeihna tual – tlanna ruahmanna tarlanna hmun hi lei leh vâp pum pui tâna zirlai bu a ni. Abrahama khân Pathian thutiamte chu a ringhlel a ni tih a lo lantîr tawh avângin Setana chuan vântirhkohte hmaah leh Pathian ngei hmaah pawh thuthlungin a phût thilte chu zâwm lo leh chumiin a thlen tûr malsâwmnate pawh dawng tlâk lovah a lo puh tawh nghe nghe a. Pathian chuan a chhiahhlawh rinzawmzia lei leh vâp pum pui hmaa tarlan a, thuâwih pumhlûm thakna bâk chu thil dang engmah pawm a nih lohzia lantîr leh, chhandamna ruahman chu an zavaia hmaa pho lan vek chu a duh ta a ni.”—Ellen G. White, *Thlahtubulte leh Zâwlneite*, pp. 161, 162.

**NILAINI**

*January 13*

### **Jakoba leh Esauva**

Pathian thiltumte leh mi mal helna innêk tawn dân chu Jakoba leh Esauva te unau chanchinah pawh khân Chiang takin a lo lang leh a. Hmânlai mite chuan fapa zînga piang hmasa ber chu an pa thih hmaa a malsâwmna dawngtu tûr ni-ah an ngai a. An chhûngkaw hausakna zawng zawng deuhthaw chu a rochun tûr nia ngaih a ni



bawk. Chutiang a nih avâng chuan fapa upa ber chu chhûngkaw hmakhua ngai ber tûra beisei a ni rêng thîn a ni.

He dinhmun zahawm tak hi Jakoba chuan a û Esaua hnên aţangin a neihsak daih mai a, chuvângin Esauva chuan a nau Jakoba kha a haw hle mai a, an pa thih ve leha thah ve nghâl dân tûr a ngaihtuah ta hial a ni (*Genesis 27:41*). An nu Rebeki chuan Jakoba chu a sahim nâna tlânchhe rih tûrin a tîr bo va, ni rei vak lo hnu-ah thil engkim a fel leh mai theih a ring a ni ngei ang (*Genesis 27:43, 44*). Mahse kum 20 zet a ral hnû-ah pawh an boruak chu a  ta ta chuang si lo va, Rebeki pawhin Jakoba hm l a hmu leh ta lo rêng rêng a ni.

### ***Genesis 28:12–15* chhiar la. Jakoba kh n a mumangh eng beiseina ropui tak nge a chhar le?**

Abrahama hn na thu a lo tiam tawhte chu sawi nawn lehin Pathian chuan a thil ruahmante chu a ngai angin a la kal chhoh reng thu a hrilh a. Jakoba thiltihte kh n Pathian ruahmanna chu a pawlIsaia lo hle niin tilang mah se Pathian chu a t n a la awm reng tho va. Amaherawhchu, kum 20 chh ng zet a puzawn bumna hnuai-ah a awm ve erawh a ngaih phah a, nupui at na a thlan loh z wk chu a neiht r phawt a, chumi hnu-ah a hlawh t r chu vawi s wm lai a tihdanglamsak leh bawk a nih kha (*Genesis 29:20, 23, 25, 27; 31:7*). Mahse thil mak ve deuh mai chu, a nupui duh tak hlawh chhuah n na rawng a b wl hun chh ng hi rei hle mah se ani chuan ni rei lo t  ang chauhin a hria a, a nu Rebeki'n a lak aţanga a awm bo hun chh ng t r anga a lo ngaih ang v l kha a ni (*Genesis 29:20*).

An khaw lam panin Jakoba a chhuak tih a hriat veleh Labana chuan a  m zui ngh l a (*Genesis 31:25, 26*), chutih laiin Esauva lah chu a  thuihruai mi 400 zette n n amah hmuak t rin a lo thawk chhuak ve bawk a. A khawi ve ve pawh hi at n chuan thil hlauhawm tak a ni a, chuvângin amah chhanchhuak t rin Pathian pawh  m hnih zet a rawn inrawlh nghe nghe: Labana chu mumang lamah rawn bia-in Jakoba chhiatna t r engmah ti lo t rin a hrilh phawt a

(Genesis 31:24); chumi hnu-ah a hring a hrâna rawn inlanin Jakoba chu a rawn buan a, a malpui ruh chuktuah a tihpelhsak leh bawk (Genesis 32:24–30). Tiang nêna a kal bai sawih sawih a han hmuh tâkah khân Esauva chuan Jakoba chu a hlauhawm lo hle a ni tih a hre nghâl mai ni tûr a ni. Tin, an intawh hma hian Jakoba khân a û Esauva tân thilpêk ðhahnem tak a lo va thawn hmasak tawh bâkah a ðawngkam hman dân pawh a fimkhur khawp mai bawk a, hêngte hian an inkâra inzawmna chat tawh chu a zawm leh ta a ni. An pahniha thil an tih dun thu kan hmuh leh hnuhnung ber chu thlâna an pa Isaiaka an phûm ðûm kha a ni a (Genesis 35:29); hemi hnu-ah pheih hi chuan Esauva pawhin Jakoba thah dân tûr a lo ruahman tawh zawng zawng pawh chu a theihngihl ta vek a ni.

**Hêng mite'n duhthlanna âthlâk tak tak an siam avânga anmahni chungah leh thil tisual ve miah lo chungah pawh tawrhna a lo thlen tâk dân hi thlîr la. Engtin nge thil kan tih hma hian *ngun taka ngaihtuahna sên* hmasak phawt a pawimawhzia kan zir theih ang?**

**NINGANĪ**  
**Josefa leh a unaute**

*January 14*

Jakoba khân a unaupa Esauva kha a lo bum tawh avângin a lak aţang hian thil chhe tak lo dawng ta pawh ni se, âwm ve rêng a nihna chin a awm a. Hetiang deuh chiah hi Josefa leh a unaute chanchinah pawh kan hmu.

Hetah pawh hian, mi ðenkhat chuan anmahni unaupa ngei mai chu an pa-in a duhsak bîk avâng maiin an huat rawn a (Genesis 37:3, 4). Jakoba hnêna an pa-in a pêk, rawng chi hrang hranga chei kawrfual kha puan pangngai aţanga siam chu a ni lo tawp mai. A ðawngbul (Hebrai) lamina a kawh chu lalte'n inchei nâna an hman ðhin kawrfual man tam tak a ni a, chutiang chu tlereuh chi hrang hrang hmanga chei chhuah vek niin puan ðhui thiam tak pawhin kum khat tâl tap an khawih ve a ngai ðhin a ni.

Chutih nâka laiin, Josefa chuan a mumang a han sawi leh ta nghâl a, a unaute chuan a huain a thîk leh zual ta êm êm mai a. Chuvâng chuan, remchâng a hmuh hmasak bera dah bo nghâl zai an rêl ta hial a ni. (*Genesis 37:19, 20*). Khatianga awlsam taka an han dah bo tâk mai theih avâng khân lâwmthu pawh an inhrilh tawn hlawn ngei ang. Mahse an zînga tu mah khân he an thil tih hi kum eng emaw zât ral hnu-ah anmahni chhanchhuah nân a la hmang hlauh ang tih rêng an dâwn phâk lo.

### **Genesis 5:4–11 chhiar la. Josefa'n zau zâwka a thlîr chu eng nge ni? A thiltum ber chu eng nge?**

Thîr khaidiat buntîr a nih laia Josefa rilru-a thil awm tûr âwm ang kha han ngaihtuah teh. Naupang mai la ni mah se, sanghâwngsei hnungah chuan a kal ve hnang hnang mai a, an chênna in awmna tâng chu ngai êm êm chungin a thlîr liam ta a. Tichuan, sal tûr an zawrhna hmunah chuan dah niin, a leitute lah chuan dimdâwihna leh zahpahna awm miah lovin a taksa te chu an rawn thlêk vêl a. Mi tam tak chuan hetiang êm êma thangtlâwmna leh tawrhna an hmachhawn ve lo chung pawhin an rinna an lo phat tawh thîn a ni.

Josefa pawh hian a duh a nih phawt chuan Pathian duh loh zâwng taka awm pawh a thlang thei ve tho va; mahse hetiang dinhmun khirh taka a din lai pawh hian a rinna vawn nun tlat chu a thlang zâwk tho va, ama nunah ngei hian indona ropui chu mak tak maiin a rawn lang chhuak ta a ni. Rei vak lo hnu-ah chuan Aigupta rama sipai hotu lû berte zînga mi pakhat chuan a rawn lei a, Pathian malsâwmna azârah chu pa rin pawh chu a hlauh thuai nghe nghe a (*Genesis 39:1–4*). A tâwpah phei chuan sal mai ni thîn kha Aigupta ram hruaitu-ah a rawn tâng ta luah mai a ni.

**He mite chhûngkua hi âwihawm loh khawpa inngeih lo niin, an inkârah hian inphatsanna leh thil sual tihna eng eng emaw thleng tho bawk mah se, an chanchin tâwp lam erawh a hlimawm leh hle thung. Josefa chung a thil thleng ang khân i**

**chungah pawh thil duhawm lo tak tak a lo la thleng ve thei a, chutiang hunah chuan i rinna i vawnhim tlat theih nân leh a tha zâwnga thil i thlîr zêl theih nân engtin nge i tih ang?**

**ZIRTÂWPŊĬ**

*January 15*

**Ngaihtuah zui tûr:** Hêng mite chanchin kan hmuh tâk aţang khân he leia kan nun hi chu indona ropui kâra lêng kan ni bawk a, kan duh ang diak diakin a kal lo fo thîn a ni. Entîr nân, Evi leh Adama te khân an fa piang tîr pahnihte an mal chungah an pawm lai khân a pakhat zâwk chuan a dang chu a la that ang tih rêng an ngaihtuah phâk âwm lo ve. Zippori'n pasal atâna Mosia a neih pawh khân an lo suangtuah ang thîn nun chu a nei ta lo Chiang khawp mai bawk niin a lang. Lea-i khân a tleirâwl laia a lo suangtuah ang thîn nupa nun kha a rawn nei ta-in i ring em? Tlangvâl Jeremia pawh khân beiseina leh thiltum eng eng emaw chu a nei ve ngei thîn ang a; mahse chûng a beiseite zîngah chuan a hnampuite ngeiina an sawisêl, an tihrehawm, leh mahni hnam phatsantu anga an puhna kha chu a tel lo Chiang hle ang. Tin, Davida leh Bathsebi te pawh khân an chungah thil thleng kha an duh dân tak a ni bîk kher ang em? A nih leh Isua ve thung kha le? Isua kha he laiah hian thi tûra lo kal chu a ni ngei mai tak a; chu chu a lo kal chhan ber a ni bawk. Nimahsela mihring a nihna dinhmun, keimahni ang bawka hlum aţang ve thova siam a nihna, leh Gethsemane Huana, “Ka Pa, a theih chuan he no hian mi pêl lul rawh se. . .” (*Matthaia 26:39*) tia a sawina boruak aţanga thlîr erawh chuan vuak, hmuhsit, leh nuizabûr tawrh mai bâkah kum 33 mi chauh la nih laia krawsa khenbeh ni tâk mai kha chu tu mah hian kan chanah kan duh miah loh tûr thil a ni. Zêp thu a chêng lo va, hringnun hi chuan mi a tichhe thei hle mai. Nimahsela, mak kan ti vak tûr pawh a ni chuang hran lo. Suala tlu tawh khawvêl-ah (paradis) hi chuan eng teh vak nge thleng se kan tih rêng rêng le? Eden kha chu hmânah khân a liam tawh a. Mahse a lo lêt leh dâwn a, a lo leh leh hunah chuan tûna kan nun kal mêk leh chutih huna kan nun

dân tûr inthlahu na ai hian, kan lo beisei ðhin dân leh a taka kan neih tâk inthlahu na chu a nasa fê zâwk dâwn a ni.

**Sawi ho tûrte:**

- ❶ Pathiana an rinna humhim tlattu unaute leh chutiang chu tûl ti ve lêm lo unaute inkâra danglamna langsâr tak tak awm chu engte nge ni?
- ❷ Unau inkâra inelna leh inîtsîkna awm ðhin hian chhûngkaw tâna Pathian thiltumte pawh a hliakhkhuh vek dâwn nia a lan châng a awm ðhin a, chutiang hunah chuan engtin nge tûk ðha lo la her chhuak tûr a awm a ni an hmuh theih ang? In kohhrana chhûngkaw tinte kha Pathianin an tâna thiltum lian tak a neih hmu thiam thei tûrin engtin nge in puîh theih ang?
- ❸ In kohhran member-te zînga tute emaw kha chuan he khawvêlah hian mal ngawih ngawih niin an inhria a, an nun pawhin awmzia nei lo leh hlutna engmah nei ve lo niin an inhre bawk a. Chutiang mite tân chuan eng nge tih theih in neih le?
- ❹ I nun kha i beisei ðhin dân angin a lo inher chhuak lo pawh a ni mai thei a; mahse chatuana nunna pêk i ni dâwn a ni tih thutiam hian beidawnnnain a hneh lâk mai lohna tûr chein engtin nge a tanpui theih che?

Zirlai 4-na

January 16–22, 2016

**INREMLOHNA LEH BUAINA:  
RORÊLTÛTEHUNAH**

**CHÂNGVAWN:** “Hani chu a ÷awngtai a: ‘LALPA chungah ka thinlung a lâwm êm êm a, ka kî chu LALPA-ah chawimawiin a awm; ka hmêlmate chungah ka kê tihzauhin a awm a, i chhandamnaah chuan ka lâwm êm êm avângin,’” (1 Samuela 2:1).

**Chhiar tûrte:** *Rorêltûte 4; 6; 14; 1 Samuela 2:12–25, 8:1–7; Hebrai 11:32.*

SABBATH CHAWHNÛ

January 16

**R**ORÊLTÛTE hunlai kha Israel mite chanchinah chuan a buaichuar lai ber pakhat a ni a. Pathian mite chuan LALPA ngaiha thil tha lo tak tak an ti ÷hîn a, chuvâng chuan LALPA chuan anmahni awpbettute kutah a “hralh” ta ÷hîn a. Chutiang dinhmuna an awm lai chuan LALPA an au va, ani chuan an rama muanna thlentu tûr chhanchhuaktu a rawn tîr leh ÷hîn a. Chutiang chuan an kual an kual mai ÷hîn a ni deuh ber.

Israelte chungah Rorêltûtezînga pakhat Debori kha a bula awm ve mipate rilru-ah mahni inrintâwkna a tuhsak ÷hin avângin a chhinchhiah tlâk khawp mai a. Mipate chu an ÷it avâng leh rinna an tlâkchham êm avânga fuih phûr an mamawh êm êm laiin ani leh Jaeli hi chu huaisen takin an ding chhuak ÷hîn a. Indona ropuia an thu inchuh pakhat lo lang nawn fo chu Gideona chanchinah pawh hian kan hmu a, Pathian mite’n mihring ngaiha tih theih miah lo tûr thil an hmachhawn ÷um khân a lo lang chhuak leh a ni.

Samsona kha Rorêltûtezîngah chuan a hnuhnung lam a ni a. A thih hnu khân Israel hnam chu a buaiin an tân beisei a bo ta hle mai a. Amah kha chuan hruaitu nih a châk hran lo, Pathian duh dân anga kal ai chuan hmeichhe bula khawsak vêl mai mai a thlahlel zâwk a, a hnampuite’n Pathian rawngbâwl aia milem biak an châk

zâwk flat ang tho kha a ni. Chutianga hñual taka an awm lai chuan Samuela khân beiseina a rawn thlen leh a. A kaihhruaina hñuaiah hnam leh ram inkaihruai dân thar dinin lalte pawh an lo nei ve ta a, a dam chhûnga a thiltih hñuhnung ber pakhat chu lal lo la ni mai tûr Davida hriak a thih kha a ni ta a ni.

**SUNDAY**  
**Debori**

*January 17*

Debori chanchin hian Krista leh Setana inkâra indona awm mêtakah hian thil ngaihñawm tak tak a rawn belh ve leh a. Pathian mite chuan hnehchhiahna namên lo tak tuarin an tlin loh tûr ni ngeia lang harsatna eng eng emaw an tâwk baw k a. Hetiang dinhmun hi *Thupuan 12*-ah pawh kan hmu a, drakon lu pasarih nei leh nausên piang hlim hlawt chu an inhmachhawn a nih kha.

He thawnthu-ah hian Kanan lal, Jabina te; a sipai hotu ber, Sisera te; leh rorêltu (Israel mite inkâra intihtiamlohna a awm chângna thubuai remtu) leh zâwlnei ni baw k, Debori te chu a changtu berte an ni a. Debori hi chuan hetih lai huna hmeichhe dangte'n an neih ve loh thuneihna leh mi dangte hmin theihna danglam tak mai a nei bîk a ni.

**Rorêltûte<sup>4</sup> chhiar la. Engtiang kawngte-in nge he laiah hian indona ropuia an thu inchuh chu pholan a nih? Israel mite kha an tlâktlai lo hle na chungin a tâwpah erawh hnehna an chang ta tho va. Kha hnehna kha tu vângna thleng nge ni?**

He thawnthua a changtunu ber chu Hebera nupui Jaeli a ni a, ani hian Pathian mite zînga chhiar tel nih a hlau lo mai ni lovin, Pathian hmêlmate hnehnaah chanvo pawimawh tak a chang nghe nghe a ni. A chêt dân hi tûnlai thlîrna aţang chuan hriatthiam a harna chin a awm a. Mahse, a thiltihte hi kan duh ang leh thiltumte (a thain a dik viau pawh a nei thei e) tihlawhtlin nâna dâwt thu leh tharum thawh mai hreh loh phah nân erawh hman loh hrâm kan tum tûr a ni ang.

Sisera beih dân tûr an sawi dun tumin Debori chuan Baraka hnênah indona chu Pathian indona a ni a, ani chuan hnehna a chang ngei dân a ni tih a hrilh a (hetiang hi indona ropuah chuan thil nih dân tûr a ni ve rêng a). Hnehna a chan theih nâna Pathianin thil a tih tûr chu thumal (verb) pahnih hmanga sawi a ni a (*Rorêltûte4:7*). Kison luih Sisera chu a rawn “tûr” ang a (he thumalin a kawh chu lèn hmanga sangha man tihna ang deuh a ni), chutah chuan Baraka kutah a “pe” dân a ni. Chutianga hnehna an chan tâk dân chu chipchiar deuh zâwkin Debori lawmthu sawina hlaah (*Rorêltûte5*) hian kan hmu a. Kison lui kam khân zîm lai taka Sisera leh a sipaite an kal lai chuan namên lovin ruah a rawn sûr a, an sakawrtawlailîrte chu kawng diakah chuan a tâng buai ta a. Tlângte chu insâwi hlawk hlawkin, vânte chu a lo “far” a, tin, chhûmte chuan rauh an sûtîr chiam bawk a (*5:4, 5*), chumi avânga tui lo lian chuan hmêlma sipaite chu lèn bovin (*5:21*), Israel-te chu chhanchhuah an lo ni leh ta a ni.

**Hêng indo mite’n Debori an rin zawhzia hi ngaihtuah la. Eng emaw chenah hei hi thil tha tak chu a ni ngei mai a, chutih rual chuan, mi tu emaw chungarinna nghah kawngah hian eng vângin nge fîmkhur dân chin tâwk hriat erawh a pawimawh viau tho le?**

**THAWHTANNÍ  
Gideona**

*January 18*

***Rorêltûte 6:1* chhiar la. Eng thil nge lo thleng leh ta le?  
*Rorêltûte 6:10* pawh en bawk la.**

Debori hnû-ah hian Israel ram chu râlmuang takin kum 40 chhûng a awm a; mahse chumi hnu rei vak lovah chuan anmahni awpbettute kutah an tlu lût leh ta a. Tûn tûm chu Median-ho hnuaiah a ni ve thung a, hnam dang tu tute emaw tanrualpuiin Israel ramah an han lût a, an thlai chînte chu an tichhiatsak vek zêl a, an



ran vullhte pawh an chhuhsak thîn baw (Rorêltûte 6:3–5). Chumi avâng chuan Israel-hote chu an lo rethei ta hle mai a, tichuan, Lalpa chu an au va (Rorêltûte 6:6, 7). Anmahni themthiamna hmanga an siam chawp ve mai pathiante chu eng atân mah a lo hman tlâk lo a ni tih an hre ta a ni.

**Rorêltûte 6:12–16 chhiar la. LALPA vântirhkoh khân eng thu nge Gideona hnênah a sawi a, Gideona khân engtin nge a lo chhân? An chung a thil thleng mête thlen chhan kha chu a hre tho lo em ni? Rorêltûte 6:7–10 pawh en la.**

Gideona vuina thu khân chhan ṭha a nei miah lo nachungin (hetiang a awpbeh an chhan chu thu an âwih loh vâng a ni a), Pathian chu Israel-te chhanchhuak tûrin a inpeih reng tho va; tûn ṭum chu Gideona hmangin a ni ve thung dâwn a ni. Amah Gideona hi chu a inhmu ropui lo hle mai: “Aw LALPA, engtin nge Israel-hote hi ka han chhandam teh lul ang? Ngai teh, Manasa thlah zîngah hnam rethei ber kan ni a, kei lah hi ka pa chhûngte zînga tê ber ka ni si” (Rorêltûte 6:15), tiin a sawi a; mahse Pathian erawh chuan “mi chak huaisen” tiin a rawn ko tlat mai hi a ngaihnawm lai tak chu a ni ve a. Gideona chakna chhan pawimawh ber zâwk chu chak lo leh pawimawhna nei ve lo nia a inhriatna tak kha a ni tih a Chiang hle.

Rorêltûte 6:36–40 chhiar la, Gideona khân eng thil nge Pathian hnênah a dîl kha. Hetiang a tih chhan chu a chaklohna leh a tlinlohna hrang hrangte kha a hriat chian êm avângin a bîk taka Pathian awmpuina a chang ngei dâwn a ni tih hriat a duh atin a ni. Tichuan, he lai thu-ah hian LALPAA innghat pumhlûm ṭhak tûr a nihzia inhre Chiang êm êm mai mi pakhat chanchin kan hmu a. Rorêltûte 7-ah hian a mite awp bettute chung a Gideona’n mak tak maia hnehna a chan tâk dân leh Pathianin Israel-te a chhanchhuah dân chu kan hmu a ni.

**Hetianga chhanchhuahna hna thawk tûr hian eng vângin nge LALPA hian suala tlu tawh mihringte a thlan ṭhin le? Chumi**

**awmzia chu, hetih lai taka Israel-te mamawh tihsak tûr hian “vântîrkoh sângruk hmun sâwm leh hmun hnih ai pawha tam zâwk” (Matthaia 26:53) khi a rawn tûr thei tho lo em ni? Keini suala tlu tawh mihringte hian indona ropui beih mêkah leh chanchin tha thehdarh hna kal mêkah hian eng nge thawh ve tûr kan neih le?**

**THAWHLEHNÎ  
Samsona**

*January 19*

Sual leh tha inkâra indona beih a nih dân hi Samsona chanchinah hi chuan a Chiang lo deuh ruai a. A lo pian chhuah dân hi chuan rilru a khawih khawp mai a, LALPA vântîrkoh chu rawn inlârin a pian hma hauh aţanga Nazarit mi a nih tûr thu a puang tawh a. A nu leh pate hnênah pawh amah an enkawl dân tûr a hrih lâwk sa vek bawk. A nu chu zû lam chí in lo tûr leh ei thiàng lo thil rêng rêng chu ei hauh lo tûrin a hrih a (*Rorêltûte* 13:4, 13, 14; *Leviticus 11 chhiar la*). Pathian chuan Samsona tân hian thil eng emaw bîk tak ruahman a nei a ni tih chu a Chiang khawp mai; mahse vânduathlâk takin a nih tûr angin thil a kal ta si lo va ni.

“Puitling a lo nih chiah khân Pathianin a tih tûra a ruat hna kha a thawk ţan nghâl tûr a ni a - thil dang zawng ai pawha Pathian lakah chuan rinawm tlat tûr a nih hunah tak khân Samsona chuan Israel hmêlmate nênzawmna a lo siam mauh mai. Hetianga a tih hian Pathian chu a châwimâwi thei dâwn em tih leh, a tih tûra Pathianin a lo ruatte chu tihlawhtling thei dinhmunah a indah em tih pawh a ngaihtuah hmasa miah lo. Amah chawimawi chu hna hmasa bera neihtute hnênah chuan Pathianin finna pêk a lo tiam tawh a; mahse mahni châkzâwng lama thê-te tân erawh eng thutiam mah a awm ve lo.”—Ellen G. White, *Thlahtubulte leh Zâwlneite*, p. 688.

***Rorêltûte 14:1–4* chhiar la. Hmeichhe lama Samsona chaklohna chu Pathianin Filistia-ho chung a phuba lâkna**

**remchânga a hman hlah theih dân hi han sawifiah teh** (*châng 4*).

Solomona kha kawng hrang hrangin Filistia-ho lakah a “che” thîn a, hêng a thinrimna avânga a chêtinate hi ama mi mal thil vek a ni hlawm bawk. A hmasa berin mi 30 lai a that a, a thawmhnawte chu hlihsakin a leiba tlâk nân a hmang a (*Rorêltûte 14:19*). A nupui chu a thian t̄ha ber hnênah an lo pe daih a ni tih a hriat khân an buh a halchhiatsak leh vek a (*Rorêltûte 14:20, 15:1–5*). Chumi hnu-ah a nupui leh a nupuia pa an hâl hlum avânga phuba lâk nân mi tam tak a that leh bawk (*Rorêltûte 15:6, 7, 8*). He a thiltih avâng hian Filistia-hote chuan phuba lâk lêt ve an rawn tum a (*Rorêltûte 15:9, 10*); mahse amah zâwk hian sabengtung khaberuh hmangin mi 1,000 a that leh a (*Rorêltûte 15:14, 15*). A tâwpah a mitmu an kher chhuahsak avânga thinrim chuan an temple banpui ber chu a pawt phâwi a, mi 3,000 zet a thihchilh leh bawk (*Rorêltûte 16:21, 28, 30*).

**He Pathian mi ruat tlâktlai lo tak chanchin hi han sawi zui ula. Hebrai 11:32** chuan Samsona kha rinna kawnga mi liante zîngah a chhiar tel ve tho nachungin, a nun aţang hi chuan entawn tûr a tlêm viau niin a lang. A chanchinah hian kan hriatthiam mai loh thil dang eng eng emaw a awm tih chu a Chiang mai a. Samsona khân zir se chuan hei aia t̄angkai zâwk hian Pathian pawhin a hmang thei ngei ang. Keini hi eng nge kan an ve le? Pathianin theihna min pêk ang tak hian nung ni ta hlawm ila chuan tûn aia ropui zâwk fê hian thil kan ti thei lo vang em ni?

**NILAINĪ  
Ruthi**

*January 20*

Ruthi chanchin hi chuan Pathian mite tihthaihtu hmêlma sipai tam takte chungchâng thu sawi lovin thil tê tham tê nia lang a khel zâwk a: chh ûngkaw pakhat mang t̄ep tawh chu chhanchhuah leh a

nih dân min hrilh ve thung a ni. A chanchin hian Thupuanui lian tak tak pahnih - Pathian thil siamte chu tihchhiat mêk an nih dân leh a mite chu ralt̄i taka an awm thu te huam tel tho mah se, indona ropui chu mi mal nuna beih a nih dân pawh min hrilh tel tho bawk a, chu indona chu mi tin nunah hian a kal mêk a ni.

Rorêltûtehunlaia Juda ramin t̄ampui a tuar kha thilmak a ni hran lo (*Ruthi 1:1; Deuteronomi 28:48, 32:24; Rorêltûte 17:6, 21:25*). Kha kha thuthlung fate'n Pathian an hawIsaian tawh a ni tih ent̄irtu a ni a. Sualna leh helna chuan khawizû leh hnutetui luanna ram ni th̄in kha ram ro, engmah thar theih lohna hmunah a chant̄ir ta a. Mahse Ruthi lehkhabu-ah hian Pathian chuan a mite a rawn kan a, ei t̄ur pawh a pêk leh tâk thu te kan hmu a ni (*Ruthi 1:6*).

Elimeleka leh a nupui Naomi te bâkah, an fapa tlangvâl pahnihte chu an khawsak a ziaawm ve deuh theih beiseiin Moab ramah an pêm a. An hnam hmêlmate ram chuan rei vak lo chhûng chu an nun a tinuam ve ngei mai tak a; amaherawhchu, a pasal leh a fapate pahnihte'n an thihsan tâkah kha chuan an ram lama k̄ir leh zai a rêl ta a ni.

### ***Ruthi 1:8, 16, 17* chhiar la. Ruthi-in Naomi ruala kal ve a duh chhan kha eng nge ni?**

Ruthi hi chu an hnam hmêlma, Israel-hote tihchhiat tuma lo bei fo tawhtute z̄inga mi a ni a; mahse Pathian mite z̄inga tel a, Pathian dik tak chibai b̄ûktu nih ve tawh a thlang ta a. Chu mai chu ni lovin, a pêmna ram mite lawm pawh a hlawh hle bawk a, Boaza chauh ni lovin (*Ruthi 2:10*), amah lo hretute rêng rêng chuan an ngaina vek a ni (*Ruthi 2:11*). Boaza pawh hian Pathian duhsak a hlawh a ni tih a lo hre thei mai a (*Ruthi 2:12*), nakinah phei chuan ngaina satliah mai a nih lohzia lant̄irin nupuiah hial neih z̄ai a rêl ta a ni (*Ruthi 3:10, 11*).

Amaherawhchu, Boaza aia Ruthi laich̄in hnai z̄awktu mi dang pakhat a awm a, chu mi chuan Ruthi pasal thi ta ram pawh tlan a lo tum tawh nghe nghe a. Mahse a roluah chungch̄anga harsatna

insiam a hlauh avângin Ruthi ni lo hmeichhe dang neih a thlang ta zâwk a (*Ruthi 4:6*). Tichuan, thuhretu atâna lo kalkhâwm mipuite pawh chuan Ruthi chu mal an sâwm a, chu mai chu ni lovin, Israel chhûngkaw dintu hmeichhe ropui tak tak pahnihte tlûk hiala an dah thu an sawi chhuak a (*Ruthi 4:11, 12*). He an ngaih dân hi Messia thlahtute zînga mi a lo nih ve-na khân a tak ram a rawn thlen ta a ni (*Ruthi 4:13, 17; Matthaia 1:5, 6*).

An inneih hnua an hlim takzia kha sawi zui ila. Vânduaithlâk takin anni nupa ang hi Bible-ah hian hmuh tûr an tam lo hle a. Dik taka sawi phei chuan, Bible-ah chauh pawh ni lovin khawvêlah hian an tlêm êm êm bawk a ni. Hetah pawh hian mihring nun chu a kal ngaiin kal chho reng tho mah se, a tâwpah chuan Pathian thiltum chu a ding chang leh nge nge thîn a ni tih kan hmu a; chu chu amah hmangaihtu leh ring tlattute tâna chanchin tha a ni rêng bawk a ni.

## NINGANÍ Samuela

*January 21*

Samuela lehkhabu tîr lam leh indona ropui hian eng nge inzawmna an neih le? Israel ram leh hnam tâna hlauhawm thei tûr eng thil mah a awm hran lo va, tin, ramrî-ah pawh sipai an awm tam lêm lo bawk. Sualin mi a beihna chu hmuh thiam har viau thîn mah se, min bei ngei tih erawh a Chiang viau thung thîn a ni.

### **1 Samuela 2:12–25 chhiar la. Hêng Bible chângachte hian sual leh tha chu an inbei tawn reng a ni tih engtin nge kan hriat theih le?**

“Elia kha mipuite chung a rorêltu atâna ruat ni mah se, ama in chhûngkhur ngei chu a rêl fel si lo va. An awm ang ang fate en liam mai thîn pa a ni a. Remna leh a awlsam zâwnga thil tih duh mi a ni bawk; chuwâng chuan a fate thil chîn tha lo takte leh an châkna sosângte chu siam thatsak tûrin a thuneihna a chelek ngai lo. Zilh emaw, thunun emaw ai chuan anmahni duh dân dân ang ang tla

tûrin a thlah zalên mai ðîn a ni.”—Ellen G. White, *Thlahtubulte leh Zâwlneite*, p. 704

He mite chhông ang lo tak mai hi mipa naupang pakhat, puithiam kawr ha-a Pathian hmaa rawngbâwl ðîn a awm a (*1 Samuela 2:18, 19*). Chu mi chu Isua ang bawkhân a lo ðhang lian deuh deuh a, Pathian leh mihringte duhzâwngin a awm ðîn a (*1 Samuela 2:26; Luka 2:52*). Chu naupang chu tu dang ni lovin Samuela kha a ni a, a hnu-ah phei chuan Israel hnam hruaitu ropui leh rinawm tak a rawn ni ta nghe nghe a. “Tichuan, Dan a ðanga Beer-seba thleng raka Israel mite zawng zawng chuan Samuela chu LALPÂ zâwlnei atân tihngheh a ni tih an lo hre ta a ni,” (*1 Samuela 3:20*).

Amaherawhchu, hetia kan sawi hian thil engkim a kal tuang ta vek e tihna chu a ni chuang lo. Israel hnam chu Filistia-hote’n an rawn rûn a, Elia fapa pahnihte chu thah an ni a; Filistia-hote chuan Pathian bâwm an la daih mai a, chutianga a thlen thu chu kum 98 zeta upa ni tawh Elia’n a lo hriat chuan a lungphû-in a tuar lo va, a thi ta nghe nghe a ni (*1 Samuela 4:14–18*). Vânduaithlâk takin, Samuela pawh hian Elia harsatna tawh ang chiah kha a hmachhawn ve leh dâwn a: a fate chu amah anga rinawm leh nghet an rawn ni ta bîk chuang lo a ni (*1 Samuela 8:1–7*).

Samuela khân Pathian mite chanchin chu a her danglam a. Amah hi Rorêltûtezîngah chuan a hnunhng ber niin indona ropui lo inmûng chho zêlah pawh mi langsâr ber a rawn ni chho bawkh a. A huhâng chak leh nghet tak mai khân Pathian mite’n hun khirh an hmachhawn laiin a kaihhruai ðîn a. A fapate’n a hniak hnung an rawn zui lo kha chu a lainat awm viau tho rualin, Pathian chu lal chhôngkuua inngat a ni ve chuang lo va. Chutianga a fapte an ni khua loh êm avâng chuan Israel hnam puipate chuan lal neih an ngên ta a—he an thil nGenesis hi thil ða ber a nih lohzia chu a hnam chanchin kal zêlin a rawn lantîr dâwn a ni.

**Kan in chhôngkhur nun dân chu a ða emaw, a chhia emaw pawh lo ni se indona ropuah hian tu lamah nge kan ðan tih**

**chu thil pawimawh ber a ni zâwk a. Tihsual eng pawh lo nei tawh mah la, eng vângin nge tûn hi inlamlêta LALPA nêna inrem lehna hun tha ber a ni tih i hriat reng a tûl le? Naktûk i nghah chuan i tlai hman tawh mai thei a, chuvâng chuan vawiin ngei hian i inlamlêt nghâl dâwn nia.**

**ZIRTÂWPNI**

*January 22*

**Ngaihtuah zui tûr:** Bible hian mihring سوالنا leh tlinlohna Thupuan bosak a tum ngai tih hi tlâng hriat a ni a. Engtin nge mihringte dinhmun dik tak chu chiang taka a târlan theih le? Mihringte سوالzia chu *1 Samuela 2: 12-25*-ah hian a lang chiang khawp mai a, hetah hian Elia fapa pahnihte chu tleirâwl Samuela nêna an inan lohzia kan hmu a. “Elia fapate chu Beliala fapate an ni a; LALPA chu an hre lo,” (*1 Samuela 2: 12*). A hmasa berin an inanlohna a sawi hi lo chhinchhiah phawt la: Bible ram mite nunah khân thlahtu bul chhuina hian hmun pawimawh tak a chang thîn a, he lai châng, tlar khat lekah pawh hian “Elia fapate” chu “Beliala fapate” an lo ni ta zâwk a. Beliala tih hming hi thumal hausa zet mai a ni a, chi hrang hranga hman niin, chûngte chuan awmze hrang hrang a nei nual bawk. Dik tak phei chuan Hebrai tawnga *bl* tih leh *bli* tih nêna inzwam nghê nghê a, chumi awmzia chu “ni lo” emaw, “tel lo” emaw tihna ni. Beliala tih hming hrim hrim pawh hi a awmzia tak chu “hlutna nei lo,” “tangkaina nei lo” tihna a ni a, hmun dang dangah pawh Elia fapate chungchâng sawina atân hman a ni ang hian hman a ni deuh zêl a, a awmzia chu, chûng mite chu “Beliala fapate” tia koh an ni tihna a ni (*2 Chronicle 13: 7; 1 Lalte 21: 13*).

*Thufingte 6: 12*-ah chuan mi khawlo tihna nêna thuhmun reng anga hman a ni a. Bible-a he tawngkam a lo lanna zawng zawng-ah hian a tha lo zâwnga hman a ni deuh zêl a ni. Chûng mite chu mihring, Pathian anpuia siam ve tho, awm chhan nei leh, awmze neia nun hmang tûra siam an ni a; mahse Bible-in min hrilh dânin hêng mite hi chu hlutna engmah nei lo, “mi tlâk tlai lo” mai an ni. Mihring nun khawhral dân lungchhiatthlâk tak a va ni ni tehlul êm! Pathian tân kan nung a, thil awmze nei eng eng emaw tiin ama tâna tangkai tûr thil kan ti nge ni a, atâna mi tlâk tlai lo tak kan ni zâwk le? Hei hi ngaihtuah chian a ngai khawp mai. Amah avânga lo awm leh nunna nei ve chauh kan nihzia hi i ngaihtuah fo thîn ang u.

### **Sawi ho tûrte:**

- ❶ Bible chuan indona ropui-ah hian tuilairapa lo awm mai mai a theih lohzia Chiang takin a sawi a: Krista lama kan țang lo a nih chuan Setana lamah kan țang tihna a ni mai a. Nimahsela kan hriat angin mihring nunah hian zawh tûr lam zâwk hriat chian mai theih a nih loh châng a awm ve fo a ni lo'm ni? A châng chuan a dik zâwk leh dik lo zâwk pawh kan hre hlei thei t̄hîn lo va. Chutiang hunah chuan eng thil nge kan tih ang tih hriatthiam a har ta t̄hîn a ni. Thil dik leh țha hriatthiam mai a awlai loh châng a duhthlanna dik tak kan siam theih nân engtiang kawngte-in nge kaihhruaina kan hmuh theih ang?
- ❷ Engtiang kawngte-in nge i ngaihsân leh rin êm êmte'n an lo tihbeidawn tawh che le? Chutih rual chuan, engtiang kawngte-in nge nangmah lo ngaisâng leh ring ve êm êmtu che kha i lo tihbeidawn ve tawh baw le? Hêng thil thlengte ațang hian rinna, Pathian rinna, mi dangte rinna, khawngaihna, leh mihringte derthâwnzia chungchâng i lo zir chhuah tawh le?



Zirlai 5-na

January 23–29, 2016

## INDONA CHU BEIH CHHUNZAWM ZÊL A NI

**CHÂNGVAWN:** “Pathianin mi duhsak thûte ka hrilh a, ka hnêna  
lal thu sawite pawh. Anni chuan, ‘I tho vang u khai; i din  
teh tak ang u,’ an ti a. Chutichuan chu hna tha thawk tûr  
chuan an kut an tichak ta a,” (*Nehemia 2:18*).

**Chhiar tûrte:** *1 Samuela 17:43–51; 2 Samuela 11:1–17; 1 Lalte  
18:21–39; 2 Lalte 19:21–34; Estheri 3:8–11; Nehemia 1.*

SABBATH CHAWHNÛ

January 23

**D**AVIDA te, Elija te, Hezekia te, Estheri te, leh Nehemia te nun  
kan han thlîr hian thil thuhmun lo lang fo thîn a awm tih kan  
hmu a: Pathian chuan mi “pawimawh lo” nia langte hi sualna tui fâwn  
lo chhêm kiang tûrin a hmang thei a ni tih hi a ni. Hêng mite chanchin  
thenkhat a tang hian dodâlna chu eng anga nasa pawh ni se, sualna  
chhûmpui chu kan inchîmpilfîr kher a tûl lo a ni tih kan hmu thei a.  
Chuti a hnehin ngheh takin kan ding thei zâwk a; mahse chutianga  
ding thei tûr chuan Pathian thiltihtheihna kan rinchhan a ngai thung.  
Ani chu a thutiamah a rinawm tlat thîn a, chûng a thutiamte chu  
Isuaah khân kan tân a lo tipuitling tawh bawh. Pathian mite hian a  
chakna an rinchhan chhûng chuan sual thiltihtheihnate hi hnehna  
chang tûrin an chak tâwk lo a ni tih an hmu dâwn a ni.

Kan tinzâwn ber tûr leh kan tâna chona ni nghâl bawh chu a  
chhanchhuahna avânga lâwmthu sawi a ni a. Mahse chutianga chu  
chona khirkhân tak tak kan hmanchhawn châng hi chuan a taka  
tihpuitlin a har fo thîn; a chhan pawh chûng chonate chu keimahni  
aia lian zâwk daih te a nih thîn vâng a ni. Chhanchhuahna a lo thlen  
hma hauhva min chhanchhuah avânga lawmthu lo sawi lâwk chu  
kan vêla thil thlengin a nghawng chhuah ni lovin, rinna leh Pathian  
chibai bûkna thiltih a ni zâwk a. Kawng leh lamah chuan, kan tâna  
Krista’n thil a lo tih tawhte avâng khân Pathian rinawmzia rin mai hi  
thil finthlâk kan tih theih awm chhun chu a ni tho mai.

**Davida, Goliatha, leh Bathshebi**

Hringnun hi a buarchuarin hriatthiam a har thîn khawp mai a, chumi avâng tak chuan keini mihringte pawh hi hriatthiam kan hâr rêng a ni. Han ngaihtuah mah teh – lei leh vâna thil awm zawng zawngte siamtu Pathian anpuia siamte chu anmahni leh anmahni an intichhe ta a. Thil tha tih theihna sâng leh thil sual tih thehna sâng tak tak kan nei kawp pawh hi a mak hran lo. Mi thenkhat chu an that êm êm theih laiin, thenkhat erawh vânduaithlâk takin a suaksual ve êm êm thung a. Chu mai chu ni lovin, mi tha takte pawh hi mi sual tak an ni ve leh thei tho bawk. Chanchin lâwmawm êm êm mai chu, thâwkkhat laia sual êm êmte pawh hian Pathian khawngaihna azârah ama tân leh an mihringpuite tân thil ropui tak tak an lo tih tawh thîn hi a ni. Chumi letling chiah chu a thleng thei tho mai: mi fel ber berte pawh hi mi sual ber ber an ni ve leh thei tlat a. Setana hi a taka awm ngei a ni a, indona ropui pawh hi a taka thleng ngei a ni bawk; chuvângin LALPAA kan awm reng a nih loh chuan kan zînga mi fel ber pawh hi kan hmêlmapa thanga âwk thei reng a ni ve tho a ni tih hi i hria ang u (*1 Petera 5:8*).

**1 Samuela 17:43–51 chhiar la. Davida thusawi, hnehna a chan theihna chhan hriatthiam nâna pawimawh êm êm mai kha eng nge ni? 2 Samuela 11:1-17 chhiar leh la. Hetah hian Davida thil tha lo tak a tih thu kan hmu ve thung a. Hetiang taka mi danglama siamtu hi eng nge ni?**

Filistia mi lian hnehtu Davida kha ama tIsaia châkna leh a chapona te'n an hneh ve thung a. He pa hian nupui eng emaw zât a nei sa tawh reng a. Mahse, hmeichhe dang pakhat a hmu tai leh ta, tûn tum ami hi chu pawm lai nei a ni nghe nghe a; “Indona chu LALPÂ indona a ni si a” (*1 Samuela 17:47*) tih thu a sawi leh, “Israel-ho zîngah hian Pathian a awm a ni” (*1 Samuela 17:46*) tih thu a sawi te kha a theihnghilh hmin ta der mai em ni ang? Davida hian indona chu LALPÂ indona a ni tih mai ni lovin, Pathian râlthuama

inbel chung a beih a ngai a ni tih pawh a hriat a tûl hun a awm a nih ngai chuan, chu hun chu Ela ruama Filistia mite nêna an indona hmunah khân ni lovin, ama thinlung chhûngrilah ngei a ni zâwk ang, chumi hmun chu keimahni t̄heuha indona ropui a thlenna hmun pawh a ni bawk.

Bathshebi nêna an thiltih pawizia a hriat chhuah hnu khân Davida chu a lungngai ta êm êm a, a dam chhûng zawng khân mahni inthiamlohna a nei zui ta zêl a ni. Chu a lungngaihna chuan *Sâm 51*-na hi ziak tûrin a tur chhuak ta nghe nghe a, he *Sâm*-ah hian thinlung thianghlim tak (*châng 10*) leh chhandam hlimna pe leh tûrin Pathian a dîl a (*châng 11, 12*). He lei leh vân pum pui huap inbeihna namên lo tak maiah hian mi chak ber berte pawh mi chak lo tê tê-te ang thova chak lo ve thei an ni a; chutih rualin, Pathian chuan inchhîra sim tak takte chu a tanpui a duh reng thung a ni.

**Nangmah kha han inen la – hnehna i chan te, beidawna i tawh te, hlawhtlinna leh hlawhchhamna i chan tawhte kha ngaihtuah ang che. Hêng i thiltawn hrang hrang atanga zir lai i lo zir chhuah tawhte zînga eng emaw ber hi engtin nge tûna harsatna i tawh mêk atân khân i hman tangkai theih ang?**

THAWHTANNÎ

January 25

**An thinlungte hawikîrfîr tûrin**

Tisbe khaw chhuak Elija kha Bible-a mi hmingth̄a ber berte zînga pakhat a ni ve a. A chanchin kan hriatna hmasa ber chu lal hmaah ding a, kum thum zet chhûng chu ruah rêng rêng a sûr loh tûr thu a sawi tum kha a ni (*1 Lalte 17:1*). Lal hmaa va din emaw, tlânchhiatsan emaw pawh kha thil awlsam tak a ni lo va; mahse he pa, sahmul puana inthuan a, savun kâwnghrên hrêng thîna (*2 Lalte 1:8*) hi chu vêngtu sipai kârah a pût lût ru thei tlat mai a, Pathianin sawi tûra a hrihite a sawi zawh hnu chuan kilometer sâwm leh pahnih (mêl 7) vêla hlaa awm tlâng lam panin a tlânchhuak leh nghâl a ni.

Hetih hun hi Israel hmar lam lalram tân chuan hun lungchhiatthlâk lai tak a ni a. Mi zawng zawng tih theih deuh thaw chuan LALPA Pathian chu an hawIsaian tawh a, a aiah chi thatna pathian eng eng emawte kha an be ta zâwk a (*1 Lalte 19:10*). Ruah rêng rêng a sûr miah lo tûr thu han puan tawp mai kha chu ualau taka Baala chapchârna a ni a. Baala chu an thlai chînte'n rah tha taka an chhuah theih nân leh an ran vulhte paw'n chî an thlah that theih nâna ruah rawn sûtîrtu nia an ngaih a ni a. He tih hunlaia an sakhaw serh leh sâng hrang hrangte kha eizawna kawnga an hmuingîl theihna tûr leh chi tam tak thlaha an lo pun zêl theihna tûr tinzâwna tih a ni hlawm.

Kum thum chhông chu hmuingîlna thlentú pathian nia an ngaihte chuan engmah an ti thei ta lo va. Tichuan, Elija chuan lal chu a va hmachhawn leh a, amah leh Baala leh Aseri (chi thatna pathiannu) zâwlni zawng zawngte tâna inchapchârna hun buaIsaiaih tûrin a ngên a – mi pakhatin mi 850 lai mai a hmachhawn dâwn a ni (*1 Lalte 18:17–20*).

An ni ruat a lo thlen chuan Israel mite chu Karmel tângah an lo pung khâwm a. Chutah Elija chuan, “Tuilairapin eng chen nge in awm dâwn?” (*1 Lalte 18:21*) tiin mipui pungkhâwmho chu a zâwt ta a. Hemi tum hian halral thila hlan atân bâwngpa pahnih rawn kengin pakhat ve ve an chang a, tichuan, mipuite chuan tu pathian zâwkin nge vân atanga mei rawn tûr thla ang tih an lo thlîr a. Hmasâng mite sakhaw biak dânah chuan bâwngpa hi chi thatna pathiante zîngah rau rau pawh thiltithe ber nia ngaih a ni a. Chuvângin tûn tumah pawh hian chi thatna pathiante chuan an chakna an rawn lantîr ngei an ring tlat a ni.

***1 Lalte 18:21–39* chhiar la. Indona ropui chu a taka thleng ngei a nihzia hetah hian a lang Chiang hle tho nachungin, Elija khân Israel rama thleng tûra a duh thil pakhat a awm a. Chu a thil duh chu eng nge ni a, eng vângin nge chu chu tûnlai kan hun atân pawh hian a pawimawh viau le?**

A thil duh chu *1 Lalte 18:37*-ah hian a sawi vek a. Khami tuma thil thleng kha a mak hle mai a, chutih rual chuan a thilmak hrim hrim kha chu an thu inchuh ber a ni hran si lo: an Thupuanui ber zâwk chu thuthlung laka Israel mite rinawm leh rinnawm loh chungchâng a ni. An thinlungte hawikîrtîr chu tu nge ni tih i hria em le? Amah *LALPA* ngei kha a ni a, *thilmak a thlen hma hauh khân an lo hawikîrtîr tawh reng zâwk a ni*. Nimahsela Pathian chuan ama lama an thinlungte hawikîrtîr tûrin tu mah a tilui ngai lo. A Thlarau Thianghlim chu a rawn tîr a, chu Thlarau sâwmna chu mihringte chuan lo chhângin Pathian hnêna kîr leh tûrin thutlûkna an siam hmasak phawt a ngai a; chumi hnu chuan ama chakna rinchhanin an duhthlanna siam ang chuan thil an ti thei ta thîn a ni. Hetiang hi tûnah pawh a la ni reng tho va. Pathian thiltitheihna chauh hi thinlung hnathawhtîr a awmchhun chu a ni a; chutih rual chuan amah zui tûrin tute thinlung mah a tilui ngai hauh lo thung a ni.

**THAWHLEHNÎ**  
**Inchona thute**

*January 26*

Hetih lai huna ram chak leh thiltithei ber rawn ni thar Assuria-in Israel hmar lam lalram a rawn hneh a, a ram mipuite pawh Mesopotamia ram hmun hrang hranga a thawn darh lai vêl khân Hezekia chu Juda ram lal a ni a (*2 Lalte 18:9–12*).

“An thlahtute rama an awm laia anmahni kaltlanga a tih theih tâk loh chu ringlo mite zînga thawn darh an nihna hmangin hlenchhuah a tum ta a. Mihringte Chhandamtu kaltlanga ngaihdamna awm chu chang thei tûra anmahni rawn inhlânte tâna chhandamna a ruahman chu hlenchhuah ngei a la tum tum tho va; chuvâng chuan khatia Israel mite chung a tawrhna a thlentîrte hmang khân Pathian chuan he leia hnam hrang hrangte hnênah a ropuina puanchhuah dân tûr kawng a buatsaih ta a ni.”—Ellen G. White, *Zâwlneite leh Lalte*, p. 292.

Hmâr lam lalram a tlûk aţanga kum tam pawh a liam hma-in Assuria lal Sennakeriba chuan Juda ram lam a rawn hawi ve leh a,

kulh nei khawpui zawng zawngte chu la vekin, chhiah rit tham tak a tuk zui bawk a (2 *Lalte* 18:13–15). Hezekia hian LALPÂ ina (temple) tangka awm zawng zawng leh lal ina ro dah khâwmnaa mi zawng zawng a pe fai vek chungin Assura lal erawh a la lungawi chuang lo. Chuvâng chuan a mi pawimawh thenkhatte chu an hnêna Jerusalem khawpui inpêk dân tûr sawi fel tûrin a tîr ta a ni.

Assuria-hote chuan Juda mipuite chu deusawh takin an ãawng khum a, an chhehvêla hnam dang awm ve-te pathiante pawhin Assuria lak ațang hi chuan tu mah an chhanhim theih loh thu sawiin, Juda-te pawh chu an Pathianin an chhanchim theih bik ring lo tûrin an hrilh a (2 *Lalte* 18:13–15). Chutichuan, Hezekia chuan atâna thil tih âwm tak awm chhun chu tiin a ãawngțai ta ngawt mai a (2 *Lalte* 19:15–19). Pathian chuan a hma pawhin Hezekia fuih phûr tûr hian Isaia chu a lo tîr tawh a (2 *Lalte* 19:6), tûn ãumah pawh hian Pathian chuan he zâwlnei tho hi a hnênah a tîr leh ta a ni.

**2 *Lalte* 19:21–34 chhiar la, châng 21, 22 te hi chhiar ngun zual bik deuh ang che. He buaina rãpthlâk tak an hmachhawn mêk laia a mite hnêna Pathian thuchah awm chu eng nge ni?**

Hêng zawng zawngte'n a nghawng chhuah chu Assuria sipai tam takin Jerusalem kulh hual vêla awmhmun an khuar laiin hmuh a lo ni ta a. Hual beha awm khawpuia chêngte chu hlauthâwng tak chung a zîng an han thawh chuan, hmêlma sipaite'n an khawpui kulhte an lo su hawng vêl mêk lai hmuh inring kha an ni a; mahse an beisei loh deuh maiin leiah chuan mitthi ruang a lo khat tlat mai a, an hawina lam apiangah chuan an let phung mai a ni (2 *Lalte* 19:35). Assuria lal chu mei khupin Ninevi lamah a hâwng nghâl a; mahse ama fapate ngeiin an lo that ta tho a ni (2 *Lalte* 19:36, 37).

**Beidawna tâwpah leh tal chhuahna awm miah tawh lo khawp nia lang dinhmun harsaa kan awm lai hian engtin nge Lalpaa rinna nghah dân kan zir theih ang? Kan duh ang a thil a thlen loh châng te hian eng vângin nge ngaihtuahna zau tak kan put reng thîn a pawimawh viau le?**

**Thihna Thupuanêk**

Tûnlai mite thlîrna aţang chuan hmasâng Persia, Esther chanchin kan hmuhna ram mite hnam dân leh khawsak phung te kha hriatthiam a har viau âwm e (dik tak pheî chuan, hman ata tawh tûn thleng hian hnam tam takte mak tih a ni a). Thil pakhat Chiang êm êm erawh a awm: LALPA chuan he lalram hi Israel hnamte nêna thu a lo thlun tawhte hlenchhuahna atân a hman a ni tih hi a ni a, chûng thutiamte chu Abrahamana hnêna a lo thlun tawhte kha a ni hlawn nghe nghe (*Genesis 12:1–3; Isaia 45:1; 2 Chronicle 36:23 en la*).

Juda tleirâwl pakhat Estheri chu Persia ram lalnu a rawn ni nawlh mai a. Hetiang dinhmun sânga ding thei tûra a kawng zawh hi Aigupa rama Josefa leh Babulon rama Daniela te kawng zawh nên kha chuan a inang lo nachungin, Pathianin awm tûra a duhna hmunah tak a awm a (Josefa leh Daniela te pawh kha a ni tho va), tichuan, Pathian pawhin mak tak maina hman ta a. A chanchin hian mihringte chanchin kal tawha indona ropui Thupuanui lo lanchhuah thîn dân chu min kawh hmuh a ni.

***Estheri 3:8–11* chhiar la. Juda mite tâna Pathian ruahmannate, a bîk takin Messia lo pian tûr chungchâng kha i rilru-ah hre reng la, he thupêk hi lo hlawhtling ta se eng thilte nge a nghawng chhuah ang?**

“Lalber chuan a thupêk chhuah chu a nihna ang taka lek kawh a nih chuan nghawng a nei thui dâwn hle a ni tih rêng a hre lo. He ruahmannaa a lang lo phêna a meizanghlaptu ber chu Setana niin, ani chuan Pathian dik tak hriatna vawng hîmtute chu lei aţang hian tihboral vek a duh a.”—Ellen G. White, *Zâwlneite leh Lalte*, pp. 600. Hêng mite aţang tho hian khawvêl Chhandamtu chu a lo kal dâwn a ni.

He laia an buaina hi chibai bûk chungchângana inţan a ni (*Estheri 3:5, 8 chhiar la*) leh, hnam danglam bîk tute'n emaw thuneihna

chelhtute dân siam an zawm ve duh tlat lo mai hi a ngaihnawm hranpa ve hrim hrim a. Tâwpna huna thil thleng tûrte chu Estheri hunlaia thil thleng nê chuan a inang dân hauh lo na chungin, a phêna thil awm erawh chu Krista leh Setana inkâra inbeihna tho hi a ni a, Pathian laka rinawm tlat tumtute chuan hemi tuma Juda-te'n an hmachhawn ang hi an hmachhâwn ve leh dân a ni. Khawvêl tâwp dân hnaiah chuan Thupuanêk khauh tak chhuah a nih tûr thu hrilh kan ni tawh a, sakawlh lem chibai bûk lo apiang chu tihlum an la tum dân a ni (*Thupuan 13:15*). Khawvêl chanchin kal tawh hi thlîr ila, hmâna thil lo thleng tawh kha a hnu-ah pawh a lo thleng nawn leh fo va; mahse chuta tâng chuan inzir fin kan tum thîn chuang si lo.

**Eng vângin nge keimahni ang ni ve lote hi rinhlelh kan tum sa ngawt zêl le? Eng vângin nge thil siam leh tlanna chungchânga thudikte, mi tinte hlutna puangchhuahtu hian chutiang ngaih dân chu a dik lohzia a puanchhuah a tûl? Engtin nge hetiang ngaih dân dik lo tak mai hi kan thilung atang hian kan paih chhuah theih ang?**

NINGANI

January 28

**Nehemia**

Nehemia chanchin pawh hi ram pakhat anga Israel hnam a awm tawh loh hnu, ram hrang hranga an awm darh laia thleng a ni a. Pathian chu a dân pangngai angin thu a lo thlun tawhte-ah chuan a rinawm tlat reng dân a, mihringte'n nunpui zo lo mah se, ani chuan a hlen chhuak tho dân a ni.

***Nehemia 1* chhiar la. Hetianga tawngtâina thu a chham chhan hi eng nge ni? Hêng a tawngtâina thuchhamte hian engtiang kawngte-in nge *Daniela 9:4-19*-a *Daniela* tawngtâina kha min hriat chhuahtîr sawi la. He mite pahnih tawngtâinaah hian eng nge an thupui ber chu ni a, chu thupui chu indona ropuiah hian hian engtiangin nge a rawn lan chhuah le?**



Lalber khawngaihna avângin Nehemia chu Jerusalem-a kîr a, kulhbang chim tawhte din thar leh phalna pêk a ni a. Jerusalem a thlen hnu hian hna tan nghâl mai lovin, ni thum chhông chu a chhe laite a han fang kual hmasa phawt a. Khawpui dinhmun dik tak en tûrin zân lamah a thawk chhuak a; mahse kulhbang leh in chim te chu a lo nasat êm avângin thui pawh a kal thei ta lo va (*Nehemia 2:14*), tichuan, kulh pawns lamah chhuakin, chuta tang chuan a thlîr ta zâwk a ni (*Nehemia 2:15*).

***Nehemia 2:16–18* chhiar la. Juda hnam hruaite khân kulh din thar leh chu thil theih miah loh tûr niin an lo ngai hman tawh a, chutiang ngaih dân neitute Nehemia'n a hmin leh thei hi engtin nge maw a tih le? Nehemia hian tûnlaia kan Kohhran hi eng nge zirtîr ve theih a neih ang?**

Nehemia hian Juda hnam hruaitute kha eng vânga lo kal nge a nih tih hrilh nghâl lo mah se, an zîngah khân amah lâwm lotu leh a theih ang anga Jerusalem kulh din thar leh hnathawh pawh tihthumawp zêl tum mi thenkhat a lo awm reng tih erawh a hriat a (*Nehemia 2:10, 19, 20*). Kulh siam that hna an han thawh tan phat pawh khân (*Nehemia 3*) hêng ram dang sawrkâr mi pawimawhte hi chu an thinur nghâl a, nasa takin an sâwt a (*Nehemia 4:1*), hnathawktute chu an rawn nuihsawh vêl bawk a (*châng 2, 3*). Pathian mite chu an hnathawhah an phûr hle a ni tih an hmuh chuan an thin a ur êm êm mai a (*châng 6*), buaina rawn siam an tum ta a ni (*châng 7, 8*).

Juda-te tân pawh hian tâwpsan mai a awl viau âwm e; mahse hetiang a hnathawh tihbahhlah tumna hrang hrang kârah pawh hian an thawk tang tang tho va. Pathiana rinna ngat tlat chung Nehemia chuan kulh siam that leh hna chu a ho zêl a, a hmêlmate vauna hrang hrangte chu Pathian kutah a dah tawp mai a ni (*Nehemia 6:14, 15*).

**Kan zavai hian dona eng eng emaw chu kan tâwk theuh hlawn a. Engtin nge tawlh kîr a tûl hun leh kal zêl a ngaih hun te kan hriat theih ang?**

**Ngaihtuah zui tûr:** Tûn kêra kan zir tâk ang khân Pathian Thu chuan a mite laka Pathian rinawmzia min hmuh nawntîr fo va. Harsatnate lo thlen lai chuan a rinawmzia hmuh fiah a har fo thîn ngei mai tih erawh chu phat thu a chêng bîk lo. Kan hmuh tâk chanchinahte pawh khân thil thlen dân chu a bul aţanga a tâwp thlengin kan hmu thei a; chutih laiin a changtute zînga mi thenkhat, entîr nân, Hit-mi Uria te erawh kha chuan kan hmuh ang hi an hmu ve lo a ni. Vawiinah hian an chanchin kan zir tâkte ang chiah khân keini pawh he indona ropuiah hian kan lo tel ve ta a. Anmahni chauh hi ni lovin, an duh anga thil kal tuang bîk lo mi dang tam tak pawh an awm bawk a. Hei vâng hian a nia, keini Kristiante tân pawh hun harsa a lo thlen châng hian Paula thusawi ropui tak hi kan hriat reeng a pâwimawh êm êm ni. Ti hian a sawi a: “Chumi avâng chuan kan zâm lo ve, kan pawns lam mihring hi awngrawp telh telh mah sela, kan chhûng lam mihring chu ni tin siam tharin a awm zâwk a ni. Rei lo te chhûng kan hrehawm tuar nêp tak hian chatuan ropuina, khaihin rual loh khawpa nasa chu min siam sak a ni. Thil hmuh theihte chu kan thlîr lo va, thil hmuh theih lohte chu kan thlîr zâwk si a. Thil hmuh theihte chu a ral mai dâwn a, thil hmuh theih lohte erawh chu chatuanin a awm ang,” (*2 Korin 4:16–18, CL*).

Hetah hian Paula chuan ni tina hrehawm kan tawrhete leh, mihring kan nihna anga kan tlinlohnate leh kan chaklohnate piah lam chu min hmuhtîr a tum a. Chu mai chu ni lovin, nakina kan la chan tûr nun chuan he leia kan nun hi chu fiamthu nunrâwng tak ang lekah siam thei se a duh hle bawk a ni.

### **Sawi ho tûrte:**

① Bible-a thutiam kan hmuh dang engte hian nge kan thil beisei pui ber chu min kawh hmuh le? Chûng thutiamte chu a tam thei ang ber zawng chhuak ula, a theih phei chuan in pâwl thenah khân in chhiar chhuak ang a, tichuan, chûng thutiamte'na an sawi chu ngun takin in ngaihtuah zui dâwn

nia. Chûng thutiamte chuan eng thilte nge min hmuhtîr sawi bawk ang che u.

- ❶ Davida sual a tlu ta kha a lungchhiatthlâk bîkna chhan chu Pathianin malsâwmnaa a vûr fâl êm vâng a ni a. Mahse khatiang malsâwmna zawng zawng kha pêk a ni chungin a thil sual tih ngai tho kha a la ti reng a. Chutih rual chuan, a chanchin ðha lo lam ngawt hi ngaihtuah bîk lovin, a chanchin bawhlawh tak tak zînga a ðha lam awm chhun hi ngaihtuah tel bawk ang che u: chu chu hmun sâng tak aţanga hmun hniam taka tla thla tu emaw tân pawha Pathian khawngaihna lo lang chhuak ðhîn hi a ni. He thu hian Isuaa tlanna kan neih hi a famkimzia leh a tâwk zawhia engtin nge min hrilh? Thil kan lo tih tawhte chu eng pawh niin, eng anga dinhmun hniamah pawh lo tla thla tawh mah ila, Davida anga inçhîra kan sim ve phawt chuan ngaihdamna chu kan chang thei a ni tih engtin nge Chiang taka hriatna kan neih theih ang?

Zirlai 6-na

January 30–February 5, 2016

## THLALÊRA HNEHNA CHU

**CHÂNGVAWN:** “Mihring Fapa hi bo tawhte zawnga chhanchhuak tûrin a lo kal a ni rêng a ni,” (*Luka 19:10*, NKJV).

**Chhiar tûrte:** *Deuteronomi 34:14; Matthaia 1:20–23; 3:7–12; 4:1–10; Johana 9:39; Thupuan 21:10.*

SABBATH CHAWHNÛ

January 30

**S**ETANA chuan amah leh hmeichhe inkâr mai pawh ni lovin, a thlahte leh hmeichhe thlahte inkâr thlenga inhmêlmâkna a awm zui tûr thu Pathianin a sawi a han hriat chiah khân mihring mize tihkhawloh hna a thawh chu tihbahlah a ni dâwn tih a hre nghâl mai a. . . . Nimahsela chhandamna ruahmanna chu chiang zâwka pho chhuah a lo nih tâkah khân Setana leh a tirhkohte chu a lâwm hle a, mihring chu suala an thlêm thlûk tawh avângin Pathian Fapa pawh a dinhmun sâng tak atanga la hnuh thlâk ve leh theih a inring a ni. A ruahmannate chu lei chungah hian a la hlawhtling zêl a ni tih a puang a, Krista'n mihringte nihna a rawn tawmpui huna a lo hneh thei hlauh a nih chuan, suala tlu tawh mihringte tlanna chu a titlawlh thei mai dâwn niin a ngai a ni.”—Ellen G. White, *Thlahtubulte leh Zâwlneite*, p. 51.

Tûn kârah hian thlalêra Isua a awm laia thlêmna a tawhte kha kan thlîr ho dâwn a. Hetia kan zîr hian Krista leh Setana inkâra indona awm thu Bible-in a sawi chu a tak ngei a nihzia tûn hma zawng aia chiangin kan hmu thei ang. Setana chuan khawvêl hi ama tâ niin a lo sawi tawh thîn a; chumi hneh lêt leh tûr chuan Krista kha a lo kal a. Chutianga a hneh lêt leh theihna tûra a Thupuanui ber chu chhandamna ruahmanna hi a ni. Isua chu a pian tirh khân Setana chuan thah ngei tumin a lo bei tawh; mahse a thah theih tâk si loh avângin mihring tlanna chu kawng dang hmanga tîhsukuk a tum leh ta a. Chu a thiltum chu thlalêra Isuaa a thlêmnahte khân kan hmu a ni.

**Chhanchhuak tûrin Emmaneula a lo kal****Matthaia 1:20–23 chhiar la. Isua hminga “Emmaneula” tih an sak khân eng nge pawimawhna a neih le?**

Eng vângin nge Isua kha “kan hnêna awm tûrin” he leiah hian a lo kal?

A hmasa berah chuan, mihringte hnêna Adama’n a lo hloh tawh lalna leh thuneihna pe kîr leh tûrin a lo kal a ni (*Rom 5:12, 15*). Isua khân lal nihna zia (lalna leh thuneihna nei) a nei a ni tih chu mipui a chawhphûr tûm (mipui 5,000 vêl lai mai khân lala siam an duh a nih kha) leh naupangte’n amah lâwma fakna hla an sak tum khân kan hmu thei a (hetiang hla hi chu mite an hmêlma lak atanga chhanchhuak theitu hnênah chauh an sak thin a ni). Thil siam chung a thiltihtheihna pawh pianphunga rual ban lote leh piangsualte pawh mi pangngaihah a chhuah leh theih dânahthe khân kan hmu a (pian tih ata mitdel leh kum tam tak chhûng thî pût tawh pawh a tidam a), chu mai chu ni lovin, leilung awm dân tûra ama’n a lo ruat tawh chungah pawh thu ala nei vek bawh a nih tih chu thlipui leh tuifawn a hauh reh theih dânah te khân kan hmu leh bawh a ni.

Pahnihnaah chuan, rorêl tûr leh ramhuai hnahthawhte tiboral tûrin a lo kal a ni (*Johana 9:39; 1 Johana 3:8*). Mi sualte hi eng vângah hmuingil viaw nge maw an nih le tiin kan ngaihtuah fo thin a ni lo’ m ni? Isua chuan dik lo taka rorêl a nih thin thu sawiin, chu chu ala tâwp thuai dân a ni tih pawh min hrilh nghâl a. Ramhuaite pawhin an chungah Isua’n thu a nei a ni tih an hria a, a châng phei chuan amah Isua’n a insawi hma hmain a nihna dik tak chu an lo chham chhuaksak fo thin zâwk a ni. Ramhuaiin a man mi thenkhat chu amah hlauva an tlânchhiat thin lain, thenkhat dang erawh a tidam a, mi pangngaihah a chhuah leh thin thung.

Pathumnaah chuan, Isua chu bo tawhte zawnga chhanchhuak tûr (*Luka 19:10*) leh, an sualte lak bosak tûrin (*Johan 1:29*) khawvêlah hian a lo kal a ni. Kan tâna Puithiam Lalber rinawm tak a ni theih nân leh, Pathian hnênah min hruai thlen leh theih nân

keimahni anga siam a ni a (*Hebrai 2:17*). “Sual chin fel a, sual lak ațanga mihringte chhandam a, khawngaihna, ngaihdamna, thiamchantırna, leh ropuina pêk hi a tır ațang rênga thuthlung pakhatin a tum a ni a, chu chu Isua Kristaah khân tihfamkim a ni ta a ni.”—N. T. Wright (2009–09–25), *Justification: God’s Plan and Paul’s Vision* (Kindle Locations 1462–1463: InterVarsity Press. Kindle Edition).

A tâwp berah chuan, Isua kha Pathian chu eng ang nge a nih tih min hmuhtır tır leh, keimahni mai bâkah, lei leh vın pum pui hmaa a nungchang dik tak pho lang tırin a lo kal a ni (*Johana 14:9*).

**Engtin nge hêng Isua lo kal chhan hrang hrangte hian i nun leh LALPA nêna in lên dunna na kawng a tihchak sawt thei ang?**

THAWHTANNĪ

*February 1*

**Isua’n baptisma a chang**

Baptistu Johana lo lang khân Judai ram pum puiah Pathian thu lama phūr tharna a thlentır ngeiin a rinawm. A lan danah lah zâwlnei Elija pawh kha a ang ve viau mai bawk si a (*Matthaia 3:4; 2 Lalte 1:8*). Ani hi kum 400 chhông zet zâwlnei âw hriat tır a awm tawh loh hnua rawn au chhuak leh hmasa ber a ni a. Tın hmain hetiang chena rei hi Pathian a la ngâwi ngai lo. Tınah hian mihringte hnênah thu a rawn sawi leh ta a. Thil pawimawh eng emaw tak chu a thleng dâwn hnai a ni tih a chang hle a ni.

**Matthaia 3:7–12 chhiar la. Eng vângin nge Baptistu Johana hian rorêna lam hawi thu chi hrang hrang – thinur lo thleng tır (*châng 7*) tih te, thing bul tina hreipui dah (*châng 10*) tih te, hruiha buh zâp fai hliau (*châng 12*) tih te, leh mei mit ngai lova hâlrail (*châng 12*) tih te hi Messia lo lan hun tır nên a sawi zawm le?**

Hetih hunlaia mite hian ni hnuhunga chêng tawh niin an ngai a. Thlalêr ațanga Johana lo kal leh Jordan luia lo kal a, baptisma chang tûra mi a sâwm lai te chu an hmu a. Exodus hunlaia Tuipui Sen an kân ang deuh kha a ni âwm e; mahse tûn țin hi chuan lei châra kal lova tuia inchiah huh ngei kha silfaina leh ram tiam thara lût thei tûr chuan a pawimawh a ni. Amah Messia ngei chuan Rom mite lak ata hnehna chang tûrin hma a hrui ang a, zâwlneite'n an lo puan țin Pathian chatuan lalramah chuan a luhpui dâwn a ni tih kha hetih lai huna mi tam takte rin dân chu a ni.

Nimahsela, Johana emaw, Isua emaw khân chutiang zâwngin hma an la ta rêng rêng lo mai a; chhandamna chanchina thilthleng a lo ni reng zâwk a ni. Luka'n Johana thiltih a sawifiahna hi Isaia'n ram tiam lama sal tângte an kîr leh theih nâna Pathianin kawng a buatsaisak thu a lo sawi a lâk chhawn ve leh a ni a (*Luka 3:3-6*). Chutianga kawng bîk siam a nih chhan chu Jeremia'n min hrilh a: khawtlânga mi chak lo leh dawm ngai ber ber, hêng – mitdel, keibai, râipuar, leh nau vei mêkte pawhin an zawh theih nân a ni a, ram tiam lama kîr leh duh zawng zawngte chu a bo a bâng awm lovin thleng vek se a duh a ni (*Jeremia 31:7-9*). Chuvâng chuan mipuiin Johana an pan ruih ruih pawh kha a mak hran lo; Pathian ni ropui lo thleng mai tûr atân chuan inpeih hman ve ngei an inbeisei a ni. Amaherawhchu, mi tam zâwkte beisei loh dân deuhin a lo thleng ta a. Hetianga a lo thlen an rin lohna chhan chu hrilh an nih loh vâng lam ni lovin, Pathian Lehkhabu awmzia an hriatthiam loh vâng zâwk a ni (*Luka 24:25-27*).

**A țin khatna atâna LALPA lo kal dân tûr chungchang kha mi rinawm tak takte khân an lo hrethiam lo hle mai a. Ni hnuhunga mi rinawm tak takte pawh hian a țin hnihna atâna a lo kal leh dân tûr chungchânga ngaih dân dik lo tak kan neih ve loh nân engtin nge kan invên theih ang?**

**Matthaia 4:1–3 chhiar la. Eng thil nge thleng a, eng vânga thleng nge a nih? Engtiangin nge hemi tum hian indona ropui chu a taka a lo lan chhuah le?**

“Isua chu thlêma awm tûra thlalêra hruai a nih khân Pathian Thlarau hruaia kal a ni a. Amah hian thlêmna kha a cho chhuak a ni lo. Thlalêrah khân fianrial hun hmang a, a hna hlenchhuah dân tûr chu ngun taka ngaihtuah tûrin a kal a ni zâwk. Chawngheia ÷awngtai chungin thihna kawng a zawh ngei tûr atân chuan a inbuatsaih a. Nimahsela Setana chuan Chhandamtu chu thlalêrah a kal tih a lo hria a, chu hun chu amah a beih theihna hun ÷a ber ni-ah a ngai ta a ni.” - Ellen G. White, *Chatuan Nghahfâk*, p. 97.

Isua'n thlêmna a tawh dân chanchin leh thlalêra Israel fate an thang laia an thiltawnte khân inanna mak tak eng eng emaw a nei a. Tui awmna hmuna a kal hnu-in Isua chu thlalêrah a kal ta a, chutah chuan engmah a ei lo va, ni 40 chhûng zet fiahin a awm a. Chutiang deuh bawk chuan, Israel fate pawh khân tui awmna (Tuipui Sen) an kal tlang hnu-in thlalêr an lût a, chutah chuan kum 40 chhûng zet chhang ei tûr nei lovin an khawsa a ni. An chanchin Deuteronomi 8:2, 3-in a sawi hi lo chhinchhiah la: “A Thupuanêkte chu in zâwm dân nge dân lo, in rilru hriat nân fiah tûr leh tihrehawm tûr che u-a thlalêra kum sawmlî a hruaina zawng zawng che u kawng chu hre reng rawh u. Mihring hi chhang chauhvîn an nung lo va. LALPÂ kâa thu tin chhuakin an nung zâwk a ni tih a hriatîr theihna nân che u tihrehawm che u a, in ÷am te a phal a. . . .”

Matthaia sawi dânin ni 40 hnu-ah chuan Isua chu a ril a lo ÷âm ta hle a (*Matthaia 4:2*). Tichuan, mi pakhat amah “÷anpui” duh ni âwm taka lang hian thurâwn a rawn pe a, he pa hi Joba hnêmtute ang deuh kha a ni âwm e. Tûn hi mi tute'n emaw buaina an tawh laia “÷anpui” tûr ni âwm taka a rawn inlan wawi khatna a ni lo va. Zakaria chuan Babulon sal a÷anga an chhuah hnua Jerusalem din



thar leh hna an thawh laia puithiam lalber chanchin a ziak a. Inlâmaah chuan Pathian hmaah a lo ding a, chutih lai tak chuan a ding lamah mi pakhat hi arawn lang hlawl mai a. Kan ding lama thûte hi chu kan thiante zîngah rau rauh pawh kan rin ngam ber an ni thîn a, mi beih tumte laka min lo vênghimtu tûr an ni. Nimahsela, Zakaria bung 3-a mi hi chu tu dang ni lovin, puithiam lalber Josua “hêktu” a ni a, a thian tha tak angah a chang chawp ve mai mai a ni.

Thlâlêra Isua a awm lai pawh khân hetiang hi a lo thleng a. Amah “tanpui” tûra lo kal ni awm taka khân, “Pathian Fapa i nih chuan hêng lung hi chhanga chang tûrin thu pe rawh,” tiin arawn hrilh ta mai a, hetia a sawi hian a nihna dik tak arawn puang chhuak a ni (*Matthaia4:3*). Pathian aṅanga chhuak vântirhkohte chuan Isua chu Pathian a nihzia an hai hauh lo vang. Isua chhânna thu hi Israelte hnêna Pathianin thu a hrilh nêna khân a inzawm a ni tih i lo hria em aw: “Mihring hi chhang chauhvin an nung lo va. LALPÂ kâa thu tin chhuakin an nung zâwk a ni tih a hriattîr theihna nân che u [Pathian chuan] a tihrehawm che u a, in tîm te a phal a, in hriat ngai loh, in pî leh pûte pawhin an hriat ngai bîk loh manna chuan a chawm che u a.” (*Deuteronomi 8:3*).

**Thlêmnaa tlûk loh loh hi thil pawimawh tak a ni ngei mai a. Hre reng chung emaw, hre miah lo emawa mi dangte thlêmnaa hruai loh loh hi engtiang taka pawimawh zâwk nge a nih le?**

**NILAINÎ**

*February 3*

**Thlêmna dang**

Isua'n thlêmna a hmachhawnte zînga a hmasa ber hian Israelte'n Aigupta ram an chhuahsan laia an thiltawn nêna khân inzawmna nei nual tho mah se, a ṭobul tak zâwk erawh chu suala mihringte an tlûkna kha a ni a. Isua khân a chaw châkna aiin Pathian laka a rinawmna chu a dah pawimawh hmasa zâwk a, chutianga a tihna hmang chuan a chhia leh a tha hriatna thing rah a ei avânga Adama'n

a lo hloh tawh hmun chu a rawn nei lêt leh thei ta a ni. Amaherawhchu, Adama hun aṭang tawha dinhmun hniam taka lo tla thla tawh mihringte khai chhuak leh tak tak tûr chuan Isua khân thlêmna dang pahnih a hneh leh phawt a la ṭul a.

Matthaia sawi dân chuan thlêmna pahnihna a hmachhawn dân khân Setana chuan Isua chu Pathian biak in chhîp zum lai takah a dah tê tê phawt a, chu chu biak in chhim chhak lama awm niin, a thlang chu kawr ruam âwih tak a ni a. Hemi ṭum pawh hian Setana chuan ṭawngkam ngei awm tak, “Pathian Fapa i nih chuan” tih baw kha a rawn hmang leh a, hetiang ṭawngkam a hmang hian Isua ṭhian ṭha tak chu a ni lo tih a lantîr chiang hle a ni.

**Setana hian eng thil nge hmuh a duh? Biak in chhîp zum aṭanga Isua zuan thlâkna chuan eng thil nge a finfiah rêng rêng ang le? (Matthaia 4:5–7).**

Isua kha chuan a der maia nun leh hleihluak taka thiltih ang chi hi a lâwm ve lo va. Pathiana a rinna a nghah dân kha a dik êm êm mai a, mi dangte tihlâwm tum vânga ring mai a ni lo. A Pa chung a rinna a nghah pumhlûmzia chu vânrâm kalsan a, mihringa a rawn chang duh ringawt mai pawh khân a lantîr chiang tawh hle a, chu mai chu ni lovin, he leia a awm chhûng khân huatna, sawichhiatna, leh tihmualphona a tuar a, a tâwpah phei chuan dik lo taka a chungthu rêl niin tihlum hial a ni ta a nih kha (*Filipi 2:5–8 en la*). Hei hi a chan tûr rêng a ni a, chang tûr pawhin a inpeih thlap baw kha a ni. He leia a lo kal chhan ber chu Adama leh a thlahte’ n an lo hloh tawh khawvêl chu lâk lêt leh a ni a. Isuaah hian thuthlung thutiam zawng zawngte chu tihfamkim vek tûr a ni a, amah kaltlang hian khawvêl chuan chhandamna a hmu thei dân a ni.

He thlêmna pawh hi Isua chuan “tih ziak a ni,” tih thu, Deuteronomi-a mi baw kha hmang khân a chhâng leh a, a thiltawn chu Israel fate’ n thlalêra an awm laia an tawn: “Masa-a in fiah ang khân LALPA in Pathian chu in fiah tûr a ni lo,” (*Deuteronomi 6:16*) nênh khân a sawi zawm leh a ni. Masa chu Israel fate’ n tui in tûr a tlâkchham laia nasa taka an phunna hmun kha a ni a, chumi hmuna

an awm lai chuan Mosia'n lungpui a vua a, tui in tûr a lo luang chhuak ta a nih kha. Hemi tuma an awm dân hi sawifiahin Mosia chuan an zîngah LALPA a awm nge awm lo tih hriat an duh avângin Israel fate hian Pathian an fiah niin a sawi a (*Exodus 17:7*). Isua kha chuan Pathianin a awmpuizia a inhre Chiang a, chuvângin diabolahian "tih ziaak a ni," tih tawngkam hmangin rawn bei sateh mah se, a bumna thangah chuan a âwk ta lo va ni (*Matthaia 4:4, 6*)

**Thilmak lo thlen theih nâna Pathian rin tih leh a thiltihtheihna lo lan theih nâna tawngtai tihte hi a danglamna thliar thiam a har thîn khawp mai a. Hêng thil pahnihte hi a inan chiah loh dân engtiangin nge i lo zir chhuah ve tawh le? I chhânna chu in class member-te hrilh chhâwng ve tûrin i lo inring dân nia.**

NINGANĪ

*February 4*

**Diabola chibai bûk**

Matthaia sawi dân chuan thlêmna hmasa ber khân a chaw châkna a rawn tinzâwn a, a pahnihna khân dik lo taka Pathian cho chhuah a tum ve leh a, a pathumna erawh chu amah Krista ngei hmaichhana chona a ni ve thung: lal a nihna chu chhuhsak a, he leia a lo kal chhan ber pawh tihtlawhsak tuma beihna a ni.

***Matthaia 4:8–10, Deuteronomi 34:1–4, leh Thupuan 21:10* chhiar la. Eng vângin nge Setana hian Isua kha tlâng sâng takah a hruai kher le?**

Bible-in ram hrang hrangte thlîr tûra tlâng sâng taka kal chho tih tawngkam a lo hman thîn dân han en hian Isua kal chho ve pawh hi thil thlîr satliah tûra kal a ni lo tih chu kan hmu thei âwm e. Hemi tuma a thiltawn ang deuh hi tûn hma pawhin tawng an lo awm ve tawh a. Mosia pawh khân tlâng chung a tângin ram tiam lam chu a thlîr a, Israel fate'n an luah tûr ram chu a lo hmu lâwk

thei vek a, tin, Johana pawhin Jerusalem thar lo la awm tûr chu a lo hmu lâwk tawh bawk. Hetiang deuh hian Isua thil hmuh pawh hi khatih hunlaia Rom-hovin an awp ramte chauh kha a ni bîk lo va ni. Setana hian intithei takin thil engkim chu a ðha thei ang berin a sawi a ni tih hi lo chhinchhiah la. Khawvêla سوالنا, tawrhna, leh dik lo taka thiltih awm chi hrang hrangte chu sawi lang lovin, a hausakna leh a mawina chauh a târlang a.

Setana chuan, “Bawkkhupin chibai mi bûk la, hêng zawng zawng hi ka pe vek ang che,” tiin Isua chu a han hrilh a (*Matthaia 4:9*). Pathian ang ni duh tûra Evi leh Adama te a lo thlêm tawh dân ang chiah khân (amah anga siam an ni sa tawh reng zâwk a) Pathian ni âwm taka inlan leh, khawvêla ram awm zawng zawng neitu nihna chu ama kut liau liauva awm ni âwm takin a sawi a, Isua chuan amah chu zahna chhe tê chauh pawh a lantîr a nih phawt chuan ihê lovin hêng zawng zawngte hi a pe vek mai dâwn niin a hrilh a ni (*Luka 4:6; Sam 2:7, 8 nê'n khai khin la*).

He fiahna hian tu lakah nge a rinawm tih hriat a tum ber a. Mihringte hian tu hnênah ber nge kan rinawmna kan pêk ve dâwn le? Evi leh Adama te chuan Eden Huanah khân rûl thusawi an lo âwih tawh a, chuvâng chuan an rinawmna hmasa ber chu Setana hnênah an pe Chiang bal tihna a ni; chu miin a nghawng chu an thlah lo awm leh zêlte-ah rang takin a darh chhâwng ve nghâl zêl bawk a. Pathian kha rawn inrawlh ta lo se chuan he indona ropuiah hian Setana'n chan ðha zâwk a chang ang a. Mihringte mai ni lovin, he leia nunna nei zawng zawngte pawh hi an awm chhunzawm thei lo bawk ang. Chutiang khawpa châna nasa chu a thleng thei a ni.

Josefa'n Potifera nupui thlêmna a hnar ang chiah khân Isua pawh hian soal chu a bul hnaia a awm pawh a phal lo tih hi lo chhianchhiah la. Setana chu kal bo daih tûrin a hrilh khawl mai a ni. Josefa kha chuan chutiangin a ti thei ve lo thung a, chuvângin suala tlûk luh theihna hmun ata amah a inthiar fimhlîm ta zâwk a (*Genesis 39:11, 12*). Keini pawhin kan zir thiam ve mai theih tûr zirlai awlsam tak a va ni ve êm!

**Hêng thlêmna pathumahte hian Isua chuan a invên nân Pathian Lehkha Thu a hmang a. Hei hian kan ni tin nunah eng nge awmzia a neih ve? Chumi awmzia chu, thlêmna kan tawh lai hian engtin nge Bible thute hi hnehna channa atân kan hman tângkai ve theih ang?**

**ZIRTÂWPNI**

*February 5*

**Zir belhna:** Lehkhabu ziaktute zîngah hian indona ropuia an thu inchuh leh an inbeih dân te sawifiah tum an lo awm tawh thîn pawh a ni maithei a, tin, tûnlai hian kohhran pâwl dangte (evangelicals) zîngah pawh hemi chungchâng hi chîk deuh zâwka ngaihven tum ve pawh an awm ta a ni mai thei bawk – nimahsela Seventh-day Adventist Kohhranin indona ropui a thlîr dân anga thûk leh famkim zâwk hi chu tu mahin an nei ve lo a ni. Krista leh Setana te hi a tak takin taksa, rilru, leh thlarau lamah an inbei tawn a ni tih hi Adventist-te ngaihtuahnaa thil langsâr ber pakhat a ni a. Hei hi mak tih vak tûr pawh a ni lo. Evangelical-te zînga ziaktu lâr tak pakhatin a lo sawi angin, Bible bu pum puiah hian lei leh vên pum pui huap indona a awm thu hi a inthlung chhuak vek a, a châng chuan – tûn kâr zirlaia Isua'n thlêmna a tawh thu kan zir tâk angahte pawh khân a nia - chu indona chu ualau takin a rawn lang chhâk thîn a. Sual leh tha inkâra inbeihna a awm ngeizia hi chu sakhaw huang pâwn lamah pawh hmuh theih a tho mai. Hla chhammi phuah thîntu, T. S. Eliot-a chuan tihian a lo ziaak a: “Khawvêl hi inlûmletin a danglam reng a;/Mahse thil pakhat danglam ve ngai lo a awm./Ka dam chhûng kum zawng zawngahte khân thil pakhat chu a inthlâk danglam ve ngai miah lo va, . . ./Sual leh tha te hi chu kumkhuain an la inbei tawn reng a ni.”—*The Complete Poems and Plays, 1909–1950* (New York: Harcourt Brace & Company, 1952), p. 98.

German mi, Pathian awm ring lotu (atheist) lâr tak Friedrich Nietzsche-a pawhin tihian a lo ziaak a: “Hetî hian thutlûkna siam ila. Thil pahnih, inkâwlkalh tak mai, ‘sual leh tha’ te hi he leiah hian kum sâng tam tak ral ta aţang khân an lo inbei tawn tawh a ni.”—*On the Genesisealogy of Morals and Ecce Homo* (Vantage

Books Edition: Random House, Inc., 1967), p. 52. Pathian Lehkhabu leh Hrilhlâwkna Thlarau te hian he indona nihphung dik tak leh chu miina a nghawng thil chi hrang hrangte chu fiah takin min hrilh a ni.

### **Sawi ho tûrte:**

- ① In class-ah khân Nilaini zirilaia zawhna - thilmak a thlen theih nâna Pathian thutiamte ring tih leh Pathian thiltihtheihna a lo lan theih nâna ãawngtai tih te danglamna chungchâng kha sawi ho leh ula. Engtin nge hêng thil pahnihte hi kan hriat hran theih ang?
- ② Thlêmna chu chi hrang hrangin a lo kal thei a, a pianhmang, len zâwng, rawng, leh kalhmang pawh a inang lo thei hle thîn; chûng zawng zawng chu keimahni awmna hmun theuh rawn thleng thei tûra fîmkhur taka duan vek an ni a. Mi pakhat tâna thlêmna kha mi dang tân chuan thlêmna a ni ve kher chuang lo. A lang chang sualte bâkah hian thlêm thlûk mai theih kan nihna kawng langsar vak lo eng engte nge awm le?
- ③ Isua'n thlalêra thlemna a tawh thute leh tihhangtlâwma a awm thîn dân te kha chhiar nawn leh la. Chutia i chhiar lai chuan he Isua tho hi “kan hnêna Pathian awma” kha a ni tih hi i ngaihtuah dân nia. Ani chu thil engkim siamtu a ni a (*Johana 1:3*). He inbeihna ãihbaiawm tak mai Pathianin kan tâna a lo beih dân hi engtin nge kan hriatthiam theih ang? Hei aia pawimawh zâwk thil dang a awm thei ang em?

Zirlai 7-na

February 6–12, 2016

## ISUA ZIRTIRNA LEH INDONA ROPUI

**CHÂNGVAWN:** “Nangni thawk rim leh phurrit phur zawng zawngte u, ka hnênah lo kal ula, keima’n ka chawlhîr ang che u,” (*Matthaia 11:28*).

**Chhiar tûrte:** *Matthaia 7:1–5; 7:21–27; 11:29; 13:3–8, 18–23; Rom 4:1–6; Jakoba 2:17.*

SABBATH CHAWHNÛ

February 6

**I**NDONA ropui tih thu kan ngaihtuah châng hian thil eng emaw huam zau tak, mihringte hriatthiam phâk tak tak loh tûr angin kan ngai deuh tângpui thîn a. Chumi awmzia chu “meta-narrative” tia an sawi mai thîn - thil pakhat emaw, thawnthu pakhat emaw aia tam daih sawifiahtu thawnthu ti pawhin a sawi theih âwm e. Meta-narrative chu khawi lai ram bial khat emaw chauhin an neih thawnthu leh thil eng emaw bîk tê sawifiahtu thawnthu ni lovin, thil tam tak sawifiahtu thawnthu huap zau tak a ni a.

Chutih rual chuan, he indona ropui Thupuanui hian huam zauvin ropui hle tho mah sela, an thu inchuhte pawh hi lian hlawm viau mah se, indona chu he leiah, keimahni nunah ngei hian ni tin beihin a awm a, Pathian nêna kan inlaichîn dânah te, thlêmna kan hmachhawn dânah te, leh mi dangte nêna kan inkungkaih dânah te a rawn lang chhuak thîn a ni. Mihringte ni tin nun dân hi kan awmna ram politics inlûmleh dân leh sum leh pai dinhmun te’n eng emaw ti kawng tal chuan a nghâwng zêl thîn ang chiah hian, indona ropuia thil thleng hrang hrangte pawh hian min nghawng theuh hlawm a ni.

Tûn kêr zirlaiah hian Isua zirtîrna thenkhat, kan ni tin nun atâna tangkai êm êm site kan thlîr ho dân a. Chuta kan thil zir chhuah chuan he indona ropui kêra lêng kan nih chhûng hian Pathian duhzâwng hre thei tûr leh ti thei tûrin min pui dân a ni.

**Chawlhna chi hrang hrangte**

**“Ka nghâwngkawł băt ula, ka hnênah zir rawh u; thuhnuairawłh leh inngaitlâwm tak ka nih hi; tichuan, in thlarau tân chawlhna in hmu ang,”** (*Matthaiia 11:29*). **A nghâwngkawł bah chuan engtiangin nge kan thlarau tân chawlhna a thlen le?**

He thu hi chuan hmêlmapa awp behna lak ata mihringte chhuah zalênna hna lian tak Isua'n a thawh huang chhûnga a mi mal thil lam a kâwk bîk deuh a. Dik tak chuan a thil sawite hi Jeremia lehkhabu ațanga a lâk chhâwn a ni a. Jeremia chuan Israel mite chu an chhêh vêla chêng hnam dangte pathian an hawłsaian a, anmahni thlahtute'n an lo biak thîn Pathian lama an hawikîr leh a nih phawt chuan an thlarau tân chawlhna an hmuh tûr thu a lo sawi a (*Jeremia 6:16*).

Chawlhna chungchâng hi Pathian Lehkhabu-ah hian a lang tam khawp mai a. Amah Pathian nêna ințan a ni a. Khawvêl leh a chhûnga thil awmte siam hna a thawh zawh khân a châwl a (*Genesis 2:2*). Kha a chawlhna khân chawłhkâr tina kan lawm tâk thîn Chawłhnî (Sabbath) hi a rawn hring chhuak ta bawk a ni. Chawlhna chu kum tina thleng thîn kût chi hrang hrang hmangin lawm thîn a ni bawk a (*Lev. 16:31*), tin, kum sarìh dâna thleng thîn “ram chawłhtûr kum” (*Exodus 23:11*) leh kum 50 dana thleng thîn, salte chhuah zalênna leh bâ zawng zawng inngaihđamsak kum, “jubilee” an tih hmang khân an lâwm thîn bawk (*Lev. 25:10*).

A mite zînga Pathian a awm a (*Exodus 33:14*), hmêlma leh tibuaitu tûr (*1 Lalte 5:4; Deuteronomi 25:19*) eng thil mah an awm lohna hmunah khân chawlhna chu a thleng thîn a. Pathianin a mite hnêna ram a pêkah pawh khân hlim takin chawlhna chu hman thîn a ni bawk a (*Jos. 1:13*), an saltânna ațanga an lo chhuah hnu pheì kha chuan an hmang nasa leh zual a (*Jeremia 30:10*). Mikhualte chung a thạt chhuahna hmangin an hmang bawk a



(Genesis 18:4), chh ûngkaw nun hlim leh ngêlghet tak neihna hmangin an hmang thîn bawk (Ruthi 1:9; Thufingte. 29:17).

Amaherawhchu, Pathian mite khân an saltânna ramah khân chawlh an nei thei ngai lo va. (Exodus 5:4, 5; T̄ah Hla 1:3). Chawlhna chuan mi suaksual, tuifinriat fâwn fâwn thîn angte chu a tlânsan thung thîn a ni (Isaia. 57:20). Chutiang mite'n chawlhna an thlîr ve theih awm chhun chu thihna leh thlân a ni mai a (Joba 3: 11, 13, 16, 17, 18). Thupuan 14:11 pawhin ni hnuhnunga indona ropui tak thleng mêkah hian a dik lo lama t̄angte chawlhna chan t̄ur chungchâng chu Chiang takin a lo sawi bawk a ni.

Isua'n p̄k min duh chawlhna hi chu chan a manhla êm êm a. Chu chawlhnaah chuan Siamtu nêna hun kan hman ho theihna t̄urin Sabbath pawh hi a huam tel vek a ni. Krista'n min p̄k a tum chawlhna chuan bo tawh kan nihzia a hre Chiang a, kan dinhmun ngai kan luah leh theih nân kawng tinrêngin min pui thung a ni. Kan lo pelhê palh leh thîn a nih pawhin kan Chhandamtu kiangah chuan chawlhna hmun t̄ur kan la nei reng tho a ni tih hrilh kan ni bawk.

**Sabbath bâkah hian, Pathianin chawlhna min p̄k a duh dangte hi engtiang kawngte-in nge chan dân kan zir theih ang? Engtin nge Isuaah chuan kan thlarau tân chawlhna kan hmuh theih ang le? Rom 4: 1–6 chhiar bawk la.**

THAWHTANNĪ

February 8

**Chî theh leh rahseng**

Isua'n buh chi theh tehkhin thu a sawiah khân indona ropui Thupuanui chu Chiang takin a lang a. Chanchin t̄ha thuchah dawngtute lo chhân lêt dân hrang hrang palî-te khân khawvêlah hian “mi fel” leh “mi sual” kan han tih ngawtte bâkah hian mi dang an la awm thei a ni tih a tilang. Mihring nun hi hriatthiam a har khawp mai a, chuvângin chanchin t̄ha thuchah hi kan beisei dân anga lo chhâng lo nia langte chungah kan rilru put dânah kan fimkhur hle a pawimawh khawp mai.

**Matthaia 13:3–8 chhiar la, chumi hnu-ah Matthaia 13:18–23 hi chhiar leh ang che. Engtiang kawngte-in nge he tehkhin thu-ah hian indona ropui chu a tak ngeia thleng a nihzia chiang taka kan hmuh le?**

Thlarau lam inbeihna hi a taka thleng ngei a ni a, hmêlmapa chuan mihringte hian chhandamna an hawIsaian theihna tûr a nih dâwn phawt chuan eng hmanrua pawh hman a hreh lo. Entûr nân, kawng dunga tla buh chî chungchâng kha sawiin, Ellen G. White-i chuan ti hian a ziaak a: “Setana leh a tirkhohte chu chanchin ða hrilna hmun apiangah an lo inhâwr khâwm ve vat zêl a. Vântirkhohte’n mite thinlunga Pathian thu tuh an tum lain hmêlmapa chuan chu thu vêk chu engmah lohva chantûr theih dân kawng a lo zawng ve reng bawk a. A rilru chhiatna zawng zawng chu fawm khâwmmin Pathian Thlarau hnathawh chu tihbahlah a lo tum ve ngar ngar mai a. Krista chuan a hmangaihna hmanga mihringte a hîp lain Setana ve thung chuan Chhandamtu lam pan mêkte rilru chu lo kawih her a tum ve ngar ngar thung a ni.”—*Krista Tehkhin Thute*, pp. 23, 24.

Mi ðhenkhat chuan, “Lo neitupa hian eng vângin nge kawng dungah te buh chî a theh mai mai le, hei ai hian a fimkhur deuh thei lo’ m ni? Eng vângin nge lungte chu a hmain a lo phawh vek mai loh? Hnim hlîng neite pawh chu lo pawh fai lâwk vek âwm alâwm,” an ti a ni mai thei.

Chanchin ða chî theh darh kawngah hian mihringte hi chuan tih theih kan lo nei tam lo khawp mai. Chî chu khawi hmuna pawh kan theh ngei tûr a ni a. Khawi lai hi nge lei ða chu ni a, khawi lai hi nge lei ða lo lai chu ni tih thu-ah a rêltu tûr kan ni lo. He tehkhin thu-a hnim hlîng nei lo lang ve pawh hian khawi hmuna hmuna emaw chuan thil sual a lo la chhuak dâwn ngei a, keini lo dan ngawt theih a nih lohzia a lantûr a ni. Buh sêng khâwm hnaa a Hotupa ber chuan chhandam theih zawng chu a bo a bâng awm lova chhandam an nih vek theih nân hna a thawk reng a. Keini hi chuan kan tih tûr chu kan thawk mai ang a, ani pawhin ama hna chu a thawk ve mai dâwn a ni tih hi kan hre tûr a ni.

**He tehkhin thu hi a taka thleng ngei a nihzia engtiang kawngte-in nge kan hriat theih le? Eng vângin nge baptisma chang tharte hi rei lo te hnu-ah an chhuah leh mai thin? Eng vângin nge mi thenkhat hian kan thu leh hla te hi an ûksâk rêng rêng loh mai le? Chutih laiin, eng vângin nge mi thenkhat thung chu rinnaah an ngheh hle theih bawk si?**

**THAWHLEHNÎ**  
**Lungpui chungah in sa**

*February 9*

Lei leh vân pum huapa indona thleng mêkah hian khawi lamah nge kan tan tih hi kan hriat a pawimawh hle a ni tih chu lungpui chungah in sa tehkhin thu-ah hian a lang chiang khawp mai.

**Matthaia 7:21–27 chhiar la. He tehkhin thu hi a râpthlâkna êm êm awm chu eng nge ni?**

He tehkhin thu hi a taka thleng tûr anga i suangtuah chângin i rilru-ah eng nge lo lang thîn le? Lungpui chu khawiah nge a awm a, tiauvut chu khawiah nge a awm? Mi thenkhat chuan tiauvutte chu tuifinriat kamah chauh alâwm a awm an ti ang a; mahse he tehkhin thu-in a sawi tiauvut hi chu tuifinriat kama awm ang chi hi a ni lo mai thei. Tlâng pang âwihtlân, kawr ruam kam, thingtlâng khaw tam berte awmna hmuna mi ang chi hi a nih zâwk a rinawm.

Isua hian in pahnih a sawi a; pakhat chu lei chunglânga hûn ve mai a nih laiin, pakhat erawh chuan lungphûm tha tak a nei a, lei chhông thûk taka lungpui chungah a zuk innghat thung a (*Luka 6:48*). Hêng in pahnihte hi ruahte a lo sûr a, tuite a lo len a, thlîte a tleh hmâ loh chuan eng nge an danglamna sawi theih a ni rih lo. In satu pakhat tân hi chuan thli tleh leh ruah sûr tih vêl chu buaina a tling pha lo, a chhan pawh in sak chu a ngheh that êm vâng a ni. Mahse in satu pakhat dang tân erawh chuan buaina lian tak a tling thung a, innghah chhan nghet a neih ve miau loh avângin tui lo lian chuan a tichim ta vek mai a ni. He tehkhin thu Isua'n a sawi chhan

chu mahni kan inbum nasat ðinzia a hriat chian êm vâng a ni a. Keimahni-ah hian inbeihna hautak tak mai a thleng mêk a, ðanpuitu tel lo chuan kan tân dam khawchhuah ngaihna a awm lo. Isua chuan sualna a lo hneh tawh a, chuvâng tak chuan ani chu Lungpui tia koh a ni rêng a ni.

Sual nêna kan indonaah hian mi tinin hnehna kan chang ðeuh thei a; mahse kan nun hi amahah (Isua Krista) chuan nghet taka kan nghah a ngai ve thung a; tin, kan nghah theih dân tûr pawh ama thu kan âwihna a ðang chauhin a ni bawk. “Chutichuan, mi tin hêng ka thu hi hriaa zâwm apiang chu, mi fîng lungpui chung a in satu nên tehkhin tûr a ni,” tiin a sawi a (*Matthaia 7:24*). A thil sawi awmzia chu a Chiang hle a ni. Amaherawhchu, eng zât chiah nge rinna chu neih ngai ang le? Bible chuan thiltih tel lo rinna chu “thî” a nih thu a sawi a (*Jakoba 2:17, 20, 26*), tin, he tehkhin thu-ah hian thî tih awmzia chu eng nge ni tih kan hmu leh bawk.

***Matthaia 7:22, 23* chhiar la. Hêng mite’n Isua hminga ramhuaite an hnawhchhuah a, thute an hril hian “rinna” chu eng emaw chen an nei ve ngei tih a lang a. Mahse, an chungah eng nge lo thleng ta si le? Nangmah khân eng chungah nge in i sak ve tih inzâwt la, eng tin nge a chhanna chu i hriat theih ang?**

NILAINÌ

*February 10*

**Mi dang sawisêl suh**

Isua khân a rawngbawl hun hmasa lamah “tlang chung a thusawi” tia kan hriat tâk hi a sawi a. Hemi ðuma a thusawi hian mite mak tih a hlawh a. A bulñan nân, mi pangngai ve maite chu Pathian ngaih in an hlu êm êm a, malsâwmin an awm bawk a ni tih a hrilh phawt a (*Matthaia 5:3–12*), tin, an ni tin nuna an mamawh êm êm pahnih—chî (*Matthaia 5:13*) leh êng (*Matthaia 5:14–16*) an nih thu a hrilh leh bawk. Pathian dân pawimawhna te a sawi a (*Matthaia 5:17–19*); mahse an nungchang ðatna hmanga mi

dangte hmin tum thîn tûrin a hrilh tho bawk (*Matthaia 5:20*). Isua chuan mi fel leh fel loh thu chu a thiltih ringawt ni lovin, eng nge a ngaihtuahnaah awm tih te pawhin a tichiang niin a sawi a (*Matthaia 5:21–28*), chutih rual chuan thil sual kan tih loh nâna inven a pawimawhzia pawh a sawi tho bawk (*Matthaia 5:29, 30*).

Tlâng chung a Isua thusawi hi chhiar chhuak vek ila, mihring nun leh inlaichînna zawng zawng chu a hâwl chhuak vek a ni tih kan hmu thei ang (*Matthaia 5–7:27*).

***Matthaia 7:1–5* chhiar la. Hêng thu-ahte hian indona ropui chu a taka thleng mêk a nih ngeizia engtin nge a lan le? Chumi awmzia chu, engtiangin nge sual leh tha inbeih tawn dân chu puanchhuah a nih?**

“Sawisêl suh u, sawisêla in awm loh nân.’ Mi dangte aia tha zâwkah inngai suh ula, an chung a rorêltu-ah indah hek suh u. Mi dangte chu an rilru leh an thiltumte in hriatsak miau loh avângin anmahni sawisêl thei dinhmunah in ding lo va ni. Mi dangte i sawisêl hian nangmah leh nangmah kha thiamloh i inchantîr hlahu zâwk tihna a ni a; a chhan pawh hetiang a i tih hian mahni unaute hêktu, Setana lamtângah i insiam vâng a ni. LALPA chuan, ‘Rinnaah chuan in awm emaw, nangmahni ngei inchhin thîn ula; nangmahni ngei infiah thîn rawh u,’ tiin min hrilh a. Chu chu kan hna a ni.”—Ellen G. White, *Chatuan Nghahfâk*, p. 294, 295

Isua’n mi dangte sawisêl lo tûra a thu ngaihtlatute a hrilh hian thil pawimawh tak pahni sawi lan a nei a. A hmasa zâwk chu, mi dangte kan sawisêl chhan chu keimahni pawhin kan sawisêl ang tho kha kan tih ve vâng a ni a (*Matthaia 7:1, 2*). Keimahni ni lovin kan sawisêlate zâwk chu kan bul vêla awmte’n an thlîr ngei theih kan insawi fihlîm ta hlahu thîn a ni.

Isua’n a sawi lan dang leh chu kan unaupa emaw, kan unaunu emaw nungchanga thil dik lo kan hmuhte hi chu keimahni nungchanga thil dik lo awm nêna tehkhin chuan a them te reuh tê ang lek chauh a ni a—keimahnia thil dik lo awm lah chu kan lo hre lo fo lehngâl

si. An mita hmawlh te tak tê awm chu kan hmu hma êm êm a; mahse keimahni mit ngeia thingtlâwn lian tak awm erawh chu kan hmu thei thîn si lo va ni.

**Mi dangte sawisêl tih leh a thiltih dikzia emaw, diklozia emaw sawichhuah tih te hi eng nge a danglamna ni a, eng vângin nge hêng thil pahnihte danglamna thliar hran thiam hi a pawimawh viau le?**

NINGANÍ

*February 11*

**“In hnênah ka awm zêl ang”**

**Matthaia hian Isua thuthiamte zîngah rau rau pawh a rin ngam awm leh zual ber pakhat hmangin a lehkhabu hi a khâr a, chu chu: “khawvêl tâwp thleng pawhin in hnênah ka awm zêl ang,” tih hi a ni (Matthaia 28:20). He a thutiam hi kan ni tin nun – harsatna leh buaina kan tawh lai te, beidawna kan tawh châng leh Pathian chuan min thlahthlam ta nia kan hriat châng te hian engtin nge kan hman tângkai theih ang le?**

Matthaia hian a Chanchin Ṭha bu ziah hi hetiang thu deuh tho hmang hian bul a ṭan a. Isua thlahtute zawng zawng hming a ziaak chhuak vek a, vântirhkohin Mari a tlawh a, chumi hnu-ah Josefa pawh a tlawh leh thu te a sawi hnu-ah, chu naute lo piang tûr chu Emmanuela a nih tûr thu a sawi ta a (Emmanuela tih awmzia awmzia chu “kan hnêna Pathian awm” tihna a ni) (Matthaia 1:23).

Pathian chuan, “i hnênah ka awm ang” tih thuthiam hi wavi eng emaw zât a sawi a. Isaiaaka hnênah a sawi a (Genesis 26:24), Jakoba hnênah a sawi leh a (Genesis 28:15), Jeremia hnênah a sawi leh a (Jeremia 1:8, 19), Israel fate hnênah pawh a sawi leh bawk (Isaia. 41:10, 43:5). He thutiam hi mite’n harsatna leh khuahkhirhna an tawh lai, Pathian thu-in awmzia a neih ber lai ber tûr huna pêk a ni deuh zêl a ni.

Bible châng dang pakhat pawh hetiang thu deuh tho hi hman a ni a: “Engtikah mah ka thlahthlam tawp lo vang chia, kal pawh ka kalsan tawp lo vang che,” (*Hebrai 13:5*). Hemi hnu deuh châng dangah pawh, “Isua chu niminah nêh, vawiinah nêh, kumkhua pawhin a pangngaiin a awm fo vang” tih a sawi leh bawk (*Hebrai 13:8*). He thutiam pawh hi vawi tam tak sawi nawn a ni a. Dik tak chuan he thu hi Mosia’n Israel mite hruai hna Josua kuta a hlan dâwn tum khân a lo sawi tawh a (*Deuteronomi 31:6, 8*); tin, amah Pathian ngei pawhin Mosia thih hnu-in Josua hnênah hian, “Ka awmpui reng ang chia, ka thlahthlam tawp lo vang che” tih thu a hirih nawn leh bawk a ni (*Josua 1:5*). Davida’n a fapa Solomona hnêna a lalram a hlan chhâwn dâwn khân Pathian chuan a kalsan ngai loh tûr thu a hirih ve leh bawk (*1 Chronicle 28:20*).

Danglam ve ngai lo Isua, engtik lai pawha kan hnêna awm renga chuan rinna lama kan mi huai kal tate hnênah khân thutiam rin ngam awm tak a lo pe tawh a. Khâng mite khân harsatna leh fiahna an lo hmachhawn tawh a, an nuna chona hautak ber ber an hmachhawn dâwn lai vêl khân Pathian chuan a awmpui reng dâwn a ni tih hriatna nghet tak an nei theuh a ni.

Tâwpna huna chêng Krista kohhranho tân pawh hêng thutiamte hi a pawimawh ve tho a. Khawvêl tâwp thleng pawha Isua’n min awmpui zêl tûr thu min hirih hi kal chhuak a, mite baptis a, zirtîra siam tûra Thupuanêk kan nihna nêh a kal kawp tlat a. Chuvângin, chu ber chu kan Thupuanui a ni tûr a ni a – he indona ropui kal mêkah hian mite chu a chak lo tûr lam aţangin a chak tûr lamah kan suan chhuak zêl tûr a ni.

**ZIRTÂWPNI**

*February 12*

**Ngaihtuah zui tûr:** Ziaktu pakhat, Leon Wieseltier-a chuan “khawvêla thawnthu lungchhiatthlâk ber pakhat” nia a sawi chanchin a zia a. Sap pachal pakhat, “S.B.” tih hming pû chu pian tîr ata mittel a ni a. Amaherawhchu, vânnethlâk deuh maiin kum 52-a upa a nih hnu-ah S.B. chuan tu emaw hnên aţang a mitmu tuamtu râng (corneal) thlâkna tûr a dawng hlah mai a, a vawi khatna atân

S.B. chuan a mitin khua a hmu ve thei ta. A tân chuan a lâwmawm lutuk a, tûn hma zawnga a la hmuh ngai rêng rêng loh a han hmu ta mai chu âwih har pawh a ti hial zâwk âwm e. Amaherawhchu, S.B. hian “khawvêl chu khamawm leh ti deuh ruai niin a hmu a, lemziak mâwi lo leh bawlhhlawh tak tak a hmuh te chuan a tihual hle a ni. . . . Khawvêla thil awmte chu an fâmkim lohzia a hmu tam telh telh a, lemziak hrang hranga thil fel lo tê tham tê tê te chu chik takin a en thîn a, lungawi lohthlâk a tiin hei aia khawvêl tha zâwk hmuh hi a inbeisei tlat a. Rawng êng lam pang mâwi a ti a; mahse êng chu a lo chuai hnu erawh chuan a hnual rawih mai thîn a. A hnualna chu a lo zual telh telh a. Zawî zawîin a nun pawh a zuai ve tial tial bawk a, kum thum hnu lekah chuan a thi ta mai a ni.” [www.newrepublic.com/article/113312](http://www.newrepublic.com/article/113312).

Khatianga a awm ta mai kha kawng khata thlîr chuan hriatthiam a har viau na-in, kawng lehlamah erawh chuan a hriatthiampui awm khawp mai bawk. Kan khawvêl hi chu hmun chhe tawh a nihna chin a awm a. Indona ropui pawh he leiah hian kum sang ruk chhûng vêl lai a lo kal tawh a. Chuti chena rei daih indona chuan thil tam tak a tichhe tûr chu a ni ve hrim hrim bawk a ni. He khawvêl siam that leh tuma kan beihna zawng zawngte pawh hian awmzia a nei thei tak tak dâwn lo niin a lang a. Dik tak phei chuan a chhe telh telh zâwk a ni. Hei vâng hian a nia tlanna thutiam chu kan mamawh êm êm rêng ni. Chu thutiam chu he indona ropui kal mêka Krista'n hnehna a channa aţang chauhin kan dawng thei a, hnehna chu kraws-ah khân a lo chang tawh a, kan zavaia hnênah a thlâwnin min pe ta vek bawk a ni.

### **Sawi ho tûrte:**

- ① S.B. chanchin aţang hian i tân eng zirlaite nge zir chhuah theih i neih le?
- ② Thawhlejni zirlaia kan hmuh ang khân, “LALPA, LALPA, i hmingin chutiang khatieng chu kan ti lo vem ni” tih thu sawitute kha Isua ringtute an ni tiin kan sawi thîn a. Chutih rual chuan, an zawhna hi lo chhiar mah la. Tute nge an sawi lansarh ber? Engte nge an



sawi ber? Engtiangin nge anmahni chhâna thu hian mahni inbum mai an nihzia a puan chhuah le?

❶ I thiante zînga mi emaw, in chh ûngkhat zînga mi tu emaw chuan thil dik lo a ni tih Chiang tak eng emaw a ti a. Engtin nge chu chu sawisêl miah lo leh sawisel tumna nia lang miah lo tûrin i chin fel ang le?

**Zirlai 8-na**

*February 13–19, 2016*

## **A RÂL DOPUIE**

**CHÂNGVAWN:** “Anni chuan, ‘Kalkawnga min biak laia Pathian Lehkha Thute min hrilhfiah lai khân kan thilung a harh huai rêng lâwm ni kha?’ an ti a,” (*Luka 24:32*)

**Chhiar tûrte:** *Matthaia 8:23–27; 20:20–28; Marka 3:14; 4:35–41; 9:33–37; Luka 5:6–8, 11.*

**SABBATH CHAWHNÛ**

*February 13*

**R**AWNG a bâwl tan tih a tang rêng khân Isua chuan mahni chauhin thil a ti ngai lo va. Thu hril hna te, zirtîr hna te, leh mi tanpui hna te a thawhna kawnga amah tanpui thîn tûrin mihringte a thlang a. Chanchin Tha bu palî-te hian an sawi tum ber chu Isua Krista nun, thihna, leh thawhlehna te ni tho bawk mah se, amah hnaih ber thîntu a zirtîrte nêna lungruâl taka hna an thawh thîn thu pawh an ziaik tho bawk a ni.

Chutichuan, amah Isuaa indona ropui a thleng ang bawk khân a zirtîrte-ah pawh a thleng ve tho a ni tih kan hmu a, chu indona chu lungchhiatthlâk taka a tâwp a, Isua’n, “A kin ta” tih thu a sawi thleng khân a kal chho ta a ni. Setana chuan Isua kha thlêm thlûk theih a ni lo tih a hre Chiang a. Krista zuitute erawh chu thlêm thûk mai an awlsam thung. An nungchanga fel tâwk lohna eng eng emaw awm ve-te khân Setana chu anmahni tihchhiat theihna remchâng a siamsak ta thîn a ni.

An chaklohnate chu chaponate, rinhlelhna te, luhlulna te, mahni indah pawimawhna te, leh mahni hmasialna te a ni tlângpui a, hêngte hian Setana tân kawng a hawng thîn a. An harsatna dang leh chu, anmahni khân lo thleng tûra beisei leh duh an neih ve tlat avângin Isua'n thil lo thleng tûr a sawite kha an ngaithla ta thîn lo va ni.

Zirlai harsa tak tak zir tûr an nei t̄euh va. Zêp thu a chêng emaw, keini pawhin kan nei ve tho a ni.

**SUNDAY**

*February 14*

**Petera koh a ni**

Indona ropuia an thu inchuh pawimawhzia han ngaihtuah hi chuan Isua'n amah puitu atâna mihringte hman a tum tlat mai hi a mak viau mai a; a mi thlante lah kha tlinlohna eng eng emaw nei an lo ni hlawm ve leh zêl bawk si. Suala tlu tawh mihringte dinhmun kan ngaihtuah erawh chuan a mi thlan chhuahte zînga tu mah kha sualna nei lo an ni lo vang tih erawh thil chiang sa a ni ve tho thung a.

Galili dîl hmar lam kama Isua kal chu mipui tam takin an zui a, chutih lai chuan sangha manna atâna an hman thîn lawng pahniha hmu a, a neitute chuan an lèn an lo sufai mêk a. Hêng sangha mantu pahnihte hian Isua chanchin chu an lo hre tawh thîn a. An inkhâwmna inah pawh mite mak tih hat khawpin Pathian thu a lo zirtîr tawh a (*Luka 4:31, 32*). Ramhuai pawh a paitu kaw chhûng aţangin a lo hnawtchhuak tawh bawk a, mite pawhin mak an ti hle nghe nghe (*Luka 4:33–36*). Petera ina Petera pizawn a tidam lai pawh an lo hmu tawh a (*Luka 4:38, 39*), Petera pizawn a tihdam nî tho hian tlai lamah mi dang tam tak a tidam leh bawk (*Luka 4:40, 41*).

Hetiang hi a nih avângin mi tam takin Isua an zui duah duah reng mai pawh kha a mak vak lo rêng a ni. Isua chu Petera lawngah chuan a lût a, dîl kam aţang chuan mipui hmuh theih tûr tâwk vêla hlaah a tawlh luhîr a, tichuan, lawng aţanga chuan mite chu Pathian thu a zirtîr ta a (*Luka 5:3*). A zirtîr zawh chuan Petera hnênah a

lawng silfai sa chu li thûk lama dêng leh tûrin a hrilh a. Petera hi chuan dêng eng ang mah se, engmah a man dâwn chuang lo tih a hre sa ve; mahse Isua a zah êm avângin a sawi ang chuan a ti ta tho va.

**Luka 5:6–8 chhiar la. Petera chhâna hian ama chungchâng eng nge min hrilh sawi la. Engtiangin nge he a chhâna hian tlinlohna eng eng emaw nei a ni chung a Isua'n a thlan tho-na chhan hrethiam thei tûrin min puih le?**

Petera'n Isua a chhân dân hi a chhinchhiah tlâk khawp mai. Jakoba'n vântirhkoh a buan nêh khân inanna lai pawh a nei mai thei (*Genesis 32:24–30*). Hêng mi pahnihte hian Pathian awmpuina an chang a ni tih an hre ve ve a, chutih rual chuan an tlin lohzia pawh an inhmu Chiang hle ve ve bawk a ni. Thil pakhat lang Chiang êm êm erawh a awm: Petera hian Lalpa chu a awm a ni tih a hriat avângin a sualna a inhrechhuak a, a sualna ualau taka a puang phawng mai kha sakhaw hruaitu ðhenkhatte khawsa zia nêh chuan a dân a dang hle. Anni chuan a bula a awm lai ngei pawhin anmahni sualna an haider lui tlat a, Isua chu mi sualah an puh hlauh zâwk a nih kha (*Johana 9:24*).

**Luka 5:11-a kan hmuh dânin hêng sangha mantu pahnihte hian engkim kalsanin Isua chu an zui ta a. Hetih lai hian an lêngah khân sangha tam tak a tâng mêk a, an lêng pawh a têt têt nghe nghe a; mahse chûngte pawh chu kalsan vekin Isua an zui ta zâwk a ni. Hetah hian kan tâna thuchah zir tûr a awm em le?**

THAWH TANNĪ  
“Amah nêh”

*February 15*

Galili Dîl kama Isua'n a zirtîr ni hmasa ber tûrte a koh lai khân hêng a mi kohte hian thil ða lo chungah thiltihtheihna a nei tih an lo

hre sa tawh rêng a. Ramhuai nêna an inhmachhawn dân te (*Luka 4:34–36*), damlo a tihdam dân te (*Luka 4:38–41*), nungchate chungah rorêlta a nihzia te (*Luka 5:4–6*), leh mite سوالنا pawh a puang thei vek a ni tih te kha an lo hmu tawh bawk a; tin, amah Petera pawh hi engmah hlauh tûr a awm loh thu a hrilh tawh bawk a (*Luka 5:10*).

Hemi hnu hian, tum khat chu zankhuua a tawngtai hnui-in (*Luka 6:12*) Isua'n a zirtirte chu a ko khâwm a, an zing a tang chuan mi sâwm leh pahnih a thlang chhuak a, chûng mite chu “tirhko” tiin an hming a vuah a (*Luka 6:12*; Grik tawng chuan *apostolos* tih a ni a, a awmzia chu “tîr chhuak” tihna a ni). Hêng mite hi tirh chhuah an nih hma-in Isua chuan hun eng emaw chen awmpuiin, thil kawng hman a hrilh leh phawt a (*Luka 9:1–5*). Hemi hnu a sawmsarihte tirh chhuah an nih dân pawh khân an hriat tûr thil pawimawh eng eng emaw a hrilh hmasa ve leh bawk a ni (*Luka 10:1–16*).

***Marka 3:14* chhiar la. Anmahnia rawngbâwl tûra Isua'n a zirtirte a tirh chhuah hma khân eng nge ti hmasa phawt tûra a duh le? Hetah hian kan zavai atân thuchah pawimawh tak eng nge awm?**

Tûnlai huna zirtirte (Kristiante) hi chuan amah Isua nêna hun hman ai chuan atâna hna thawh a, kal chhuah nghâl mai hi kan tum fo thîn a ni lo'm ni? Thil lang Chiang êm êm mai chu, chanchin tha Thupuanêk tihlawhtling tûra kan kal a, keimahni'n tih tum eng eng emaw nei sa chungah kan chhuah hian khawvêl Chhandamtu chu kan hmakhalh a, amah chu luahlan kan tum thîn a lo a ni. Rilru lam buaina chi khat, “Messiah complex” an tih mai hi nei palh mai a awl khawp mai. Isua chauh hi Chhandamtu a ni tih theihngilhin khawvêl chhandam hna chu keimahni thawh tûr emaw kan lo ti ve ngawt thei a ni.

Kristian kohhran chanchin kan chhui kîr chuan Isua hminga thu hrilh thîn mi sâng tam tak an lo awm tawh thîn tih kan hria ang a.

Nimahsela chûng mite chuan amah Isua nêh hun an lo hmang thîn hlawn lo va, amah hriatna pawh an nei bawk lo va; tin, amah pawhin an nun a tihdanglamsak bik hek lo. Kan khawvêlin emaw, kohhranin emaw a mamawhte zîng a hnuhnung ber chu Krista hming lama rawngbawl ve tho si, “amah nêna” hun la hmang miah lote hi an ni. He indona ropuia Setana bumna thang lian ber pakhat chu Krista hminga rawngbawltu nia inchnâlthe thawhpui a, chu mite chu Krista hming tihliautua hman hlauh hi a lo ni tawh thîn a. Hei vâng hian a nia, Isua khân hêng mite hi a tih chhuah hma khân a hnêna atanga an zir theih nân amah nêna hun hmang hmasa phawt tûrin a duh ni.

**Vawiinah hian Isua chu a takin, tIsaia pu-in lo awm thei tawh lo mah se, engtin nge “amah nêh” chuan hun kan hman ho ve theih ang?**

THAWHLEHNÎ

*February 16*

**Khuarêl chung a Isua thuneihna**

***Matthaia 8:23–27, Marka 4:35–41, leh Luka 8:22–25 te hi chhiar la. Hêng thu-ahte hian engtiangin nge indona ropui chu a taka thleng ngei a nihzia puan chhuah a nih le?***

Engtiang chiahin nge Setana hian leilung awm dân tûra Pathian ruat sa (khuarêl) hi a tihbuai theih tih chu kan hre lo va. Nimahsela Pathian Lehkhabu hi chuan khawvêl leh a chhûnga thil awmte hi eng emaw ti kawng tak chuan a thunun ve thei ngei a ni tih a sawi tho a ni, chutiang chu Joba chanchinah pawh kan hmu a (*Joba 1:18, 19*). Ellen G. White-i pawhin, “Tûnah pawh hian Setana chuan tuihnriat chungah leh khawmualah te a tam thei ang ber chhiatna thlentîr a tum mêk a ni,” tiin a lo sawi ve bawk.” - *In Heavenly Places*, p. 348, hei pawh hian leilung awm dân eng emaw chen a inrawlh theih ve-zia a tilang. Leilunga chhiatna leh thil tha lo tak tak lo thleng chamchî mai hian indona ropui chu kan chênna leiah hian a thleng ngei a ni tih chiang takin min hmuhtîr a ni.

Nilêng thaka mite a zirtîr hnu-in tlai lamah chuan Isua'n a zirtîrte chu dîl râl lehlam, mi awm lohna hmun fianrial deuha kalpuiah a sâwm a. Chu lam pana an kal lai chuan thlipui nasa tak lo tleh thut mai a, an lawngah te chuan tui a rawn fâwn lût ta hlawp hlawp mai a (*Marka 4:37*). Isua erawh chu a chauh êm avângin lawng mei lamah chuan a lo muhîl bawrh bawrh mai a, thlipui a tleh tih pawh a lo hre ve miah lo. Zirtîrte chu thlipui avâng chuan an thlabâr êm êm mai a, hetih lai hian Isua chu a muhîl a ni tih an lo hre lo pawh a ni mai thei.

Mangang taka Isua an auh pawh khân ani chuan engmah a sawi rih chuang lo va. Dinhmun khirh tak an tawh mêk chu hrilhfiahsaktu tûr eng thu mah a sawi lo va, chutiang hun harsaa a awm laia hnehna an chan theih dân tûr kawng lah a hrilh bawk hek lo. A tho va, a bân a phar a, thlipui leh tuifâwn te chu bânga ngâwi hlê hlê mai tûrin a hrilh a; ani kha chuan naupang ninhlei ang lekah a ngai a ni âwm e.

Zirtîrte chu Isua zahna leh mak tihnain an khat ta a. “An hlau ta êm êm a, ‘He mi hi tu nge ni le? Thlî leh dîl lam pawhin a thu an âwih hi!’ an ti ti ta hial a ni,” (*Marka 4:41*). He thawnthu aţang hian zirlai zir chhuah tûr tam tak a awm tho rualin, Isua thiltihtheihnain a huam zau-zia pawh kan hmu bawk a, chuvângin eng thil pawh thleng se, amah chu kan rin tlat reng a pawimawh a ni.

**Isua chuan kuarêl chungah pawh thiltihtheihna a nei a ni tih chu a takin kan hmu thei ngei mai a, chutih rual chuan keimahni duhthu rênga thil kan tih theih loh nân a thiltihtheihna chu a hmang ngai lo thung ang. Hei hian he thilpêk hlu tak, zalên taka duhthlan theihna kan neih hi fimkhur taka hmang tûr kan nihzia engtin nge min hrilh a, engtiangin nge indona ropui chu a taka thleng ngei a ni tih kan hriatna hian he thilpêk kan hman dânah fimkhur leh zual tûra min siam le?**

**Tu nge ropui ber?**

**Marka 9:33–37 chhiar la. Hemi tum hian eng zirlai nge Isua'n a zirtírte kha a zirtír a, chutah chuan Isua zuitu nia inchnhâl apiangte tâna thuchah eng nge awm? Matthaia 18:3–5 pawh chhiar ang che.**

Hetianga zirtírte an inhnialna chhan hi chu nakîna an dinhmun tûr an thlîr vâng a ni tih hai rual a ni lo. Isua khân Israel-te chu Rom-ho awp behna aţangin a chhanchhuak ang a, Davida lalram kha din thar lehin Lal Solomona hunlaia an hnamin ropuina an chan ang kha an nei leh dâwn niin an ngai a ni. Chumi a lo thlen hunah chuan Krista thuihruai hnai ber berte an ni bawk a, dinhmun pawimawh leh zahawm ber ber chang tûrah an inngai a ni ngei ang. Nimahsela, chu pawh chu an la duh tâwk lo cheu mai: an zîngah chuan tu nge “ropui ber” tih kha hriat an duh ta bawk a ni. Hetiang zâwnge an inhnial ta mai hi Lucifera'n a hmin a nih loh chuan eng dang vâng nge ni chuang ang le? (*Isaia 14:14 chhiar la*).

**Matthaia 20:20–28 chhiar la. Engtin nge he zawhna hnuhnung ber hi Isua'n a chhân? A sawi tum ber chu enge nge ni?**

He thil thleng lungchhiatthlâk tak mai hi a tibeidawnthlâk zualtu chu a thlenna hmun leh a thlen hun hian a zir lo êm kher bawk kha a ni. Isua khenbeha a awmna hmun tûr Jerusalem lam panin an kal a. Amah chu an zavaia an phatsan vek tûr thu te, thi tûra a chungthu rêl a nih tûr thu te, nuihsawh, vuak, leh khenbeh a nih tûr thu leh, a tûk thum tûka a thawh leh tûr thu te a sawi zo chiah a (*Matthaia 20:18, 19*). Hêng thil zawng zawngte a sawi zo chiah maw tihin tu nge ropui ber ang tih zawhna hi an inzâwt ta a. Isua thusawite kha eng nge tih an lo hre lo rêng rêng a. An bengrawngah an lo khung miah lo a ni tih a Chiang hle! Anmahni hmakhua ringawt an lo ngaihtuah avângin a thil sawi pawimawh tak takte chu an lo hriat

hmaih daih mai a. Lo thleng ngai lo tûr lei lalram ringawt chu an ngaihtuah a, chuvângin Isua'n ama thihna kaltlanga pêk a tum mêk chatuan lalram lo thleng mai tûr chanchin a sawi chu an lo ngaihtuah chang lo a ni.

**Zirtîrte thil thlîr thui lohzia leh rilru zîmzia hi dem mai a awl khawp mai a. Nimahsela nangmah kha inen la, he zawhna hi han inzâwt teh: “Keima nun ngei aţang hian eng ang thil thlîr thui lohna leh rilru zîmna nge pah chhuah ngai awm le?”**

NINGANĪ

*February 18*

**Isua'n Pathian Thu a hrilhfihsak**

Isua thih aţanga ni thum nî a ni a. Amah zuitute chu mak tih vângin an la hawihai rih hle mai a. Rom-hote chu a nuai chimit vek dâwn emaw an lo tih nâk alaiin, amah zâwk chu Rom-hote khân an nuai chimit ta zâwk niin a lang tlat mai.

Khatia khenbeh a nih hnu khân zirtîr tam takte chu tirkhohte nêan an inhmu khâwm a. An zînga tel ve hmeichhe thenkhat chuan Sunday zîng hma takah Isua an phûnna thlân an va tlawh a. An zînga mi pathumte hming chu Luka hian a sawi a; mahse anni lo pawh hi mi dang, Galili ram aţanga Isua hnêna lo kalte pawh kha an tel ve niin a lang (*Luka 23:55; 24:1,10*). Mahse thlân ruak an hmuh ve leh “sâwm leh pakhatte leh mi dang zawng zawngte” hnênah chuan mi pahnih, mi ên khalh thei hial khawpa êng puan sin an hmuh thu hrilh tûrin an kîr leh nghâl a (*Luka 24:9*).

Luka chuan hemi nî (Sunday) chawhnu lamah hian Isua zuitu pahnihte chu Jerusalem aţanga dârkâr hnih emaw, thum emaw kal vêla hlaa awm Emmau lam pana an kal thu a sawi a (*Luka 24:13*). Zirtâwpni tlai lama thil thleng chungchâng an sawi chuan an a rilru a luah hneh hle ni tûr a ni, a bulah chuan mikhual pakhat a lo kal ve reng a ni tih pawh an lo hre lo va. Eng vânga lungngai viau nge a ni tih zâwtin an ti ti kal lai kha rawn pawt chat lo pheï se chu kawng tluan khân a awm ve tih pawh an hre lo hial âwm e (*Luka 24:17*).



A zawnha chuan Kleopa tia koh zâwk beng chu a verh ta riau mai a. He mikhualpa hian Jerusalem khawpui fan chhuak vektu thil thleng kha engmah a lo hre ve lo nia a hriat avângin mak a ti a ni. Chutah mikhualpa chuan “Eng thil nge thleng a?” tiin a han zâwt a (*Luka 24:19*).

**Luka 24:19–35 chhiar la. He mite ðhian dún hian Pathian Lehkha Thu an lo hriatthiam lohzia tilangtu eng thil nge an sawi a, engtin nge Isua khân thutak chu a hrilhfiahsak tâk le?**

Isua’n sawi a tum ber chu Pathian Lehkha Thu a ni tih hi lo chhinchhiah la. Thlalêra Setana nêna an inbeih ðuma Pathian Lehkha Thu ðanchhan atâna a hmang ang chiah khân, tûnah pawh he mite ðhian dún tuamtu thimna tihkiansak nân Pathian Lehkha Thu bawk a rawn hmang leh a ni. Ama chanchin leh a hnathawh chungchâng Bible-in a lo sawi dânte chu fiah taka a hrilh hnu-ah chauh chûng thilte chu a dik ngei a ni tih an lo hriat theihna nân harhna ropui tak a chantîr a: a hmasa berin, amah chu an hnênah a inpuang phawt a, thlân aţangin a tho leh ngei a ni tih a lantîr a; chumi hnu chuan an hmuh theih loh tûrin a bo leh ta daih a (*châng 31*). Sual ngaihdam nân leh silfaina atâna a thihnain thil a tih theihzia Bible thu hmanga fiah taka a hrilhfiah hnu-in harhna ropui tak an a chantîr zui leh bawk a, chuvângin he mite ðhian dún hian rin chhan tûr ðha tak tak an lo nei ta a ni.

**He laiah pawh hian Chanchin Ðha bu dang zawngah pawh kan hmuh ang thovin Isua chuan Bible a dah hmasak ðhin-zia leh a dah laifî-zia kan hmu leh a. Chuti a nih chuan, engtin nge keini pawh hi Pathian Lehkhabu thuneihna rinhlelhna rilru min puttîr thei lak aţangin kan invên ve theih ang le?**

**ZIRTÂWPNÎ**

*February 19*

**Ngaihtuah zui tûr:** He leia a awm lai khân Isua chuan ramhuaite a hnawtchhuak a (*Luka 6:18*), beisei bo vek tawhte hnênah beiseina thar a pe a (*Luka 6:20–23*), mite chu Pathian hmangaihna nun

chhuahpui theih dân kawng a hrilh thîn a (*Luka 6:27–49*), sipai za hotu chhiahhlawh damlo a tidam a (*Luka 7:2–10*), hmeithai fapa thi tawh chu a kaitho leh a (*Luka 7:12–16*), thlipui a hau reh a (*Luka 8:22–25*), Gerasin mîte rama ramhuai man pakhat chu a ramhuai pai zawng zawng a hnawhchhuahsak a (*Luka 8:26–39*), kum 12 chhông zet thî pût reh thei tawh lo chu a tidam a (*Luka 8:43–48*), Jaira fanu thi tawh chu a kaitho leh a (*Luka 8:41, 42, 49–56*), Lazara pawh ni li chhông zet thlâna phûm a nih tawh hnuin a kaitho leh bawk (*Johana 11:39–44*). Hêng thil zawng zawngte bâkah pawh hian thil dang tam tak a la tih a la nei a; mahse a hunlaia mite khân rin harsa an ti êm êm tho a ni. “Krista zirtîrte ngei pawh kha an ngawngin thil awmzia an hrethiam hleithei lo va. Amah kha hmangaihina nungchang pawh an ngaisâng viau chung khân Pathian Fapa a nih an rinna erawh kha chu a nghîng leh fo thîn a ni. Anmahni thlahtute thurochhiah an sawi chhuak fo mai leh a thusawi awmzia an hrethiam hlei thei tlat lo mai khân puithuna âthlâk lak ata intihzalên an harsatzia a tilang.”—Ellen G. White, *Manuscript Releases*, vol. 18, p. 116.

Rinna hi Pathian hnên ațanga a thlâwna lo thleng a ni a; mahse he thilpêk hi miin a lo hnâwl thei tlat si. Chuvâng tak chuan a nia Setana pawh hi a taka awm ngei a ni a, indona ropui pawh a taka thleng ngei a ni a; tin, hmêlmapa chu rinhlelhna leh rinlohna kan neih theih nân a thawk rim hle a ni tih pawh hrilh kan nih rêng ni. Chhandamna chu kan tâna Krista’ n a lo tih tawh avângang chang thei kan ni a; chu chu Setana pawhin a hria a, chumi rinna ațanga min hruai pên theihna tûr a nih phawt chuan thil eng pawh a ti dâwn a ni. Vânehithlâk takin, Isua chuan Setana ainin thil a ti thei hle zâwk a, Isua chu kan vuan tlat rêng a nih chuan Setana’ n min hneh thei ngai dâwn lo tih hi kan hre reng tûr a ni.

### **Sawi ho tûrte:**

- ❶ Mi tu-in emaw: “Isua hian leilung dânah thu a nei hle a nih chuan, eng vângin nge khuarêl chhiatna lo thleng avângin mi tam tak, Kristiante ngei pawh an thih thîn?” tiin zâwt ta che sela, engtin

nge nge i chhân ang? Engtiangin nge he zawhna i chhânnaah hian indona ropui chu a tak taka thleng ngei a nihzia rem taka i sawi tel ang le?

- ② Isuaa rinna kan neih theihna tûr chhan thenkhatte chu eng nge ni a, a chungchâng thu Bible-in a sawi chu eng nge ni? Eng vângin nge chûng kan rin chhante chu kan hmatâwngah kan dah zêl a pawimawh viau? Chutih rual chuan, rin chhan tûr tha tam tak kan nei tho chung hian eng vângin nge mi thenkhat chuan rin harsa an ti hle si le? Rinhlelhna rilru min neih tûr thilte chu eng nge ni a, chutiang thil chin fel dân kawng tha ber chu eng nge ni?
- ③ Tûn kâra kan hmuh tâk ang khân Isua chuan a hna thawhpui atân mi tling lo tê tê-te a thlang a. Hei hian Isua tâna i inhman ve theih dân tûr kawngah chak lo hle mah la, eng beiseina nge a pêk che?

**Zirlai 9-na**

*February 20–26, 2016*

## **INDONA ROPUI LEH KOHHRAN HMASA**

**CHÂNGVAWN:** “**Petera leh Johana huaizia chu an hmuhin, lehkha thiam lo, mi mâwl tak an ni tih an hriatin mak an ti hle a; Isua hnênah an awm tawh tih an hre ta a,**” (*Tirhkohte. 4:13*).

**Chhiar tûrte:** *Genesis 11:1–9; Tirhkohte 1:6–8, 2:5–12; 4:1–30, 7:54, 10:12–29.*

**SABBATH CHAWHNÛ**

*February 20*

**I**SUA’N amah zuitute kaihhruai buaithlâk a tihna ber chu ngaih dân lnghet tak an neih sa tlat thîn kha a ni. Isua thusawite chu anmahni lo beisei dân nêna inmil loh chuan an bengkhawn vak ngai lo va. Vâna lâk chhoh a nih thleng khân zirtûrte hian Isua chu Rom-ho awp behna lak aţanga Israel chhanchhuaktu tûrah an la ngai reng a ni.

Pathian chênchilhna nên ni sâwm chhông zet ẵwngtai leh inpâwl khâwma an awm hnu-ah chuan anmahni rinthilthute chu thutakin an thlâk thei ta a, Pathianin a hrilhte pawh chu hre thei tûrin an lo inhawng ta. Chu chuan Isua thih hnu-a Pentikost nî thleng leh hmasa berah khân thil mak leh ropui tak tak a thlen theih nân kawng a rawn hawng ta bawk a ni.

Kohhran chuan chona dang tam tak, a bik takin Jerusalem-a sakhaw hruaitute aţangin a la hmachhawn reng tho va, ẵhkhath pheih chuan kohhran kha piantîr loh hrim hrim an tum ruh hle nghe nghe.

Tûn kâr zirlaiah indona ropui thupui chu kawng hrang hranga a lo lan chhuah dân kan hmu dân a. Thutak rap bet tûra Setana'n thuneitute a chawh thawh dânte kan thlîr ang. Nimahsela hmun biru, pawimawh êm êm si: mihring thinlunga indona ropui a thlen dân pawh kan hmu dân bawk a ni.

**SUNDAY**

*February 21*

### **Bul ẵn thar lehna chu**

Thlân aţanga a thawh leh hnu khân Isua chuan ni 40 chhông zet a zirtîrte zîngah hun a hmang a, a thawh leh ngeizia leh Pathian ram awmzia chu an hriathiam theih nân a pui thîn a ni (*Tirhkohte 1:3; 1 Korin 15:4-7*). Amaherawhchu, an awm khâwm lai, vân lama Isua'n a kalsan hma deuh thleng pawh khân a rilru-a hmun chang lian ber la ni fo chu tûn hun hi Isua'n Rom-ho a hneh tak tak hun tûr chu a ni tawh em, tih kha a la ni tho mai (*Tirhkohte 1:6*).

Anmahni'n thleng tûra an duh thilte kha an dah len lutuk avângin Isua'n an hnêna a sawite pawh chu an lo ngaihlâ thîn lo va. Kum thum leh a chanvê vêl chhông (B.A. pass nâna kum hman ngai zât vêl) khawvêla lo piang tawh zînga zirtîrtu ẵa berin a hruai hnu pawh khân zirtîrte chuan ngaih dân dik lo thlah ngai tam tak an la nei reng tho a ni.

***Tirhkohte 1:6–8* chhiar la. Hetiang khawpa ngawngte hi engtin nge Isua'n a chhân le?**

Isua chuan an thil hriat fuh loh zawng zawngte hrilhfiahsak nâna hun khawhral khawtlai lovin a sawi duh tak chu a sawi râwng ta mai zâwk a. Thlarau Thianghlim thiltihtheihna chantîr chu ram rorêlna fawng chelh dân tûr sawipui ai chuan a pawimawh zâwk hle rêng a ni.

Vân lama Isua hruai chhoha a awm a, chhûmin an hmuh theih loh tûra a hlih lai an thlîr hnu khân zirtîrte chuan an bul lawka mi pahnih lo ding reng chu an hmu a. Chûng mi pahnihte chuan Isua chu a lo kal leh tûr thu an hrilh a. Hnehtu Lal a nihna anga vâna lawm luh a nih ang chiah hian, Israel-te lalram din thar leh chungchâng an zawh tuma chhâna dawn an lo beisei, Lal leh Hnehtu a nihna angin a lo kal leh dâwn a ni. Nimahsela chumi nî chuan an lo beiseite zînga a ropui ber berte pawh a rawn khûm vek dâwn a – a chhan chu Middle East véla awm ram te reuh tê lal ang ni mai lovin, thil siam zawng zawngte lal angin a lo kal zâwk dâwn a ni.

Zirtîr sâwm leh pakhatte chu Oliv tlâng aţang chuan Jerusalem-ah an kîr leh ta a, an rilru chu an thil lo hmuh tawhte chuan a luah khat a, an thinlung pawh Isua'n an hnêna a puan thutakte (an lo hriatthiam ve chinte) chuan a hneh êm êm bawk a. Nimahsela hemi bâk hi mamawh belh an la nei tlat. Isua khân Thlarau Thianghlim baptisma an chan hma chu Jerusalem lo la chhuahsan rih lo tûrin a hrilh a (*Tirhkohte 1:4, 5*), hmêlmapa chu hnehin awm tawh tho mah se, a la tlâwm pumhlûm rih si lo va; tin, Isua'n ti tûra a tihte chu an tih theih nân vân lam thiltihtheihna an mamawh bawk a ni.

***Tirhkohte 1:14* chhiar la. Zirtîrte'n an zirtîrpuite an en tâk dân tûn hma, entîrna atân *Matthaia 20:20-24*-a kan hmuh angte nêh hian, eng nge a danglamna lian tak lo awm ta le? Hetianga an ngaih dân lo inthlâk danglam ta aţang hian keini tân pawh eng zirlai nge awm ve? Thlarau Thianghlim a bawhawka a lo thlenna tûr atâna inbuatsaih nân engtin nge mahni kan indah pawimawhna theuhte hi kan lo bansân theih ang?**

Isua zuitute chu ni sâwm chhông an ɣawngtai a, Pathian Lehkhabu aɣanga zirin Isua nêna thil an lo tawn ho tawh zawng zawngte kha an chhût lêt leh a, tlâwmna nun lantîrin an inpawm tawn ta ɣeuh bawk a; tin, an chungah Thlarau Thianghlimin thutak a rawn tuh theih nân an inhawng ta bawk a ni. Khawvêl leh a chhônga thil awmte siam a nih ɣan tirh laia Thlarauvin tui thûk tak chung chu a awp reng ang chiah khân tûnah pawh Pathian Thlarau chu zirtîrte chungah a rawn thleng leh ta a, leite chu insem darhin mei angin an an lu chung ɣeuhah chuan a rawn chuang a. (*Tirhkohte 2:2, 3*). Kha kha bul ɣan thar lehna, thil siam thar chu a ni.

***Tirhkohte 2:5–12* chhiar la. Hemi ɣuma thil thleng hi eng nge a pawimawhna? *Genesis 11:1-9* nên khaikhin teh.**

Tui a lêt hnu khân leia awmte chuan vân tawng khawpa in sâng sak zâi an rêt ta a (*Genesis 11:1–9*). He an chapona leh an thil tih tum âthlâk tak hi a hlawhtlin loh nân (*Genesis 11:5, 6*) Pathian chu a rawn inrawlh a, tûn hma zawnga ɣawng pakhat leh thu sawi dân thuhmun hmang ɣhîn kha an ɣawng a tihhransak ta vek mai a, chuta ɣang chuan hmun hrang hranga awm tûrin a hnawt darh ta vek bawk a ni (*Genesis 11:7–9*).

Pentikost nî khân Pathian chuan hemi letling chiah hi a rawn ti a. Tûn ɣuma lo pungkhâwmte hi chuan Babel in sâng sak an tum ve lo va, eng tik nî-ah emaw chuan thil ɣha lo zawng zawngte hi kumkhua atân hnawh bo vek a la ni dawn tih chanchin puang darh tûra inpeihte an ni tih a hmu tlang sa vek a ni.

Hemi nî hian vân hnuaia hnam tinte chu Jerusalem khuaah an lo kal khâwm a (*Tirhkohte 2:5*; Babel in sâng sakna hmun aɣanga tihdarh a nih thu nên khân khaikhin la), zirtîrte thusawite chu anmahni ɣawng ang ɣeuhin an lo hria a, mak an ti lutuk chu an rilru a buai hial zâwk a ni âwm e (*Tirhkohte 2:6–11*).

Hei hi Petera chuan an hnêna thuhrl theihna remchângah a hmang ta a. Thlarau Thianghlim lo thleng chu mite Pathian tâwk thei tûra buatsaihtu a nih thu a sawi a (*Tirhkohte 2:17–21*). Messia hnathawh dik tak chu sawi langin Juda-te chu Isua an khenbeh avângin a hau hrep mai a (*Tirhkohte 2:23*). Chu thu an hriat chuan an thinsung chu feia chhun ang main a lo na ta a (*Tirhkohte 2:37*), chutichuan, mi 3,000 laiin baptisma changin zirfûrte chu an lo zawm ve ta a ni (*Tirhkohte 2:41*).

**Setana'n a hmin hneh êm avânga Isua thihfîr remtite zînga thenkhat chu tûnah chuan Thlarau Thlianghlimin a hneh ve tâk thung avângin Isua zuitu-ah an lo inlet ta a. Hei hian Pathian thiltihtheihna chuan mi sual berte pawh a ngaidam ni mai lovin, thinsung sak ber berte pawh a tinêm thei a ni tih engtin nge min hriatfîr le?**

**THAWHLEHNÎ**  
**Sadukaite hmachhawin**

*February 23*

***Tirhkohte 4:1–30* chhiar la. Hetah hian engtin nge indona ropui Thupuanui chu lan chhuahtîr a nih? Engtiangin nge hei hi mihring chanchin kal tawh zawng zawng han thlîr hian a lan chhuah dân kawng zînga pakhat chauh a nih? He laia Setana hnathawh dân chu engtin nge kan hmuh a, LALPA chu engtin nge kan hmuh ve baw k le?**

“Puithiamte leh Rorêltûtechuan Krista chu anmahni aiin chawisân a nih tih an hmu a. Sadukai, thawhlehna awm ring lotute an nih baw k si avângin tirhkohte'n Krsita chu mitthi zîng ata a tho leh a ni tih thu an puang an han hriat khân an thin a rim êm êm mai a. Tirhkohte chu Krista thawhleh thu hril leh, a hminga thilmakte an tih an phalsak zêl a nih chuan thawhlehna rêng a awm lo tia an lo zirfûr ve thinsung chu mi zawng zawngin an hnâwl ang a, Sadukai pâwl chu rei lo tê-ah ralthûm mai dâwn a ni tih an hre vek a ni.” - Ellen G. White, *Tirhkohte Thiltih*, p. 78.

Sakhaw hruaitute thin tirim zualtu ber chu Petera kal tlanga LALPAN kebai a tidam kha a ni a (*Tirhkohte 3:1–10 en la*). Nimahsela, hêng hruaitute'n thuhrl chhunzawm tawh lo tûra an vau hnu-ah pawh zirtîrte chu an dawl chuang eih lo. Lehkha thiam lo leh mi mâwl ve mai an nih hlawm avângin hetiang taka huaisen tûr hian puithiamte khân an lo ring lo rêng rêng a (*Tirhkohte 4:13*). Zirtîrte chu pindan aţangin an chhuahtîr leh phawt a, anmahni chu inrâwn kualin, hêng mite hi Isua hminga zirtîr tawh lo tûra thu an pêk chuan ţa tê-a an zawm ve mai an ring a (*Tirhkohte 4:18*). An va han ring sual tehrêng êm!

Zawm ahnehin zirtîrte chu an ţhiante hnênah an kêr leh a, an zavaia inthuralin Pathian chu an fak ta zâwk a ni (*Tirhkohte 4:24*). A hma aia huai zâwka thu an hril theih nân leh mi tam zâwk an tihdam zêl theih nâna Pathianin a kut a phar theih nân an ţawngţai a (*Tirhkohte 4:29, 30*). A chhâna chu rei an nghah pawh a ngai lo. Zirtîrte chanchin hria chu an lo pun chhoh zêl avângin mite chuan an chhûng leh ţhian ţa damlote chu Petera kal pah hlimthla ţhen azâr tal chuan a chhun ang a, an lo dam ve mial mahna tiin an rawn hruai a (*Tirhkohte 5:15*). Jerusalem kiang vêl khuate aţang pawhin mi tam tak an lo kal a, an natnate chu tihdamsak an ni ţheuh bawk (*Tirhkohte 5:16*).

Hêng thil zawng zawngahte hian indona ropui lo lan chhuah dân chu kan hmu a: sakhaw hruaitu rinawm lo tak takte chuan thutak chu Thupuan bo an tum flat reng a; chutih laiin mi rinawmte erawh chuan an Bible-te chhiarin Pathian thiltihtheihna an dawn theih nân te, an natna a dam theih nân te, leh thlarau an hneh belh zêl theih nân te an ţawngţai ve thung a. Zirtîrte chung a thlen ang hian kan chungah thil a thleng tluang ve purh lo niin a lang pawh a ni mai thei e; nimahsela indona ropui hian tâwp hun a la nei ngei dâwn, chutih hunah chuan mihring zawng zawng tâna Isua'n a lo hlen chhuah tawh hnehna chu kan chang ang tih a Chiang a ni.



**Stefena den hlum a ni**

Zirfūrte chauh kha kohhran hun hmasa lama sakhaw hruaitute'n an ngaimawh awm chhun an ni lo. Stefena, “ngilnei leh thiltihtheihna khat [leh] mite zînga thilmak leh chhinchhiahna ropui tak tak ti thîn pawh kha an hmaa ding tûrin an hruai a (*Tirhkohte 6:8*). Nimahsela a finna leh amah sawipuitu Thlarau chu an hnial hneh si lo; chuvângin amah hawtute chuan hretu derte siamin an chanchin chu dik lo takin an sawitîr ta ngawt mai a, tichuan, rorêltûte hmaah an hruai thei ta a (*Tirhkohte 6:9–14*).

***Tirhkohte 7:2–53* hian Stefena chuan amah hêktute chu hneh taka a khin thlâk dân kan hmu a. *Tirhkohte 7:54*-a “an thin a khei ta a” tih lai tak kha chhiar la (a awmzia chu a thusawite chuan thiam loh a chanfîr tihna a ni). *Tirhkohte 2:37*-ah chuan, hetiang deuha thu dêngkhâwng tak tho hi mi dangte pawhin an hria a, an thinlung chu chhun anga a nat thu kan hmu bawk a. Chutianga an thiam loh thu an hriat ve ve hnu khân engtin nge an lo chhân? Chu chuan Pathian hmaa thinlung pêk tawp mai pawimawhzia eng nge min hrilh le?**

Tirhkohte khân sakhaw hruaitute chu han hnial ve thîn tho bawk mah se, him takin a chhuak leh mial zêl rih a; mahse an tih anga Stefena'n tih ve a tum erawh kha chuan mipui thinrimin an that ta a ni. Stefena thihna khân Setana'n sakhaw thar lo piang tûr chu mumal nei taka tihboral daih tuma a beih dân a tilang chiang hle a. Hemi hma zawng kha chuan Isua zuite chu tihmualpho leh vau an ni mai thîn a, Stefena hi an zînga thi (martar) hmasa ber a ni ta a ni. Nimahsela zirfūrte khân eng nge an beisei le? Setana chuan sakhaw hruaitu thenkhatte chu Isua tihlum tûra a hmin thei a nih chuan, a zirfūrte pawh hian chu aia hlauhawm nêp zâwk chu chan an beisei tûr a ni bik lo vang.

Amaherawhchu, indona ropui beih a nih chhûng hian Lalpa chu hnehin a awm ta emaw tih tawh hnu-ah hnehna a la rawn chang

leh nge nge zâwk thîn tih chu a Chiang khawp mai tho va. Hetah pawh hian chutiang tho chu a ni.

“Stefena a thih hnu khân Saula chu khami tuma a thiltih avâng leh Kristiante tihduhdah kawnga a thawhhlâwk êm avângin Sanhedrin member-ah thlan tlin a ni ve ta a. Hun eng emaw chen chhêng chu Setana pawhin Pathian Fapa laka a helna kawngah hmanrua berah an hmang nghe nghe a ni. Mahse he pa, Kristiante tihduhdahtu tawrhhlelhawm tak mai hi tûna a tihchhiat mêk kohhran ngei hi tundin leh hna thawk tûrin chhawr a la ni thuai dâwn a. Setana aia thiltitheî zâwk chuan martar-a lo thi tawh Stefena ai rawn aw h tûr leh, a hminga thuhmila hrehawmte tuar tûrin a thlang tawh a, a thisen zâra chhandamna chanchin tha chu ram tina puang darhtu atân a lo ruat tawh a ni.”—Ellen G. White, *Tirhkohte Thiltih*, p. 102.

**A châng chuan thil tha lo tak a tang pawh hian thil tha a lo chhuak ve leh thîn tho tih kan hmu a. Hei hi a ropui ngawt mai. Mahse, thil tha lo a tang thil tha engmah hmu lo va, thil tha lo tam leh zual zâwk kan hmuh châng hian engtin nge kan tih ang?**

NINGANÍ

February 25

**Ngaih dân thlâkin**

Zirtîrte khân Isua'n thu a hrihhte an hriatthiam theihna tûr dâltu ngaih dân nghet tak, thlah hleih theih si loh eng eng emaw an nei a, chu mai pawh chu ni lovin, Juda-te'n hnam dang an hmuh hniam sa ngawtna ang rilru kha an nei ve tlat bawk a. Chutiang a ni tih a lan chian êm êmna chu Isua'n tui in tûr a dîl Samari hmeichhe chanchin a tang hian kan hmu a. Isua'n a rawn be ta mai kha a hrih a hai zâwk hial a, a chhan pawh Judate chuan Samari mite chu engah mah an ngaih loh vâng a ni (*Johana 4:9*).

An Juda-puite ang thovin anni pawh hian hnam dangte hmuh dik loh sa ngawtna rilru kha an pu ve tho a ni tih chu KaIsaiari

khuaa awm Rom sipai za hotu Kornelia chanchin aṭangin chiang takin a lang baw a. Kornelia kha mi fel tak leh Pathian ṭiṭtu a ni a (*Tirhkohte 10:2*), khawtual mite pawhin an zah hle a ni (*châng 22*). Vântirhkoh chuan Joppa khuaa awm Petera hruai tûrin mi tute emaw tîr tûrin a hrilh a (*châng 22; châng 3–8* pawh en baw ang che).

Hetih lai vêl hian Joppa khuaaah chuan Petera chu ṭawngṭai tûrin in chung lamah a lo chho ve mêk baw a (*châng 9*). Daihlím laiah chuan ṭhû-in, thliffim lo thaw heuh heuh chu a dawng a. Nakinah chuan a ril a lo ṭam ta hle a. A thlen inte'n a chawi ei tûr an buatsaih lai chuan zêl (inlârna) mak tak a hmu ta a. Chu a zêl hmuhah chuan vân khi a lo inhawng a, chuta ṭang chuan bâwm lian tak, puan hlai tak ang mai, a kil lî-a hlin chu lei lamah lo uai thla nual nual hian a hmu a. Chumi chhûngah chuan ransa chi hrang hrang, amah Petera chuan bawlhhlawh leh ei thiang lo nia a ngaihte chu a lo awm a, chûngte chu talha a sa ei tûrin hrilh a ni baw a (*châng 11–14*).

**Sa ei “thiang lo” ei tûra hrilh a niha Petera'n a chhânna kha eng nge ni a, zêl a hmuh kha eng nge ni a awmzia ni baw le?**  
*Tirhkohte 10:12–29.*

He inlârnaah hian Pathian chuan Petera kha zirlai pawimawh tak mai a zirtîr a. Mi ṭhenkhat chuan heta ṭang hian Pathian chuan mihringte chu an duh duh ei a phalsak ta niin an ngai mai ṭhîn a. Mahse chutiang chu Petera'n inlârna aṭanga a dawn a ni hauh si lo. A hmasa berin, a thil hmuh awmzia chu a hre lo va; a awmzia a chiang nghâl mai lo tihna a ni (*Tirhkohte 10:17*). Kornelia mi tîrhte an lo thlen a, an lo kal chhante an hrilh hnu chuan an ruala kal ve mai tûr a ni tih a inhre ta nghâl a (*Tirhkohte 10:22, 23*). Kornelia nêna an inhmu chiah khân Petera chuan a mumang awmzia chu a hrilh ta vek a ni. Krista chu khawvêl zawng zawng Chhandamtu a ni a. Jentail-te tân pawh Krista chu a thih ve tho avângin an hlu êm êm a ni (*Tirhkohte 10:34–48*).

Petera khân zir lai pawimawh tak, keini pawhin kan zir ve ngai tho a zir a. Kristaah chuan indaidanna bang zawng zawngte pawh thiat a ni tawh a, Juda leh Jentail inkâra inthliarhranna awm thîn kha engmah a awm tawh lo va, hnam tin zîngah tu pawh amah thîha fel taka ti apiang chu a lawmzâwng mi an ni tawh mai zâwk a ni (*Tirhkohte 10:35*).

**Kristaah chuan pumkhat kan nih thu hi âwih a va nuam êm; chu chu Bible-in min hrilh dân a ni. Nimahsela vânduaitlâk takin, kohhran chhûngah meuh pawh chumi thinlung chu kan pu hlei thei lo fo thîn bawk sí a ni lo'm ni? Engtin nge ngaih dân nghet tak vawn sa kan neih chu kan hriat theih ang a, tin, Pathian thiltihtheihna azârah engti nge chûng kan ngaih dân neih sate chu thlah theih ang?**

**ZIRTÂWPŊĪ**

*February 26*

**Ngaihtuah zui tûr:** Russian mi lehkhabu ziaktu pakhat, Fyodor Dostoyevsky-a chuan leia Isua lo kal leh dân tûr chanchin hi Bible-in a sawi lâwk dân ni lovin a ziak a. Chu ama phuahchawp thawnthu-ah chuan Isua chu Roman Catholic Kohhranin an thurin tawmpui lotute an mana an hrem thîn hunlai (Inquisition), sakhaw hruaitute'n thil dik lo tih nâna an thuneihna an hman uar êm êm lai hunah khân a lo kal a. Chutianga mi mantute hotupa ber chuan Isua, lo neitu tlâwm tê anga lo kal chu a man a, tân in thim takah a khung ta a. Chumi zân chuan Isua chu a va tlawh a, mihringte hnêna zalêna a pêk avângin na takin a hau va.

“An hnên atanga mihringte zalêna lâk ahnehin, hetiang a i tih hian a hma aiin i tiropui sauh zâwk a ni. Mihring khân a chhia leh thâ hriatna thiang hmang khân duhthlanna zalên ai chuan muanna leh thihna hial pawh a thlâng zâwk a ni tih i theihngihl tawh em ni? Mihring tân chuan a chhia leh thâ hriatna thiang taka a hmanna aia thlêmna hautak zâwk a awm lo va; mahse chu aia tawrhna thlenna sa a awm hek lo bawk,” tiin a hrilh a. A thil sawi hi runthlâk hle mah se a dikna chen a awm tlat bawk si a ni. Mihringte'n an zalêna an hman dân hi han thlîr mah teh. Natna, thil thâ lo, سوالنا,

hrehawm tawrhna, leh thihna te hi a zavai hian zalênna an neih avâng emaw, an zalênna an hman sual vâng emaw-a lo thleng vek a ni. Nimahsela Pathian chuan hmangaihna nun nei tûrin min siam a, hmangaihna kan lan chhuahtîr theihna tûr kawng awm chhun chu zalênna neia siam kan nih chauhin a ni bawk. He khawvêla indona ropui lo lan chhuahta tam takte hi mihringte'n thilpêk thianghlim leh man to tak (a man to-zia chu Kraws khan a tilang a) zalênna an hman tawh dân leh an la hman mêk dân te'n a nghawng chhuaht a ni hlawm. Tûn kêr zirlaia kan hmuh tâk ang khân mi thenkhat chuan chanchin t̄ha thuchah hi an lo hriatin an sualte an sim a, Isua hnênah an thinlung an pe t̄hîn a; mi dangte erawh chuan chanchin t̄ha thuchah puangtute chu an lo that t̄hîn thung. Zalênna chu thilthlâwnpêk hlu tak mai a ni a; kan hman dânah pawh kan fimkhur hle a t̄ul a ni.

### **Sawi ho tûrte:**

- ❶ Thil Chiang êm êm mai chu, Thuthlung Thar lehkhavute hian Kristaah chuan pumkhat kan nihzia uar takin an sawi tih hi a ni a. Hei hi ngaih dân ropui tak mai a ni a, hetih hunlaia mite rilru s̄ukthlêk thlâk danglam dâwrhtu pawh a ni. Vânduaithlâk takin t̄unlai, kum zabi 21-na hunah meuh pawh hian thil t̄ha lote zîngah rau rau pawh huathlala ber mai, chi leh hnam inhmuhmawhna hi a la awm reng tho. He thil t̄ha lo tak hian eng chen a zau nge a fan hman tawh tih chu Pathian chauhin a hria a. Hetiang thil hi khawvêlah chuan awm ve rêng t̄ur alâwm lo ti pawh ni ila, kohhran hi eng nge a awn ve le, keimahni kohhran ngei pawh hi eng nge ni kan dinhmun? Engtiangin nge a lan chhuaht ve? Eng vângin nge hetiang rilru s̄ukthlêk hi chanchin t̄ha thuchah laimu leh bulpui ber nêh hian a inkalh tlat le?
- ❷ Kan zavai hian Thlarau Thianghlim chuan kan thinlung a rawn khawih ve tawh ni chuan kan hre t̄heuh hlawm a. Chutianga a rawn khawih lai che chuan engtin nge i lo chhân lêt? Indona ropui thlenna hmun dik tak chu thinlung hi a ni a. Thlarau Thianghlimin a khawih lai che-a duhthlanna i siamte chuan engtiangin nge i t̄anna lam zâwk a tihlan le?

Zirlai 10-na

February 27–March 4, 2016

## PAULA LEH PATHIAN LAKA HELNA

**CHÂNGVAWN:** “Chutichuan, he ãawih thei hian ãawih theih lohna a sin a, he thi thei hian thih theih lohna a sin hunah chuan, chumi hun ngeiah chuan, ‘Hnehnain thihna a lem zo ta,’ tih thuziak hi a lo thleng dik ang,” (1 Korin 15:54).

**Chhiar tûrte:** *Rom 5:12–21; 1 Korin 3:12–17; 12:14–26; 15:12–18; Efesi 6:11–17.*

**SABBATH CHAWNÛ**

February 27

**P**AULA thuziakachte hian indona ropui Thupuanui hmuh tûr tam tak a awm a. Paula khân Setana chu a taka awm ngei a ni tih a ring ni mai lovin, mihringte bum hna leh an boral theih dân tûr kawng a zawng reng a ni tih pawh a hai lo tih a chiang hle. A lekhathawn hrang hrangahte hian Setana “ngamthlêmna” (*Efesi 6:11*) te, a bumna fing vervêk tak (*2 Korin 11:14*) te, leh a thiltihtheihna mak danglam êm êm mai (*2 Thess. 2:9*) te laka invên fimkhur hle a tûlzia kan hmu nual a ni.

Nimahsela Paula lekhathawn chhiar ãhînte chuan a sawi uar leh châwi sân ber ni fo chu Krista leh Krista’n kan tâna hnehna vawrtâwp a chan tawh thu hi a ni tih an hre vek a. Kum za tam tak kal ta chhûng khân Setana chuan Pathianin thu a thlunpui mihringte chu sang tam tak lo bum thlu tawh tho mah se, Isua lakah erawh a hlwhchham chiang hle thung a. Amah Isua-ah chuan thuthlung thutiam zawng zawngte chu a thleng famkim vek tawh a, chuvângin chûng thutiamte chu rinna leh thuâwihna-a ta neihtu zawng zawngte chuan–Juda mi an ni emaw, Jentail-te pawh ni se, chhandamna an lo chang thei ta vek a ni. Krista rinawmna chuan Setana chu chatuan atân tihboral a la ni dân a (*Hebrai 2:14*), indona ropui pawh hi a la tâwp ngei dân a ni tih min hrilh bawk a ni.

Tûn kârah hian Paula’n indona chu a taka thleng ngei a nihzia leh engtianga nun hmang tûr nge kan nih tih sawifiah nâna entîrna

leh tehkhin thu hrang hrang a hmante kan thlîr ho dâwn a. Tin, he lei leh vân pum huap inbeihnaa tel ve keini hian a kohhran ang leh khawtlâng ang zâwnp pawha kan that tlân vek theih nân engtin nge thâ kan thawh tlân theih ang tih te pawh kan sawi dâwn bawk a ni.

**SUNDAY**

*February 28*

**Adama leh Isua**

Paula hi fiah fai taka chanchin tha thuchah hrilhfiah thiam nia hriat lâa a ni a, chutih rual chuan indona ropui a sawifiah dân pawh hi hriat a pawimawh khawp mai tho. Chanchin Tha thu a sawi kârah hian a thusawi duh pawimawh deuh deuh te chu a zep tel thîn a, chûngte chu: Isua zârah “rinna avâng a thiam chantîr” kan ni a (*Rom 5:1*); [tu mah pun buai ngai lovin] keimahni ngeiin Pathian chu kan be pawp thei ta a, a ropuina chu beisei leh lâwmin kan lo awm thei ta (*châng 2*); tin, hrehawmnate chuan min timangang ta lo bawk (*châng 3–5*). Mi sual kan la nih lai khân Krista chu kan tân a lo thih daih tawh thu min hrilh a (*châng 8*), Krista nun leh kan tâna a thihna te avângin tûnah chuan “chhandam” kan lo ni ta. Sualna chung a Pathian rorêlna hnuhnung ber lak aţang chuan humhim kan ni ta bawk a (*châng 9, 10*); tin, amah nê chuan inremna kan lo neih leh tâk avângin kan lâwm hle bawk a ni (*châng 11*).

**Rom 5:12–21 chhiar la. Hêng chângah te hian engtin nge indona ropui chu puanchhuah a nih le?**

Krista'n kan tâna thil a tih tawh zawnp zawnp te a sawi zawh hnu-in, chûng thilte a *tih dân* chu a sawifiah zui leh a. Eden Huana thing rah ei phal loh Adama'n a ei avâng a chhiatna lo thleng ta kha chinfel phawt a nih loh chuan, chatuana nun leh theih beiseina rêng a awm thei tawh lo va, chu mai chu ni lovin, indona ropuia hian Setana chuan hnehna a chang mai dâwn tihna a ni bawk. Adama khân a thiltih avângin mi zawnp zawnp thihna a thlentîr a (*Rom 5:12*). Sinai tlâng a Thu Sâwm Pêk an dawn meuh pawh khân thihna

leh سوالنا chu a titâwp thei chuang lo. Dânin a tih theih awm chhun chu سوالنا chu eng nge ni tih hrilhfiah a ni mai a. Sual chinfelna a ni lo. Sualna leh thihna chu Isua inhlanna avâng chauhin chinfel theih a ni a. Chuvângin Isua chuan “thilpêk hlu tak” ama nunna ngei hmangin leibâ chu a tlâk ta a ni (*Rom 5:15, 16*).

Tûnah chuan mi zawng zawng hi Pathian nêna inrem leh thei an lo ni ta a. Adama سوالنا avâng thihna-in ro a rêl ta ang chiah khân, Isua rinawmna avângin tûnah chuan “khawngaihna nasa tak” leh “felna thilpêk” chuan ro an rêl thei ta thung (*Rom 5:17*). Adama thiltih سوال avâng *paradis* kan chên ta mai kha a dik kim bîk lo va. A duhthlanna siam dik lovah khân engmah inhnammhawihna kan nei ve lo chungin a nghawng erawh kan tuar ve vek thung si. Chutih rual chuan, kan chên tawh *paradis* chu nei lêt leh thei ngawt kan ni bîk chuang lo, a chhan pawh kum 2,000 vêl kal taa Isua ’n thil a lo tih tawhah khân engmah thawh kan nei ve lo atin a ni. Paula chuan *Rom 5:18-21*-ah hian a thusawi tum tak chu a khaikhâwm ta a. “Adama hmasa zâwk khân thiam loh channa leh thihna a lo thlen tawh a; Adama hnunung zâwk erawh chuan inrem lehna leh nunna a thlen ve thung,” tiin.

**“Nimahsela Pathian chuan a mi hmangaihna chu fak tlâkin a lantîr a, mi sualte kan la nih laia Krista kan aia a thih avâng khân,” (*Rom 5:8*). Hemi-ah hian nangma hming ngei pawh kha dah ve la, chu thuthiam chu chan ve ngei tum bawk ang che. Chu chuan eng beiseina nge a pêk che le?**

**THAWHTANNÍ**  
**Biak In chu**

*February 29*

“Krista kohhran hi chak lovin, famkimlohna tam tak a nei chung hian he leia a hmangaihna ropui ber a hlan awmchhun a ni tho a ni.”—Ellen G. White, *In Heavenly Places*, p. 284. He Ellen G. White-i thusawi tha tak mai hi Korin khuua mite hnêna Paula lehkhathawn hmasa zâwkah hian hmun dang zawng aia fiahin a



awmzia târlan a ni a. *1 Korin 3*-ah hian Paula chuan kohhran chu mi hrang hrangina an enkawlrawn thlai nêna tehkhin a: mi pakhatin a phun a, mi dangin tuiin a châwm a; nimahsela a ðhanlenna atân leh a puitlin theihna tûra mawhpurtu ber chu Pathian a ni thung (*1 Korin 3:4–9*).

Paula chuan sawi chhunzawm zêlin, kohhran chu in nêna tehkhin leh a. Mi tu emaw chuan a lungphûm an rem a, chumi chungah chuan mi dang tu tute'n emaw in an rawn sa a (*1 Korin 3:10*). A lungphûm ber chu mi/tu dang ni lovin Krista ngei a nih tlat avângin in sa chhunzawmtute'n pawh an hmanraw hmanah an fimkhur hle a ngai rênga ni. Rorêlna lo la thleng tûr chuan “in sakna hmanraw” ðha leh ðha lo te chu a rawn thliar hrang ang (*1 Korin 3:12–15*).

***1 Korin 3:12–15* chhiar la. *Matthaia 7:24-27* nêna khaikhin ang che. He indona ropui kal mêkah hian tu lamah zâwk nge kan ðan tih tilangtu tûr thil pahnih awmte chu eng nge ni?**

He thu hi han chhiar teh: “Pathian biak in (temple) in ni tih leh nangmahni-ah khân Pathian Thlarau chu a chêng a ni tih hi in hre lo vem ni? Mi tu pawhin Pathian biak in chu a tichhia a nih phawt chuan amah chu Pathianin a tichhe ve ang. Pathian biak in chu a thianghlim si a, chu biak in chu nangmahni hi in ni e,” (*1 Korin 3:16, 17, ESV*). Hetah hian thil pahnih lo chhinchhiah tûr kan nei. A hmasa zâwk chu he lai thu hian kohhran chungchâng leh engtianga lo indin chho nge a nih tih lam a sawi a. A sawi tum ber hi chu taksa hrisêlna chungchâng a ni hran lo. Nun dân ðha lo tak tak thlanga an taksa hmang khaw lotute hi Pathian chuan a tichhe ngai lo va; anmahni an intichhe ðhîn a ni zâwk. *1 Korin 6:15-20*-ah pawh Paula vêk hian duhthlanna dik leh fel kan siam a pawimawhzia a sawinaah kan taksa hi Thlarau Thianghlim in a nih thu a sawi leh bawka ni).

A pahnihna chu hêng châng pahniha “nangmahni” tih thumal hi a ðawngbul lamah (Grik) chuan pakhat aia tam sawina (plural) atân hman a ni zêl a. Paula hian mi mal tu emaw ni lovin, Kristian

kohhranho kha a hril a ni. Chuvângin, mi tu pawhin kohhran chhiatna tûr thil eng pawh a ti a nih chuan, buaina namên lo tak a hmachhawn mêk tihna a ni a. Pathian chuan kohhran tihchhiat tumtu chu a tichhiat ve ngei tûr thu a sawi a ni.

**Kan thil sawi leh kan thiltihah te hian kohhran titlutu ni lovin, a tungdingtu zâwk kan ni tih engtin nge kan inhriat theih ang le?**

**THAWHLEHNÎ**

*March 1*

**Kohhran chu taksa ang a ni**

Kohhran hnathawh leh tih tûr hrang hrangte chu *1 Korin 12*-ah hian chiang takin târlan a ni a. Hetah hian kohhran chu taksa nêh tehkhin a ni a, member tinte hnathawh tûr pawh chiang taka sawifiah niin, an zavaia pumkhata thawk tlâng tûr an ni baw ( *1 Korin 12:12*).

***1 Korin 12:14–26* chhiar la. He lai thu-ah hian eng thuchah pawimawh tak nge awm le?**

Paula hian a nuizatzhlâk zâwng deuhin a han sawi ãan phawt a: kEfesiah emaw, beng emaw te hian taksa tel lo niin insawi eng ang mah se, chumi avâng ngawt chuan taksa pêng an ni ve lo tihna a nih loh thu a sawi a. Tin, taksa pum pui hi mit emaw, beng emaw ni ta vek mai se a buaithlâk tûrzia pawh a sawi baw ( *1 Korin 12:17* ). Beng lianpui mai hi kan in chhûngah lo lûtin “Nangni in ni maw?” rawn ti ta mai se, a mak kan ti viau ang. Chu thil chu nuizatzhlâk tak angin a lang a ni mai thei a; mahse chutiang chu mi ãhenkhatte’ n kohhran hi anmahni ta bil ang hrima thunun an tum châng hian a thleng ãhîn tak tak si a ni. He thu a sawi hma hian Paula chuan kohhrana rawngbawl na hrang hrang awmte a lo sawi tawh a, chûngte chu Thlarau Thianghlim thilpêk an nih ãheuh thu a sawi baw. An zîngah khân mi ãhenkhat chu finna thu sawi ãhîn an

awm a, Pathian Lehkha Thu (Bible) hriat theihna nei pawh eng emaw zât an awm bawk (*1 Korin 12:8*). Mi thenkhat chu an rinnan mi zawng zawng tân phûrna a thlentûr a, mi thenkhat chuan tihdam theihna thilpêk an kawl a (*1 Korin 12:9*).

Thilmak ti thîn te, thil lo la thleng tûr lo hrilhlâwk thei te, thil dik leh dik lo chiang taka thliar hrang thei te, leh tawng chi hrang hranga thusawi thei te pawh an awm bawk (*1 Korin 12:10*). Hêng thilpêk chi hrang hrangte hi a dawngtu mihringte'n anmahni duh ang ang an dawng mai lo a ni tih hi chhinchhiah ila. Chutiang ni lovin, Thlarau Thianghlim chuan taksa (chu chu kohhran tihna a ni) thanlen nân leh inpumkhatna atân mi chi hrang hrang a thlang chhuak a ni zâwk (*1 Korin 12:11–13*). He thudik pawimawh tak mai hi hre ngei se min duh avângin Paula chuan pêng (member) tinte hnêna an tlin tâwk tûr ang zêla thilpêk Peterau chu Pathian a ni tih a sawi nawn leh kher a ni (*1 Korin 12:18*).

Thil pawimawh ber mai chu kohhranah hian member tam tak awm mah se, taksa erawh pakhat chauh a ni tih hi a ni. Member tinte chu a member-pui zawng zawngte nê, tângkaina nei ve vak lo nia inhriate nê pawh thûk takin an inzawm vek a (*1 Korin 12:20–24*). Hetianga member tinte innghengtawwna hian an zavaia tân himna leh that tlânna a thlen a. Member pakhatin hrehawm a tuar chuan member dangte pawhin an tuarpui thîn a, member pakhatin chawimawina a dawn pawhin member dangte'n an lawmpui thîn bawk a ni (*1 Korin 12:26*).

**Mi thenkhat chuan natna danglam tak, *autoimmune* an tih mai chu an vei a; an taksa pêng khawi lai emaw chuan pêng dang khawi lai emaw kha a bei ta thîn a ni. Hetiang natna hi a hlauhawm angreng hle a, thihna hial pawh a thlen thei nghe nghe. Vawiin zirlaia Bible châng kan chhiarte kha ngaihtuah lêt leh la, engtiangin nge hmêlmapa hian taksa ngainêp tûrin hna a thawh a, engtiangin nge he a mi beihna hi a tâwp theih nân LALPA chu kan inhmantûr theih ang le?**

**Pathian râlthuum chu**

Indona ropui chu a taka thleng ngei a ni tih leh, chu indonaah chuan keini pawh kan tel ve a, a taka awm ngei hmêlma kan bei a ni (*Efesi 6:11*) tih chu *Efesi 6*-a Paula'n indonaa râlthuum an hman thin thil chi hrang hrang a sawi hian a tilang.

***Efesi 6:11–17* chhiar la. Hêng chângte hian indona chu a taka thleng ngei a nihzia leh mi mal tinte'n kan beih theuh a nihzia engtin nge a sawi le?**

Râlthuum chi hrang hrangte hi Paula thil sawi tum ber a ni lo va, eng nge an entîr ni hlawm tih hi a pawimawh zâwk chu a ni. Hêng râlthuum chi hrang hrangte zînga a eng emaw ber chauh hi ni lovin, a zavai hian kan inbel kim vek a tûl thu a sawi hi lo chhinchhiah ila. Chutianga kan inthuum a nih phawt chuan nghet takin kan ding thei dawn a, (“ding zo” tih tawngkam hi Bible-ah chuan rorêlna hmaa thiamlohna nei lova ding tih sawi nân hman thin a ni. *Sam 1:5 nêh khaikhin la*). Tawngkam danga sawi chuan, hnehna kan chang ang tihna a ni.

Hêng râlthuum hrang hrangte hi an awmna tûr theuha an awm theih nâna phuar khâwmtu chu kâwnghrên a ni a, chu chuan thutak a entîr. Chutichuan, thutak chu thlarau lama kan invêna hrang hrangte anmahni awmna tûr hmun theuha awmîrtu a ni tihna a ni. Isua pawh khân thutak chungchâng thu a sawi fo thin (*Johana 1:14, 17; 4:24; 8:32; 14:6*). Fêlna âwmpphâw inbel tûrin min ti bawk a (*Efesi 6:14*); “felna” tih tawngkam pawh hi Isua thusawiah khân thumal pawimawh tak a ni thin (*entîr nân, Matthia 5:6, 10; 6:33 te hi chhiar la*). Thuthlung Hlui lamah chuan felna tih chu rorêlna dik châwisâwng a, mi tinin dik leh fel taka rorêlna an dawn thu sawina angah hman thin a ni.

Sipaite'n an bun thin pheikhawk (*Efesi 6:15*) chuan remna chanchin tha a entîr ve thung a. He tawngkam hi Isaia 52:7 aţanga chher chhuah a ni a, zâwlnei Isaia chuan hmun inkâr kîk tak takahte

kal kual a, saltâna rama awm mêkte hnênah Jerusalem chu dinthar leh a ni tawh a, Pathian chuan a mite hnênah zalênna a pe kîr leh ta a ni tih puangtute chungchâng thu a sawi a. Hetiang hi indonnaa chuan Pathianin hnehna a chang tawh a, tûnah chuan anmahni chauhin emaw, mi dangte nêh emaw, leh Pathian nêh pawh thlamuang takin an nung thei ta a ni tih mite hnêna hriattîr hi thil tha lo beih lêtna kawng khat a ni tih sawi nân hman a ni ve thîn rêng a.

Rinna phâw (*Efesi 6:16*) chuan “thal alh theite’n” an tum tak an fuh loh nân leh chhiat rupna a thlen loh nân min vêng dâwn a. Chhandamna lukhum (*Efesi 6:17*) chuan Isua’n min la khumtîr tûr lallukhum a entîr a (*Thupuan 1:6, 2:10*). Thlarau ngûnhnâm (Pathian Thu) chu mahni invên nâna kan râlthuum neih chhun a ni a, ramhuaiin a thlêm tuma Isua’n a hman ang khân kan hmang ve tûr a ni (*Matthaia 4:4, 7, 10*).

**Hetianga râlthuum famkima inthuum tûra min ti hian indona ropuah chuan Pathiana innghat pumhlûm thak tûr kan nihzia eng nge min hrilh? Kan taksa pêng khawi lai mah hi vên loh bika awm lo tûrin engtin nge kan tih ang le?**

NINGANÍ

March 3

**Hmêlma hnukung ber chu**

Korin khuaa kohhranho zîngah khân thawhlelna ringhlel eng emaw zât an awm a ni tih a chiang a. Chuvâng chuan Paula hian fimkhur takin thawhlelna pawimawhzia leh chanchin tha laimu a nih dân a sawifiah ta a ni (*1 Korin 15:1–4*). Ringtute zînga thi tawhte chungchângah ngaihthatlohna eng eng emaw a awm niin a lang a (*1 Korin 15:6*), mi thenkhat chuan chutianga thi tawhte chu Isua lo kal leh hunah kal san mai tûr ni âwmin an lo sawi ve bawk nêh (*1 Korin 15:12*). Hemi tho hi Thessalonika khuaah pawh an buaina a ni (*1 Thes. 4:13–17*).

**1 Korin 15:12–18 chhiar la. Mitthi thawhlelna a awm rin lohna chuan eng nge a nghawng le?**

Paula chuan a thusawi tlângkawm nân, “Kristaa beiseina kan neih hi tûn dam chhông atân chauh ni ta se, mi zawng zawnga khawngaihthlâk ber kan ni ang,” tih thu a sawi a (*1 Korin 15:19, CL*). Chutiang chu ni lovin, Krista chu mitthi zîng ata a tho leh ngei a, tichuan, “muhîlte thawh hmahruaitu a lo ni ta a ni,” (*1 Korin 15:20*).

Paula chuan Krista chu Adama nêna a khaikhin a: “Adama-ah chuan mi zawng zawng an thi thîn ang hian Krista-ah chuan mi zawng zawng tihnunin an awm bawng ang,” a ti a (*1 Korin 15:22*). Tin, mi zawng zawngte thawhleha chu “Isua lo kal leh hunah” a thlen tûr thu a sawi leh bawng (*1 Korin 15:23*). Hemi bungah tho hian a tâwp lamah “Adama” pahnihte khaikhinna chu a sawi chhumzawm leh a (*1 Korin 15:45–49*). Mihring hmasa ber chu vaivut aţanga siam a ni a, mahse vên Mi erawh chu vên aţanga lo kal a ni thung; chuvângin engtik nî-ah emaw chuan amah (Isua) ang kan la ni ve dâwn a ni (*1 Korin 15:47–49*). Chutiang a nih tûrzaia chu Krista lo kal leh huna thilthleng tûr a sawinaah hian fiah takin a lang a: “tawtawrâwt chu a ri dâwn si a, chutichuan mitthite chu tawih thei lova kaihthawhin an awm ang a, keini pawh tihdanglam in kan awm tawh ang. He tawih thei hian tawih theih lohna a sin tûr a ni a, he thi thei pawh hian thih theih lohna a sin bawng tûr a ni,” tiin (*1 Korin 15:52, 53*).

A tûrah chuan Adama kha kumkhuaa nung reng tûra siam a ni a; mahse kum tam pawh a liam hma-in mihringte chu an lo sual hman ta hle mai a, chuvâng chuan rei lo têtê chauh an dam ta hlawm a. Chatuan nunna chu chang tûr kan nih chuan kumkhaw daih tûra siam kan ni ang; chu tak chu chantûr kan la ni dâwn a ni.

***1 Korin 15:23–26* chhiar la. Tûnah chuan indona ropui hnuaia awm rih niin, thihna leh thil tha lo leh thianghlim lo tak takte’n kan chênna khawvêl hi a la awp rih a. Chutiang chu ni tho mah se, hêng Bible chângte hian indona ropui tâwp dân tûr chungchâng eng nge min hrilh? Engtin nge hêng thutiam hrang hrangte hi keimahni tân theuh kan lo seng luh ve theih nân**

## kan hmuh leh hriat bâkte thlir thiam dân kan zir theih ang le?

**ZIRTÂWPNI**

*March 4*

**Ngaihtuah zui tûr:** “Mihring chauh ni lovin, lei ngei pawh hi sualna avâng chuan Setana thuhnuaiah a lo awm ta a, chuvângin mihring chu tlanna ruahmanna hmangin dinthar leh a ni dân a ni. Siam a nih tihr khân Adama chu lei chung zawng zawnga thunei tûra tih a ni a. Nimahsela, thlêmnaa a tlûk tâk avângin Setana thiltihtheihna hnuaiyah hnuh luh a ni ta a, a thuhnuaia awm thîn zawng zawngte pawh amah hnehtu chuan a rochun ta vek a. Tichuan, Setana chu ‘he khawvêl pathian’ a lo ni ta a. Lei chung a thunei ni hna Adama hnêna pêk chu dik lo takin a lo chang ta a ni. Mahse Krista chuan sual thâwina atâna a inhlanna hmang khân mihring chu a tlan a ni mai lo va, a lo chên tawh thunei hna chu a nei lêt leh baw k ang. Adama hmasa zâwkin a lo chên tawh zawng zawngte kha Adama pahnihna chuan a dinthar leh vek dân a ni.”—Ellen G. White, *The Signs of the Times*, November 4, 1908.

Khawvêl kan thlîr hian Setana chu hneh a ni tawh tih leh a hun pawh a tlêm hle tawh a ni tih hi theihngihl a awl hlê mai (*Thupuan 12:12*). Thil ɥa lo, thihna, leh tawrhna te'n he khawvêl hi fan chhuak hneh hle tho mah se, Krista'n a lo tih tawh azârah khân hêng zawng zawngte hi tihbo vek a la nih tûr thutiam pêk kan ni a. Chu chu tûnah hian chiang takin kan hre rih lo a nih pawhin a âwm tho ve, a chhan chu: hêngte hi keini mihringte hian kan tibo dân a ni lo va (lei leh a chhûnga nunna awm zawng zawngte hi hun tam tâwk nei ni ila chu kan tiboral vek duh mai thei e; mahse chutiang chu Pathianin min tihtîr lo vang). Mak taka Pathian rawn inrawlhna chauhin a lo tiam tawh thil thlâk danglamna chu a rawn thlentîr dân a. Keimahni mai hi chuan kan harsatna tawhte hi kan ching fel zo ngang lo va ni tih a chiang hle.

### **Sawi ho tûrte:**

- ❶”Kohhran hi a chak lovin, tlin lohna tam tak a nei ve tho va, zilhna thu leh thurâwn pêk a mamawh reng baw; chutiang chu ni tho mah se Krista’n a zah leh hmangaih ber erawh a ni reng tho si a ni. Mihringte thinlungah hian khawngaihna thiltih hrang hrang a lantîr reng a, vântirhkohte mak tih leh lâwm avânga fakna hla an sak phah hialna tûrin nungchang a siamtha ðhîn baw. Mi sual leh thil tha lo ti reng mai mihringte chu siam thar a ni ta tih an hriatin an lâwm êm êm a ni.”—Ellen G. White, “The Signal of Advance,” *The Advent Review and Sabbath Herald*, January 20, 1903. Isua’n kan tân leh keimahni-a a tihte avânga siam thar kan lo nih ve tawh dante chu engte nge ni?
- ❷Engtiangin nge kohhran chhûngah hian (tual chhûngah emaw, a kohhran pum pui ang pawhin) indona ropui chu a lan chhuah? Kohhran member-te min ðhen hrangtu, mi tichautu, leh koh kan nihna anga kan awm theih loh nâna mi dang tlattu thilte chu engte nge ni? Thil pawimawh tak tak nia kan ngaihate hian a châng chuan kan thu a inhmu lo fo mai a, chutiang hunah chuan engtin nge damna leh inpumkhatna kan thlentîr theih ang?



Zirlai 11-na

March 5–11, 2016

## PETERA'N INDONA ROPUI A SAWI DÂN

**CHÂNGVAWN:** “Nimahsela thim ata chhuak a, a êng mak taka lût tûra kotu che u thatna chu in entîr theih nân nangni zawng chi thlan, lal puithiamho, hnam thianghlîm, Pathian mite ngei in ni si a,” (1 Petera 2:9).

**Chhiar tûrte:** *Deuteronomi 14:2; Daniela 2:34, 35; 1 Petera 2:9, 10; 4:1–7; 2 Petera 1:16–21; 3:3–14.*

**SABBATH CHAWNÛ**

March 5

**P**PETERA thuziakahte hian indona ropui thupui hmuh tûr a tam khawp mai a. A chhan pawh Setana bumna thanga awh awmzia chu mi dang zawng aiin amah hian a hriat chian êm vâng pawh a ni mai thei e. He inbeihna hi a taka thleng ngei a ni tih a hre Chiang hle a. A thu hrimin, “Ngaihven ula, fimkhur rawh u; in khingpui Diabola chu sakeibaknei rûm thîn angin a ei theih tûr zawngin a phî ruai thîn,” (1 Petera 5:8, NKJV) tih ziaktu pawh hi tu dang ni lovin, amah Peteraer ngei kha a ni.

He inbeihna hi kawng hrang hranga a lo lan chhuah dân Petera chuan a hmu a. Kohhran chhûnga inbeihna a kal mêk dân pawh hmu-in, tûn hmaa ringtute inpâwl honaa tel ve thînte ngei pawh tûnah chuan mahni hmasial tak leh Pathian sawi chhetu an lo ni ta a, Krista lo kal leh tûr thu pawh an ngaihsak tawh lo hial a ni. Chutianga kohhranho nuihsawhtute chu na takin a bei lêt a, a chhan pawh Krista lo kal lehna thuthiam rinna chu hruai bona thlarau a nih si chuan, eng beisei tûr dang nge awm tawh chuang ang ni?

Petera'n rinna a vawn ngheh tâk êm êmna chhan chu amah ngei hian thil eng eng emaw a lo daipelh ve nual tawh vâng pawh kha a ni mai thei. Isua phatsan tih chu eng nge ni a awmzia tih a hria a, chutianga a phatsanna chhan pawh mite'n Isua zuitu a ni tih an hriat loh nân a ni. Hei vâng hian rinna pawimawhzia a sawi uar viau pawh hi ringtute chu LALPA'N anmahni a kohna a sânzia leh a kohna phû ang rênga nung tûra a duh vâng a ni tih a hriat theih bawk.

**Thim ata êngah**

**1 Petera 2:9, 10 chhiar la. Engtiangin nge hêng châng pahnihahte hian indona ropui beih a nih dân chu kan hmuh le?**

Hêng châng pahnihte hi Exodus 19:6 thu, “puithiam châ leh hnam thianghlim” tih leh *Deuteronomi 7:6* thu “LALPÂ tâna hnam thianghlim,” leh, “a pual bîk ni tûra ama’n a thlante” tih aṭanga lâk chhâwn a ni a. Hêng thutiamte hi Exodus hunlai, an saltâna lak aṭanga Israel mite chhanchhuah a nih a, ram tiam lam pana an kal laia Pathianin a pêk kha a ni a. Chutih rual chuan, Petera hian Exodus hunlaia Pathian mite leh a hunlaia kohhrante dinhmun chu inang niin a hmu bawk a ni.

Chutichuan, Petera thil sawite hi thil eng emaw a tâwp sawifahna ni lovin, hna kal lai mêk sawi fiahna a ni zâwk a. Pathian chuan min thlang tawh a, Setana’n a pum hmawm tawh khawvêl thim tak aṭanga min lâk chhuah avângin amah chu vântlâng hmaah kan fak tûr a ni bawk. Nimahsela chu chuan mi ṭha famkimah min siam ta tihna erawh a ni chuang lo va, kan tum chu kan hlen ta tihna lah a ni hek lo (*Filipi 3:12* chhiar la). Chuti a hnehin, keimahni sualna leh tlinlohna te hriat leh, kan nuna ama felna seng luh kan mamawhzia inhriatna chu Isua zuitu tân chuan tihtâkmawh a ni zâwk a ni.

“Chutiang bawk chuan (sipai za hotu ang khân) mi sualte chuan Krista hnên an pan ve thei vek a. ‘Keimahni’n thil ṭha kan tih ve-te vâng ni lovin, a khawngaihna avâng zâwkin min chhandam ta a ni.’ *Tita 3:5*. Mi sual i ni a, chuvângin Pathian malsâwmna pawh dawn beisei ve duh suh tia Setana’n a hrih che a nih chuan Krista chu he khawvêlah hian mi sualte chhandam tûrin a lo asin, tiin lo chhâng ang che. Pathian hmaah chuan insawi thiamna tûr engmah kan nei lo; mahse tûnah leh nakîn zêlah pawh nGenesisna thlen theih kan neih chhun chu dinhmun chhe taka ding kan ni a, a tlanna thiltihtheihna mamawh ngawih ngawih kan ni tih hi a ni. Keimahni

chakna kan lo rinchhan ve-na zawng zawngte chu thlauhthla-in, Kalvari kraws lam chu thlir ila, ‘Kut ruak maia lo kalin, i kraws bul chu ka vuan mai,’ tiin i sawi zawk ang u.”—Ellen G. White, *Chatuan Nghahfak*, p. 298.

“Thim ata chhuak a, a êng mak taka lût tûra koh” kan ni (*1 Petera 2:9*) tih kan inhriat theihna tûr kawng pakhat chu Kristaa innghat kan nihzia kan inhriatna hi a ni. “Ani chu kan tâna finna ni tûrin Pathian hnên ațangin a lo kal a, felnaah te, thianghimnaah te, leh tlannaah te nêh,” tih ang khân (*1 Korin 1:30*, CL).

**I thil lo tih tawhte leh i nungchang tha lote’n hneh che a, tihhual hle che nia i inhriat lai khân eng thil enge i rilru-a lo lang thîn le? Chutiang ngaihtuahnate chu engtiangin nge i lo dawnsawn? Engtin nge nangma thlarau lam tâna tha tûr zâwngin i hman hlah theih tawh ang?**

**THAWHTANNÎ**  
**Thiante nawrna**

*March 7*

***1 Petera 4:1–7* chhiar la. Eng vângin nge nun dân atâna kan thlan hi a pawimawh viau a, engtiangin nge chu chuan Krista lo kal lehna tûr atâna kan lo inbuatsaih dânah nghawng a neih le?**

Ringtute chuan an chheh vêla chêng ve mi dangte duhzâwng tih nân an nun an lo hman tam tâwk tawh thu Petera’n a sawi a (*1 Petera 4:3*). Nimahsela tûnah chuan thil a inthlâk tawh a, mi tam zawkte tih ang an tih ve duh tâk loh avângin ringtute chuan mite “mak” tih an hlauh ta a, sawi chhiat pawh an hlauh ta rêng bawk a ni (*1 Petera 4:4*). Hetiang hian Setana chuan Pathian nêna len dun kan ngam loh nân kan thian hluite meuh pawh ala hmang dâwn a ni.

Petera chuan hêng beihnate avâng hian tlâwm mai lo tûr hian ringtute chu a fuih a. “Jentail-te” ngei pawh hian Rorêltu awm chhun

Pathian hnênah an chanchin an sawi a la tûl dâwn a, chuvângin anni ngaih dân tûr chu lo lungkham vak a ngai lo lêm lo (*1 Petera 4:5*).

A thil sawi hi a pawimawh khawp mai. An rinna din chhuahpui ngam lova, mi dangte lo ngaih dân tûr vênthâwn luat avâng a thu ta mi eng zât nge hriat i neih le? He thil hi thalaite tân chuan a har leh zual a, an “thiante nawrna” hi hnar har an ți thîn êm êm a ni.

Mi dangte’n min pawm theih dân tûr ngaihtuaha buai a, an ngaih dân ẵwpui leh an thil phütte tihhlawhtlinsak a, an beiseite pêk ai chuan kan bul hnaia mite chung a thạt chhuah a, hmangaih zâwk tûrin Petera chuan min hrih a (*1 Petera 4:8, 9*). Hei hi Kristian kan nihna anga kan tih tûr ni sa rengte belhchhahna a ni mai lo. Chuti a hnehin, kan thil tihte zînga a pawimawh ber leh kan vêla chêng ve mi dangte nêna kan inpâwl dân tûr kawng pawimawh ber a ni baw. Hei vâng hi a ni mai thei e, Petera chuan kan ẵwngtâiin tihtakzeta kan tih thîn a tûl thu a sawi a (*1 Petera 4:7*), a chhan pawh a châng chuan kan bul hnaia mite hmangaih leh ngilnei taka biak ai chuan “Jentail-te” tih lâwm kan tum nasa zâwk thîn tih Pathian chuan a hriat vâng a ni. An tâna ẵwngtâia duhtâwk mai lovin, an harsatnate kan hriatthiampui theih nân Pathian hnênah kan dîl thîn a ngai baw. “Chi thlan, lal puithiam, hnam thianghlim” kan nih avângin kan bul vêla chêngte chu a ẵa zâwnga nghawng nei tûra koh kan ni a; a chhe zâwnga anmhni innghawngtîr lovin. Israel-te chanchina thil lungchhiatthlâk tak mai chu: a vêla awm milem bemite kha a ẵa zâwnga nghawng ta lovin, anmahni zâwk kha thil sual titûrin an inhmintîr zâwk hlauh thîn kha a ni.

**Thiante nawrna eng ang chí hi nge i hmachhawn ve? Engtin nge i lo do lêt theih ang? Chutiang hunah chuan engtiang kawngin nge “sual chu thạtna-in hneh rawh u” (*Rom 12:21*) tih thu hi hman ẵangkaia rem viau le?**

**Hrilhlâwkna thu Chiang leh zual chu****2 Petera 1:16–21 chhiar la. Hrilhlâwkna pawimawh tak chungchâng chu eng nge ni a sawi le?**

Petera hian a hunlaia thilthleng tam tak hmuh a nei a, chùng zînga thenkhat chu helai chângah hian a tarlang a, chùngte chu: Isua'n bap̄tisma a chan (2 Petera 1:17) te, tlanḡ chung a an awm laia Isua hmêl a danglam tâk zia te (2 Petera 1:18), leh Isua chungchâng a hrilhlâwkna hrang hrang awm nemnghehna te a ni (2 Petera 1:19). Hêngte hian Petera nunah khân thûk takin nghawng an nei theuh hlawm a; mahse a hnuhnung ber – hrilhlâwkna tih hi a sawi zui tam ber tâk chu a ni. Hei hian zirtîr a nihna anga a lo hlawhchham tawhnate nê̄n khân inzawmna eng emaw tak a nei pawh a ni mai thei. Vawi eng zât nge Petera hian Isua thu sawi kha a hriat tawh hnu emaw a tih avâng a lo ngaihthlâk loh ngawt thin le? Isua khân puithiamte kuta hrehawm tam tak a tawrh tûr thu vawi eng emaw zât a lo sawi tawh thin a; mahse a sawi ang taka thil a lo thlen chiah kha chuan Petera kha a lo inbuatsaih hauh lo tih a lang Chiang hle a ni lo'm ni? Hêng a “hlawhchhamna” hrang hrangte zînga a runthlâk ber mai chu Petera'n Isua a phatsan tûr thu a sawi kha a ni âwm e. Chutiang chu Petera hian a thlen ngai a ring rêng rêng lo; mahse a lo thlen chiah mai kha chu, a nuna a dai hniam ber tum a ni ve ngei ang.

Hemi vâng pawh hi a ni ang e, Petera hian Isua zuitu rinawm tak nih theih dân kawng a sawifiah ta a. Isua zuitute hnênah chuan “thutiam hlu tak leh ropui takte” chu hrilh nawn lehin, chumi azârah chuan Pathian nungchang an lo tawmpui ve thei tawh ang a, chhâkna avâng a khawvêla chhiatna lo awm hi an tlan̄ chhuahsan tawh baw̄k dân a ni (2 Petera 1:4). Ringtute chuan khawvêl̄ sualna chu an tlan̄ chhuahsan tawh ngei a ni tih hriat theih nân Kristian nun hrilhfiahtu chungchâng eng eng emaw a sawi lang a, chùngte chu: rinna te, thatna te, hriatna te, insûmtheihna te, chhelna te, Pathian ngaihsakna

te, unaute hmangaihna te, leh hmangaihna te a ni (2 *Petera* 1:5–8). Hêngte hi an inring tawn theuh a, an zavaia tangrual hian thil pakhat an siam a – bawlhlo chi hrang hrang hmanga chhang (cake) an siam ang deuh hi a ni. Paula chuan hêng thilte hi thlarau rahte ti lovin, thlarau “rah” tiin a sawi a (*Galatia* 5:22, 23), a chhan pawh an zavai hian thil pakhat, then hran theih miah loh an siam vâng a ni.

Petera chuan sawi chhonzawm zêlin hêng thilte hi ringtute’n an nunah an behtîr a nih phawt chuan an tlûk ngai loh tûr thu a sawi a; tin, kohna an dawn leh thlan an nihna chu a lo ngheh theih nân taimâk chhuah leh zual tûrin a fuih bawk a ni (2 *Petera* 1:10).

Petera hian a lehkhathawn hi rinnaa ding nghet sa tawhte chhiar atân a ziak a ni tih hria ila. Hêng thilte hi miin an zawm phawt chuan vânramah an lût ngei ang ti zâwngin a sawi lo hrim hrim a. Hetih hunlaia ngaih dân tlânglâwn tak awm leh mipui nâwlpuite nun dân chu khaikhinin, Krsitiantê chu thil tha lo ni lovin, thil tha tih nâna an theihna leh thiamnate hmang tûrin a hrilh zâwk a ni.

**NILAINÍ**  
**Nuihsawhtûte**

*March 9*

**2 *Petera* 3:3–7 chhiar la. Petera hian tûn hun leh nakîn huna thil lo la thleng tûrte kan dawnawm thiam theih nâna hun kal tawha thil thleng a sawi chu eng nge ni?**

Êng leh thim, Isua zuitute leh thil tha lo titutute inkâra indona hian a vâwtâwp a tawng dân hnai ta niin a lang. Sakeibaknei rilâm hâhum anga a ei theih tûr zawnga phî ruai mai Diabola (1 *Petera* 5:8) chu nuihsawhtute’n an lo pui a. Hêng nuihsawhtute hian an hnialkhân “fing” leh “âwihawm” tak takte hmangin ringtute rinna chu tihdal an tum thîn a. Petera chuan hetianga an tih chhan ber chu anmahni châkna anga awm reng an duh vâng

niin a sawi (2 Petera 3:3; Juda 18 pawh chhiar la). Thil engkim mai hi a kal dân pangngai anga a la kal tuan reng avângin Isua pawh hi a lo kal dân lo niin an sawi a ni.

He an nuihsawhna thu-ah hian thil huatthlala deuh mai pakhat a awm a. Isua chuan, “Ka lo kîr leh ang,” tiin min hrilh a (Johana 14:1–3); mahse hêng nuihsawhtute hi chuan, “Isua chu a lo kîr tawh lo vang,” an ti ve thung (2 Petera 3:4). Hetiang hi thil thar a ni lo, Eden Huanah pawh khân Pathian chuan Evi leh Adama te chu a chhia leh a tha hriatna thing rah chu ei lo tûr a hrilh a: an ei a nih chuan an ei nî la laa an thih ngei tûr thu a hrilh a (Genesis 2:17). Setana erawh chuan rûl hmangin, “I thi lo tawp ang” tiin a hrilh ve thung a (Genesis 3:4). Pathian thu chu Chiang takin a rawn kalh sak mai a, tûnah phei chuan mi pakhat âw mai ni tawh lovin hmun tinah Pathian thu kalh zâwngin thu an sawi ta sup sup mai a nih hi. Vânehthlâk takin hetiang a dâwt thu a lo la lên tûr thu hi Petera khân a lo sawi lâwk hlauh mai a. Mi tu emawin Isua lo kal leh tûr thu hi a deusawh zâwnga a sawi kan hriat apiangin, chu mi chu hrilhâwlhna thlen famkimna dang pakhat a ni tih kan hre thîn dân nia.

Mihringte chanchin kal tawh kan chhui kîr chuan khawvêl pum chhiatna hmasa zâwk kha tuilêt nasa takin a thlen a ni tih Chiang takin a lang a; mahse nuihsawhtute chuan an hmu duh ve tlat lo. An nuna duhthlanna an siamte chu Pathianin a ngai pawimawh a ni tih an pawm duh lo va. Lei pum chîm pil vek tûr tuilêt a awm theih nâna tui khâwl khâwmtu Pathian tho khân rorêlna ni ropuia lei tihchhiat vekna tûr mei a chhêk khâwl tawh bawk a ni tih hi an âwih duh tlat lo bawk (2 Petera 3:5–7). A beisei sual êm êm mai chu leilung leh a chhûnga thil awmte hi an awm dân pangngaiin an awm zêl dân a ni tih hi a ni.

**Engtiangin nge kum lo liam zêl kârah hian Isua Krista lo kal lehna thutiam hi kan vawn reng theih ang? Eng vângin nge chumi chu vawn reng a pawimawh viau?**

**A lo thlen hun tûr nî tihnaiin**

Isua lo kal leh nî tûr chu kan nghâk chhuak zo tawh dâwn lo emaw han ti ram ram thîn mah ila, Pathian erawh chu a hun thu-ah a buai ve hauh lo mai. “LALPA ngaih chuan ni khat hi kum sângkhat ang a ni a, kum sângkhat pawh ni khat ang a ni bawk,” (2 *Petera* 3:8). Pathian Lehkhabu hi chhiar chhuak vek ila, Thuthlung Hlui lehkhabute’n “LALPA nî” ti-a an sawi a ni emaw, Thuthlung Thar lama “Krista lo kal lehna” ti-a an sawi emaw pawh ni se, tâwpna chu engtik lai pawn a hnai reng a ni tih kan hmu thei ang.

**2 *Petera* 3:8–14 chhiar la. Heti laiah hian hun rei tak daih tûr eng beiseina nge pêk kan nih le? *Daniela* 2:34, 35, 44 pawh en bawk la.**

Hmasâng hrilhlâwkna ropui ber berte hian thil tha lo leh sualnate hian tâwp chin an neih tûr thu leh Pathian pawhin dawh reng theih loh hun a neih dân thu chiang takin min hrilh hlawm a. Hêng hrilhlâwkna-ahte hian Pathian chuan thil tha lo leh tawrhna a tihtâwp dân tûr leh lei pawh a tîra a awm anga din thar leh a tum dân chu a tarlang a.

Kan hriat angin, thil zawng zawngte tâwpna kan thlîr dân chuan tûna kan nun hman mêk dânah nghawng a nei dâwn a (2 *Petera* 3:12). Pathian chuan kan khawvêl te reuh tê hi a la tichhe vek dâwn a ni tih thu hi kan pawm lo a nih chuan ringhleltute kan lo ni ang a, nuihsawhtute ang mai kha kan ni ve ang. A lehlamah, khawvêl a tihchhiatna chu kan bul vêla hluar êm êm sualna tenawm tak tak leh mihring dikna chanvo inrahbehsakna chi hrang hrang te thianfai tûra khawngaihnaa khat Pathian rawn inrawlhna anga kan ngai a nih thung chuan vân tharte leh lei thar, a chhûnga felna awmte chu kan beisei thei dâwn a ni (*châng* 13).

Petera hian kan ngaihtuahna leh kan nun dânah fimkhur hle tûra min duhia a sawi nawn leh a. Bawlhhlawh kai lo leh sawisêlbova kan awm theih nân taihmâk chhuah tûrin min fuih a



(2 *Petera* 3:14). A châng dawt leh chiah hi kan chhiar zawm lo a nih chuan Petera hian “thiltih” a sawi mâwi hle emaw kan ti mai âwm e; mahse chutianga a thusawi lo ngaihsual palh theihna tûr chu siam ða nghâlin, “kan Lalpa dawhtheihzia chu chhandamnaah ruat rawh u,” tiin a sawi zui a, Paula thu lo sawi tawhte kha a rawn nemnghet ve leh a ni (*châng* 15). Sawisêl kai lova awm kan tum tûr a ni a. Joba pawh kha mi ða famkim nia sawi a ni a: chutianga sawi a nihna chhan chu Pathian a ðih a, thil ða lo laka a insûm tlat thin vâng a ni (*Joba* 1:1). Hetiang chiah hian Krista chuan Pa hnênah min lantîr dâwn a (*1 Korin* 1:8; *Kolosa* 1:22; *1 Thesalonika* 3:13, 5:23). Sualna nei miah lo angin maw? Sual thâwina atâna berâmno an hman kha hmêlhem lo a nih a ngai a (*Exodus* 12:5 leh *Leviticus* 1:3 en la), Isua pawh kha سوالنا engmah nei lo a ni a (*Hebrai* 9:14, *1 Petera* 1:19); chutiang chiah chuan a kohhrante hi Pa hmaa chuan سوالنا nei miah lo angin a lantîr dâwn a ni (*Efesi* 5:27).

**Sualna hneh a, rinnaa ðangh lian a, thil ða lo kalsan a, thianghlim leh “sawisêlbova” nun kan tumna kawngah hian eng vângin nge Isua felna, rinna avângang kan lo chan ve tâk chu kan rinchhan tlat zêl a ðul le? Chu thutiam chu kan en lohing eng thil nge lo thleng thîn?**

**ZIRTÂWPÎ**

*March 11*

**Ngaihtuah zui tûr:** Nuihsawhtute chuan, “Siam tirh aţangin engkim a awm pangngai angin a la awm zêl alâwm” tia an la sawi tûr thu Petera chuan min hrilh a (*2 Petera* 3:4). Hei hi thil thar a ni hran lo va, tuilêt hmaa mite pawh khân hetiang hian a lo sawi tawh thîn. “Hun a lo ral zêl a, leilungah thil danglam êm êm hmuh tûr a awm baw si lo va, eng emaw laia hlauhna-in an thinlung a lo man tawhte ngei pawh chu an thlâ a lo muang leh ta a. Tûnlaia mi tam takte ang baw hian leilung leh a chhûnga thil awmte chu Pathian aia chungnung zâwk ni te’ n an ring a, leilung dante pawh nghet tak, Pathian ngei pawhin a danglam theih bîk loh tûr niin an ngai a ni.

Nova thuchah puante chu dik ni se chuan leilung hian a nih dân tûra khuanu ruat sa chu a dai pelh nasat hle a ngai dân niin an sawi a, tuilêt tûr thu Nova'n a puan pawh kha khawvêl mite rilruah chuan inbumna lian tak angah an chhuahsak dêr mai a ni. Pathian vaukhâna thu an hmuhsitzia chu vaukhâna thu pêk an nih hmaa an awm dân ang thova an la awm chhunzawm rengna khân a lantîr a. . . . Nova thusawiah khân thudik a awm te a nih ngai chuan an zînga mi zahawm tak tak – mi fingte, chîk taka thil thlîr thîn mite, leh mi ropui tak takte khân thil awmzia chu an lo man ve êm êm tûrah an ngai a ni.”—Ellen G. White, *Thlahtubulte leh Zâwlneite*, pp. 87, 89.

Wawiinah pawh hian “mi ropui tak takte” chuan hetiang thu tho hi min hrilh a: leilung dân hi a nghet hle a, tihdanglam theih a ni lo, thil engkim hi siam a nih tîrh lai ang reng khân an la awm chhunzawm zêl a ni. Hei hi a nihna takah chuan thil nung mâwl zâwk aţanga thil nung dangte lo insiam chho nia rinna-in a sawi chu a ni. An sawi dân chuan he leiah hian nunna chu amahin a lo awm ve tawp mai a, a lo awm dân pawh hrilhfiah theih a ni nghe nghe. Leilung dân inher vêl dân an zirna aţangin scientist-te hian thil engkim mai hi a lo thlen chhan min la hrilhfiahsak vek dân a, Pathian ţanpuina pawh kan mamawh lo a ti a ni ber. Hmânlai huna “mi ropuite” khân an ring dik lo va, tûnlaia “mi ropuite” pawh hian a ring dik bîk chuang lo. Paula'n, “He khawvêl finna hi pathian ngaih chuan âtna a ni si a” tia a lo sawi pawh kha a mawh lo ve (*1 Korin 3:19*). Tuilêt hunlai khân a dik a, Petera hunah a dik a, tin, kan hunah ngei pawh hian a dik hle bawh a ni.

### **Sawi ho tûrte:**

❶ Petera khân Isua rinna tûr chhan tam tak a nei tho nachungin, “hrilhlâwkna thu” bawh hi a la uar êm êm reng tho va. Eng vângin nge kan tân pawh hrilhlâwkna hi a pawimawh êm êm? Engtin nge hrilhlâwkna hian Isua chu a lo kal hmasak tum khân Messia a ni ngei a ni tih hre tûrin min puih? A lo kal leh hun atân eng beiseina nge min pêk? A thuhrimin, hrilhlâwkna hi awm ta lo se, Krista lo

kal leh thutiam leh beiseina te hi engtin nge kan neih theih rêng rêng ang ni?

☛ Thiante nawrna tia an sawi hi tleirâwlte leh thalaite zîngah chauh awm tûrah kan ngai tângpui a. Nimahsela chutianga a ni bîk chuang lo. mi zawng zawng hian kan thenrualte ngainat leh pawm nih kan duh theuh mai a. A rêng rêng thu-ah, mite'n min huat lohva, min ngainat hian thuhretu tha tak nih theihna rêmchâng kan nei tha zâwk a ni lo'm ni? Mi dangte tihlâwm kan duhna kawngah hian kan thurinte phatsan lo tûrin engtin nge kan invên theih ang? Chutianga thurin phatsan mai chu engvângin nge kan rin aia a awl hle ni le?

**Zirlai 12-na**

*March 12–18, 2016*

## **RÂL DO MÊK KOHHRAN CHU**

**CHÂNGVAWN:** “**Ngaih teh, kawngkhâr bula dingin ka kik hi; tu pawhin ka âw hriaa kawng a hawn chuan a hnênah ka lût ang a, a hnênah zanriah ka ei ang, ani pawhin ka hnênah a ei ve bawk ang,**” (*Thupuan 3:20*).

**Chhiar tûrte:** *Isaia 60:14; Hosea 2:13; Thupuan 2:1–7; 2:8–17; 2:18–3:6; 3:14–22.*

**SABBATH CHAWNÛ**

*March 12*

**J**OHANA kha tirkoh 12-te zîngah chuan a thi hnuhung ber a ni a. Amâ hming pû-a Chanchin Tha bu leh lehkhathawn pathum a ziah bâkah Thupuan bu hi a ziak bawk a, Thupuan bu phei hi chuan indona ropui chungchâng kan hriatthiam theih nân nasa takin min pui a ni. Tûnah chuan kohhran pasarihte chanchin a sawi dân chauh kan thlûr bing rih dâwn a. A thil sawite hi a tîra lo dawngsawngtute thlîrna aţangin kan zir ang a, chu chuan Johana thusawi ngeite kha a tam thei ang ber fawm khâwm thei tûrin min pui dâwn a ni. Thil pakhat lang Chiang êm êm mai awm chu, hêng kohhran pasarihte hnênah hian amah Isua ngei khân thu a sawi hi a ni a. An zavai hian

mamawh hran an nei theuh hlawm a, an mamawh ang ngei chu a phuhrûksak theuh bawk a ni.

Chona pakhat awm chu hêng kohhran pasarihte hian an nihna dik tak an hre lo hlawm tlat mai hi a ni a, tûnlaia Keini kohhran dinhmun ang chiah tho hi a ni. An kohhran member-te chu Isuaah awmin khawvêl boral mêk hnêna thuhretu ni tûra koh an nihna chu an chhâng em? Nge ni a, tuilairapa awmin, Kristian anga lan tum ve si-in a rûk tak erawh chuan thim thiltitheihna nên chuan an lo innêl hle zâwk? Hêng kohhran pasarihte zînga a hnuhnung ber hi niin kan inhria a; amaherawhchu, kohhran dang parukte'n harsatna an tawhte thenkhatte pawh hi eng emaw ti kawng tal chuan kan tâwk ve vek a ni tih chiang takin kan hmu chho dâwn a ni.

**SUNDAY**

*March 13*

### **Efesi khua Kohhran chu**

*Thupuan 2:1*-ah hian Isua chu a kut dinglama arsi pasarih keng chung leh, rangkachak khâwnvâr dahna zînga vei vei paha Efesi khuaa kohhranho tirhkoh hnêna thusawi anga tarlan a ni a. Hêng chhinchhiaha a sawi pahnihte hian awmze thûk tak a nei a. Khâwnvâr dahna pasarihte hian kohhran pasarihte a entîr a, tin, arsi pasarihte hian kohhran pasarihte enkawltu tirhkohho a entîr bawk (*Thupuan 1:20*). Tawngkam danga sawi chuan hêng kohhran pasarihte leh vânrâma Pathian lalthutphah hian inzawmna thûk tak an nei a. He indona ropui kal mêkah hian kohhrante'n hna pawimawh tak thawh tûr an nei tihna a ni.

***Thupuan 2:1-7* chhiar la. Hêng Bible chângachte hian engtiangin nge indona ropui chu beih a nih tih kan hmuh le?**

Efesi Kohhran hnênah thuchah hi a dinhmun dik tak sawifiahna thu-a sawi tan a ni a. Isua hian an chaknate leh an chaklohnate a hriatsak vek a. An thiltih that te, an thawh rimzia

leh an chhelzia te, leh an zînga zirtîrtu der lo inphûm ru vete an ngaihtheih lohzia te chu a fak phawt a (*Thupuan 2:2, 3, 6*). Hei hian zirtîrna dik lo chu kohhran huang chhûngah chuan ngaihnhathiamna neih miah loh tûr a ni tih Chiang takin a târlang. Efesi khuaa kohhran hi a tîr takah chuan thim lal kulh bei tûra Pathianin a thlan a ni a; mahse Setana'n a lo bei lêtna chu an tuar ta niin a lang. Tirhkoh der, Nikola hnung zuitute chu hmanruaah a rawn hmang a. Nikola hi dawhkâna rawngbâwltu (deacon) atâna an thlan mi pasarihte zînga mi kha a ni mai thei a (*Tirhkohte 6:5*); mahse kohhran aţanga chhuakin zirtîrna dik lo a kalpênpuî ta a nih hmêl. An zirtîrna dik lo vawrh darh chu eng pawh lo ni se, Isua chuan a haw hle a ni (*Thupuan 2:6*).

Efesi kohhrana thil buaithlâk tak awm chu a “hmangaihna hmasa ber” a bansân ta daih mai kha a ni a (*Thupuan 2:6*). He thu hi Thuthlung Hlui hunlaia zâwlnelite'n Israel kalsualna sawi nâna pawm lai nei rengin mipa dang a ûm tâk thu a sawina ţangkam nêh khân a inang a (*Hosea 2:13*).

A dinhmun tawn mêk hi a beidawnthlâk hle niin a lang pawh a ni mai thei e; mahse Isua hi beisei engmah nei tawh lote chhanchhuah dân thiam êm êm mai a ni hlauh a. A hmasa berin, a mite chu an tlûksan tâkte hre reng a, sim a, a tîra an thiltihte kha ti leh tûrin a fuih phawt a (*Thupuan 2:5*). Hetia a sawi hian tûn hmaa hun ţha leh hlimawm an chan lai angah khân kîr leh tûrin a ko tihna a ni lo; chutiang chu ni lovin, an thil lo tawn tawhte chu nakîn huna anmahni kaihruaitu atâna hmang tûrin a hrilh a ni zâwk.

**“I hmangaihna hmasa ber kha i bân tâk avângin,”** (*Thupuan 2:4*). **Chutiang chu eng vângin nge a awl viau? A mi mal eng emaw, a kohhran ang zâwng pawhin, kan chungah hian Pathian kan hmangaihna tihniah thei eng thil nge thleng ve? Kum lo liam zêl pawh ni se, engtiangin nge Pathian kan hmangaihna kan tihchak reng theih ang a, keimahnia a thutak awm pawh chu kan vawn nun reng theih bawh ang le?**

**Smurna khuaa kohhranho tirhkoh hnênah khân Isua chuan “Hmasabera leh Hnuhnungbera, thî-a lo nung leh taa” tiin a insawi a (Thupuan 2:8; 1:18 pawh en la). Pergamos khuaa kohhranho tirhkoh hnênah erawh chuan “khândaih hriam tawn hriam tak neia” tiin a insawi ve thung (Thupuan 1:16, 2:12). Hêng kohhran pahnihte hnêna Isua’n a nihna a sawi dân hian eng nge pawimawhna a neih le?**

*Thupuan 2:8-17* chhiar la. Smurna khuaa kohhranhote hi an thawhrim avânga hriat hlawh a ni bawk a; mahse an zîngah hian “Setana inkhâwmna in ho” an awm tlat avângin an thawhrimzia chu pho lan tûr an nei tam ta lo a ni mai thei (*Thupuan 2:9*). Chutiang bawkin Pergamos kohhran member-te pawh hian an zîngah “Setana thutphah” an awm ve reng tho nachungin an rinna chu an la vuan tlat reng niin a lang a (*Thupuan 2:13*). Hêng kohhran pahnihte chanchinah hian indona ropui chu a taka thleng ngei a ni tih Chiang takin kan hmu a ni.

Smurna khuaa kohhranhote hi hun harsa tak an tawh tûr thu hrilh an ni a, tân inah te khung an ni ang a, nunna chân tâwk pawh an awm dâwn a ni (*Thupuan 2:10*). Pergamos-ah pheih chuan a rinna avânga thah tâwk hial pawh a lo awm tawh nghe nghe a (*Thupuan 2:13*). Hun harsa leh khirh ber berte pawh hian tâwp chin a nei ve tho a ni tih hi hriat reng a pawimawh khawp mai, chumi awmzia chu sual pawh hi a awm chhonzawm zêl phal loh hun a awm dâwn tihna a ni (*Thupuan 2:10*).

Amaherawhchu, Pathian chuan Pergamos kohhran hi demna “tlêm azâwng” a nei ve tho a (*Thupuan 2:14–16*). An zînga awm ve, mahse “Balaama zirtûrna thu pawmtute” leh “Nikola-ho zirtûrna pawmtute” chu an ngaimawh lêm lo niin lang (*Thupuan 2:14, 15*).

“Nikola tih leh Balaama tih te hi tawngkam intluk reng niin a lang; Nikola tih hi Grik tawnga thumal pahnih (*nikaô* leh *laos*) lâk kawp a ni a, a awmzia chu ‘mipuite hnehtupa’ tihna a ni. Balaama

tih ve thung hi chu Hebrai ÷awnga thumal pahnih – *am* (mipui) tih leh *baal* (a ÷obul chu tichhia emaw, dawlh emaw tihna, *bela* a ni) tih a÷anga lo kal a ni a, a awmzia chu ‘mipuite chhiatna’ tihna a ni.”—Ranko Stefanovic, *Revelation of Jesus Christ: Commentary on the Book of Thupuan* (Berrien Springs, Mich.: Andrews University Press, 2002), p.111. Isua chuan kohhran pumpui hnênah vaukhâna thu pe-in, an kalsualna chu an chhunzawm zêl a nih chuan amah ngei a lo kal ang a, a khandaih chuan anmahni a rawn do mai dâwn a ni tih a hrilh (*Thupuan 2:16*).

Hetiang hian vaukhâna thu khauh tak tak pe mah se, Isua chuan hêng kohhran pahnihte hi fuihna thu ropui tak tak a pe tho bawk a ni (*Thupuan 2:11, 17*).

***Thupuan 2:14, 15* chhiar la. Hêng châng pahnihte hian thurin leh zirfîrna dik vawn a pawimawhia eng nge an sawi a, eng vânga pawimawh viau nge a nih bawk le?**

**THAWHLEHNÎ**  
**Thuatira leh Sardis**

*March 15*

***Thupuan 2:18–3:6* chhiar la. Hêng kohhran pahnihte-ah hian eng thilte nge thleng a, chûng an thil buaipuite chu keini pawh hian a kohhran ang zâwng emaw, a mi mal ang zâwng emaw pawhin engtiang kawngte-in nge kan buaipui ve tho? Hêng an thil buaipuiahte hian engtiangin nge indona ropui chu puanchhuah a nih le?**

Thuatira khua kohhranho hnêna Isua insawi dân hian hetih lai hun hi Pathian mite tân chuan hun khirh tak mai a ni tih a tilang a. A mit pawh meialh ang leh a kehphehte dâr tle mi ang a nih thu hi *Thupuan 1:14* pawh khân a a lang tawh a; tin, Daniela pawhin mi pakhat, a mitte chu “mei khâwnvâr” ang leh a kephahte pawh “dâr tle mi” ang a lo hmu ve tawh bawk (*Daniels 10:6*). He a mi hmuh hian Daniela chu Persia ram hotu-in ni sawmnhih leh ni khat chhêng

a dodâl thu a hrilh a (*Daniela 10:13, 20*). Tawngkam danga sawi chuan, Pathian mite'n hun khirh tak an tawh hunah amah Pathian ngei chu mihringte thiltih dânah rawn inrawlhin, a kohhrante zîngah a rawn kal ang a (*Thupuan 1*), hnam hrang hrang hotute chu a rawn hmachhawn dân a ni (*Daniela 10*).

Sardis khuaa kohhranho hnênah pawh Isua chuan Pathian Thlarau pasarih leh arsi pasarih neia tiin a nihna a sawi leh a (*Thupuan 3:1, 5:6*). Hetah pawh hian amah chu Chhandamtu, a lang lo phêna nasa taka hna thawktu leh a kohhanhote an him theih nâna vân thiltitheihnate hmangtu a nih thu a puang leh bawk a ni.

Hêng kohhran pahnihte hi an ngaihtuahawm hle a ni tih an dinhmun a sawi dân aţang hian a lang a. Thuatira-ah hian a t̄ha zâwngin thil a kal chho mêk niin a lang a (*Thupuan 2:19*); chutih rual chuan Israel ram lalnu Jezebeli hunlai ang mai kha an ni tlat lawi a. Chutiang bawkin Sardis-ah pawh hian member-te chu thlarau lamah an thi t̄huap mai a ni (*Thupuan 3:1*). Hetiang zawng zawng hi ni mah se Isua chuan a kohhranhote chu a fuih reng a. Thuatira khuaah hian “‘Setana thuril’ an tihte hre ve lo” tam tak an awm tih a hre tho va, chûng mite chu a lo kal leh hma loh chuan an thil neih sate lo vawng tlat t̄urin a chah bawk a ni (*Thupuan 2:24, 25*). Sardis khuaah pawh hian “an puanate tihbawlhhlawh ve lo mi tlêm tê” an awm bawk (*Thupuan 3:4*).

Hêng mi rinawm tak takte hnênah hian Isua chuan a bîk taka malsâwmna a thlent̄ir t̄ur thu a sawi a. Thuatira khuaa mite hnênah chuan “vârparh arsi” pêk a tiam a (*Thupuan 2:28*), chu chu amah Isua a nih thu a hnu-ah a sawi leh bawk (*Thupuan 22:16*). Tin, Sardis khuaa mite chu vânramah hmun an chan ngei t̄ur thu a hrilh bawk a, a Pa hmaah leh a vântirhkohte hmaah an hming a t̄an tlat dân a ni (*Thupuan 3:5*).

**“In neih sa kha vawng tlat ula, in sualte sim rawh u.” Kan neih sa kan vawn reng t̄ur chu eng nge ni a, kan sual kan sim ngai awmte chu eng nge ni? Hêng thil pahnihte hi engtiangin nge a inkungkaih hnaih êm êm le?**



**Philadelphia-a Kohhran**

***Thupuan 3:7* chhiar la. He kohhran hnênah hian engtiangin nge Isua'n a insawi? Chu a insawi dân chuan ama chungchâng eng nge min hrilh?**

He kohhran hian chakna tlêm tê chauh nei chung pawha Krista thu chu a pawm tlat avâng leh a hming pawh a phat ngai miah loh avângin fak a hlawh hle a (*Thupuan 3:8*). Isua hian Philadelphia kohhranhote chu thutiam mak ang reng tak mai pe-in Setana inkhâwmna in member-te chu an hnênah chibai bûk tûra a rawn tîrh dâwn thu sawi a (*Thupuan 3:9*). He thu hi *Isaia 60:14* aţanga lâk chhuah a ni a, Pathian mite awpbettute chu Pathian mite hnênah kûn chungin an lo kal ang a, tûn hma zawnga anmahni an lo tihduhdah tawh ţhinna zawng zawng avânga ngaihdam dîl nân chibai an la rawn bûk dâwn a ni. He thu aţang hian Setana inkhâwmna ina mite hian Kristian hmasate kha harsatna an siamsak ţhîn a ni tih kan hre thei a. A hmaah pawh kan hmuh tawh ang khân kohhran ţhenkhat phei chu zirtûrna dik lo pawmtute avângin an buai hle a nih kha – hetiang hi Setana'n kohhranhote a beih dân kawng khat a ni hrim hrim bawk a. A tâwp a tâwpah chuan Philadelphia hi chuan an kohhran aţanga sual bul chu an thian fai thei ta nge nge niin a lang.

***Thupuan 3:10* chhiar la. Philadelophia khuua kohhranho chhelzia hi engtiangin nge i lo ngaih ve? Engtin nge Isua khân fiaha an awm chhûng chu tihtâwisak a tiam? Chu a thutiam chu keini tân pawh hian eng nge a pawimawhna awm ve le?**

Philadelphia khuua kohhranho hian a hmaa kohhran lo awm tawhte harsatna tawh ang kha chu an tâwk ve vek tho a ni tih a lang Chiang hle a; mahse anni thil thlîr dân hi chu a dang bîk a. Isua pawhin anni kohhran hi chu demna thu leh ţan lâk thar an ngaihna a

hrilh ve miah lo a ni. “Chakna tlêm tê chauh” an nei chung a Pathian an rinzia leh Pathian an thawhpui tlat ðinzia chu Chhandamtu pawhin a hria a, a fak êm êm bawk a ni (*châng 8*).

He kohhran aṭanga a hnehtu apiangte hnêna pêk a tiamte zîngah hian Pathian biak in ban nih pawh a tel a, chutiang an nih hunah chuan Pathian biak in aṭanga an chhuah a ðul ve tawh dâwn lo va ni (*Thupuan 3:12*). Hming thar hrang hrang a pêkte nêh chuan Pathian chanpual liau liau an ni tih hriat an ni ang a, chutianga hriat an nihna chhan pawh chu tûn hma zawnga an nun dân zawng zawngahte khân Pathian mi nia an lo inçhâl reng tawh ðhin vâng pawh a ni mai thei.

**Tûnah khân vânramah hruai chhoh ni thut mai la, engtiang takin nge i han tlângnêl ang le?**

NINGANĪ

*March 17*

**Laodikei khuua kohhran chu**

Laodikei khuua kohhranho hnênah pawh hian Isua nihna thenkhat chu hrilh a ni ve tho va: “Amena, thuhretu rinawm leh dik taka, Pathian thil siam bula” tiin (*Thupuan 3:14*). Hêng a nihna a sawite hi Pathian a nihna ang a pêng pawimawh tak takte a ni a. Heti laia “Amen” tih hi *Isaia 65:16* thu aṭanga lâk chhuah a ni a, chutah chuan “Amen” tih thumal hi “thutak Pathian” tia lehlin a ni a, chu chu thuthlung nêh a inzawm bawk. Isua chu thuthlung ropui tak vawngtu Pathian a ni a, chu Pathian chuan chhandamna leh dîntharlehna a lo tiam tawh chu a vawng reng a ni. Isua chu thuhretu rinawm, a mite hnêna Pathian nihna dik tak hrilhthu a ni a (*Thupuan 1:5, 22:16; Johana 1:18, 14:8–10*). Engkim Siamtu a ni bawk (*Kolosa 1:16, 17*).

**Thupuan 3:14-22 chhiar la. Eng ti tûrîn nge he kohhran hi Isua'n a hrilh? Hêng a thusawite hi keini tân pawh eng nge a pawimawhna awm ve le?**

A thu hmasa lamte hian Isua chu tu nge a nih tih a sawi hnu-in he kohhran hi tute nge ni tih hriat chu thil pawimawh tak a ni leh a. Ṭawngkam dangin sawi ta ıla, Pathian kan hriat hnu-ah chauh keimahni nihna dik tak kan hre thei dâwn a ni. He kohhrana lâwite hi anmahni an lo inbum nasa khawp mai a, an nihna emaw an tih chu an nihna dik tak letling chiah a ni zâwk a (*Thupuan 3:17*). Chuvângin Isua chuan thil rêng rêng a nihna ang taka an lo hmuh ve theihna tûra mit vâv fiah ṭha tak an neih theih dân tûr leh inthlâk danglam an ngaihna laiahte chuan an inthlâk thuai theih nân kawng dap thuai tûrin a râwn ta a ni (*Thupuan 3:18*).

Isua ngenna chu an zâwm lo a nih chuan Pathian rorêlna an hmachhawn a ṭul ve thung dâwn a. A hmasa berin, hmânlaia nu leh pate'n an fate an zilhhau ang deuh khân tih ve pawh a ṭul mai thei (*Thupuan 3:18*). Chu chu a thawk lo nih chuan a dawt leh chu Pathian kê aṭanga “chhâk chhuah” pawh a ni hial mai thei tawh a, kam ṭhuahna tui kan pik chhuak ang deuh hi a ni mai dâwn a ni (*Thupuan 3:16*).

He kohhran, Pathian chênchelh nihna aṭanga paih chhuah ṭêp tawh dinhmuna ding mêk hnênah hian thutiam ropui ber ber pêk a ni a. Isua chuan anmahni nêna zanriah kîl ho a duh a (*Thupuan 3:20*) – chutiang chu ṭhian innêl takte chauhin an ti ṭhîn nghe nghe. Tin, a lalṭhutphahah, a hnênahah thuttîr ve a tiam bawk (*Thupuan 3:21*).

Hêng kohhran hrang hrang pasarihte-a Pathian mite an lo dal chhoh zêl dân leh Pathian lak ata an bo thui tial tial dân han chhui hi a phûrawmna chin a awm ve a. Engtin nge hetiang hi a lo thlen theih le? Indonaah chuan Isua'n hnehna chang tawh tho mah se, mi ṭhenkhat hi chuan thil sual an la ti chhunzawm zêl a, thim thiltihtheihnate chu an la vuan tlat tho a ni. Hêng kohhran pasarihte chanchin kan han thlîr hian indona ropui beih a nih dân chu puan chhuah a ni tih hai rual a ni lo va. Tin, Isua lo kal leh hma zawng chu beih chhunzawm zêl a ni bawk ang.

**Ngaihtuah zui tûr:** Ningani zirlaiah khân Krista pathianna chungchâng sawi lan a ni a. Eng vângin nge kha kha a pawimawh viau le? Ellen G. White-i chuan heti hian a lo ziaik a: “Pathian dân hi amah Pathian ang bawka thianghlim a nih avângin Pathian tlukupui chauhin a bawhchhetute tâna tlanna a siam thei a. Krista chauhin suala tlu tawh mihringte chu dân ânychhia lak ata a tlan thei a, Vânrâm nêna inrem tûrin a hruai hâwng leh thei bawk a ni. Krista chuan sual avânga inthiamlohna leh zahna chu amahah a inbel ang a—sual chu Pathian thianghlim tân chuan huatthlala tak a nih avângin Pa leh a Fapa pawh a then hran ngei a ngai a. Krista chuan suala tlu tawh mihringte chhanchhuak leh tûrin tawrhna thûk ber ber a rawn luh chhuah dân a ni.”—*God’s Amazing Grace*, p. 42.

A mâwlmang angreng khawp mai: dân chu Pathian ang bawka thianghlim a ni a; chuvângin Pathian thianghlim ang bawka thianghlim ve tho tu emaw chauhin dân bawhchhetute chu a tlan thei a ni. Vântirhkohte khi sualna engmah nei lo chu ni mah se anmahni Siamtu anga thianghlim erawh an ni ve lo, engtin nge thil siamte chu anmahni siamtu thianghlim anga an thianghlim ve theih rêng rêng ang ni? Chutiang a nih avâng chuan Pathian Lehkhabu-in Krista chu Pathian a ni tia a sawi nawn fo pawh hi a mak lo rêng a ni. A nihna takah chuan Krista inhlanna pawh hi Pathian thianghlimna avânga pawm theih chauh a ni a. Dân avâng emaw, dân bawhchhiatna avângin ti ila a dik zâwk mah âwm e, Isua chu chhandam kan lo nih theih nân, kan tân a thih a ngai a ni. Thil sual tih pawizia leh râpthlâkzia chu a tlanna atâna thil hlan ngai hautak dân aţang hian a hmuh fiah theih ber mai a, chutiang taka pawh a nihna chuan dân thianghlimzia pawh a sawi nghâl bawk a ni. Dân chu a thianghlim viau a nih a, a thil phût pawh amah Pathian inhlanna chauhin a chhâng thei a nih si chuan dân ropuzia finfiahna tûra kan mamawh zawng zawng chu kan nei reng tawh tihna a ni.

### **Sawi ho tûrte:**

❶ In class-ah khân Nilaini zawhna in chhân dân ðheuhthe kha sawi ho ula. In chhâna-in a kawhte chu engte nge ni hlawm le?

❷ Mi inngaitlâwm tak leh inphahhniam êm êm Isua zuitute tlâwm tê-tê-te thlîra ka han hawi ve leh hnuhnawh hian, ka rilru a kal ding ðhîn hle mai.

“Krista chu lo kal thuai tûra beisei nia insawi tam takte chu he khawvêl nên hian an inrem tial tial a, Pathian lâwmzâwng ai chuan an vêla mîte duh dân anga a awm dân kawng an zawng nasa tial tial bawk. An nêlawm lovin, dân anga thil tih an uar êm êm a, an lo chhuahsan tâk kohhran ngui tak ang kha an ni. Laodikei Kohhran hnêna thuchahte hian tûna a dinhmun dik tak chu a sawifiah Chiang hle a ni.”—Ellen G. White, *The Review and Herald*, June 10, 1852. He thu hi zâwlnei hian kum za leh sawmnga chuang liam taa a sawi tawh kha ni mah se, tûnlai huna keini tân pawh hian a la dik reng tho a ni lo’ m ni? Hei hian kohhran hun hmasa lam kha chu an ðhain thlarau lamah pawh an nung hle a ni tia an sawi leh ngawt mai ðhin hi a dik bîk loh dân eng nge min hrilh le?

## TLANNA

**CHÂNGVAWN:** “An mit ata mittui zawng zawng a hrufai ang a; tihna a awm leh thei tawh lo vang a, lungngaih te, ãah te, nat te pawh a awm leh tawh hek lo vang; thil hmasate chu a ral ta,” (*Thupuan 21:4*)

**Chhiar tûrte:** *Jeremia 4:23–26; 1 Korin 4:5; Filipi 2:9–11; 2 Petera 3:10; Thupuan 20:1–3, 7–15.*

## SABBATH CHAWNÛ

March 19

**L**ING vângin sual hi a lo awm? tiin kan zâwt fo ãhîn a. Sual lo awm chhan bulpui ber chu zalênna a awm vâng a ni. Zalênna dik tak, a chhia leh a ãha thliarna kawnga zalênna dik takah chuan thil ãha lo pawh a thlen huama thil tih a ãûl ãhîn a, a chhan chu mihringte hi an zalên tak tak a nih chuan thil ãha lo tih tûra duhthlan theihna pawh an neih tel ngei a ngai si a ni. Nimahsela, zawhna dang a lo piang leh nghâl zat a: Eng vângin nge Pathian chuan sual an tih veleh khân a tihboral nghâl mai loh le? Tiboral nghâl ni se chuan, keiniho zawng hian helna rah chhuah râpthlâk tak mai chu kan tuar ve lo tûr ania leh.

A chhânna chuan indona ropuia a thu laimu ber a khawih dân a ni. Tûn kêr zirlaia kan hmuh ang hian Lalpa chuan a sâwrkâr inrêl bâwl dân chu lang tlang takin a kalpui a. Amâ chungchâng leh a kawng tam takte chu mihringte hriatthiam phâk loh khawpa thûk ni hlawm tho mah se, a inphah hniamna te, a ãhatna te, a dikna te, a hmangaihna te, leh a dân chungchâng a zawhna awm ãhîn zawng zawngte chu chatuan atâna a tâwp hlen theih nân indona ropui chu a ching fel dân a ni.

Mi sualte chu eng vâng a tihboral nge an nih tih kan lo hriatthiam theih nân kum sângkhat chh ûng hun pêk kan ni dân a (zawhna dang zawng erawh chu chatuanin a chhânna kan dawng chho zêl thung ang). Isua lo kal leh hunah tlansate chu an lo nung leh ang a,

Krista nên kum sângkhat chhông ro an rêl ang. Tin, thilmak leh zual êm êm mai tûr chu hêng tlansate hian rorêlnaah chanvo pawimawh tak an chang ve dâwn hi a ni a. He ennawm daih rei tak, indona ropui tâwp lama thil thlengte chu i lo thlîr ho ang u.

**SUNDAY**

*March 20*

**Thupuan 20:1–3 chhiar la. Hetah hian eng thu nge sawi a nih a, chu thu chuan eng beiseina min pêk le?**

Phuar tih emaw, phuara awm tih emaw hi Bible-ah hian kawng hrang hranga hman a ni a. A mâwl thei ang bera sawi chuan tân ina awm tihna a ni mai âwm e. Isua chuan Setana phuara awm thîn mi tam takte chu a lo chhuah zalên tawh a. Chu mai chu ni lovin, mi tu emaw phuar tih chu Pathianin a kohhranhote hnêna thiltihtheihna a pêk sawifiahna atâna hman a ni bawk a, kohhran chu rorêlna chhiahna angah a hmang a ni.

Mi sual hlauhawm tak an mante chu an tlânchhuah leh mai loh nân nghet taka phuar beh a tûl thîn a. Amaherawhchu, Bible-ah kan hmuh phuara awm mi tam takte hi chu mi sual leh dân bawhchhetu an ni kher chuang hlawm lo. Baptistu Johana chu lal thil tih dik lo tak a sawi chhuah avângin phuar a ni a (*Matthaiia 14:3, 4*). Isua chu Gethsemane huanah phuar a ni a (*Johana 18:12*), a chungthu rêl a nih lai pawhin phuar a ni (*Johana 18:24*). Tin, Paula (*Tirhkohte 21:33*) leh Petera (*Tirhkohte 12:6*) te pawh khân phuar an lo tâwk ve tawh bawk.

Isua khân Setana'n a lo phuar tawhte nêna hmaichhana inbiak nân hun a hmang thîn a. Mi pakhat, ramhuai bawhlhawh eng emaw zât pai chuan an phuarna kawlte leh khaidiatte chu a tichat zêl mai a (*Marka 5:3, 4*). He pa hi a ramhuai paite Isua'n a hnawhchhuah hma chuan mi tu mahin an chelh hneh ngai lo a ni. Hmeichhe pakhat, kum sâwm leh kum riat chhông zet ramhuaiin a man avânga ding ngîl thei lo pawh a chhuah zalên bawk a (*Luka 13:11, 12, 16*). Lazara chu thlân ata ko chhuakin, thlân puana an tuamna zawng zawngte chu a phelhsak a (*Johana 11:43, 44*). Tin, Barabba an

tih, phuara awm reng thîn chu mipuite'n chhuah zalênin a aiah Isua khenbeh a ni ta zâwk a (*Marka 15:7–15*). Hêng kan han târlan tâkte-ah hian Setana chuan mihringte hi natna hrehawm tak tuara awmfîr reng emaw, a nih loh vêk pawhin thil tha lo chu a lo hmuingîl zêl theih nân pawIsaiawi lote phuar beh tlat emaw a tum ngar ngar a ni tih kan hmu a. Chutih rual chuan, Isua pawhin Setana phuar beha awm khawvêl hnênah hian zalênna a thlentîr theih nêl thihna khaidiatte chu a tichat ve zêl a ni tih kan hmu tel tho bawk. A tâwpah chuan Setana chu phuar a ni a, leilâwt thim tak maiah chuan paih thlâk a ni ta a ni (*Thupuan20:1–3*).

Setana phuara awmte chhuah zalên hna Isua'n a thawhna kawnga a pêng pawimawh tak pakhat chu amah zuitute hnêna thiltihtheihna pêk a ni a. Setana (“mi chak chu”) chu phuar theih a nihzia leh a ina a rosum te pawh lâksak vek theih a nihzia a hril a (*Matthaia 12:26–29*). Tawngkam danga sawi chuan, Krista'n a mite chu Setana phuarnate lak ata a chhanchhuah tawh avângin Setana chuan Krista leh Krista zuitute lakah thuneihna engmah an nei tawh lo.

Paula chuan, “Pathian thu chu phuarin a awm si lo,” tiin a sawi a (*2 Timothea 2:9*). Pathian thu chu Isua'n Setana ngawihîr nâna a hmanraw hman ber a ni a (*Matthaia 4:4, 7, 10*), chu ngei chu keini pawhin Setana do nân kan hmang ve thei a ni.

## **Sualin phuar che a tumna lak a tanga chhuah zalên thei tûr che khân eng thutiamte nge i hman ang le?**

**THAWHTANNI**

*March 21*

**“Eng vângin nge?” tia zawhna chu**

Genesis lehkhabu-a a châng hmasate hian lei chu chhiaa, ruak ringawt a nih thu a sawi a (*Genesis 1:2*). He tawngkam hi Jeremia chuan hri chhe hnukung pasarihte'n he lei an tihchhiat vek hnu, Isua Krista lo kal leh hma si-a a awm dân tûr sawifiah nân a rawn hmang ve leh a, leia khawpui awm zawng zawngte pawh Lalpa leh



a thinurna nasa tak hmâah chuan an chim zo vek niin a sawi (*Jeremia 4:26*). A sawi dân chuan hetih hunah hian leiah mihring an awm miah dân lo niin a lang a; Johana pawhin Setana chuan mi tu mah bum tûr a neih loh tûr thu a lo sawi ve bawk (*Thupuan 20:3*).

Isua lo kal lehnain a nghawng hmuhnawm tak leh huam kim êm êm bawk si hian Thupuan lehkhabu-a thilthleng hi eng nge ni tih a rawn sawifiah a. A hmasa berin, khawvêl a chhuahtsan dân khân an tân hmun siam tûrin a kal dân a tih a hrih a, chumi hmunah chuan amah zuitute chu hruai ngei a tiam bawk a ni (*Johana 14:1–3*). Paula chuan Isua zuitute tih hian nungdama lo la awmte leh thlân aţanga lo tho lehte a huam niin a sawi a (*1 Thesalonika 4:16, 17*). Hetiang hian Johana chuan chipchiar deuh hlekin a sawi belh a: Isua lo kal leh hunah thawhlehna hmasa a thlen hnu-ah, kaithawh ni ve ta lo mitthi dangte chu kum sângkhat a vei hma loh chuan an la nung ve rih dân lo va ni (*Thupuan 20:5*).

### **Thupuan 20:4 chhiar la. He chângah hian eng thil nge a sawi le?**

“An hnênah chuan rorêlna an hlân a,” (*NKJV*). Tûna an hriat bâk thil dang hi an hriat belh tawh chuang lo a nih chuan engtin nge ro an rêl theih ang? Mi sualte boral hlenna hun a thlen hma-in chhandamte chu an thil hriatthiam loh tam tak chhâna hun remchâng pêk an ni dân a. Chu ai pawha la mak leh zual zâwk chu, hêng boral tûrte chungthu rêlnaah hian tlansate an tel ve tûr hi a ni.

“Krista nêna thawk dúnin [mi thianghlimte chuan] mi sualte chungah ro an la rêl dân a, an thiltihte chu dân bû, Bible nêna khaikhinin an chungthu chu an thil lo tih tawh ang zêlin an rêlsak ang. Chutichuan, mi sualte’n hremna an tawrh tûr rêng rêng chu an thiltih ang zêla bithliah a ni dân a; mitthite hming ziahna bu-ah chuan an hming a chuang vek ang.”—Ellen G. White, *Indona Ropui*, p. 661.

Hetia chhinchhiahna bu an hawn lai hian Pathian chuan mi sualte chu âw nêh leh zâidam taka khawngaihna leh hmangaihna thu vawi

tam tak a lo hrih tawh dân chu kan hmu dân a. Dawhthei takin a hrih lawm lawm chung pawhin khawvêl nawmna chên tûra thlêmrate chuan bengkhawn zâwk si a. Ani chuan ngâwi rengin a lo nghâk a, nunna an neih theihna atâna a man chhiar sên rual loh khawpa to inhlanna siamtu a nih thu chu an lo hriat ve hlauh theihna tûrin hun remchâng a zawng reng thîn a; mahse anni chuan thihna an thlang ta zâwk si a ni. I nunah khân a (Pathian) âw i hriatna tûr dâl thei thil eng emaw a awm ve em? Dawhthei takin a la nghâk reng che a. Nunna chu thlang ngei ang che.

**1 Korin 4:5 chhiar la. Hetah hian Krista lo kal lehna chungchângah eng thu nge tiam kan nih? Zawhna chhân hleih theih loh tam tak kan neih mêk lai hian chu thutiam chu engtin nge kan rin ngam theih ang le?**

**THAWHLEHNÎ**  
**Rorêlna hnukung ber**

*March 22*

Bible hunlai khân rorêlna hmun pahnih a awm thîn a, chùngte chu: khawpui hungna kulh kawngka bul leh lalthutthlêng hmâ te a ni. Upate chuan kulh kawngka bulah thukhâwmin thubuai ténau deuhte an chingfel ve thîn a, thubuai liam tham deuhte erawh chu lalin a ngaihtuah thîn thung. A thu chu thutâwp a ni a, rorêlna dik tak kengkawh tûra beisei a ni bawk. Hetiang chiah hian Bible chuan Pathian chu lei leh vên pum pui Lal angin a sawi a, a tâwp a tâwpah rorêlna dik leh fel chu a thlentîr ta nge nge niin a târlang a ni (*Thupuan 20: 11–15*).

**Thupuan 20:7–15 chhiar la. Hêng thil thleng pawimawh takte hi engtiangin nge kan lo hriatthiam ve le?**

*Thupuan 20* hi chuan kum sâng rorêl chungchâng a sawi ber a; chuvângin he rorêlna pawh hi hetih hun chhûnga thleng tûr hi a ni. Châng 4-naa rorêlna a sawi nêh hi chuan thuhmun a ni lo tih hria ila (khatah kha chuan lalthutthlêng tam tak a awm a; mahse

châng 11-naah hi chuan pakhat chiaa a awm thung a ni). He rorêlna a sawi hi kum sângkhat tîr lamah ni lovin, a tâwp dâwn hnaih, thawhlelna hnahnung a thlen hnu (*Thupuan 20:5*) leh Setana leh a hote'n khawpui thianghlim lâk tuma an hual hnu-a neih tûr a ni zâwk a (*Thupuan 20:7-9*). Pathian lalthutthlêng vâropui tak chu khawpui chungah chuan hmuh theihin a lo lang a. He hunah hian khawvêla lo piang tawh phawt chu an kim vek a; ðenkhat chu khawpui chhûngah an awm a, ðenkhat dang chu a pâwnah an awm thung. He tih hunah hian a nia mi ðenkhatte'n eng vânga Pathian rama an lût ve thei lo nge an nih tih an la zawh tûr thu Isua'n a sawi kha a thlen dâwn ni (*Matthaia 7:22, 23*). Tin, hetih hunah vêk hian Paula'n khûp zawng zawng hi Isua hmâah an la ðingthi vek dâwn tih a lo sawi kha a thlen dik dâwn baw k a, “mi tin – vâna mite, leia mite, lei hnuaia mite nê. . . Pa Pathian tihropuina tûrin ‘Isua chu Lal a ni,’ tiin lei tinrêngin an la puang dâwn a ni,” (*Filipi 2:9–11*).

He rorêlna-in a tum chu Pathian hnêna a thil la hriat ngai lohte hrilh hriat a ni lo va (thil engkim hi a hre vek tawh zâwk a ni). Pathian rorêl dân chu mi zawng zawngin a awmzia dik tak an hriatthiam a, eng vânga chutianga rêl chu nge a nih tih an lo hriat vek theih nâna tih a ni zâwk. Rorêlna zawh a nih hunah chuan mi tinrêng leh vântirhkoh zawng zawngte pawhin, “Nang Mi Thianghlim, hetianga ro i rêl avâng hian, nang awm mêk leh awm tawh, i fel e,” an la ti ang (*Thupuan 16:5*). Mihringte leh vântirhkohte zînga chhandam tûrte leh boral tûrte chuan an zavaiin Pathian dikzia leh felzia chu an la hmu ngei dâwn a ni.

Hemi hun thil thleng hnahnung ber tûr chu “Thihna leh Mitthi Khuate” tihchhiat vekna leh, Nunna Bu-a hming chuang ve lote tihboralna chu a ni dâwn a (*Thupuan 20:14, 15*). Isua chuan Thihna leh Mitthi Khuate chahbi chu a kaw l a (*Thupuan 1:18*). Hêngte hian awm ve rengna tûr chhan an nei tawh lo. Boral tûrte chu mi tam takte sawi dân anga chatuana hrehawm tuar tlawk tlawk lovin, chatuan atân tihboral an ni tawh ang a, an nung ve ngai rêng rêng tawh lo vang.

**Lei thar leh vân thar**

Sualna leh helna te hi mikhual lawm hlawh lo ber ber an lo ni tawh thĭn a. He leia awm ve tĭra tih an ni ngai lo hrim hrim bawk. Âwihawm loh khawpa nasa chhĭatna an lo thlen tawh a; mahse tĭnah chuan chu chhĭatna thlentĭ tak chu a awm tawh lo va, thĭl engkim thĭa famkima din thar leh hun a ni ta. Chumi a thlen hunah chuan indona ropui pawh hi a tâwp ve tawh dĭawn a ni.

***Thupuan 21:1, 2, 9, 10; 22:1–3* chhiar la. Johana'n Jerusalem thar awm dân a sawite chu eng nge ni a? Chĭungte chuan eng thĭl nge an entĭr hlawm?**

Johana'n lei thar leh vân thar te awm dân tĭr a sawi hĭan Petera'n, "chumi nĭ-ah chuan vĭnte chu nasa taka riin a boral ang a, thĭl bulte chu meia em ralin a awm tawh ang a, lei leh a chhĭnga hnathawh awmte hi a kĭng ral ang," tia a lo sawi tawh kha a rawn sawi nawn ve leh a (*2 Petera 3:10*). Kan hriat angin kan chĭenna lei hĭan siam thĭat ringawt a mamawh tawh lo va. Nunna thar diai siam a nih leh theih nĭn thĭl engkim mai hi tichhiat vek a la ni dĭawn a ni.

Johana hĭan tuifinriat pawh a awm tawh loh tĭr thu a sawi bawk a (*Thupuan 21:1*). He thu hi Patmos thliarkĭra a tĭn laia a zĭah a ni a, a awmna chu tuifinriatin a hual chhuah vek avĭngin atĭn tlĭnchhuah ngaihna rĭng a awm lo. A tĭnna thliarkĭr thleng tĭr hĭan tĭnlaia lawnglĭng an siam thĭa tak tak pawh hi hmang ĩla, dĭarkĭr eng emaw zĭt kan thang a ngai tho ang. Lei tharah chuan tlansate zalĭn taka an vah vĭlna leh an hmangaihte an hmuhna tĭr dĭl thei thĭl rĭng rĭng chu a awm tawh dĭawn lo va ni.

A sawi dân a tang hĭan Jerusalem Thar pawh chu a mĭwi dĭawn hle niin a lang. Bible hunlaia khawpui ropui an sawi thĭn dân anga sawi a ni a, a chhan pawh chutiang chu Johana'n a

hriat ve awm chhun a nih vâng a ni. Amaherawhchu, lemziakthiamte'n kum zabi pakhatna lai vêla Rom-ho in sak ropui tak takte ang deuha an han ziak mai ðhîn hi chuan a nihna dik tak a phawk chhuak zo lo hle; he khawpui hi chu Pathian rêlbâwl leh siam ngei a ni si a (*Hebrai 11:10*).

A khawpui awm dân tûr Johana'n a sawi hi kan rilru hi chuan a hrethiam tak tak thei lo a ni ber. Kan tâna ruat khawpui chu eng ang taka mâwi leh ropui nge ni ang tia han dân kual vêl pawh hi a nuam ve hrim hrim a. A nihna takah chuan kan mitthla phâk loh thil a ni zâwk mah âwm e. Khawpui zau zâwng (a dung leh a vâng) a sawi dân pawh hian duh thala chettlatna tûr hmun a awm dân a ni tih min hriattîr a. Mi tin tân hmun a awm dân a ni.

**Khuarêl thil mâwi tak takte hi thlîr kual ila, hêngte hian kan lei hi sualin tichhe viau tawh tho mah se Pathian nungchang eng eng emaw chu min la hrilh tho a ni tih kan hmu thei ngei ang. Engtin nge tûna kan thil hmuhte hian kan la hmuh theih rih lohte chu ring ngam tûrin min ðanpui theih ang le?**

NINGANÎ

*March 24*

**Mittui a hul tawh ang**

***Thupuan 21:3–5* chhiar la. Mittui tla tih hian eng nge a entîr le?**

Ïap tih chu eng nge ni a awmzia kan hre vek ang a. Tin, mi dangte mit aţanga mittui hrûkhulsak tih awmzia pawh kan hre ðang viau hlawm baw k ang: nû chuan duat takin a fa ðap a thlêm ðhîn a; ðhian hnai takte chu an inhnêm tawn ðhîn a; nu leh pate pawhin lungngaihna emaw, chhiatna emaw tâwk nu leh pa dangte chu an hnêm ðhîn baw k. Mi nazawng hi kan hmai kan khawihîr ngawt ngai lo tih pawh kan hre vek a. Chutiang a nih chuan, Pathianin kan hmai a rawn khawih tih aia min Siamtu

nêna kan inzawmna thûkzia tilang tûr thil dang a awm thei tawh dâwn chuang em ni?

Thihna, lungngaihna, leh ãahna te awm tawh lohna khawvêl chu suangtuah thiam pawh a har viau mai a. Natna, thlantui, mittui, leh thihna tihte hi chu suala kan nu leh pa hmasa berte an tlûk achin kha chu mihringte nunphungah a bet tel ve tlat tawh a (*Genesis 3:16–19*). Nimahsela, khami nî ațang khân Pathian chuan hlawhchhamna leh châna te awm tawh lohna tûr hmun a awm thu mihringte hnênah a lo sawi tawh ãhîn a. Eng tik nî-ah emaw chuan min la tlan ang a, a hnênah min la chêtîr ve leh dâwn a nih tih kan hriat theihna tûrin eng eng emaw min hrilh chho reng a ni.

A hmasa berin Tlanntu pêk min tiam phawt a (*Genesis 3:15*); chumi hnu chuan kan zînga a chên ve theih nân hmun thianghlim sa tûrin min hrilh leh a (*Exodus 25:8*); chumi hnu-ah Thu chu tIsaiaah a lo changin, a takin kan zîngah a lo awm ta a; tin, a tâwpah vân lalthutphah chu kan zîngah a rawn hûng leh ta bawk a ni (*Thupuan 21:3*).

Bible châng tam takin he thuthlûng thuthiam khaikhâwmna hi min hrilh hlawm a, ãawngkam hrang hrang, hêng – “an Pathian ka ni ang” tih te, “ka mite in ni ang” tih te, leh “In zîngah kan chêng ang” tih te hi a hmang a. Chumi entîrna pakhat chu: “Anmahni-ah ka awm ang a, anmahni-ah ka lêng bawk ang; tin, an Pathian ka ni ang a, anni pawh ka mite an ni ang,” tih hi a ni (*2 Korin 6:16*).

Isua chu thuthlung bawhchhiatnain a khawih chhiat tawh siam ãha leh tûrin a lo kal phawt a. Thuthlung bawhchhiatnain a nghawngte chu hetiang hian Jeremia chuan a lo sawi a: “Engah nge i hliam vânga i ãah? I nâ chu tihdam rual a ni lo ve, i khawlohna a nasa a, i thiltih sualte a pun avângin, hêng thilte hi i chungah ka ti a nih hi,” tiin (*Jeremia 30:15*). Hmâna a thil lo tih tawh avâng khân Isua hnênah lawmthu awm rawh se. *Thupuan 21:3* hian Bible-in khawvêl chanchina a vâwrtâwp a sawi chu min hrilh a. Kan mittui tlâk chhan chu chatuan atâna

boral tûrte kan lainat vâng pawh a lo ni mai thei a; mahse amah Pathian ngei chuan kan mittuite chu a hru fai ang a, lungngaihna leh tawrhna zawng zawng pawh kumkhua atân a ral tawh bawk ang.

**A chûnga Bible châng kan târlante khian vânrâm kan thlen hun a Pathian nêna kan inpawh hnaih tûrza a lanfîr a. Mahse chutiang inlaichînna nei tûr chuan vânrâm kan thlen hun nghah kher erawh a ngai chuang lo. Tûnah ngei pawh hian engtin nge inpawh takin LALPA nên chuan in lèn dun theih ang le?**

**ZIRTÂWPNI**

*March 25*

**Ngaihtuah zui tûr:** Kum sâng rorêl leh kum sâng rorêl kan lo hriatthiam dân te hi ngaihtuah la. Hemi chungchâng hi kan hre tam lo hle na chungin, a tûl chin erawh hre thei tûrin eng eng emaw chu hrilh kan ni tho mai. A hmasa berin, kum sâng rorêl chu boral tûrte tihchimih vek an nih *hma-a* thleng tûr a ni a. A dawt lehah chuan, chu chhياتna hnunng ber a thlen hma chuan tlansate'n zawhna an neih tam takte chhânna an dawn hun a thleng phawt dawn a. Anmahni ngei pawh chu rorêlnaah chuan an tel ve ang. Chumi awmzia chu anmahni ngeiin ro a rêl dawn tihna a ni. “Mi thianghlimte chuan he khawvêl ro hi an la rêl dawn tih in hre lo vem ni?” (*1 Korin 6:2, NKJV*) tih leh, “Vântirhkohte chungthu pawh kan la rêl dawn tih in hre lo vem ni?” (*1 Korin 6:3, CL*) tih ang khân. Tin, tûn kêra kan chhiar tâk ang khân he kum sângkhat a vei chhûng hian mi thianghlimte hnênah rorêlna pêk a ni dawn a (*Thupuan 20:4*). Tichuan, hêng thil pahnihte hian thu pawimawh tak a tilang ta a: kum sâng rorêl zawh a nih hma, chhandamte'n mi sualte tihboral an nih chhan an hria ni mai lo va, anmahni ngeiin mi sualte chungthu an rêl ve hma loh chuan boral tûrte zîngah tu mahin rorêlna hnunng ber chu an hmachhan dawn lo. He miina Pathian nungchang leh a sawrkâr inhawnzia min hrilh dân hi ngaihtuah la: mi tinte'n chatuana an chan tûr chu an hmachhawn hmian

Pathian mite chuan boralte chung a Pathian rorêl dân dikzia leh felzia an hmu ðeuh dân a ni. A hmuh erawh a nuam lo hle ang tih a Chiang a; mahse kan hmuh tâk ang khân rorêlna chu zawh a nih hunah chuan, “Nang Mi Thianghlim, hetiang a i rêl avâng hian, nang awm mêk leh awm tawh, i fel e,” tiin ka au tho dân a ni (*Thupuan 16:5*).

### **Sawi ho tûrte:**

- ❶ Indona ropui chu a taka thleng ngei a ni tih hriatna hian engtin nge tawrhna leh thihna awm chhan hrethiam thei tûrin min puih le? (Zawhna har tak tak, a chhâna pêk mai theih loh eng emaw zât chu a awm tho tih erawh hria ila).
- ❷ Mi tu emaw-in, “Engtin nge LALPA nêh hian inpawh zâwk leh innêl zâwka kan lên dun theih ang?” tiin zâwt ta che se la, engtin nge i lo chhân ang? Tûnah hian vânrâma chêng tlâk tûra buatsaih mêk kan ni tih thu hi ngun takin ngaihtuah la. Eng nge a awmzia nia i hriat? Engtin nge he thu hi chanchin ða êngah hian a awmzia kan lo hriatthiam hlawm le?
- ❸ Zawhna ðhenkhat, a chhâna hriat i duh êm êm ðhenkhatte chu engte nge ni? Chûng i zawhnate chhâna chu i dawn hmain engtin nge Pathian ðatna leh felna chu lungngaihna tam tak zîng kârah hian rin tlat dân i zir theih ang?