

2016-3
PUTLING SABBATH SIKUL
ZIRLAI KAIHHRUAINA

VÂNTLÂNG ZÎNGA KOHHRAN RAWNGBÂWLNA

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Bible Lehlín Hmante

He Zirlai Bu-a Bible châng tarlante hi Mizo Bible lehlín hlui zâwk, *The Holy Bible: Mizo (Lushai) – O.V. Reference* aţanga lâk chhuah a ni deuh ber a. Hmun thenkhatah chuan lehlín

(version) dangte pawh hman zeuh zeuh a ni bawk, chûngahte chuan a lehlin hming lamtawi târlan zêl a ni.

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HUÂPZO CHANCHIN ƧHA

PASTOR pakhat chuan a kohhran member-te hmâah a Bible a lek chhuak a. A Bible lah chu a thlêr hniang hnuang mai a, a pawp thliah thluah mai bawk a. Pathian Thu zirna hmun (seminary)-a a awm lai khân a Bible hi a Ƨiante nêan an inhman Ƨâwm a, dik taka rorêlna, retheihna, hausakna, leh inrahbehna tih thu inziyahna lai chângte chu a zavaiin an chhinchhiah a. Tichuan, chutianga thu inziyahna lai châng zawng zawngte chu sakawrbakchehin an chep thla ta vek mai a. Chutianga an tih hnû chuan a Bible chu hmuh tlâk loh khawpa hniâr a lo ni ta a ni. Pathian Lehkhabu pum pui hian hêng thupui hrang hrangte hi a dah pawimawh hlê mai a; hêngte hi paih ta vek ila chuan Bible-ah hian thu kim lo a awm Ƨeuh mai ang. He pastor Bible thlêr hnuang mai pawh hian Pathianin a ngaihven êm êm thilte chu thiam tak leh fiah takin a sawi a ni.

He thawnthu tâwi tê hian keini Seventh-day Adventist-te hi eng thu nge min hrilh le? Thil tam tak min hrilh a. Zirbingna pakhat chuan Seventh-day Adventist-te zînga za zêla 30 chu kohhran huang pâwn lama awmte mamawh phuhrûksakna kawngah an inhmang tih a târlang a. Mahse a zâ zêla 70-te khân eng nge an tih ve? Isua chuan tâwpna huna chêng a kohhrante chu “chatuana chanchin Ƨha” hi a pum puia puang darh a, nunpui tûrin a ko a ni (*Thupuan 14:6*).

Huapzo Chanchin Ƨha chu eng nge ni le? *Luka 4:16-21*-a kan hmuh Isua hnathawh leh rawngbâwnate hian chanchin Ƨha pum pui chu rinna avânga chhandam kan ni tih hi kan thil tih zawng zawngte a inngah chhan, a bulpui tak chu ni tho mah se, chumi bâk chu thil pawimawh dang a la awm a ni tih a tilang a. Isua chuan chanchin Ƨha hril hi mi rethei te, rilâam te, damlo te, rilru nâ te, hnehchhiaha awm te, mîte kawm serh te, leh tân ina awmte chung a hmangaihna lanchhuahtîrna kawng pakhat a ni nghâl a ni tih min hmuhtîr a. Bible-in rêldikna leh Diabola thiltihte sûtsak tia a sawi hi, tâwpna huna thil Ƨha lo chung a Isuan hnehna pumhlûm a chan hun tûr thlîr chung a kan theih ang a Ƨan lo lâk vêna hi a ni.

Tûn kuartar-ah hian “chatuana chanchin Ƨha” hi a huam zau thei ang berin kan luh chill dâwn a, he chanchin Ƨha hmanga kohhranhoten anmahni khawtlâng Ƨeuh a rah an chhuah dân tûr pawh kan zir Chiang bawk dâwn a. “Kohhran” tih chu mihring, a huhova awm, mahse anmahni tâna nung lova, chatuana chanchin Ƨha chu Isua rawngbâwna târlan a lo nih tawh dân anga nunpui leh hril tûra koh chhuahte tiin kan hrilhfiah ang. Chumi awmzia chu, chanchin Ƨha chu hril ringawt lova, kan nunpui nghâl in, keimahni khawtlâng Ƨeuha tlachham awmte chu rawng kan bâwlsak tûr a ni.

Engtiangin nge in tual chhûng kohhran khân tlachhamte chhawmdâwl hnâ chu in lo thawh ve le? Kohhrana rawngbâwna chi hrang hrang hrangte (entîr nân, hrisêlna, chhûngkua, Ƨhalai, Sabbath Sikul, deacon/deaconess, leh a dangte) hi kohhran member-te vântlâng tâna rawngbâwl ho tûra awm an ni.

Adventist Community Services (ACS) hnuai unit leh center hrang hrangte pawh hian kohhran huang chhûng aţangin chanchin ţa chu eng nge ni tih a taka entîr hnâ an thawk a, mîten Pathian Thu an lo hriat theih nân kawng an buatsaih bawk. Ram ţhenkhatah chuan ACS hi Dorcas tih te, Adventist Men tih te leh, hming dang danga koh a ni a. Adventist Development and Relief Agency (ADRA) pawh hi tual chhûng kohhran aţanga hna thawk chu ni chiah lo mah se, ţanpui ngaite ţanpuina pêng pawimawh tak pakhat a ni bawk.

Engtiangin nge Krista zâra Pathianin thil a lo tihsak tawh che avânga i lâwmna chu mi mal takin i lantîr ve le? Kohhran member pakhat chuan hetiang hian a sawi:

Kawthlêrah ka hmu hmeichhe naupang pakhat,
Thawmhnaw pan tak a hâk avângin vâwt a ti, a khûr hlawk hlawk,
Chaw ei tûr tuihnâi tak pawh a beisei ve phâk lo.
Ka thinrim lutuk chuan Pathian ka chhuahchhâl ta a:
“Eng vângin nge hetiang thil hi a thlen i phal?
Eng vângin nge thil eng emaw i tih loh?
Pathian chuan min chhâng mai lo va.
Mahse chumi zân chuan min rawn chhâng nghâl ta tho va;
“Thil eng emaw chu ka ti Chiang a lâwm.

Nangmah kha ka siam che,” tiin.—Dwight Nelson, *Pursuing the Passion of Jesus* (Nampa, Idaho: Pacific Press® Publishing Association, 2005), p. 78.

Gaspar Colón-a hi he puitling Sabbath Sikul zirlai bu a ziah lai hian Takoma Park, Maryland, USA-a awm Washington Adventist University-ah Department of Religion chairman a ni a. A ţhiannu, May-Allen Colón-i hi tûnah hian General Conference-a Sabbath Sikul and Personal Ministries Department-ah assistant director a ni a, tin, Adventist Community Services International-ah director a ni bawk. An nupa hian Africa leh Soviet Union hnuai awm ţhin ram hrang hrangah kum kaw chhûng missionary niin hnâ an lo thawk tawh ţhin a. Fa puitling tawh pahnih neiin, tû pawh pahnih an nei tawh bawk.

ZIRLAI 1-NA *JUNE 25–JULY 1, 2016*

“THIL ENKIM DINTHARLEHNA CHU”

CHÂNGVAWN: “Tichuan Pathianin ama anpuin mihring a siam a, Pathian anpui ngein a ni a siam ni; mipaah leh hmeichhiaah a siam a ni,” (*Genesis 1:27*).

SABBATH CHAWHNU *JUNE 25*

Chhiar tûrte: *Genesis 1:26, 27; 3:8–19; Deuteronomi 6:5; Marka 2:1–12; Johana 10:10; Galatia 4:19; Jakoba 4:4.*

KAN vêla thil awm te, khawvêl hmun hrang hrang, leh keimahni ngei pawh hi han inthlîr ila. Eng nge kan hmuh le? Thil dik tak thleng a awm ngei a ni tih hai rual a ni lo.

Hei hi suala mihringte tlûkna, Pathian laka an helna, leh sual leh ţa indona ropui ti-a sawi a ni a.

Mahse thil lâwmawm tak erawh chu hêng thil ţa lote hi kumkhuaa awm reng tûr a ni lo va, rei lo tê chhûng atân chauh a ni tih hi a ni. Isua leiah lo kalin, khawvêl sual tlan nân a thî a, a lo kal leh tûr thu pawh a sawi bawk. A lo kal leh hunah chuan he khawvêla thil engmah hi awm zui tûr a awm lo va. Lalram thar, a chatuan lalram chu a inţan tawh dâwn a ni.

“Tin, chûng lalte nî-ah chuan vân Pathianin ram a rawn din ang a, chû chu a chhe ngai tawh lo vang a, a lalna pawh mi dangte tân hnutchhiaah a ni hek lo vang; hêng ram zawng zawngte hi a

tikeh sawmin a tiral zâwk ang a, kumkhuain a ding reng ang,” (*Daniela 2:44*). Dinthar lehna ropui tak a thleng dâwn a ni.

Nimahsela dinthar lehna bul ãan tûr chuan Krista lo kal leh hun kan nghah kher a ngai chuang lo. Kristaa awmte chu tûnah hian thil siam thar an ni tawh reng a (*2 Korin 5:17*); Isua ang taka awm tûra ruat lâwk tawh kan ni bawk (*Rom 8:29*). A kohhrante mi dangte dintharleh hnâ pawh thawk tûrin min ko va, thawk thei tûrin min tichak bawk a ni.

SUNDAY

JUNE 26

Pathian anpuia siam chu

Bible chuan mihringte hi a tûr takah chuan Pathian “anpuia” siam an nih thu a sawi a (*Genesis 1:27*). ‘Anpui’ han tih hian dârthlang emaw, thlalâk emaw-a keimahni thlâ lo lang ang hi a ni thei a, a nih lo pawhin tu emaw lim, anmahni ang taka siam pawh hi a kâwk thei tho bawk. Chumai chu ni lovin, kan rilru leh ngaihtuahna tu emaw piangphung leh ruangâm kan lo mitthla te pawh hi a huam thei vek a. Bible-in “anpui” tih a sawi hi eng tihna nge ni ang?

Genesis 1:26, 27 chhiar la. Engtin nge Pathian Lehkhabu hian Pathian “anpuia” siam nih awmzia chu a hrilhfiah le? Genesis 1:31; Deuteronomi 6:5; 1 Thesalonika 5:23 te pawh hi en tel bawk ang che.

Kan nu leh pa hmasa berte a siam khân, Pathian chuan leia nunna nei awm rêng rêngte nih dân tûr a ruat fel nghâl a: mipaah leh hmeichhiaah a siam a ni. Hetih hun laia thil a siam dang zawng zawngte zîngah khân anni pahnih chauh hi Amâ anpuia a siamte an ni a. Zâwng ațanga lo insiam danglam chho an ni lo. Mihringte chu leia nunna nei awm ve dang zawng zawngte lak ațangin kan danglam bîk hlê a, he kan danglamna sawi nêp tumna rawng kai thurin (theology) rêng rêng chuan mihring nihna leh hlutna a tihnia tlat a ni.

Pathian chuan an hming chu “mihring” (Adama) tiin a vuah a (*Genesis 5:2*). Chumi awmzia chu mipa leh hmeichhia-te kha inan lohna leh danglamna nei tho mah se, pumkhat an ni tho tihna a ni a. An pahnih khân a pumhlûm leh a bâk awm chuang lovin, Pathian anpuia siam ve ve an ni.

Pathian anpui tih hian a huam kim hlê mai a: “Siamtu kut ațanga Adama a lo chhuah chiah khân, a taksa, rilru, leh thlarau-ah te khân Amah Siamtu anna a nei vek a ni.—Ellen G. White, *Education*, p. 15. (hawrapw âwnte hi sawi uar duhlaite a ni e).

Hebrai ãawnga “anpui” an sawina thumal chu *tselem* tih a ni a; “ang takin” tih an sawina thumal erawh chu *demuth* tih a ni ve thung. Hêng thumal pahnihte hian taksa ruangâm lang thei (*tselem*) leh taksa chhûng lam (*demuth*), tharau thil leh rilru ngaihtuahna lamte a kâwk thei ve ve. Hei hi Ellen G. White-in a hriat avângin mihring chu Pathian anpuia siam a nih thu a sawi pawh khân, “pianhmangah leh nungchangah” an ang tih a sawi kher a ni.—*Zâwlneite leh Lalte*, p. 25.

Deuteronomi 6:5 hian hian mihring nihna pêng hrang hrang a sawi a, chûngte chu: thinlung (rilru, ngaihtuahna), thlarau, leh chakna (taksa) te a ni. Hetiang deuh hian Paula chuan *1 Thesalonika 5:23*-ah a lo sawi ve a. Pathian anpuia siam mihring chuan hêng thil zawng zawngte hi a huam vek tihna a ni.

“Pathian anpuia siam” tih thû-ah hian sawi tûr dang tam tak la awm tho mah se, Bible-in a sawi erawh hi chu a Chiang tâwk khawp mai: mihringte hi he leia thil siam dang awm vête lakah an danglam an chungnung bîk hlê a. Anmahni han hnai phah tûr pakhat mah a awm lo. Eng vângin nge he kan danglam bîkna hi kan rilrû-a kan vawn reng a pawimawh le?

THAWHTANNÎ

JUNE 27

Suala mihringte tlûkna leh a hnu-a thil thlengte

Bible hian khawvêla thil awmte siam zawh a nih ațanga mihringte suala an tlûk inkâr hi engtianga rei nge ni tih min hrilh lo va. Ni tam tak a ni thei a, chawlhkâr eng emaw zât a ni thei a, kum tam tak pawh a ni mai thei bawh.

Tlûkna chu a awm ngei a, a nghawngte pawh hmuh theih maia chiang leh lo thleng chawpchilh ngâl mai a ni bawh tih erawh kan hria a ni.

Evi leh Adama-ten a chhia leh a țha hriatna thing rah an ei avânga thil lo thleng hmasa ber chu saruaka awm a nih tih an inhriat chhuah ngâlna kha a ni (*Genesis 3:7*). A taksa khuh tûrin theipui hnah an țhùi khâwm a, Pathian lakah bihrûk an tum bawh a. Tûnah chuan an saruak khuhtu êng chu lâk kian a ni ta a (Ellen G. White-i lehkhabu, *Thlahtubulte leh Zâwlneite*, p. 57 en la). Mahni chauh inngaih pawimawhna sual nêna an inchûl nêl tâk avâng chuan Pathian nêna an inpawhna pawh a lo chhe ta bawh. Tichuan, Pathian chuan nupa tuak hmasa berte chu an sualnain nghawng a neihte hrethiam tûrin zirtîrna pêk a tum ta a ni.

A hnuai Bible chângte hi chhiar la, Evi leh Adama-te sualnain chawplehchilha nghawng a neih ngâlte chu eng nge ni tih hmuh tum ang che. Chûng an thil tihsual nghawngte tho chu engtin nge tûnlai hunah pawh hian a lo lan chhuah țhin le?

Genesis 3:8-10: _____

Genesis 3:12: _____

Genesis 3:13: _____

Genesis 3:16: _____

Genesis 3:17-19: _____

Suala mihringte tlûkna kha a tak taka thleng ngei a ni a, pawm thiam a har a, mihringte chung a nghawng a neih pawh hi a râpthlâk hlê mai. Mihringte chanchin thui tak leh lungchhiat thlâk êm êm, tûna thil thleng mêkte ngei pawh hian sual nghawng râpthlâk takte chu an pho lang a ni.

Chuti a nih chuan, eng tik nî-ah emaw chuan sual avânga lungngaihna hi a la tâwp ang a, a lo lang leh ngai tawh rêng rêng dâwn lo va ni tih thutiam kan neih avâng hian kan lâwm hlê tûr a ni dâwn lo'm ni?

Engtiang kawngte-in nge nî tin hian keimahni thil tih sual nghawngte chu kan nunah a lo lan chhuah țhin le?

THAWHLEHNÎ *JUNE 28*

Inhmêlmâkna leh Tlanna

***Genesis 3:14, 15* chhiar la. Pathianin Setana hnêna, “Nang leh hmeichhia hi ka indotîr ang che u a, i thlahte leh a thlahte pawh ka la indotîr ang bawh ang” (*Genesis 3:15*) tih thu a sawi hian eng nge sawi a tum ni ang? Hetah hian keimahni tân eng beiseina nge awm?**

Hebrai țawnga *inhmêlmâk/indo* tih an sawina thumal hi *hua* tih leh *hmêlmâ* tih an sawina thumalte nêna a țobul chu thuhmun a ni a. Evi leh Adama-te nupain a chhia leh a țha hriatna thing rah an ei chiah khân, anmahni bâkah, mihring lo la piang tûr zawng zawngte chu Pathian nêna inhmêlmaah a siam a (*Rom 5:10; Kolosa 1:21; Jakoba 4:4*). Heti laia Pathian thutiam hian Amâ hnêna mihringte hruai kîr leh an nih theih nâna ruahmanna a lo siam tawh chu, a takin a thawk ang a, an inhmêlmâkna pawh Setana lamah a insuan dâwn a ni tih a kâwk a. Chutiang an

inhmêlmâkna Setana lamah a suan tâk avâng chuan, Amâ dân thianghlim ngei chu palzût chuang miah sî lovin, mihringte a chhandam theihna tûr kawng a hawng dân a ni. Hei hi “tlanna” tia kan hriat tâk ber chu a ni a, suala mihringte an tlûk avânga an thil hloh tawh zawng zawngte dinthar leh a nih theih nâna Pathianin thil a lo tih tawh leh, a la tih mêk bawk chu a ni.

Hêng Bible chângte hian tlanna chungchâng eng nge an sawi hlawm *Leviticus 1:3, 4; 1 Korin 5:7; 1 Johana 1:9.*

He tlanna hian engtiangin nge hnâ a thawh tih sawifiah nân Pathian thu zir mîte chuan ƣawngkam pakhat, *expiation* tih hi an hman ƣhîn a. He ƣawngkam hi *expiare* tih aƣanga lâk a ni a, a awmzia chu “tlan,” zângnadawmna pê” tihna a ni; chu chuan thil tihsual tawh siam ƣat lehna lam a kâwk. Mi tute emaw chuan thil eng emaw an lo tisual a, dân ang taka rorêl a nih dân chuan an chungah hremna lek kawh ngei a ngai tlat a ni. Sapho-in an sawi ƣhîn pakhat chu, thil tisualtu chuan a thil lo tih tawh avângin “khawtlângah bat a nei a ni” an ti ƣhîn.

Keimahni dinhmunah chuan thil sual kan lo ti tawh a, mahse tlanna ruahmannaah erawh chuan Kristan a nun a hlanna (tlanna) khân chu kan thil sual tih nghawng lo thleng tûrte lak aƣang chuan min chhandam a. Amah Krista chuan kan tân hremna chu a lo tuar ta a ni. Dân ang taka kan chungah hremna lo thleng tûr (Pathian sawrkâr chuan dân a nei miao va) chu Isua chungah a tla ta zâwk a. Chutiang chuan rorêlna dikin a phût thilte chu hlen a ni a; mahse a tlingtlatu chu keimahni ni lovin Isua a ni. Mi sual, thil dik lo tak tak lo ti tawh ni mah ila, ngaihdam kan ni ta a, a ngaihah chuan thiam chang kan ni tawh tlat. Hei hi “thil engkim siam thar lehna” atâna a rahbi hmasa ber leh pawimawh êm êm chu a ni (*Tirh. 3:21*).

NILAINÎ

JUNE 29

Isuaa siam thar lehna

“Ka fâte u, Krista chu nangmahni-ah siam puitlina a awm hmâ loh chuan nau vei takin ka vei leh tâk che u hi” (*Galatia 4:19, NKJV*).

A tîrah chuan ƣa famkim leh a bâk awm chuang lo tûr khawpa duhawma siam kan ni a, khawvêl ƣa famkim leh mamawh engkim awmna hmunah dah kan ni bawk. Vânduaitlâk takin, he paradis hi sual avângin kan lo chôn ta a, tûna khawvêl hi chu kan hriat angin thihna, tharum thawhna, hrehawm tawrhna, hlauhna, thil ƣa hriat lohnain a khat zo tawh a nih hi. He khawvêl hi a tîra a dinhmun ƣa famkima dah lêt leh a nih theih nân, tlanna ruahman hi siam a ni a. Krista chu suala tlûkna avânga hloh tawhte nei lêt leh tûrin a lo kal a ni.

“A tîr chuan mihring hi Pathianin Amâ anpuia a siam a ni a. Mize zahawm tak tak nêna a thuam nghê nghê a. A rilru pawh a inchawih ƣa tâwk hlê a, amaha thiltihtheihna chi hrang hrang awmte pawh a inrualkhâi êm êm bawk. Nimahsela hêng thilthlâwnpêk a dawnte hi suala tlûkna leh, chumiin a nghawngte chuan a tikhawlo zo ta a. Sual chuan tihmêlhemîn, mihringa Pathian anna awm pawh chu a nuai reh vek têt a ni. Hemi din thar leh tûr hian chhandamna ruahman chu siam a ni a, mihring hnênah khân chumi nun neih lêt leh theihna hun remchâng siamsak a lo ni tawh bawk. A tîra siam a nih dân ang taka ƣa famkima awm lehna chu mihring nunin a tum ropui tak a ni a—chu chu mi dang zawng zawngte pawhin a tum ve tho tûr a ni bawk.”—Ellen G. White, *Thlahtubulte leh Zâwlneite*, p. 733.

He din thar lehna hi lei thar leh vân thara kan chên hmâ chuan la famkim thei rih dân lo mah se, tûnah hian keimahni-ah a siam ƣan mêk tawh a ni!

Galatia 4:19 chhiar la. Paula rilru kaptute chu a enga pawh lo ni se, thlarau lam thil pawimawh tak a sawi lan awm chu eng nge ni le?

Hebrai 1:3-ah chuan Krista chu Pathian anpui ngei— “a zepui putu” (*CL*) a nih thu kan hmu a (*Johana 14:9; 2 Korin 4:4; Kolosa 1:15 en la*). Keimahnia Pathian anna awm kha siam that leh a nih theih nân, keimahni nêna inpumkhata awm a duh a. Keini’n kan lo remti vê a nih chuan Pathian zepui putu Krista chu keimahniah hian a awm thei dâwn a ni: “Nangmani-a awm Krista, ropuina beiseina chu” tih ang khân (*Kolosa 1:27, NKJV*).

Pathian anna fâmkima kan neih lêt lehna chu Isua lo kal leh hunah a thleng dâwn a (*1 Korin 15:49; 1 Johana 3:2 en la*). Amaherawhchu, Krista chu keimahni-a a awm a, keimahni pawh Kristaa kan awm hunah, Pathian anpuia siam kan nihna chu he leia kan la awm lai lâ lâ hian din thar leh hna thawh tan a ni ang. Chumi chu a thlen hunah chuan kan khawtlânga chêngte hi anmahni din thar leh theitu hnênah chuan hruai ve kan duh dâwn a ni.

Din thar lehna hnâ chu tûnah hian keimahni-ah thawh tan ni tawh tho mah se, engati nge a fâmkimna erawh chu Isua lo kal leh hmâ chuan a thleng dâwn lo a ni tih hi kan hriat reng a pawimawh viau le?

NINGANÍ

JUNE 30

Din thar lehna a thlen theih nâna Kohhran hnathawh

Kan hmuh tâk ang khân, kan khawvêl hi a tîrah chuan tha fâmkima siam ni tho mah se, suala tlu tawh a ni miao va, chumi nghawng râpthlâk tak tak chu hmuh tûr a tam hlê a ni. Mahse Pathian chuan keimahni awm awma awm a, a tâwpa chatuana boralna (science zir mi tam takin kan la chan ngei tûr nia an sawi chu) chang mai tûrin min thlahthlam lo. Chutiang chu ni lovin, khawvêl awm tan hmâ hauh khân chhandamna ruahman chu duan a lo ni sa reng tawh zâwk a (*1 Petera 1:2*), Amâ tâna châna nasa tak ni mah se, Isua chu he khawvêlah hian a lo kalin, kraws-ah a thî a, lo kal leh a intiam baw. Thil engkim a zawh hnû a, sual pawh tihboral vek a nih hunah, a nihna dik tak hloh tawh khawvêl hi a siam that leh vek a ni ang.

Thil mak deuh mai chu, Pathian chuan a kohhrante hi he din thar lehna a thlen theih nân hian thâ thawh ve tûrin min ko va ni.

Marka 2:1–12-a mi palî-in harsa tak chung a zeng pakhat Isua hnêna an hruai thlen thû kha chhiar la. Engtiangin nge he thawnthu hian mîte damna leh siam thatna thleng tûra kohhhranin tih tûr a neih vête chu a târlan le?

Kha inah khân Isua a awm avângin mi an tam hlê mai a. Anmahni a hmangaih a ni tih an hriat avânga lo pung khâwm an ni hlawm. He ina a awm lai hian mi palî-te chuan an thianpa pakhat, thlarau, rilru, leh taksa natna vei chu Isua bula hruai thlen an duh avângin, amah an thlâk theih nân a awmna in chung chu an thiat ta a. Chutah Isua chuan a sualte ngaidamin, damna a pe ta a, rilru thlamuanna pe-in thova ke-a kal nghâl tûrin a hrilh a. He ta thil tih hmang hian Isua chuan mi tû mah hi an puma din thar leh a nih loh chuan dam tak tak an chang lo a ni tih a lantîr a ni.

Engtin nge Tirhkoh Johana khân he leia Isua lo lan chhan a sawi kha? Hêng thutiamte aţang hian eng beiseina nge kan lo chhar theih le? *Johana 10:10 leh 1 Johana 3:8 chhiar la.*

Johana 10:10 hi Seventh-day Adventist thuchah tlângpui kaihtâwi tia sawi a ni thîn a. Krista hnawhthawh sawifiahna a ni tih a Chiang hlê baw. Krista taksa, a kohhran hna pawimawh tak pakhat chu a hniak hnung zui a ni a, diabolâ hnathawh chu sût a, thihna chu nun tam tak nêna

thlâk thleng zêl a ni (*Tirh. 10:38 I Joh. 2:6 en la*). Kohhran hi taksa, rilru, leh thlarau lama Pathian anpui ni leh tûra mîte siamna kawnga Krista thawhpuitu ni tûra koh a ni.

Tûnah khân i ãnpuina mamawh êm êm, i ãnpui theih ngei tûr ni baw k sî tûte nge awm le?

ZIRTÂWPNI

JULY 1

Ngaihtuah zui tûr: Pathian anpuia siam ãat leh chungchâng inziahna châng dang, hêng: *Rom 8:29; Kolosa 1:15, 3:9-11; 2 Korin 3:18; 5:17* te pawh hi en la. Ellen G. White-i lehkhabu, *Thlahubulte leh Zâwlneite* tiha, “Thil Siam Thu,” “Thlêmna leh Suala Tlûkna,” leh “Tlanna Ruahman Chu,” tih te (pp. 23-57) chhiar baw k ang che.

Mihringte hi mi dangte ãatna tûr atâna hna thawk tûr leh, Isuaa beiseina leh siam thar lehna thutiam min pêkte chu mi dangte kawhhmuh ve dân kawng zawng tûra koh kan nih a. Hemi ti thei tûr hian Pathian chuan kawng hrang hrangin keimahni hmangin hnâ a thawk thei. Kohhran ãenkhat, mîte taksa damna thlensakna atân hrisêlna program hrang hrang a buatsaih an awm a. Kohhran enkawl damdâwi inte leh inentûrna hmunte pawh hi hemi hlenchhuahna atâna tih vek a ni baw k. Rilru lam damna leh tihmasâwnna chu kan mamawh ãeuhte inphuhrûksak tawwna hmangin a thleng thei a ni.

Kohhrante hian anmahni pualin sikul an ãin thei lo a nih pawhin an awmna hmuna sikul awm sâte chu a lo changtlûn zêl theih nân an ãnpui thei tho va, mîten an hnâ thiam taka an thawh theih nân zirtîrnate pe-in, zia k leh chhiar thiam tûra zirtîr te, rilru lama an ãhan zêl theihna tûra fuihna thûte an pe thei baw k. Chutianga siam ãatna hnâ an thawh a, nun tam nei tûra mîte an puih chhonzawm zêl chuan, an khawtlâng a mi tam takin thlarau leh rilru lama ãin siam thar lehna an mamawhzia an lo inhre chhuak ve dâwn a ni. Dik tak phei chuan hei hi Pathian anpuia siam kan nihna ãin thar leh nâna thil pawimawh tak a ni (*Efesi 4:22-24*). Hêng thlarau thila mîte mamawh hi phuhrûksak thei tûrin, kohhran hi ãinhmun pawimawh taka hun leh thuam a ni a, khawvêla pâwl insiam hrang hrangte âi hian a ãha zâwk hlê baw k a ni.

Sawi ho tûrte:

- Mîte taksa, rilrû, leh thlarau lam siam thar lehna atâna in kohhranin thil hrang hrang in tihte chu engte nge ni? In khawtlâng tâna in kohhranin siam thar lehna hnâ in thawh mêk kha a huang in zauh zêl theih dân tûr kawngte sawi ho rawh u?
- Engtin nge taksa ãin thar lehna tih hi kan lo hriatthiam hlawm? Mahse, eng ang pawhin mîte chu taksa damna nei leh tûrin ãnpui mah ila, LALPA chu an nuna a lo lêt leh a nih chuan sî loh chuan natna-in a tlâkbuak leh ang a, an tar thi nge nge dâwn tho. Eng vângin nge hei hi Isua lo kal leh hunah chuan siam thar lehna famkim chu a thleng dâwn a ni tih tichiang zual êm êmtu a nih le?
- Pathian anpui ni leh tûra bulãan tih thu hi sawi ho ula. Engtin nge chutiang chu a lo thlen ang? Engtin nge chumi kawngah chuan hmâ kan sâwn a ni tih kan hriat theih ang? Chu siam thar lehna chu a lo thleng theihna tûr chuan eng vângin nge nihna kan hriat chian hlê a ngaih? Kan beisei anga hmâ kan sâwn lo nia kan inhriat châng pawhin engtin nge beidawnga râlbân mai loh dân kawng kan zir ang?

ZIRLAI 2-NA

JULY 2-8, 2016

THUNEIHNA NEI LÊT LEHIN

CHÂNGVAWN: “Tin, Pathianin, ‘Kan anpuiin, keimahni ang takin mihring siam ila, anni chu tuifianriata sangha chungah te, chunglêng sava chungah te, ran chungah te, lei chung zawng zawngah te, rannung leia bawkvâka kal zawng zawng chungah te thû i neihtîr ang u,’ a ti a,” (*Genesis 1:26*).

SABBATH CHAWHNU

JULY 2

Chhiar tûrte: *Genesis 1:26–28; 2:15; Exodus 20:1–17; Sâm 8:3–8; Rom 1:25; 8:20–22; 2 Thesalonika 3:10.*

SUALA an lo tlûk tâkah khân kan nu leh pa hmasa berte khân Pathian anpui a nihna chauh lo pawh thil dang eng eng emaw hloh an nei a.

“Mihring chauh ni lovin, lei pawh hi sual avângin thil tha lo thununna hnuaiyah a awm tawh a, tlanna ruahman hmanga din thar leh ngai a ni. Siam a nih khân Adama kha lei chungah thunei tûra tih a ni a. Mahse thlêmnaa a tlûk tâk avângin amah ngei pawh chu Setana thiltihtheihna hnuaiyah a lo awm ta zâwk a, thuneihna a lo neih thin zawng zawng pawh amah hnehtu hnênah chuan hlan a ni ta vek a. Tichuan, Setana chu ‘he khawvêl pathian’ a lo ni ta a. Lei chungah thuneitu nihna, Adama hnêna pêk kha a lo chang ta a ni. Nimahsela Kristan sual man tlâk nâna amah a inhlanna hmang khân, mihring a tlan ta ni mai lovin, a lo chhân tawh thuneihna pawh a pe kîr leh dâwn a. Adama hmasa zâwkin a lo hloh tawh zawng zawng kha Adama pahnihna chuan a rawn nei lêt leh dâwn a ni.”—Ellen G. White, in *Signs of the Times*, November 4, 1908.

Suala an tlûk tâkah khân mihringte chuan thil tam tak an chhân a ni tih a chiang a, chhông an thil chhânte zîngah chuan a tîra pêk kan nih lei chung zawng zawng “thuneitu” nihna pawh a tel a ni.

Chhû thuneihna kan chhân tâk chu engte nge ni? “Thuneihna” han tih hian tûn lai hunah chuan a tha lo lam kâwkin kan hmang tlângpui emaw tih mai tûr a ni a; mahse Eden Hunah kha chuan a ni ve lo. Mihringte chu lei chungah thuneitu nihna pêk an nih khân eng nge a awmzia? Kan nu leh pa hmasa berten suala an tlûk hnû-a an lo hloh tawhte zînga thenkhat nei lêt leh thei tûra mite tanpuina kawngah kohhran hian eng nge tih theih a neih ve le?

SUNDAY

JULY 3

Thuneihna nei tûra siam

Mi tu emaw chuan a thian pakhat, Pathian awm pawh ring lo, “zanlaia a thanharh chhônga zawhna ril tak tak, hêng: ‘He khawvêl hi vân boruak zau taka thil eng emaw puak keh palh vônga lo awm a ni tak tak ang em? Engtin nge kan lo awm dânah leh lei leh vân pum puia thil awmte-ah pawh hian ruahmanna fel tak leh tum ropui tak a awm loh theih ang? Mihring nun zawng zawng—keima nun ngei te, ka pasal nun, leh ka fâte nun pawh hi pawimawhna engmah nei lo leh awmze nei lo mai a ni thei dâwn em ni? Ka nun hian awmzia leh tum engmah a nei lo ang maw?’” tia inzâwt thîn chanchin a ziak a.

Suala an tlûk hnu khân mihringte hian thil tam tak an chhân a. *Genesis* bung tîr lama kan hmuh angin Pathian nên chauh pawh ni lovin, kan mihringpuite nên ngei pawh kan inmihran ta a. Kan chhênna lei nêna kan inzawm dân pawh a danglam vek tawh bawk. A chungah hmeichhe pakhat zawhna inzawhten a lantîr ang hian tu nge kan nih a, kan nun hian eng nge hlen chhuah a tum tih pawh kan hre hlei thei tawh lo chu a ni a. Chu achhapah, tûn lai ngaihdân tlânglâwn tak—tihpalh thil thua lo awm mai kan ni a, Siamtu Pathianin keimahniah hian thil thlîr lâwk thiamna emaw, thiltum neihna emaw engmah a dah hlan lo ni âwma rinna hian thil a tibuarchuar zual leh ta bawk a ni.

Hêng Bible chhông: *Genesis 1:26–28; Sâm 8:3–8; Isaia 43:6, 7 te hian engtin nge mihringte siam an nih chhan an sawi hlawm? “Ka ropuina tûra ka siam” (Isaia 43:7) tih hi eng nge ni a awmzia? Engtiangin nge “Ka [Pathian] ropuina” tih tanwngkam hi thuneihna nên a inzawm le?*

Genesis-a kan hmuh angin, Pathianin Evi leh Adama-te a siam chhan dang chu eng pawh lo ni se, lei chungah thu nei tûr pawhin a siam a ni tih kan hre tûr a ni (*Genesis 1:26–28*). Nupa tuak hmasa berte kha Pathian ropuina leh a nungchang pho langtu tûr an ni a, anmahni hmangin ropuina leh thuneihna vâwrtâwp neitu (*Thupuan 1:5, 6*) chuan leia a thil siam dang zawnzawngte hi a enkawl ang a, a châwm lian ang a, an rawng a bâwlsak bawk dâwn a ni. Sualah khân lo tlu lo ni ta se, engtiang takin nge Pathian ropuina chu anmahni leh a thuhnuaia awm khawvêl kal tlang hian puanchhuah a nih ang le?

Mahse tûnah pawh hian Krista chu kan rin a, rinna, thuâwihna, leh amah nêna ãan dunna hmanga kan nun hi a hnênah kan hlan a nih phawt chuan, Davida'n, “LALPA chuan ka tâna thiltum a neih chu a hlen chhuak ang” (*Sâm 138:8*, ESV) tia a lo sawi kha kan zâwm ve thei dâwn a. Pathian chuan mi tin tân hian thiltum eng emaw tak a nei ãeuh a ni tih hriatna hian mahni inrintâwkna leh hlimna min pê a, keimahniah hian a thil tum chu tihhlawhtlin a nih theih nân a hnênah kan inpumpêk thlawp a ãul ãîn rêng a ni.

Mi tu emawin, “Aw le, Kristian i ni bawk a, i nunin hlen chhuah a tum chu eng nge ni?” tiin zâwt ta che se la, eng nge i chhâna ni ang a, eng vânga chutia chhâng chu nge i nih le?ê

THAWHTANNÍ

JULY 4

Thuneitu nih avânga hamthatna awm chu

***Genesis 1:26-28*-a târlan anga mihringten lei chungah “thu an neih” dân tûr chu eng nge ni?**

Bible-a *thu nei* tih tih ãawngkam hi Hebrai thumal (thiltih sawina) pakhat *radah* tih aãanga lo kal a ni a. He ãawngkam hian rorêl tûra dikna leh mawhphurhna nei tih a kâwk. He lai thû-ah hi chuan thuneihna leh thuneihna inkhaidiat chhâwng, khawvêla thil siam dang awm ve zawnzawngte chungah mihringte awmna sawina atân hman a ni. *Radah* tih thumal hrim hrim hi chuan, Thuthlung Hlui hmun dangah pawh hman a nih dân angin chu thuneihna chu engtianga hman tûr nge (mi dangte ãatna tûr nge, mahni ãanghma hai rân) tih lam sawi hran lo mah se, khatih lai hun kha suala mihringte an tlûk hmâ a la nih tlat avângin mi dangte ãatna atân hman tûr a nih ngei a rinawm.

Genesis 1:28-a leilunga thil awmte chu an thû thû-a awmtîr tûra Adama-te nupa a hrih chungchângah pawh khân chutiang chu a ni tih a chiang hlê. *Thu thua awm tîr* tih hi Hebrai thumal pakhat, *kavash* tih aãanga lo kal a ni a, chu thumal chuan inlaichîna inkhaidiat chhâwngah hian mihringte chu leilung chungah an awm a, an hnênah thiltitheihna leh thuneihna pêk a ni bawk tih a entîr. Thuthlung Hlui hmun dangah chuan *kavash* tih thumal hi *radah* tih thumal âi pawhin a chak zâwk bawk a, a tak taka mi tûte emaw kan thuhnuaia kan kûn luihtîrna ang hi a kâwk a ni (*Number 32:22, 29; Jeremiah 34:11, 16; Esther 7:8; Nehemia 5:5*).

Hêng zînga tam takah hi chuan an thuneihna dik lo takin an hmang a ni tih a lang chiang khawp mai; chuvâng chuan Pathian pawh a lâwm lo hlê ãîn a ni. Mahse thil siam chungchângah bîk erawh hi chuan Adama-te nupa kha Pathian anpuia siam, sualna pakhat mah la nei lo an nih tlat avângin lei chungah thil awmte an thû thû-a awmtîr phalsak an ni pawh hi Siamtu âiawha an ãatna tûr an thawh theih nân a ni zâwk a. Mahni hmasial râna thil an tih phalsakna a ni lo tih a chiang hlê a ni.

Genesis 2:15-ah pawh hetiang zâwnga thuneihna hman chungchâng thu kan hmu leh a, Adama chu Pathianin a hruai a, Eden Huan enkawl (Hebrai, *abad* –hna thawk, rawngbâwl, lei let) tûr leh vêng (Hebrai, *shamar* –hung, vêng, vil, thlîhlai, thlîr, vawngtha, ngaihsak) tûrin a dah a nih kha.

Chutiang chu a nih avângin heti laia thuneihna nei tih hian a kawh ni bera lang chu, hmangaih tak chungah thil siamte enkawl leh ngaihsak a ni. Pathian nêna an inlaichînna huang chhûngah khân kan nu leh pa hmasa berte hian a taka an thuneihna an hman theihna tûra an mamawh zawng zawng chu an nei vek tûr a ni a, chu chuan Pathianin a thil siamte a hmangaihzia a tilang dâwn a ni.

Tûnlai hunah hi chuan *thu nei* tih ãawngkam hi thil duhawm lo lam sawina atân hman theih leh hman ni fo ãhîn tho mah se, Bible-a a lo lanna hmasa berah erawh hi chuan a ni ve hauh lo tih a chiang hlê. Suala mihringte an tlûk hmâa he ãawngkam hman a nih dân a ãang hian eng thilte nge hriat theih kan nei a, chûng kan thil hriatte chu engtin nge kan thu hnuai awm thil/mihringte chungah a takin kan hman theih ang le?

THAWHLEHNÍ
Ramrî-te

JULY 5

Mihringte hian leia thil awm tinrêng chungah thû an nei (*Genesis 1:26*) han tih hian ramri kham âwm miah lovin kan thuneihna chuan engkim a huam vek tihna a ni em? Bible hi ngun taka kan chhiar chuan he thuneihna (“enkawltu nihna” tih pawhin a sawi theih baw) hian chinbí a nei ngei tûr a ni tih kan hria ang.

Entîr nân, Pathian chuan Adama hnênah a chhia leh a ãa hriatna thing rah chu ei hauh lo tûrin a hrilh a (*Genesis 2:15–17* en la). Chutiang chu a nih avângin sual hmasa ber pawh kha enkawltu nih chungchângah a ni kan ti thei ang. Evi leh Adama-te khân an thuneihna tûr chin ni-a Pathianin ramrî a kham sak chu pêl a. Kha ramrî an lo pelhna avâng khân thil siam zawng zawngte chuan hrehawm an la tuar ta reng a nih hi (*Rom 8:20–22*).

***Exodus 20:1–17* chhiar la. Pathian dân a kan tâna “ramri” kham awm vête chu eng nge ni a? Dânin mihringte thuneihnain a huam chin a sawi chu eng nge ni?**

Mihringte chanchin kal tawh kan chhui kîr chuan, hmân ata (entîr nân, *Exodus 1–14*-ah chuan Faraoa chanchin kan hmû a; *Matthaia 2*-ah pawh Heroda chanchin kan hmu) tawh tûn thleng hian (khawvêl tâwp hmâ loh chu a la ni zêl dâwn baw) a, *Thupuan 13 chhiar la*) Setana thunun mi tu tute emaw chuan an thu hnuai awm tûr ni miah lote chungah lam pawh thu neih luih ãâl an lo tum tawh ãhîn a. Chutiang mîte chuan thuneihna hnehchhuh a, “he khawvêl lala” (*Johana 12:31*) mahni insiam chawp tu Setana an entawn a. An thuneihna chu dik lo taka hmangin mi dangte awp beh nân an hmang ta ãhîn a ni.

A leh lamah chuan, an thuneihna leh an mawhphurhna pawh pawm duh lo va, tlân chhiatsan tum tlat an awm ve leh tho baw (*Matt. 25:14–30; Luka 19:12–27*).

Khawvêl leh a chhûnga thil awmte siam a nih laia mihringte chungah thuneihna Pathianin a pêk kha sual chuan eng emaw chen min chântîr tawh mah se, a zavaï chuan kan chân vek chuang lo. Kan mawhphurhna huanga tla thil tam tak a la awm tho va: entîr nân, Krista puihna azârah keimani mi mal nun ãeuh hi kan thunun thei a (*1 Korin 9:25–27; Galatia 5:22, 23*), khawvêl leh a chhûnga thil awmte bâkah, Pathianin min pêk zawng zawngte enkawl hnâ pawh kan kutah a awm baw a ni (*Jakkoba 1:17; Matthaia 25:14–30* chhiar la). Kristiante hian kan thuneihna chin kan hriat chian hlê a ngai a, chumi huang chhûngah chuan enkawltu rinawm tak ni tûrin hna kan thawk tûr a ni.

Mi dangte (entîr nân i nupui/pasal fanau te, i ãhian te, leh i hnathawhpuite) nuna i inrawlh ve a rem lohna chin ãhenkhatte chu eng nge ni? Chutianga kan va inrawlh ve a rem lohna

laite chu kan hriat theih nân eng kaihhruaina dânte nge kan hman ang le (*entîrnân, Matt. 7:1, 12* chhiar la)?

NILAINÎ

JULY 6

Khawvêl enkawl hnâ

“Chutichuan LALPA Pathian chuan mihring chu a hruai a, Eden Huanah huan enkawl tûr leh vêng tûrin a dah ta a” (*Genesis 2:15, NKJV*). **He lai thu aṭang hian kan chênna khawvêl kan enkawl dân tûr thû-ah eng ang kaihhruaina nge kan hmuh theih le?**

Evi leh Adama-te kha suala an tlûk hmâ zawng kha chuan an kuta Pathianin a dah zawng zawngte chungah Amâ aiawha enkawltu an lo ni reng thîn a. Thlai leh ransa chi tinrêngte chu an thuhnuaiyah an awm vek mai a ni. Mahse, suala an lo tlûk tâkah khân thil siam zawng zawng chu an lakah mai pawh ni lovin, Pathian lakah nêl lam pawh an hal ta vek emaw tih mai tûr ni a. Khawvêla thil awmte (sik leh sa, khaw awm dân, thlawhhma lâk chungchâng, leh ramsate) lakah hian engmah tih theih nei lo ni hialin an inhmu ṭan ta bawk a ni.

“Thil siam hnuaihngung zâwkte zîngah chuan Adama kha lal ang mai a ni a, Pathian laka a rinawm chhûng chuan thil siam zawng zawngte khân rorêltu-ah an pawm a; mahse Pathian dân a bawhchhiat chiat khân a thuneihna chu a chôn ve ta nghâl a ni. Helna rilru, amah ngeiin kawng a hawnsak chu ramsa zawng zawngte zîngah pawh a lo darh ta a. Chutichuan, mihring nun chauh pawh ni lovin, ramsate nihphung, thing leh mau, hnim hring, leh a boruak hîp luh te ngei pawh chuan an zavaiin thil ṭha lo hriatna zirlai lungchhiatthlâk tak chu an sawi ta vek mai a ni.”— Ellen G. White, *Education*, pp. 26, 27.

Tûnah pawh hian leilunga chhiatna lo thlengte leh kan chhehvêla thil awm chereu zêlte hian hmun thênkhatah chuan harsatna nasa tak min la thlen reng a. Chutiang lama invên nân chuan tûnlai thiamna leh khâwl chi hrang hrangte nasa takin kan hmang rêng a ni. Amaherawhchu, tûnlai thiamna leh khâwlte hian min vênna chin tam tak awm mah se, a châng chuan kan chênna khawvêl tichhetu an ni ve leh tho bawk a. Mahni hmâsial taka thil kan tihte hian mi dangte tân harsatna nasa tak a thlen theih tâk avâng hian kan leia thil nung awm rêng rêngte an awmna leilung azira an nungchang leh awmphung zir hi Pathian thu lam aṭanga thlîr pawhin thil pawimawh leh ṭul tak a ni ta a ni.

“Seventh-day Adventist-te chuan chin tâwk nei lêk lova hlâwk tumna leh thil chuangtlai siam chhuah ṭeuh ṭeuh duhna rilru-in a pawlh buai ve loh nun dân phung mâwl tê, hrisêl leh him bawk si chu kan sawi mâwi a. Pathian thil siamte hi zah a, leilung hausaknate kan hman dânah pawh chin tâwk nei a, kan thil mamawh zât te chhût nawn leh a, nunna nei zawng zawngte zahawmna humhim nawn leh tûrin mi tin kan sâwm a ni.”— “Official Statement of the Seventh-day Adventist Church on Environment,” 1995.

Engtin nge khawvêl kan thlîr dânah hian inbûk tâwk takin thil kan kalpui theih ang? Kan awmna tûr atâna Pathianin in min pêk hi a enkawltu ṭha tak ni tho chung sîin Pathian anga biak loh theih dân a awm em? Hemi chungchângah hian *Rom 1:25* hian eng vaukhânna thu nge min pêk le?

NINGANÎ

JULY 7

“Thuneihna” nei lêt lehin

Tlûkna avâng khân kei mihringte hian thil tam tak kan chôn a, chumi zîngah chuan Eden Huana an awm laia kan nu leh pa hmasa berten thil siam dangte chungah thuneihna an neih pawh a tel a. Krista chu kan thil chôn tawhte min neih lêttîr tûrin leiah hian a lo kal ta a ni.

Kan tâna Kristan a thil a lo tih tawh azârah keimahni ngei pawh hi mi dangte hnên thleng a, Kristaa min pêk tawh ang chu anni pawhin an neih lêt ve leh theih nâna ãanpui tûrin Pathianin min ko va. He thil hi Isua lo kal leh hmâ chuan a famkimin thleng dâwn lo mah se, tlachham te, Pathian la kata bo tawh te, leh khawvêl thilin a chîm buai hneh lutuk tawhte ãanpui tûrin tih theih tam tak kan nei tho va. Tûnah ngei pawh hian ãin thar leh hnâ thawk ãan nghâl tûrin Pathian chuan min hmang thei a, min mamawhtu apiangte chu i ãanpui nghâl ang u.

Hêng a hnuai Bible châng târlante hian soal avânga “thuneihna” an hloh tawhte nei lêt leh thei tûra mi dangte puih theih dân kawng an sawite chu engte nge ni hlawm?

Deut. 15:7–12: _____

Luka 14:12–14: _____

1 Petera 3:15: _____

Jakoba 1:27: _____

Isaia 58:7: _____

2 Thesalonika 3:10: _____

A kohhran ang zâwng pawh hian thil tih theih leh tih ngei ngei tûr kan ngah mai a, tlachhamte ãanpui tûra koh kan nihna hi kan hre reng tûr a ni. A châng chuan mi tute emaw hnênah châw ei tûr te, thawmhaw inbel tûr te, leh chênna tûr hmun te kan pêk *ngghâl vat* a tûl thîn a. Chhawmdâwlna pêk hi thil tûl tak ni tho mah se, mîte nuna thuneihna pe lêt leh tak tak tûr chuan chhawmdâwlna mai bâk thil dang eng emaw kan pêk tel a ngai a ni.

Keimahnia beiseina awm hi eng vânga nei nge kan nih tih sawi thei tûra kan inrin reng a tûl rualin, mîte chu engtik hunah leh khawi hmunah pawh an taka mamawh phuhrûksakin, nun kawng ãa zâwk kan kawhmuh thei reng bawk a ni.

Kan harsatna tawh a inang diak diak kher lo va, kan mamawh pawh a inang vek thei hek lo, mahse Pathian chuan kan awmna hmun theuha êng ni tûr leh, damna leh beiseina hnâr ni theuh tûrin min ko va. Hei hi a rawng kan bawl hmangaihna leh mihringte chhandam duh Pathian tâna thuhretu kan nihna kawng pawimawh tak pakhat a ni. LALPA chakna rinchanin, tlachhamte tâna êng leh beiseina kan nih theih nân, kan tih theih zawng zawng chu kan ti ngei tûr a ni. Chumi âia nêp chu Kristiante hian kan ti thiàng lo. He rawngbawl hnâ kan thawh hian mîte hnênah Pathian chanchin kan hrilh pah zêl a. An taksa mamawh kan phuhrûksakna hmang hian, Thlarau Thianghlimin an thinslung a rawn thlen theih nân kawng kan lo buatsaih nghâl bawk a. Hetiang hian Isua pawh khân a lo ti thîn a, a tih ang taka ti vê tûra koh kan ni.

ZIRTÂWPNI

JULY 8

Ngaihtuah zui tûr: Ellen G. White-i lehkhabu *Ei leh Ina Thurâwn*-a “Mahni-Inthunun A Ngaihna,” (pp. 73, 74) tih te leh, *Enkawltu Tâna Thurâwn*-a “Enkawltu Nihna Thupuite,” (pp. 111–113); “Tlante Hlimna Tâwmpuiin,” (pp. 348–350) tih te chhiar ni se.

Keini tûnlai huna chêng thlîrna aţang hi chuan suala tlu khawvêla kan pil hneh tawh êm avângin, Tlûkna avânga kan thil chân chu eng nge ni chiah tih pawh suangtuah thiam a har tawh hlê mai a. He khawvêl soal tak mai hi kan thil hmuh leh hriat chhun chu a ni mai sî a, chuwângin Pathian Thû-in kan tobul leh khawvêla sualna leh thihna leh thil ãa lo hrang hrang lo awm ãan dân a sawite hi hre lo ni pheii ila chuan, kan en liam ve mai mai ang, mihring nun pêng khat ve rêngah kan ngai hmiah mai dâwn a ni.

Nimahsela suala mihringte an tlûk chanchin hian hetiang hi thil nih dân tûr rêng a ni lo tih min hmuhtîr a. *Genesis* bû-a kan hmuh dânin Evi leh Adama-te kha khawvêla thil awm zawng zawng chung a thuneitu tûr an ni a; mahse suala an tlûk hnû-ah khân anmahni an danglam tâk miau avângin, khawvêl nêna an inzawmna chu a inthlâk ta nghâl a, khawvêla thil awmte

nihphung pawh a lo inthlâk ta bawk. Thuneihna an lo kawl thin chu vawilehkhatah an chhân ta a, chumiina a nghawngte chu a namai lo hlê.

“Hlîng leh buar lo chhuak ta te (*Genesis 3:17, 18*), tui lêt-in leilung a tihchhiat te (*Genesis 7:12*), thlalêr leh ram chengchhia lo awm tâte bâkah, chhanchhuaktu tûr ngaia thil siam zawng zawngte an rûm reng mai pawh hian, sualin khawvêl a nghawng dân chu an tilang chiang hlê.”—*Handbook of Seventh-day Adventist Theology* (Hagerstown, Md.: Review and Herald® Pub. Assn.), vol. 12, p. 254.

Chhandamna ruahman lo awm avâng hian kan lâwm hlê tûr a ni a, chu chuan kan thil chhân tawh zawng zawngte kha min pe lêt leh dân a, hun liam tawh leh tûna kan hun hman mêk âia tha zâwk daih hma lam hun tha pêk min tiam bawk a ni.

Sawi ho tûrte:

❶ Hêng Bible chângte (*Exodus 23:10–12; Deuteronomi 11:11, 12; 20:19, 20*) hian a sawi ber chu tûnlaia *ecology* kan hriatthiam dân ang hi ni chiah lo mah se, kan chheh vêla awm thing leh mau, nungchâte, leilung hrim hrim hi a enkawltu tha tak kan nih a tûl a nih tih kan hriatthiam theih nân eng thûte nge an sawi hlawm? Engtin nge kan chhehvêla thil awmte enkawltu ni lovin, kan chhehvêla thil awmte Pathian anga betu kan lo ni zâwk em tih kan hriat theih ang?

❷ Pathian siam khawvêl leh a chhûnga thil awmte hi han thlîr la. Kan tân thian tha tak an ni hlawm nge ni a, kan hmêlma hlauhawm tak an ni zâwk?

❸ Sunday zirlaia mihring nun awmzia leh thiltum chungchânga sawina kha sawi ho leh ula. He zawhna zâwtu che hnênah eng chhânna nge i pêk ang? Kan chhânna pêk chu Pathian awm ring lote emaw, chhandamna thurin pawm vê lote emaw chhânna nê engtianga danglam tûr nge a nih?

❹ Thuneihna nei tih tawngkam hi a tîra a awmzia ang tak khân engtin nge kan neih lêt leh theih ang? Chumi awmiza chu, thuneihna nei tih hi engtiangin nge thil tha tak a nih? Engtin nge tûnlai hunah pawh hian thil tha tak a la nih ve theih tho ang?

ZIRLAI 3-NA

JULY 9–15, 2016

THUTHLUNG HLUI HUNA RÊLDIKNA LEH KHAWNGAIHNA: Then 1-na

CHÂNGVAWN: “Ani chuan hnehchhiaha awmte thlavâng a hauhsak a, rilâtâmte hnênah chaw a pe bawk thîn. LALPA chuan tân ina awmte chu a chhuah zalên thîn a, LALPA chuan mitdelte mit a tivâr thîn a, LALPA chuan lungngaia kûnte chu a kaitho thîn. LALPA chuan mi felte a hmangaih a, LALPA chuan hnam dangte a vênghim a, pa nei lo leh hmeithaite chu a chhawmdâwl thîn” (*Sâm 146:7–9, NIV*).

SABBATH CHAWHNU JULY 9

Chhiar tûrte: *Exodus 22:21–23, 23:2–9; Isaia 1:13–17; 58:1–14; Amosa 8:4–7; Tirhkohte 20:35.*

KUM eng emaw zât liam tâah khân ni khat chu khawvâwt tak hnuaiyah hian mipa naupang kum 10 vêla upa chu ke-lâwnga awm leh vawt tih vânga khûr ngawt ngawt chungin pheikhawk zawrhna dân tukverhah a va dâk a. Chutih lai tak chuan nu pakhat hi a hnênah a lo kal a, eng vânga tukverha dâk reng nge a nih a zâwt a; chu mipa naupang chuan Pathian hnênah pheikhawk bun khat tal a neih theih nân a dîl thu a lo hrilh a.

Chû nû chuan a bânah kaiin dân chhûngah chuan a luhpui ta a. Dân ngahktu hnênah chuan mawza bun rukrawn la tûrin a hrilh a; chawhtawlh, tui, leh hrûkpuan pawh a dîl ngâl bawk a. Chu naupang tê chu dân nhung lamah chuan a hruai a, a mawza bunlai tawptak chu a hlihsak a, a kê chu fai taka silsakin, hrûkpuan chuan a hru ro ngâl bawk a. Chutah dân ngahktu chuan

mawza chu arawn pê a. Hmeichhia chuan a buntîr a, tichuan pheikhawkte pawh a leisak ta bawk a. A lû-a ben thak thak pah chuan nuam a tih deuh tawh leh tawh loh a han zâwt vêl a. Kal leh mai tuma a inher lai chuan mipa naupang tê chuan a kut a va vuan a, mittui tla kiang chung hian, “Pathian nupui i ni em?” tiin a zâwt a.- www.inspirationalstories.com/1/198.html.

He mipa naupang tê hian amahin a hriat âia tam thudik a sawi a. Kohhran hi Pathian nupui, a mo a ni a. A nungchang chu kan chângvawnah khian tarlan a ni. Keini a kohhran member, siam thara awm tawhte hian chu nungchang chu kan lan chhuahtîr ngei tûr a ni a. Amâ tâ kan ni tak tak a nih chuan, mi retheihte leh tanpuitu nei lote chu khawngaihna nêh kan enkawl ang a, an mamawhte kan pe thîn ngei ang.

SUNDAY

JULY 10

Khawngaihna leh rêldikna: Pathian mîte chhinchhiahna

A tîr atang rêngin dik taka rorêlna hi Pathian dân pêng pawimawh tak leh a mîte tâna a duhthusâm a ni a. Khawtlâng rorêlna dik hi huhova awm mihringte tâna Pathian thiltum sa rêng a ni: chumi khawvêlah chuan an mamawh bulpuite chu hmuh vek a ni ang a, an hmuingil ang a, remna-in ro a rêl bawk dâwn a ni.

Hêng Bible chângte hi chhiar la, tichuan khawngaihna leh rorêlna dik, “khawtlâng rorêlna dik” tia an sawi bawk thîn chungchâng an sawite chu i khâikhâwm dâwn nia. *Exodus 22:21–23; 23:2–9; Leviticus 19:10; Thufingte 14:31; 29:7.*

Khawngaihna leh rorêlna dik chu hmânlai Israel mîte hnêna Sabbath serh dân tûr hrang hrang a pêkahte pawh khân târlan a ni a. Pathian chuan Sabbath chi thum a sawi.

Engtin nge hêng Sabbath chi thumahte hian khawngaihna leh rorêlna dik chu târlan a nih le? *Exodus 20:8–10; 23:10, 11; Leviticus 25:8–55.*

1. Ni sarihna nî Sabbath serh tûra inzirtîrna thûte hian mi tin tân chawlhna hun remchâng a siamsâk a, chu chuan bâwih te, ranvulh te leh hnam dangte pawh a huam vek a ni.
2. Kum sarih dan zêla lo thleng Sabbath (ram chawlhîr kum) chu leibâte inngaihdamna, mi retheite ngaihsakna, leh bâwihte chhuah zalenna tûr hun a ni a. Pathian chuan he sabbath-a hamthamna awmte hi an ran vulhte pawh têtîr ve tûrin a hrilh a ni (*Lev. 25:6, 7*).
3. Inpêk lêt leh kum (jubilee) chu ram chawlhîr kum vawi sarih a vei hnû, kum sawmnganaah a lo thleng thîn a. Hemi kum hian thil an inleisak tawhte chu a neitu dik tak hnênah an pe kîr leh thîn a; leibâte ngaihdam a ni a; lung in tângte leh salte chu chhuah zalen an ni bawk thîn. Jubilee chu khawtlâng mipuite hrût rual lehtu, mi tin hnêna bul tan thar lehna remchâng siamsaktu a ni a. “Hausa lutuk emaw, tlachham lutuk emawa mi an awm loh nân a vêngnim tlat a ni.”—Ellen G. White, *Tihdam Rawngbâwlna*, p. 172.

Chutiang chuan hmanlai Hebrai mîte khawtlâng inrêlbâwl dânah khân rêldikna leh zahngaihna chuan khawtlânga chanchhe zâwkte din chhuah ve theihna tûrin hna an lo thawk dún thîn a ni.

THAWHTANNÎ

JULY 11

Thattlâna Tûrin

Genesis 2:1–3 chhiar la. Hêng chângte hian Sabbath chu mi zawng zawng tân a nihzia engtin nge an sawi le?

Sabbath hi dik taka kan serh a nih chuan, keimahni chawlhna (*Exod. 23:12*), tlanna (*Deut. 5:12–15*), leh lei thara dintharlehna (*Isa. 66:22, 23*) tûr chauh kan buaipui thei bîk lo vang. Dik taka sawi chuan, ni sarihna nî Sabbath hian Pathian chu Siamtu leh he leia thil nung awm zawngte tâna Chawlhna Petu a ni tih min hrilh a. Sabbath chawlhna chuan mi zawng zawng– kan rethei emaw, kan hausa emaw–a huap tih awmzia chu kan zavai hian chawlhna hun t̄ha kan nei vek tihna a ni. Pathian chu mi zawng zawngte Pa in̄tawm a nih avângin, mihringte hi A ngaihah chuan kan intluk vek a, min ngaihsak êm êm vek bawk a ni.

Nimin lama kan hmuh tâk ang khân, khawtlâng rêldikna pawimawhia chu chawlhkâr tina lo thleng Sabbath te, kum sarih dana lo thleng ram chawltîr kum te, leh kum sawmngana kuma lo thleng thîn inpêk lêt leh kum (jubilee) te khân an tilang a. Hêng Sabbath chi thumte siam a nihna chhan *Leviticus 23* leh *25*-a târlante hi Kristiante tân pawh a ni ve tho tih kan hre tûr a ni. Ni sarihna nî Sabbath chuan khawvêl leh a chhûnga thil awmte hi Pathian siam a ni tih min hrilh kumkhua dâwn a, chu mai chu ni lovin, Kraws leh lei thar pawh min kawhhmuh reng dâwn bawk a. Min Siamtu leh min Chhandamtu nêna kan inzawmna a tichak ang a, tichuan a hmangaih êm êm–mamawh tam tak nei, rethei leh hrehawm tuarte nêna inhnaih zual zêl tûrin min hruai dâwn a ni.

Amaherawhchu, ram chawltîr kum leh inpêk lêt leh kum (jubilee) te hian chatuana nung reng thu pawimawh tak tak lantîr tho mah se, tûnlai hunah pawh kan la serh reng a tûl tihna chu a ni lo. Khawvêl hi suala a tlûk hmâ, thil siam a nih lai daih tawha din ni sarihna Sabbath ang hi chu ni lovin, hêng Sabbath-te hi chu “thil lo thleng tûrte hlimthlâ” (*Kolosa 2:16, 17*), serh leh sâng lam hawi an ni zâwk a; Isua rawngbâwlina leh inhlanna kâwkin, kraws-a a thihnaah khân an tâwp zui ve nghâl a ni. Hêng serh leh sâng lam hawi Sabbath-te hian mi dangte, a bîk takin tlachhamte chungka kan rilru puthmang tûr chu min kawhhmuh a. Israel mîte kha Pathianin a tlan tawhte an nih avângin khawvêl hnêna êng chhitu tûr an ni a, inthliarhranna awm miah lovin, Pathian khawngaihna chu mi dangte hnênah an lantîr tûr a ni a. Lâwm chungin Pathian nungchang chu Amah la hre vê lote hnênah an lantîr dâwn a ni.

Amosa 8:4-7 chhiar la. Hetah hian eng thil nge thleng a, mi dangte nêna kan indâwrnaah hian an thil tih ang hi kan tih ve loh nân engtin nge kan invên theih ang? “Mathei lovin an hnathawh rêng rêng ka theihnghilh hauh lo vang” tih thu Pathianin a sawiah hian eng thil pawimawh tak nge kan hmuh le?

NILAINÎ

JULY 12

Zâwlnei âw: Then 1-na

“ ‘Mahni tâna sawi ve thei lote chu sawisak la, hlamchhiaha awm zawng zawngte chu chhan rawh. T̄awng chhuak la, dik takin rorêl ang che; mi retheite leh tlachhamte dikna chanvo chu humsak rawh’ ” (*Thufingte 31:8, 9, NIV*). Heta a thil sawite hi engtin nge tûnlai hunah hian a takin kan hman ve ang?

Tûn kârah hian Pathian chuan khawngaihna leh rêldikna lantîr tûr leh, chutiang chu a mîte nungchang atâna a duhtusâm a nih thu kan hmu nual tawh a. Hmânlai Hebrai zâwlneite kha tlachhamte tân an au chhuak thîn a. Pathian mîte chu ngaihsak hlauh ve phâk lote leh, rahbeha awmte Pathianin a ngaihsak a ni tih an haider lui tlat thîn chu sim vat tûrin an hrilh thîn. Pathian pheih chuan mahni hmasialna tel lova mi dangte tanpui duhna thinlung put chu chibai bûkna dik tak nênl intlukah a ngai a ni.

Isaia 1:13-17 chhiar la. He laia Zâwlnei Isaia thupuan hian Pathianin chibai bûkna dik a hrilhfiah dân chungchâng eng nge a sawi? Engtin nge heta a thil sawi hi keimahni-ah kan

lo seng luh ve theih ang? Chumi awmzia chu, hêng Bible chângte hian tânlai huna mîte hnênah hian eng nge a sawi le?

Thuthlung Hlui hunlaia zâwlnei tak takte khân an thih hnû-a thil lo la thleng tûrte an sawi hlawm ngei mai tak a, chutih rual chuan, an hunlaia mîte thlarau nun leh rilru siam that tûlzia bâkah, mahni hmasialna tel miah lova rawngbâwl a pawimawhzia pawh a sawi nasa hlê bawk thîn. Pathian chhiahhlawhte âw chu a mîten an bul hnai maia awm hrehawm tuarte chu Pathianin a khawngaihzia ngaihsak miah lova hleihluak taka amah chibai bûk an tum sî lai khân a ri ring zual thîn a. Pathian “chibai bûka” buai luattuk avânga tlachham tanpuina hun pawh nei thei lote âia thuhretu tha lo hi an awm thei chuang dâwn em ni? LALPÂ rawngbâwltûte chuan mi dangte mamawh phuhrûksakna hmangin “chibai bûkna” dik chu an târlang tûr a ni zâwk.

NILAINÎ *JULY 13*
Zâwlnei âw: Then 2-na

Isaia 58-ah hian Isaia hunlaia chêng Pathian mîte leh tânlaia keini tâna zilhhauna leh beiseina thuchah a bîk taka puan chu kan hmu a ni.

Pathianin a mîte laka a beidawn thu a puan hnû khân (*Isaia 58:1*), engtin nge a thuhрилhte awm dân chu a sawi le? *Isaia 58:2* chhiar la.

He thu a sawi lai hian engtiang takin nge a “aw kî” a tihsân tih chu hre lo mah ila, a lang maia sâkhaw mîna leh rinna an lantîr chu a dik lohzia a hriat chian êm avângin LALPA chuan a duh lo hlê a ni tih erawh a Chiang a. Saptawng Bible pakhat, NIV chuan hetiang hian a letling a: “ ‘Zawn zawng nî tin mi zawng thîn ngei mai a; thil dik tak ti thîn leh Pathian thupêkte thlahthlam ngai lo hnam ni âwm takin ka kawngte pawh hriat an châk niin a lang, ’” tiin (*Isaia 58:2*, NIV).

***Isaiah 58:3-14* chhiar la. Hêng mîte hnênah hian LALPAN an sâkhaw biak dân a thil dik lo awm chungchâng dang eng nge a sawi (hetah hi chuan chawnghei thû a ni a)? Heti laia thu lian tak inphûm awm chu eng nge ni?**

He laia thil pawimawh tak inphûm awm chu i lo hria em? Pathian chibai bûkna hi mahni hmasial takin a kalpui theih a: *LALPA, hei hi mîn tihsak rawh, chu chu ka tân ti ang che.* Keimahni mi mal mamawh kan dîl hun leh hmun chu a awm ngei tûr a ni rêng a. Nimahsela, heti laia LALPAN a sawi hi chu chibai bûkna dik takah chuan “rilâmte” hnênah ei tûr pêk te, “hnehchhiaha awmte” chhuah zalên te, leh “mi retheite” tanpui pawh a tel tûr a ni. Thil ropui deuh mai chu, hetiang mi dangte hnêna rawngbâwlna hian tanpuina dawngtu chauh ni lovin, tanpuina petu pawh mal a sâwm ve tho tlat hi a ni. Mi dangte rawng kan bawlsak a, mi dangte hnêna thil kan pêk hian keimahni pawh mal kan insâwm nghâl a. Hêng Pathian thutiamte hi a tak a nih ngeizia eng emaw ti tala la chang ve miah lo tu nge awm le? Mahni inthanpui thei lote tanpuitûte hnêna hlimna, lungâwina leh beiseina lo thleng thînte hi la hmu ve ngai miah lo kan awm em? Hei âia khawvêl hnêna Pathian nungchang târlan dân kawng tha zâwk hi a awm theih a rinawm lo.

***Tirhkohte 20:35* chhiar la. Engtiangin nge hêng thûte hi mi dangte hnêna rawng i bâwlna kawngah khân a taka i lo chan ve tawh le?**

NINGANÎ *JULY 14*

Thil ƣa min tihƣirtu

Thudik kawł chu enganga ropui pawh ni se a tawk zo chuang lo. *Isaia 58*-ah hian Pathian mite chu an sakhaw biak dānah an urhsūn em em mai a, chutih lain an rinna chu a taka lan chhuahtirna lamah erawh an hniam hlē thung. Pathian chuan tūnlai huna a kohhran hi mite thil ƣa tihƣirtu, a nungchang dik tak lanchhuahtir tūra Thuthlung Hlui zāwlneite sāmna thu puang chhunzawmtu ni tūrin a ko va ni.

Hēng a hnuai Bible chāngte hi chhiar la. A kohhran mal ang leh, khawvêl pum huap kohhran kan nihna hian engtin nge Pathianin ti tūra min duh chu kan tih theih ang?

Sām 82:3

Isaia 1:17

Khawpui kohhran pakhat chu silai hmanga inbeihnain a tibuai reng ƣinna vēnga awm a ni a. Kum 2011 khān an pastor chu rawngbāwlna an neih lain a au chhuak ta a. Chumi ƣuma a thusawi ber chu hetiang deuh hi a ni: “Kristiante chuan thihnain kawng a zawh lai hi an tihƣawp nghāl tūr a ni! Nain khaw hmeithai fapa ruang zāwntūte Isuan a tihdin thu (*Luka 7:11–17*) kha sawiin, an vēnga tharum thawhna thleng a hluar zêl laia kohhran chu a ƣhut thluan ngawt theih bīk loh thū thiam takin a sawi a. A thusawi ngaithlatūte chu, “Thi tate fakna thu sawitu tūr kohhran ringawt em ni kan nih le?” tiin a han zāwt tē tē a. Chutah, “ ‘Eng vāngin nge tawrhna hi a thlen i phal?’ tiin Pathian hnēnah kan zāwt a nih chuan, ‘Eng vāngin nge tawrhna hi a thlen in phal?’ tiin min lo zāwt lēt ang,” tiin a sawi zui bawł.

He kohhran hi khawtlāng hmasāwna kawngah pawh an inhmang ƣa hlē a. Kohhran zaipāwl chuan kum sarīh chhūng chu an khawpui chhūnga kawthlerte an lo fāng kual tawh ƣhīn a. Pathian fakna hlā an rem a, Pathian thuziak lehkhate an sem a, tlachhamte rawng an bāwlsak bawł ƣhīn. Hetianga khawtlāng tana an inhmanna hmang hian an vēnga chēngte chu kawng tam takin an ƣanpui tawh a, mamawh nei tam takin an ƣangkaipui hlē a, an khawtlāngah danglamna lian tak an thlen a ni.

He kohhran thiltihte hi kan khawtlāng ƣeuhva kohhranhoten rawngbāwl hnā kan kalpui theih dân leh damna kan thlen theih dân kawng tam takte zīnga pakhat a ni.

In khawtlānga ƣanpui ngai awmte tân in kohhranin eng nge tih theih a neih le?

ZIRTĀWPŊĪ

JULY 15

Ngaihtuah zui tūr: Ellen G. White-i lehkhabu ziah, *Thlahtubulte leh Zāwlneite* tiha, “Israel-te Hnēnah Dân Pêk A Ni,” (pp. 350-366) tih thu leh, “Pathianin Mi Reteite A Ngaihsak” (pp. 644-652) tih thute chhiar ang che.

Pathianin khawngaihna leh rorēlna dik a ngaihsak pawimawhzia chu hi Thuthlung Hlui lehkhabu hrang hrangahte hian hmuh tūr a awm a. Entir nān, *Deuteronomy 24:10-22* hi chhiar la. Hēng thil hrang hranga tih dân tūr bīk a sawite hi en la. LALPAN mi reteite, hnathawktute, leh leiba neite a ngaihsakzia chiang takin kan hmu thei. A ngaihsakzia a tihlanna pawh hi ƣawngkam thlum leh duhawm, a taka tihpuitlin tak tak thei loh tūr ang ni lovin, a thubuai azir zēla tih dân tūr bīk inhrilh hriatna hmangin a ni zāwk. Hēng thūte hi mi malin rorēlna dik leh khawngaihna a lo ngaihdāna dah mai tūr chuan a pawimawh lutuk a. LALPAN an lo awm ƣhinna hmun, hamƣhatna chang ve phāk miah lova an awm lai kha hre chhuak tūra a hrilhzia te hi ngaihtuah ang che.

“Aigupta ramah khān bāwih in ni tawh ƣhīn a ni tih in hre reng tūr a ni,” (*Deut. 24:22*). Keini Kristiante pawh hian kan sum leh pai dinhmun chu eng pawh lo ni se, Pathianin kan chungā khawngaihna leh phū loh duhsakna a lantirte hi kan hre reng tūr a ni a. Chuvāngin, Kristaa kan

hausakna leh kan famkimna hmang hian (*Efesi 3:19; Kolosa 2:10*) kan tanpuina mamawhtûte tanpui tûr leh, rawngbâwlsak tûrin kan inpeih ve a tûl tak meuh meuh a ni.

Sawi ho tûrte:

- ① Engtiangin nge thupêk palî-nain Sabbath nî chuan bâwihte pawh an châwl ve vek tûr a nih tih thu a sawi hian LALPA hmâah chuan mi zawng zawng hi intluklâng vek kan nihzia a puan le? Engtiangin nge kan mi chhawrte emaw, kan thuhnuai leh kan hnuai awmte chu dik taka enkawl tûr kan nihzia hrethiam tûrin min tanpui? Engtiangin nge mi tin tâna Isuan Kraws-a thil a tih khân Pathian hmâah chuan mi zawng zawng hi intluklâng vek kan nihzia a puan chhuah bawk le?
- ② “Krista rilrû chu kan rilru a lo ni a, a hnâte chu kan hnâte a lo nih ve hunah chuan zâwlnei Isaian, ‘Hei hi chawngheina ka duhzâwng chu a ni lo’ m ni? Nghâwngkaw hruite hlihsak leh, hnehchhiahho chhuah tûr leh, nghâwngkaw tinrêng tihtlihsak hi’ [Isa. 58:6] a tih ang kha kan lo zâwm ve thei ang. Mi retheite leh hrehawm tuarten an mamawh chu eng nge ni tih hriat tum la. Tichuan, hmangaihna leh ngaihsakna thinlung nêh Pathianin i hnêna thil tha a lo thlentîr tawhte chu hrilh chhâwng ve la, huaisenna, beiseina, leh inrintâwkna nei thei tûrin pui ang che.”—Ellen G. White, in *Pacific Union Recorder*, July 21, 1904. Krista zâra Pathianin thil min pêk tawhte chu a mamawh vetîten an tangkaipui ngei theihna tûr engtin nge kan hrilh chhâwn ve ang le?

ZIRLAI 4-NA *JULY 16–22, 2016*

THUTHLUNG HLUI HUNA RÊLDIKNA LEH KHAWNGAIHNA: Then 2-na

CHÂNGVAWN: “ ‘Tin, heti hi a lo ni ang a, luite chu an luanna apiangah rannung tinrêngin an dampah ang a, sanghâte an awm huai huai ang: tuipui tui a thianglimna tûr leh a luanna apiangah rannungten an nunphahna tûrin hêng lui hi a lo luang a ni sî a, ’ ” (*Ezekiela 47:9, NIV*).

SABBATH CHAWHNU *JULY 16*

Chhiar tûrte: *Isaia 61:1–11; Ezekiela 37:1–14; 47:1–8; Matthaia 5:16; Efesi 2:10; Thupuan 22:1, 2.*

KUM 1950 leh 1960 chho vêla vêng thang duang tak ni thîn kha kum 1960 tâwp lam leh 1970 tîr lamah erawh chuan indona mualah a lo chang ta a. Chhûngkaw tam zâwk daih chu hmun dangah an insaseng a, an chênna in kâng bâng leh tû ma zawh tawh lo kawng tum te chu an kal san a. Sumdâwngte pawh an inthiar chhuak nguah nguah a, an hmun ruak luah tûrin ruih theih thil zuarte leh, mi sual tak takte chu an lo lût ve thung a. Chû vêng chu chên zui zêl nân a duhawm lo lehzual ta hlê mai.

Kum 1986 khân Kristian chhûngkaw pakhat chu khaw lian vak lova an in nuam tak kalsanin he vêng ngui tak maiah hian an pêm lût a. Khaw dang aţang lo kal pastor pakhatin a rawn zawm ve leh bawk a. In kâng bâng pahnih chu chei tha-in chênna atân an siam a. Chutia an inben bel deuh hnû chuan kawthlêrahte hun hmangin, chu lai vêla la châm bâng awm chhunte nêh an kâwm thîn a. Hêng chhûngkaw pahnihte hi Pathian chuan hmun tiâu leh ram tawh damna leh siamthar lehna thlentû kohhran din ţanna hmanruaah a hmang ta a. An hnathawh leh an huhâng neihte chu wawiin thleng hian chhinzawm a la ni zêl a, hemi vênga chêng mi tam tak nunah danglamna lian tak an thlen a ni.

Hetianga dinhmun chhe taka dingte tâna kohhranin tih tûr a neih chungchângah hian Pathian chuan thil eng emaw sawi tûr a nei a. Tûn kêr zirlai hian Thuthlung Hlui zâwlneiten Pathian mîte chu khawvêl hnêna Pathian nungchang puang chhuak tûra an sâwmna âw kha a la “ngaihla” chhinzawm reng a ni.

SUNDAY
Kristaa nungin

JULY 17

Dân bawhchhiatna leh suala thi tawhte hnêna harhtharna thlentu Pathian khawngaihna chu *Ezekiela 37*-ah hian Chiang takin puan chhuah a ni a. Inlârnaah chuan zâwlnei Ezekielia chu ruhrova khat ruamah Thlarauvin a hruai a. Hêng ruhrote hian Israel chhûngkaw pum pui a entîr a. Pathian chuan, “Mihring fapa, hêng ruhrote a nung thei a ngem?” tiin a zâwt a (*Ezek. 37:3*).

A chhâna chu zâwlneiin ruhrote hnêna thu a hrilhlâwkahte hian puan chhuah a ni.

***Ezekiela 37:1–14* chhiar la. A mîte tâna Pathianin tih a tum chu eng nge ni?**

Ruhrote hnêna a thuchah puanin rah a chhuahte chu: 1) “an lo nung leh a, mahni kê theuhvin an ding a, sipai rual ropui tak an lo ni ta a (*châng 10*); 2) Pathian chuan a mîte chu anmahni ramah ngei a awmtîr leh dâwn a (*châng 14*); 3) anni pawhin chutianga titu chu Pathian a ni tih an hria ang (*châng 14*).

Nimahsela harhtharna chan ringawt chu a tâwk sî lo. Pathian mîte chu rawngbâwl tûrin a harhthar a. Israel mîte chu hnam hrang hrangte hnêna êng chhitu tûr an ni.

***Efesi 2:10* chhiar la. Eng vânga nuntîr–Kristaah chuan thlarau lama siam thar leh nge kan nih le?**

“Pathianin min pawm chhan chu a Fapa duhtak avâng chauh a ni tih a Chiang a, tin, thil tha kan tih vête pawh hi a ngaihdamna leh hmangaihna hnathawh rah liau liau a ni. Keimahni tih a ni lo va, kan thlarau chhandamnaah hian eng emaw chu tih kan nei ve nia kan ngaih phah theihna tûr thil tha tih pakhat mah kan nei hek lo. Chhandamna chu a thlâwna Pathianin a ringtûte hnêna a pêk a ni a, chu pawh Krista avâng chauhva pe a ni bawk. Mi rilru hah tak chuan Kristaa rinna a nghahna azârah thlamuanna a chang thei a, a thlamuanna chan pawh chu a rinna nêna inmîl tâwk zêl a ni ang. A thil tha tihte chu a thlarau chhandam a nih theih nâna chhuanlamah a hmang thei lo.

“Mahse thil tha tihte chuan engmah hlutna a nei lo tihna em ni? Mi sual, nî tina thil sual ti reng thînte hi Pathian chuan Krista a rinna avânga rinawm taka thil tha tih tum hrâm hrâmte nêh hian a duhsak dân a inchen reng ang em? Pathian Lehkhabu chhâna chu: ‘Thil tha ti atân Krista Isua-ah chuan siama awmin, amâ kutchhuak kan ni sî a; chû thil tha tih chu kan awmna tûrin Pathianin a buatsaih lâwk a ni,’ tih a ni.

“Pathianin ruahmanna a siam dânah chuan, tû mah duhsak bîk awm dâwn lo mah se, thil tha tite chu lâwmmann pêk an ni dâwn a. Krista felna zârah chiah pawm kan ni a; tichuan, khawngaih thiltih te, tanpui ngaite hnêna thil kan pêk te hi chu rinna rah chu a ni.”—Ellen G. White, *Selected Messages*, book 3, pp. 199, 200.

THAWHTANNÎ
Lui luang

JULY 18

***Ezekiela 47:1–8* chhiar la. Inlârnaa Ezekielia’n lui a hmuhah khân eng thil nge thleng?**

He temple chhûng aţang hian tui a lo luang chhuak niin a lang a. Eng vânga lo luang chhuak ngawt nge ni ang, tui kawng (pipe) a pût em ni. He thilah hi chuan hetiang a lo pût hian thil tha a thlen a.

Temple aţanga tui lo pût hi “chhak lam hawiin” a luang chhuak a. Jerusalem aţanga khawchhak lamah khuan Tuipui Thî a awm a, chu chu khawvêla tui tling awmah chuan a hniam

lai ber a ni a. Jerusalem leh Tuipui Thi inkârah hian mêl 21 (kilometer 34) vêla zau thlalêr ram a awm a, Jordan phairuam ti pawhin an sawi thîn. A tui hrim hrim pawh hi a al êm avângin nunna engmah an chêng thei lo bawk.

Amaherawhchu, temple ațanga tui lo luang chhuakin a rawn pawh veleh, tuipuia thui thi tawhte chu an lo “dam leh” ta a. Hei hi Pathian kohhran sawina anga ngaih theih a ni a, Pathian biak in (*1 Petera 2:4, 5*) chu hrisêlna taka awm theihna hnâr leh dân bawhchhiatna leh suala thi tawhte damna thlentua a ni bawk.

Matthaia 5:16 chhiar la. Heti laiah hian khawvêl mîte hnêna a âiawh kan nihna tûr kawngah Isuan eng thu nge min hrih le?

Zambia rama Zambezi Lui chu thingkûng hnuai ațanga lo luang chhuak lui te tak tê-a ințan a ni a. Victoria Falls lam panin a luang zêl a, a tîra ngalrêk pil leka thûk kha khûp thlenga thûk a lo ni a, kâwng chena thûk lo niin, Victoria Falls a thlen dâwn meuh chuan hleuh tham zeta thûk a lo ni tawh a ni. Chutiang bawk chuan, he temple ațanga lo luang chhuak lui pawh hi a tîrah chuan a tê hlê mai a, mahse lo lian telh telhin, a tâwpah chuan a hleuh a hleuh tham luipui-tû mâ dai kai rual loh khawpa lian a lo ni ta a ni (*Ezek. 47:5, NIV*).

In kohhranin damna a thlen dân chu a bulțanna a tê tham hlê pawh a ni mai thei e; mahse in khawtlâng a siam danglam vek thlengin a țhang chho thei asîn! Kan hnathawh hi a bulțanna chu tê tak, lui tê ang lek chauh a ni tûr thu hriattîr ka ni.”—Ellen G. White, *Testimonies for the Church*, vol. 7, p. 171.

Êng leh tui tih hi keimahni hmanga Pathianin mi dangte a puih theih thu sawina atân hman a ni thîn a. Engtin nge țanpui ngaite țanpuina hmanraw țha zâwk kan lo nih theih ang?

THAWHLEHNÎ JULY 19
Kohhran chu nunna hnâr a ni

“Luite chu an luanna apiangah rannung tin rêngin an dampah ang a, sanghâte an awm huai huai ang: tuipui tui a thianghlimna tûr leh, a luanna apiangah rannungten an nun phahna tûrin hêng lui hi a lo luang a ni sî a,” (*Ezekiela 47:9*).

Ezekiela hrihlhâwkna hian Pathian kohhran ațanga lo luang chhuak luiah chuan nunna a awm thu a sawi a. *Ezekiela 47:10* thu hian thilmak êm êm mai sawi belh a nei a: thil nung engmah awm theih lohna nia an hriat thîn lui kamah chuan sangha mantûte an lo ding a, Engedi ațanga Eneglaim thlengin lên denna hmun țha tak a lo ni ta a ni.

He thu-in a sawi tum ber chu Pathian thiltihtheihnain a mîte hnêna hnâ a thawh chuan nunna awm ngai miah lohna hmunah pawh nunna a lo awm thei tih hi a ni.

“Pathianin hnâ a thawhna hmunah chuan dinhmun beisei bo a awm thei lo va, mî tûte mah siamțhat theih loh a awm theih loh a, hmalam huna beidawng leh chan châu min nihtîr thei ngêi tûr leh thiam loh min chantîr tûr âwma lang pawh a awm zui thei tawh lo.”—*The Interpreter’s Bible*, (Nashville: Abingdon Press, 1956), vol. 6, p. 328.

Pathian khawngaihna mak tak mai chuan a lo pawmtûte tân thil mak tak tak a ti thîn a. Hetah pawh hian chanchin țha thuchah chu kan hmu leh bawk a. Pathian chuan keimahni hmangin beidawng tawh te, lungngai te, thlarau lama ro tak te, leh thlarau leh taksa thi mêkte hnênah beiseina a pe thei a ni.

Ezekiela 47:12 leh Thupuan 22:1, 2 hi khaikhin la. Hêng Bible châng pahnihte hian damna chang lehte leh, Isuan a kohhran hmanga a tihdam lehte chan tûr an sawi chu eng nge ni?

Engtik nî-ah emaw chuan Pathian mîte chu–kohhran member-te inpêkna avânga Pathianin a tihdam leh nunna a pêk leh khawtlâng mîte nê–lei tharah an awm dâwn a. Chutah chuan lui dang pakhat, Pathian lal̄hutphah aṅanga lo luang chhuak chu a awm a. Thlalêr te, hmun ro rim rem te, leh thihna te chu a awm tawh lo vang.

Chumi hun a thlen hmâ–chû malsâwmna a taka a lo thlen hun tûr kan lo nghah chhông hian – Pathian chuan a kohhranhote hi khawtlâng tâna damna thlentü leh, nun tam an neih phah theihna hmun ni tûrin a duh a. Keimahni hmang hian thlalêr hmunte leh hmun hniam laite chu siam danglam a, kan awmna hmun ðeuhva Tuipui Thîte chu tihnun leh a, mîte chu Isuaa nun tam nei tûra hruai a duh bawk a (*Johana 10:10*), chu chu Adventist thuchah pum pui khaikhâwmna pawh a ni rêng a ni.

Ezekiela 47-in a sawi ang deuh hi zâwlnei Amosa pawhin a sawi vê a (Amosa 5:24 chhiar la). Engtin nge he thû hian khawtlâng tâna kohhranin tih tûr a neih ve chu a sawi? Engtiang kawngte-in nge in kohhran kha damna lui a nih ve le?

NILAINÎ

JULY 20

Jubilee thutiamte

Thuthlung Hlui lehkhavute hi tîsâ leh thlarau lama malsâwmna dawngte chuan a dawng ve lote hnêna pe chhâwng ve tûr an nih thuin a khat a ni ber e.

Isaia 61:1-11 chhiar la. Eng thu nge Pathianin a mîte hnênah a sawi a, heta a thil sawite hi engtin nge keimahniah leh LALPÂ hmâa koh kan nihna kawngah hian kan lo inhmehbel ve theih ang? Luka 4:18 chhiar la.

Isaia 61 hi mi retheite hnêna chanchin ṭha hril tûr te, thinlung keh tawhte tuam dam leh tûr te, sal tângte hnêna zalênna thu puang tûr te, thim hnuai awmte chhuah zalên tûr te, leh beidawngte hnêna beiseina pe leh tûra LALPÂ Thlarauvin Hriak Thiha hmanga hnâ a thawh dâwn thuin a inṭan a (*Isaia 61:1*). He thutiama a thil sawi zawng zawngte hi “LALPÂ lungâwi kumah” khân a lo thleng famkim a. “LALPÂ lungawi kum” tih hian ram pêk lêt kum (jubilee) kha a kâwk a, chumi kumah chuan chuan mi retheite chu an tlâkchhamna hrang hrangahte chhâwm dâwl ṭhin tûr a ni.

Chutiang chuan, lusûn thlamuan tâk te, Zion-a lungngaia awm ṭhîn hnema awm tâ te, “vut âiah pangpâr ṭihruî” leh “lungngaih âiah hlimna hriak” dawngtu te, “nguina thlarau âiah fakna silhfên” (*Isaia 61:3*) inbeltûte ngei chuan hmâsâng kull chhe tawhte chu an siam ṭha leh ang a, hmun ram tawhte pawh an dinthar leh ang (*Isaia. 61:4*). Messia jubilee malsâwmna changtûte chu an khawtlâng ðeuh siam ṭhatu, khawpui ṭiau tawhte din thar lehtu an lo ni ang a (*Isaia 61:4*). Pathian chhiahhlawhte chu ‘puithiam leh rawngbâwltu’ tia koh an ni ang a, an chheh vêla hnam dang awmte hausakna hmanga châwm an ni dâwn a ni (*Isaia 61:5, 6*).

Isaia 61-a Pathian Hriak Thihin Pathian nêna thuthlungtûte hmuingîlna hmanga hnam dangte pawhin malsâwmna an chan ve tûr thu a sawi hi (*Isaia 61: 8, 9*) vawiina puithiam leh rawngbâwltu ni tûra kohte zawng zawng tân pawh a la dik reng a. He hrilhâwkna a sawi khawtlâng siamṭhatna huhâng hi LALPA Pathiana kan lâwmna a sân lai, chhandamna leh felna kawrfuala kan inthuan lai te hian, kan khawtlângah ðeuh hriat a ni ve tûr a ni dâwn lo’ m ni (*Isaia 61:10, 11*)?

Isaia 61:9 chhiar la. He thû hi Pathianin a mîte tâna thil ropui tak a tih theihzia sawina a ni a. Keini chungchâng pawh hi hetiang hian sawi ve theih tho a ni a ngem? Eng vâng a ni/ni lo nge ni le?

NINGANĪ

JULY 21

Kohhran—danglamna thlentu

Mika 6 chhiar la. Hetah hian LALPAN eng thil a duh loh thû nge a sawi?

Mika hian Thuthlung Hlui hunlaia zâwlnei dang ang bawkin, pawns lama inti sâkhawmi êm êm, mahse inngaihtlâwmna tlachham hlê sî, rorêlna dik leh khawngaihna nunpui tum miah sî lo baw chu dikna leh khawngaihnaa khat Pathian tân pawm theih a nih loh thu uar takin a sawi a.

Mika 6:8-a thuchah pawimawh tak awm chu eng nge ni?

“Sâkhaw dik chu a tiha tih chî a ni a. Serh leh sângte leh puithuna thilte chu a tel ngei tûr pawh a ni; mahse . . . ei leh ina insûmna âi mahin, rilâtamte hnêna ei leh in tûr pêk lam a ni zâwk a. A tak taka Pathian anna hi Pathian rorêlnain sâkhaw dik tak hriat awm chhun chu a ni (*Matthaia 25:34–46*).”—Ellen G. White, *The SDA Bible Commentary*, vol. 4, p. 306.

Tûnnah pawh hian Pathian chuan a lang maia sâkhawmîna, *Mika 6:8*-in a sawi anga Pathian anna tak tak awm sî lo ang chî hi chu a la hnâwl chhonzawm zêl a. Kan sâkhaw serh leh sâng hrang hrangte hi kan tâwpna tûr ni lovin, kan tum ram kan panna kawng a ni zâwk a, thlen kan tum ber chu keimahnia Krista lan chhuahtîr a ni.

Tûn kêr zirlai thuhmahruaiah khân chhûngkaw pahnih chu “beisei tûr engmah awm lohna” vênga chêngte tanpui tûra an pêm luh thu kan sawi a. Hê chhûngkaw pahnihte hian an thian chhar thar dangte nêan an inkawm khâwmna pindanah pâwl lian vak lo an din a. Chu pâwl member-te chu Pathianin an khawtlâng a siam thât leh theih nân tihtakzetin an tawngtai thîn a. Khawtlâng hmasâwnna lam ngaihtuahtu pâwl pakhat nêan thawk hovin, an chhehvêla chênna in chhe tawhte chu a sak thât lehna an thawk tan ta a ni.

He vêng hi i va tlawh a nih chuan vêng thang duang tak, tûn hmâ âia tha leh changkâng zâwk daih chu i hmû ang. Hetiang hi an loh nih theihna chhan chu kohhran te reuh tê khân Isua hmangaihna a taka lan chhuahtîr an tum tlat vâng a ni a, chu chuan an vêng chu a siam danglam ta a ni. He an thil tih hian Krista chuan a mîte hmangin mîte rawngbâwl hnâ a thawk thei a ni tih Chiang takin a lantîr a ni.

Pathian chuan ama mî ni tawh phawtte huam vêkin sawi tho mah se, châng 8-naa “i” tih lai hi chu mi pakhat kâwka sawina a ni a. Pathian chuan mi tin hi mi mal takin a hrilh theuh a. Engtin nge mi mal takin heti laia LALPAN “tha” a tih chu i lan chhuahtîr ve dâwn le?

ZIRTÂWPNĪ

JULY 22

Ngaihtuah zui tûr: *Jeremia 22:1–16; Ezekiel 16:49; Zakaria 7:9, 10* te chhiar la. *The SDA Bible Commentary*, vol. 4-a Ellen G. White Comments tih (pp. 1165, 1166) chhiar ang che.

“Aw mihring, tha chu a entîr tawh che a ni; LALPAN a phût che chu eng nge ni? Dik taka tih leh, khawngaihna ngaihna leh, i Pathian nêna thuhnuairawlh taka lên dun a ni lo vem ni? (*Mika 6:8*). Hei âia Chiang zâwka LALPAN a mîte laka a thil phût sawi chhuahtîr hi a awm thei tawh dâwn chuang em ni? Pathian chuan “tha” chu eng nge ni tih min hmuhtîr tawh a, he ti laia “thâa” tih thumal hi suala mihringte an tlûk hmaa thil siamte nihna sawina atân hman thîn a ni ngê ngê (*Genesis 1*).

Chuvâng chuan, Chiang taka sawi lan ni lo mah se Pathian duhthusâm chu eng nge ni a, kan tâna ruahhmanna a lo neih leh Isua lo kal leh huna min pêk lêt leh a tum chu eng nge ni tih kan hre thei a. “LALPAN a phût che chu” tia an lehlin ÷awngkam hi “nangmâ hnên ațanga LALPAN hmuh a duh chu” tih pawhin a lehlin theih a (a dik zâwk mai thei baw). Chumi awmzia chu, keini, a tlan sa, Krista khawngaihnaa thuamte lak ațang hian Pathian chuan eng nge hmuh a duh ni ang? A chhânna chu mi dangte lakah leh Pathian laka kan awm dânah hian a lang mai dân a ni.

A hmasa berin, *dik taka thil ti tûr kan ni phawt a*. Hei hi tûn kuartar-a kan zirlai thupui, dik lo taka an chungthû rêlsakte kan ÷anpui theih dân tûr chungchâng nêp pawh hian a inrem hlê.

A pahnihnaah chuan, *khawngaihna ngaina tûr kan ni baw*. Kan chênna khawvêl hian a châng chuan khawngaihna a nei lo hlê mai thîn a. Khawngaina kan ngainata, hmangaihna chu mi dangte laka khawngaihna lantîrna hmanga kan tilang a nih baw chuan, thuhretu ropui tak kan ni thei dân a ni.

A pathumna leh a tâwp ber ni baw chu, *Pathian nêp thuhnuairawlh tak chungin kan lêng dân tûr a ni*. LALPA hian Aigupta ram ațanga a chhanchhuaahna kha a laka inngaitlâwm tak leh rinawm taka an awmna tûr chhan niin a sawi a nih chuan, keini Isua thisena tlan tawhte tân pawh hian a va ni lehzual dân êm! Kraws awmze dik tak leh min tlanna atâna a insênna zozai te khân, kan Pathian hmâah chuan inngaitlâwm taka awm mai tûr kan nihzia min hriattîr reng a ni.

Sawi ho tûrte:

❶ Thuthlung Hlui hmun danga ÷anpui ngaite ÷anpui zêl tûr kan nihzia inzia lai chângte chu engte nge ni?

❷ *Amosa 5:21-24*-ah hian Amosa hunlaia sâkhaw mîte Pathianin a zilhhauhna thu hriam tak tak leh, amah ngeiin a din sâkhaw serh leh sângte ai pawha mi dangte an en dân chu a ngaihven zâwk daih thu kan hmû a. Hei hian a eng lai hi nge kan uar ber tûr ni ang tih thu-ah eng nge min hrih le?

❸ Engtin nge mîte tîsa mamawh phuhrûsak kan tum lutukna lama an thlarau nun a mamawh ngawih ngawihthe kan lo hlamchhiah dêr loh nân kan invên theih ang? Engtin nge kan zînga hamthamna chang ve phâk mang lote leh, ÷anpui ngai ngawih nghawihthe hi an tîsâ leh thlarau lam mamawh inbûk tâwk takin kan ÷anpui theih ang?

ZIRLAI 5-NA

JULY 23–29, 2016

VÂNTLÂNG TÂNA ISUÂ RAWNGBÂWLNA

CHÂNGVAWN: “Isua chuan Galilee ram zawng zawng a fang kual a, inkhâwmna inahte zirtîrin, lalram chanchin ÷ha a hrih a, mipui zînga damlo awmte leh natna nei tinrêngte chu a tidam a,” (*Matthaia 4:23*, NKJV).

SABBATH CHAWHNU

JULY 23

Chhiar tûrte: *Isaia 2:8; Matthaia 5:13; 13:3 9; Luka 4:16–19; 10:25–37; Johana 4:35–38.*

THAWNTHU bu pakhat, *Treasure Island* (Rophûmrûk Awmna Thliarkâr) tih a ziah avânga thriat lâp Robert Louis Stevenson-a kha naupang chawrchê tak, sikul pawh kal ÷ha hlei thei lo a ni thîn a. A tâwpah chuan a nu leh paten amah malkhalhtu tûr zirtîrtu pakhat leh a mamawh apiang tihsaktu tûr awmpui pakhat an ruai ta ngawt mai a. Zan khat chu amah rawn en fel tûra a awmtunu a lo kal chuan khumah a lo awm hauh lo mai a; a kut leh a hnâr chu tukverhah chuan a lo chuktuah ngar ngar chu niin. Amah awmtunu chuan hritlâng a kai hmâa khuma lêt leh vat tûrin a hrih a.

Chutah Robert-a chuan, “Tukverhah hian lo kal la, ka thil hmuh hi rawn en ve teh” tiin a hrih a.

Amah awmtu nu chu a va kal a. Kawtthlêrah chuan mi pakhat hian kawtthlêra khâwnvâr an dahte chu a lo chhi êng mêk hi a lo ni a. Robert-a chuan, “En teh khu, mi pakhatin thimthamah a hawlh êng zek zek nia!” a ti a.—Margaret Davis, *Fear Not! Is There Anything Too Hard for God?* (Aspect Books), p. 332.

Thuthlung Hlui hunlaia zâwlneiten ãnpui ngaite ãnpui chungchâng thu an sawi tlêm azâwng chu kan lo hmu ta a. Tûnah chuan Thuthlung Thar lehkhabeten engtin nge an sawi tih kan en ve tawh thung dâwn a, a bulãan nân pawh Isua âia ãha an awm dâwn chuang em ni? Isua thu zirtîrte zînga kan hriat lâ ber pakhat chu, “khawvêl êng” (*Mat. 5:14*) kan nih tûr thu kha a ni a. Chutianga khawvêl êng kan nih chuan, khawvêl Êng Diktak chu (*Joh. 8:12*) kan nunin a lan chhuahtîr dâwn a. Isua zirtîrna, amah ngeiin he leia rawng a bawl laia a sawite khân amah hmanga thimna kan chhun ên zêl theih dân tûr chu min kawhhmuh a ni.

SUNDAY

JULY 24

Isuan a tih tûr a sawifiahna

Nazaret khua aãanga lo kal rabbi la patuai ve tak Isua chu Galili ram vêlah chuan a lâ ta hlê mai a (*Luka 4:15*). A thu zîrte chu mîten mak an ti thei êm êm a, a chhan pawh “lehkhaziaktute ang lova thuneihna nei âwm taka anmahni a zirtîr ãhin vâng a ni,” (*Mat. 7:28, 29*). Sabbath vawi khat chu Isaia lehkhabu hi a chhiar tûrin an pe a, bung 61-na châng 1 leh châng 2 a han chhiar a, “kan Pathian phuba lâk nî thu” (*Isa. 61:2*) tih lai hi a chhiar hmâin a laklawhah a tâwp ta daih mai a ni.

Luka 4:16–19 chhiar la. Hêng thûte hi a hmâin khawiah nge kan lo hriat tawh? (*Isaia 61:1, 2 en la*). Hêng Bible chângte a chhiar pah hian eng thu nge a puan le?

Kan hmuh tawh ang khân, “LALPA lungawi kum” tih chu ram inpêk lêt leh kum–jubili kum (*Leviticus 25*) sawina a ni a. Nazaret inkhâwmna ina thu a sawi tui hian Isua chuan Pathian Lehkhabu-a Messia chungchâng sawina thute chu a chhiar chhuak a, chutah a thu ngaithlatûte chu, “ ‘He Pathian Lehkha Thu hi vawiinah hian in hriatah a lo thleng ta e’ ” tiin a hrilh zui a (*Luka 4:21*). Amah chu Hriak Thiha, mi retheite hnêna chanchin ãha hriltu, sal tângte chhuaahna thu puangtu, midelte hnêna mit vâr lehna thu sawitu, rahbeha awmte zalênna thu sawitu, leh engkim dintharlehna thu tlângaupuitu a nih thu a puang a. Hêng a thu sawite hian a lei rawngbâwlna awmzia chu a sawifiah ãha hlê a, chu chu a mamawhtûte hnêna zirtîrna pêk te, damna thlen te, leh rawngbâwlsakna hmang te-in a bawhzui ta a ni.

Eng vângin nge Isua hian *Isaia 61:2* hi chhiar chhuak lova a lai laklawha a tâwp daih mai le?

“Kan Pathian phuba lâkna nî” tih thu a chhiar thlen hmâa a tâwp daih chhan chu a rawngbâwlna, khatih hunlaia ngaihdân tuallêng tak, Messia chu Israel mîte awpbetûte titlâwm tûrin sipai rual nêna a lo thawk dâwn a ni tih nêna khân hmer pawlh a duh loh vâng a ni a. Chutianga chu ngaihdân dik lo tak, Amâ chipuite a nihna dik tak leh a rawngbâwlna awmzia hriat ãhelhtîrtu tûr a ni. Chuvâng chuan, a hunlaia an ram politic dinhmun chu eng pawh lo ni se, a lo kal chhan mamawhtûte tâna a tih tum lam zâwk chu hna pui berah a neih zâwk rêng a ni.

Hetianga a rawngbâwlna a puang hian keimahni-ah eng nge a sawi ve le; chumi awmzia chu a taka kan tih tûr lam sawi uar chungin kan tâna ãangkai tûr thil eng nge chhar theih kan neih le?

THAWHTANNĪ

JULY 25

I vêngte hmangaih rawh

“ ‘LALPA i Pathian chu i thinlung zawng zawngin, i thlarau zawng zawngin, i chakna zawng zawngin, i rilrû zawng zawngin i hmangaih tûr a ni a; nangmah i inhmangaih angin i vêngte pawh i hmangaih vê tûr a ni,’ ” (Luka 10:27).

Luka 10:25-37 chhiar la. Tanpui ngaite tanpuina kawngah hetah hian eng thuchah nge pêk kan nih le?

Dân lama mi thiamte chuan thupêk zawng zawngte hi kan neih zawng zawng nêna Pathian hmangaih tûr kan nihzia leh, keimahni kan inhmangaih ang chiaha mi dangte pawh hmangaih ve tûr kan nihzia sawina vek a nih thu an hrethiam a. Zawhna awm ta chu, “Tûte nge kan vêngte chu?” tih hi a ni ta a ni.

Krista hunlaia Juda-te khân an hnampuite chauh chu an vêngte-ah an ngai a, hnam dang zawng chu pawns lam mi angah an dah hmiah mai a ni. Chutiang ngaihdân pu nghet êm êmtu dân hremi pakhat chuan helai thu hi sawifiah tûrin Isua a phût ta a. Isua tehkhin thu sawi erawh hi chuan thlîr dang daih a puang thung. Tanpui ngai kan hmuh *apiangte* hi kan vêngte chu an ni mai a. Vêngte nih awmzia pawh vêngte mamawh phuhrûksak a nih leh mai. Puithiam leh Levia châ mi pakhat khân sâkhaw serh leh sâng thila bawlhhlawh a, chûvânga sâkhaw thila an hna chanvo tih theih loh mawlh kha an hlâu va. An sâkhua chu mi tu emaw, engtikah mah rûl lêt leh thei miah lo tûr tanpui nâna mahni inthihtîr lohna tûr chhuanlamah an hmang ta hlauh a ni.

Samari-mi erawh kha chuan he hlîam tuar, “pawns lam mi” leh hmêlma” anga en tlattu chu a vêngpa angin a en a, lainatna nêna mamawh tihsak nân a neih sum a sêng ve thung a ni. A awmzia chu, “Tute nge ka vêngte chu?” tia zâwt lovin, “Rahbeha awmte tân tute nge vêngte ni dâwn?” tiin kan zâwt zâwk tûr a ni. Kan tanpui ngai chu tu nge ni tihah buai a ngai lo: tanpui ngai apiang chu kan pui tûr a ni mai.

“Hnam leh chi leh kuang zâwnga inthliar hranna hi Pathian chuan a pawm vê lo. Ani chu mi zawng zawng Siamtu a ni a. Mi zawng zawng hi Amâ siam vek an nih avângin chhûngkhat an ni a, tlanna avângin pumkhat an ni baw. Krista chu daidanna bang tin thiat tûr te, temple piandan pahnihte daidangtu puanzâr hlîm tûr te, leh mi tin anmahni ngeia Pathian an biak theihna tûr kawng hawng tûrin a lo kal a. A hmangaihna chu a zau vin, a thûk êm êm a, a khat êm êm baw avângin khawi hmun pawh a thleng phâk a ni.”—Ellen G. White, *Krista Tehkhin Thute*, p. 322.

Thenawm khawvêng tha tak i nih theihna tûr dâl tlattu che mi dang chungchânga ngaihdân nghet tak i neih sâ tlatte kha eng nge ni le?

THAWHLEHNĪ

JULY 26

Eitûr Hrisêl Chu

“ ‘Lei châ in ni e,’ ” (Matthaia 5:13).

He lai chângah hian Isuan amah zuitûte chu “chî” ni tûrin a sâwm a, chumi awmzia chu danglamna thlentu ni tûrin a duh tihna a ni. Kohhran chu “chî bûr,” “lei châ” an dahna a ni a. He “chî” hi engah nge, tute hnênah nge kan al ang? Keimahni nêna chauh nge ni a, keimahni ang ni vê lote nêna kan pawlh zâwk dâwn le?

He zawhna chhâna hi Chiang zâwka i hriatthiam theih nân, thleng dar pahnih lâ la, pakhat zâwkah chuan châ chu a hlangin i dah ang a, pakhat dangah chuan chhang leh châ i dah dâwn nia. Thleng dar pakhat zâwkah kha chuan châ chu ei tûr awm chhun a ni mai a; a tui lo mai ni lovin,

ei pawh a har hlê ang. Thleng dar pakhat zâwkah ve thung kha chuan chî kha ei tûr pahnih chhawp zînga pakhat a ni a, chhang nêna a inpawlh chiah khân chhang hâng tak ni ve mai kha a titui ta êm êm mai a ni. Chî chuan amah ang ni lo thil dang nêna chawhpawlh a lo niin thil ʈa a thlen ʈîn a. Hetiang chiah hi Kristiante pawh an ni vê tûr a ni. Mahse kohhran “chî bûra” kan tawm tlat chhûng chuan a thleng ngai lo vang.

Hetah hian kan hmuh hmaih hauh lo tûr thil pawimawh tak pakhat a awm a. Mei kan zu lovin, zû kan in lo va, pawisa kan khêl lo, pawî engmah khawih lovin mi dik tak kan ni a ni thei e. Hêng hi a pawimawh êm êm vek a, mahse zawhna awm ta chu: ‘Eng nge kan tih loh?’ tih a ni tlat lo. ‘*Eng thil nge kan tih?*’ tih lai tak hi a pawimawh chu a ni zâwk a. Chumi awmzia chu, kan khawtlâng tân eng nge kan tih a, ʈanpuî ngaite tân eng nge tih kan neih tih lam zâwk a ni.

Matthaia 5:13 hi chhiar nawn leh la. Engtin nge chî chuan a alna a hloh theih ʈin le?

“Nimahsela chî chuan a alna a hloh tawh a; Kristâ hmangaihna tel sí lova Pathian ʈih tak ang nihna ringawt chuan thil ʈa tih theihna rêng a nei lo va. Nun pawhin khawvêl hnênah chhandamna huhâng a nei thei hek lo.”—Ellen G. White, *Chatuan Nghahfâk*, p. 425.

Thlêng dâr pahniha ei tûr chî hnih chhawp chhuah thûu-ah khân lêt leh ila. Kan hmuh tâk ang khân, chî chauh kan ei tûr neih chhun a nih chuan a huphurhawm hlê ang. Dik taka sawi phei chuan, chî ei tam lutuk chu taksa tân pawh a hlauhawm hrim hrim bawk a. Chî chu amah ang ni lo thil dang nêna chawhpawlh tûr a ni. Khawvêl ang chiah kan ni ve a nih chuan khawvêlah hian danglamna kan thlen thei dâwn lo va. Engmah pêk tûr kan nei hek lo vang. Chî chu eng atân mah ʈangkaina a awm lo mai dâwn a ni.

Krista hmangaihnaa tihtui kan ni a nih erawh chuan, “pâwn lam mîte” nêna “chhûng lam mîte” nih tlân kan lo duh ang a, danglamna thlentu ni thei tûrin mi dangte nêna kan awm ho vang. An nuna a ʈa zâwnga danglamna thlentu, leh mihring nuna thil pawimawh ber (Isuaa chhandamna) lama hruaitu kan ni thei bawk dâwn a ni.

Deuteronomi 12:30, 31:20 leh Isaia 2:8 chhiar la. Hêng Bible chângte hian eng thil hlauhawm nge an sawi a, chutiang thanga kan awh vê loh nân chuan engtin nge kan invên fimkhur hlê theih ang?

NILAINÎ

JULY 27

Lo neitu nih thu

Johana 4:35–38 chhiar la. Thlarau manna kawnga a tahtawl tê tê-a thil tih ngai awmte chu eng nge ni le?

Loneitu hnâ chu thil chî hrang hrang inkawp a ni a. Hna ʈhenkhat chu buh seng *hmâa* thawh ngei ngei ngaite a ni hlawm (*Matthaia 9:35–38*). LALPA lovin a mamawh chu buhsengtute chauh an ni bîk lo va. Loneitu chuan buh seng hun laiin a mi chhawrte hnênah, “Tûn hi buh seng hun a ni bawk a, chuwângin buh tuh kan ʈan tûr a ni” a tih kan ring em? Buh seng hnâ chu rei tak chhûng enkawl a nih hnuah chauh thawh a ni ʈîn a ni.

Loneitute chuan buh chînna tûrin lei an buatsaih hmasa phawt ʈîn a, a chhan pawh lei zawng zawng hi buh chîn nân a ʈat vek nghâl mai loh vâng a ni (*Matthaia 13:3–9 chhiar la*). In kohhran khân in khawtlânga “lei châr laite” chu ti nêna a, “lung” leh “hlîngte” thian fai tûrin engte nge tih theih in neih vê?

Hnathawktûte chuan buhseng hun a thlen hmâin hna hahthlâk tak tak an lo thawk tawh a, chutianga an thawh azârah chuan hnathawktu dangten rah an lo seng ve thung thîn. A châng chuan chanchin tha puan darh hna thawhnahte hian a hmunhmâ buatsaihna âiin rah seng lamah kan inhmag nasa mah mah thîn a. Mahse hetiang hi a ni tûr a ni lo. Tirhkohte an rawn lan a, rah seng tûr a awm beiseia thu an hril tan hmâ daihin, lei chu lo buatsaih lâwk tûr a ni zâwk.

Buh seng hnâ chu a tahtawla thil chi hrang hrang tih ngai a ni tih kan hre tûr a ni: lei chu a that leh that loh enfiah te, buh chîn theih nâna lei buatsaih te, buh chi tuh te, tui pêk te, lei tha pêk te, a ei chhetu rannung thah te, a puitling hun nghah te, buh seng te, leh seng sa dah that te a ngai a ni.

Buh seng chu hna hrang hrang awm zînga pakhat vê mai a ni a. Kohhranah pawh hian “lo neih hnâ” tih hian a lei that leh that loh enfiahna, entîr nân, rawng kan va bawl tumna khawtlâng mamawh leh mihring awm zât zir chian te, an khawtlâng hruaitûte nêna inkawm te pawh a huam vek a. A hmunhmâ buatsaih hnâah pawh kan khawtlâng mamawhte zirchianna atanga anmahni ngei pawhin an mamawh ngawih ngawih nia an hriat phuhrûksak te a tel thei ang a; chi tuh hnâ han tih han seminar neih te, Bible zir hona neihpui te, leh pâwl hrang hranga insiam te a huam thei bawc ang; chutiang zêlin ruah (Thlarau Thianghlim) a lo sûr theih nâna tawngtai pawh thil tûl êm êm a ni bawc.

Vawi khat thawh huka man hi chu mi tlêm tê chauh an ni a. Hna chi hrang hrangte hi a tahtawla thawkin kan châwm lian zêl ang a, seng theih tûra an hmin thlengin kan thawk char char tûr a ni. A kahpaha tih zeuh zeuh ringawt kan tum a nih chuan, a seng hun hmâin an thi leh mai dâwn a ni.

Thlarau hneh hna chi hrang hrang awmah hian tûna i thawh ve mêk ni lo kha eng hna dang nge i thawh ve ang le?

NINGANÎ
Kohhran din

JULY 28

Matthaia 10:5–10 chhiar la. Eng vângin nge Isua hian a zirtîrte chu engmah keng lova kan chhehvêl khuahte kal chhuak tûra a hrilh le?

Isua zirtîrten an mamawh tûr thil eng mah keng lova an rawngbâwlna tûr khuaa luh tawp mai thu an dawng hi a mak angreng hlê mai. Mahse hetiang hun harsaah hian Pathian rinchhana awm dân leh, rawngbâwlsakna hmanga a khaw mipuite nêna inthian thatna siam a pawimawhzia zirtîr a tum a ni tih erawh a lang Chiang hlê thung. Chutiang a nih chuan, an rawngbâwlna atâna an mamawh chu a nei tho tihna a ni dâwn a ni.

Pastor Frank-a chu a bial mipuiten Adventist la awm mang lohna khawpui lian taka vêng pakhat kohhran din tûrin an ngên a. A tîrah chuan hna tan tûrin sum leh pai pakhat mah a nei lo. Chutah chu khawpui map chu a han en vêl a, kohhran phun an duhna lai vêl chu khawi nge tih leh mihring awm zât te chu a zir Chiang phawt a. Tichuan a car chu chumi vênga hmun lûn lai tak maiah chuan a han dah tê tê a, mi chi hrang hrangte chu kâwm kualin chu lai vêla an nunphung chu a zâwt a. Politic lama an hruaitû te, sumdâwng mî te, vântlâng tâna hnathawk te chu tlawh chhuak vekin, chu lai vêngin an mamawh berte chu eng nge tih a zâwt hlawm a. Chu lai vênga chêng mi thenkhatte chu thianah a siam a, chûng mîte chuan an khuaa mipui pâwl pakhat chu zawm vê tûrin an lo sâwm a. Chu pâwla a telna atang chuan Presbyterian biak in tê pên chu luah atân a lo ruak reng a ni tih a hre ta a. Chu pâwl member-te chuan rawng leina tûr pawisate an thawh khâwm a, chu room chu khawtlâng rawngbâwlna atâna hman atân chei that an tum a.

Khawtlâng hruaitûte nêna an inkawmna ațangin chumi vênga chêngten an mamawh ber nia an lo hriat ve chu hrisêlna lam a ni a. Tichuan, Pastor Frank-a chuan țhalai sâwm rual vêl a khâwm a, chu mîte nên chuan hrisêlna endikna program chi hrang hrang leh a enkawl damna lam an kalpui ta a. Chutianga rawn inentîrte chuan pawisa tlêm azâwng an châwi ve a, chumi chuan an sênso tlêm azâwng a lo tum ve bawk a. Ni rei vak lo hnû-ah chuan Branch Sabbath School hawn a ni a, khawtual mi thenkhatte pawh an rawn inkhâwm ve țan bawk a.

Pastor Frank-a chuan *kohhran phun dân kawng tha ber mai pakhat chu* vântlâng mamawh phuhrûksaktu *rawngbâwlna neih phawt mai a ni* tih a hre ta thuai a—chu rawngbâwlna hmang chuan kohhran chu a țhang zêl mai dân a ni. He an rawngbâwlna zârah hian member 140 chuang zet awmna Seventh-day Adventist kohhran pakhat chu a din ta rêng a ni.

Pastor Frank-a chanchin hian kan khawtlâng țatna atâna hna thawh chungchânga Isua zirtîrna hi kan zâwm a nih phawt chuan, eng thil nge lo thleng thei tih a lantîr a. Engtin nge Isua khân rawngbâwlna chungchânga a zirtîrnate hi a lo nun chhuahpui ve le? Kâr leh lama kan zir leh tûr chu Krista rawngbâwl dân phung niin, chu chu “mipuite rawngbâwlsakna kawnga hlawhtlinna dik tak thlentu tûr a ni.”—Ellen G. White, *Tihdam Rawngbâwlna*, p. 125.

ZIRTÂWPNI

JULY 29

Ngaihtuah zui tûr: Hêng Bible châng, in khawtlâng tâna nangmah leh in kohhranin tih tûr in neih vête Isuan a sawina hi chhiar la: *Matthaia 7:12; 23:23; 25:31–46; Marka 4:1–34; 6:1–13; Luka 6:36; 11:42; 12:13–21; 14:16–24; 16:13; 18:18–27; 19:1–10; Johana 10:10; 12:8; 17:13–18*. Ellen G. White-i lehkhabu, *Chatuan Nghahfâk-a*, “ ‘Hêng Ka Ūnau Tê Berte’ ” (pp. 619-624) tihte chhiar ni se.

“Kohhran hi khawvêl êng a ni lo a nih chuan, thim chhah tak a ni tihna a ni ang.”—Ellen G. White, in *Signs of the Times*, September 11, 1893. Ngaihtuah a va tithui êm! Hei hian, “Tû pawh ka lama țang lo chu mi do a ni; tû pawh mi lâk khâwmpui lo chuan a tidarh a ni,” (*Matthaia 12:30*) tih thu Isuan a sawi kha min hriat chhuatîr a. Isua hian a sawi Chiang khawp mai: indona ropuah chuan tuâldâwih awm a thiàng lo va. Krista lama kan țang lo a nih vêk chuan Setana lamah kan țang tal ang. Êng ropui tak kawng chung a engmah tih sî loh chu a nihna takah chuan êng do zâwnga hna thawk tihna a ni a. Khawvêla êng ni tûra koh kan ni a; êng kan ni lo a nih chuan thim kan ni tihna a ni. He thû a sawina chhan hi chu thil dang daih ni tho mah se, a sawi tum erawh thuhmun tho a ni: “Chutichuan, i chhûnga êng chu thim ni sela, thim chu a va nasa dân êm!” (*Matthaia 6:23*). Heti hian khâikhâwm teh ang, “Tû pawh tam tak an pêka hnênah chuan tam tak an phût ang; tû pawh tam tak an kawltîra hnênah chuan tam deuh an phût ang,” tiin (*Luka 12:48*).

Sawi ho tûrte:

- ❶ Mi dangte hnêna rawng kan bâwl theih nân engtin nge an zîngah kan khawsak ang? Khawvêl mîte nên hian an tih ang ti vê sî lovin engtin nge an zîngah kan khawsak theih ang?
- ❷ Khawtlâng thila kan han tel ve chiah hian politics a lo inrawlh ve nghâl thuai țîn a. A thu hrimin, harsatna chin fel kan tum, hêng-retheihna, zirna, hrisêlna, leh a dang dangte pawh hi politics thila an thu inchuh lian tak a ni ve rêng bawk sî. Engtin nge țan bîk lam nei sî lova kan duh chu kan tih tho theih ang? Politics thilah hian kan inthiar fihlîm vek a theih lohna chin a awm ve mai thei a, chuvâng chuan politics thila intihbuaina lam chî rêng rênga kan inhnambawih vê loh nân eng tin nge kan invên theih ang le?
- ❸ A lehlamah, khawtlâng tâna rawngbâwl tak tak tûr chuan politics huanga kan zuan luh a ngaih châng a awm ve tho em? A awm a nih chuan, eng kawngahte nge ni a, engtin nge kan thuchah ken hi tidal sî lovin kan inhman theih ang le?

ISUA MÎTE ZÎNGAH A CHÊNG

CHÂNGVAWN: “Chhiahkhawntute leh misualte chu Isua thu ngaihthla tûrin an lo kal khâwm a. Nimahsela Farisaite leh dân thu zirtîrtûte chu, ‘He pa hian mi sualte a kâwm a, an zîngah châw te a ei nia!’ tiin an phunnâwi a,” (*Luka 15:1, 2, NIV*).

SABBATH CHAWHNU *JULY 30*

Chhiar tûrte: *Sâm 51:17; Matthaia 1:22, 23; 9:10–13; Luka 15:3–24; Johana 1:14; 1 Johana 2:16; Filipi 2:13–15.*

KOHHRAN pakhata deacon pakhat chu an kohhran thalaite nêh tar enkawlina ina awmte thla tin wawi khat inkhâwmpui tûrin an chhuak thîn a. A chawlhkâr hmasa berah chuan wheelchair-a thû putar pakhat chuan deacon-pa kut chu inkhâwm chhông zawng a chelh ta a. Chutiang chuan inkhâwmna an neih apiangin a ti zui ta zêl bawk a. Tûm khat chu, an tih dân pangngaiin thalaiho chu zai hruai tûrin an lo chhuak leh a; mahse wheelchair-a thû thîn pa kha a awm ve ta hauh lo mai. Chumi hmuna hnathawkte chuan zâna inkhâwm chu a peih tawh lo niin an sawi a.

Deacon chu a room-ah a va kal ngâl vat a, engmah hre lovin a khumah chuan a lo let reng mai chu niin. Chutah putar kut chu vuan chungin chatuan nunnaa hruai thleng tûrin LALPA hnênah a tawngtaisak ta a. Engmah hre lova let reng sî khân a kut chu nghet takin a rawn hmêr a, deacon pawh chuan a tawngtaina chu Pathianin a lo hria a ni tih a hrethiam mai a. Mittui far zung zung chungin pindan atang chuan a chhuak a, hmeichhe pakhat, “Kei hi a fanu ka ni a. Ka pa hian a lo ngâk reng che a. ‘Thla khat danah Isua a lo kal thîn a, ka kut hi a rawn vuan thîn a ni. Wawi khat tal Isua kut kha ka vawn leh phawt loh chuan ka thi duh rih lo,’ tiin a sawi a ni” titu chu a va su chawrh mai a.”—Adapted from *The Least of These*, a video produced by Old Fashioned Pictures (2004). Used by permission.

Kristian sâkhua hi mi tute emaw tâna “Isua” nih chungchâng a ni a. Kan zirlai zir leh zêl tûrte hian Isua rawngbâwl dân phung leh a kohhranten a rawngbâwlina kan nunpui ve theih dân tûr lam a thlûr bing dâwn a ni.

SUNDAY *JULY 31*

Krista tih dân chauh

Ellen G. White-i chuan mi dangte rawngbâwlsak nân leh chhandama an awm theih nâna Isua thil tih hrang hrangte a khâikhâwm a (*Mat. 9:35, 36 en la*).

“Krista tih dân chauh hi mîte rilru hneh theih dân dik awm chhun chu a ni a. Chhandamtu chu mi zîngah an thâtna tûr duhtu angin a khawsa vê a. Anmahni a khawngaih a ni tih tilangin, an mamawhte a phuhrûksak a, tichuan, an rin a hlawh hunah, ‘Mi zui rawh u’ tiin a sâwm ta thîn a ni.”—Ellen G. White, *Tihdam Rawngbâwlina*, p. 125.

Hei chîk deuh hlekin i han bih teh ang:

1. Isua chu mîte zîngah an thâtna tûr duhtu angin a khawsa vê thîn (Inpawhna kawng a hawng).
2. Isua chuan mîte a khawngaih (Inkûngkaihna a neihpui).
3. Isua chuan an mamawhte a phuhrûksak (Inkûngkaihpuina bawk).
4. Hêng thil pathumte a tih avâng hian mîte rin a hlawh phah.
5. “*Tichuan*, ‘Mi zui rawh u’ tiin a sâwm ta a (zirtîr ni tûrin).

Heta kan hmuh hi engkim huap zo chanchin thâ a ni a. He rawngbâwl dân phung hian chanchin thâ chu famkim lehzuala puang thei tûrin min hruai dâwn a. Isua chuan khawtlâng

thamna tûr thil tih (number 1-4) leh amah zui tûra mîte a sâwmna thu (number 5) hi a then hrang lo va, keini pawhin kan then hrang bik tûr a ni lo. Hêng rahbi hrang hrangte thawk tlang hian “hlawhtlinna *diktak*” min pe dawn a. Tûn kêr zirlai hi chuan Isua tih dâna a rahbi hmasa ber hi a thlûr bing deuh ang a. Zirlai 7-11-te hian a dangte a thlûr zui vê thung ang.

Hêng Bible chângte hian Fapa Pathian chu keimahni zînga a rawn chên thu engtin nge an sawi hlawm le? *Mathaia 1:22, 23; Johana 1:14.*

Sual chuan min hliam thûkin, min tichhe nasa êm êm vek a. Nimahse soal avânga thil kal dik lo zawng zawngte hi Isua rawngbâwlna huapzo tak kal tlanga Pathianin mihringte a rawn rem lehna chuan a rawn ching fel ta a. Ani chu mihringte zîngah rawn chêng ve-in mi mal tin chu an pum puia an thamna tûr a duhsak ni mai lovin, mihring zawng zawng thamna tûr pawh a duh êm êm a, Juda-ten “mi soal ber” nia an ngaihte pawh rawng a bâwlsak tho a ni.

Thil engkim siamtu Isua (*JohANA 1:3 en la*), chuan mihring tîsâ ang pu ve-in suala tlu tawh mihringte zîngah a chêng a, an rawng a bâwlsak bawh tih thu hi ngaihtuah zui la. He thu mak tak mai, beiseinaa khat bawh sî hian mi dangte nêna kan chên ho dân tûr leh an rawng kan bâwlsakna kawngah engtiangin nge nghawng a neih ang?

THAWHTANNÎ
Hloh leh chhar

AUGUST 1

Luka 15-ah hian Farisaite leh dân thu zirtirtuten “mi sualte kâwm a, an zînga châw ei ve thîn” nia an puhna chhân nâna tehkhin thu pathum a sawite kan hmû a (*Luka 15:2*).

A hnuaia Bible chângte hi chhiar la, an puhna hrang hranga Isua chhânna chu eng nge ni tih hriat tuma ng che.

Luka 15:3–7 _____
Luka 15:8–10 _____
Luka 15:11–24 _____

Hêng tehkhin thu pathumte hi thil eng emaw tihbo thû-in a inñan theuh va, a lawmna thû-in a tâwp leh theuh bawh. Hei hian Pathianin chuan min hmangaih a, chhandama kan awm a duh hlê a ni tih a tilang.

Pastor pakhat chuan Voice of Prophecy program tuipui tak chhûngkua hi a vil a, chu mîte chhûngkua chuan Bible zir hona neih pawh an duh a ni tih a hre zui leh ta zêl a. An nu ber leh pa ber te bâkah, an fanu naupang zâwk te chuan Krista chu pawmin pastor pawh chu an ina lêng fo tûrin a duh a. An fapa erawh chu Kristian sâkhaw lakah a hel tlat mai a, a hnaihin a hnaih duh lo hrim hrim a ni. Tlai tin hian pastor chuan a rawn tlawh ziah a; mahse an fapa tleirâwl erawh chu Bible zirnaa a tel ve duh loh avângin a chhuak bo daih zêl a. Hlim tak leh hlâwk taka chawlhkâr ruk chhûng zet Bible an zir ho hnû-ah pastor chuan a Bible zirtîr mi pathumte chu baptisma chang tûrin a sâwm ta a. Mahse thutlûkna an siam hmâa thla tlêm tê tal an nghah rih a ngaih thû an sawi theuh va. Chutah an rin loh deuhin an fapa kha Bible zir hona an neihna hmun an chaw ei pindanah chuan a rawn lût hlawl mai a, pastor-in inpeih nia a hriat hun hunah baptisma chan nghâl a duh thu a rawn sawi a. Pastor hova a chhûngten Bible an zir honaah khân zan khat chu a tel ve hman a, chumi hnû chuan lehkhahu hlui zawrhna dâwr ațanga Bible a lei chu an sitting room-ah amahin a lo chhiar ve char char thîn a, a rilrû-ah chuan a rinna chu mi dangte hmâa puan ngei tûl niin a lo hre ta a ni. Chawlhkâr hnih hnû-ah baptisma chu chantîr a ni a; thla khat hnû-ah a chhûngte pawhin thutlûkna siam felin an chang ve leh ta bawh. Tehkhin thu pathum

kan chhiar tâkte kha ngaihtuah lêt leh ila, he mîte chhûngkaw thutlûkna siam avânga vên mîte lâwm dân tûr chu kan suangtuah thiam mai âwm e.

Isua kha tum nei rân chungin mi hrang hrang, entîr nân tuichhunchhuah bula Samari hmeichhia te, Rom sipai za hotu te, hmeichhe “sual tak,” a ke-a hriak rimtui leihbawtu te, leh an hming sawi lan ve lêm loh mi “tlâktlailo” tak tak, an zînga awm vê tûra Isua chu thianghlim lutuk nia ngaitûte biak phâk ngei tûrin a awm thîn a ni.

In kohhrana lâwi ve tlâk chiah lo nia i hriatte hnênah khân thuhretu nih loh hrâm dân i zawng tawh ngai em? Chûng “mi sual tak takte” chu pawm thei tûrin nangmah leh in kohhran pawh khân engtin nge khawngaihna tam tâwk in lo neih theih ang?

THAWHLEHNÎ

AUGUST 2

Mi sualte nêna châw kîl tlângin

Matthaia 9:10–13 chhiar la. **Isuan amah sawisêltûte a chhân lêtna aţang hian a mi mal angin eng thuchah pawimawh tak nge kan chhar chhuah theih ang?** *Hosea 6:6 chhiar bawklâ.*

Isuan vântlâng ngaiha “kawm tlâk loh tak tak” ni tûrte nên châw ei ho tûrin dawhkân chu a kîl ta a.

In hnam emaw, khawtlâng emaw khân “kum tlâk loh” nia a hriatte chu eng ang mite nge ni ve?

Mi hmuhsitawm tak takte nêna thil an ti ho thîn chu âwm ang lo tiin Farisai-te chuan an sawisêl a. Chu an sawisêlna chu Isua khân a helh ve hlê ni tûr a ni, inthâwina ni lovin khawngaihna awmzia zâwk chu zirtîr tûrin a hrih ta zêk mai a ni. “ ‘Inthâwina ni lovin, khawngaihna zâwk a ni ka duh,’ tih hi a awmzia va zir rawh u. Mi fel takte lam tûra lo kal ka ni lo va, mi sualte simtîr tûr zâwka lo kal ka ni asîn, a ti a,” (*Mat. 9:13, NKJV*). Sâkhaw hruaitûte chu an thurina a pawimawh berte zînga pakhat zir thar leh tûra Isuan a hrih an ngai hi a lungchhiatthlâk hlê a ni.

Hetah pawh hian Thuthlung Hlui hunlaia hasatna thleng ang tho kha kan hmu leh a, mipui rilrû-ah sâkhaw biak dân leh serh leh sâng thilte chu mi dangte chung a an chêt dân âiin a pawimawh zâwk tlat a. A sawi tum tak sawi nâna Thuthlung Hlui thu a lâk chhuah dân te hi a ngaihnam a nia (*Hos. 6:6*).

“Matthaia ina châw a ei tuma Kristan a hauh hrep Farisai-hote thil tihsual ang kha tûnah pawh hian mi tam takin an tvisual a ni. Mi tam tak chuan gaihdân vawn ngheh tlur mai an neihte chu thlah âiin Êngte Pâ aţanga lo chhuk thutak lo hnâwl chu an thlang zâwk a. Anmahni rinna leh finnaah an inngat a, chutih lain thlarau lama an pachhiatzia erawh an hre sî lo. . . .

“Mahni thiam inchantîr tumna rilru pu chung a chaw ngei leh tawngţai chu Pathian ngaihah chuan huatthlala tak mai a ni.”—Ellen G. White, *Chatuan Nghahfâk*, p. 259.

Keimahnî tehfung siam hmanga mi dangte thiltih lo rêlsak mai hi a âwl khawp mai a. Mahse inngaihtlâwm taka mahni indah thạt a, Thlarau Thianghlim chu khawngaihna lanchhuahtîr phalsak dân kan zir ngei a ngai a ni.

Sâm 51:17 hian kan zavaia hnênah eng thu nge a sawi? Engtiangin nge keimahnî sualna kan hriatna hian he thuin a sawi awmzia hi hrethiam thei tûrin min puih le?

NILAINĪ

AUGUST 3

Fing taka thil ti hovin

Thuhriltu pakhat chuan a thusawi ngaihthlatûte chu “Adventist ni lo thian” eng zât nge an neih hlawm a zâwt a. Tlar hnung lama thû mi pakhat chu intitheï taka lo ding chhuakin, “Kei chuan pakhat mah ka nei lo tih ka puang e!” tiin a chhâng a. Hepa hian a sawi dik ngei pawhin a rinawm; mahse a thusawi hian khawvêl hnênah eng ang êng nge a nih tih erawh a tilang chiang hlê a ni.

Kan hmuh tawh ang khân *Matthaia 5:13* hian lei chî kan nih thu a sawi a; mahse he chî hian aalna a hloh thei ve tlat. Sidon rama sumdâwng pakhat chuan a chî khâr khâwm sa chu lei chhuatah a dah vûm nghek mai a. Mahse chi chu lei nêna inhne reng a nih avângin aalna zawng zawng a hloh vek a. Tichuan a dah khâwmna in aţang chuan an thiar chhuak a, kawng chhuat phahah an hmang ta ngawt mai a ni. Khawvêl nêna kan inchiiah piahna kawngah pawh hian kan fimkhur hlê a ngai thîn: Kanalna danglam tak mai hi khawvêl kan inrawktîr dawn em? Kan ngaihhlut zâwngte hi khawvêl ngaihhlut zâwng nêna inang rêng em?

Hêng thawnthu hrang hrangte aţang hian khawvêl nêna inchiiahpiah loh thû-ah eng nge kan zir theih awm le? *Genesis 13:5–13, 19:12–26; Number 25:1–3; 1 Johana 2:16.*

Hêng thawnthûte hian *1 Johana 2:16*-in a sawi khawvêl dân anga nungte nêna kan awm hona kawngah kan fimkhur a ngaihzia an sawi a. ‘Fimkhur vak a tûlna a awm lo’ kan ti a ni emaw, suala tlu tawh khawvêl dân anga awm ve chu a hlauhawmna a awm hran em ni kan tih a nih chuan, keimahni kan inbum tihna a ni ang. Chutih rual chuan, kan kawng zawhten a tha lo zâwnga min nghawng kan hlauh avâng ngawtin mi dangte pawh theih loh tûrin inkhârkhîp ta tlat mai ila, mi dangte tân eng nge kan thatna awm bîk chuang ang?

He thurâwn fing leh inbûktâwk tak hi lo chhinchhiah la: “Kristiana inchhâlthe hian Kristian ni vê lote nêna thil tih ho leh inbiak tawn pawh an duh miah lo tûr a ni em? Ni lo ve, khawvêlah hian khawvêl mi ni sî lo, an kawng zawh angte chu zawh vê lo, anmahni chu awt lo, an tih lang leh thil chîn te chu ti vê tûra an rilru hawng lovin, an awm tlâng zâwk tûr a ni. Anni nêna thil an tih hona rêng rêng chu Krista hnêna mi dangte hruai theihna tûr kawng a ni zêl tûr a ni.”—Ellen G. White, *Selected Messages*, book 3, p. 231.

Adventist ni lo thian eng zât nge i neih ve? Chu mîte nêna inthianthatna chu eng ang nge ni? Anmahni chu i hmin deuh zâwk nge ni a, anmahni’n an hmin deuh zâwk che?

NINGANĪ

AUGUST 4

Chhuan bengtlalo hote zîngah

Khawvêl hian Kristaa Pathian min pêk ang hi a mamawh a ni tih a chiang khawp mai a. Keimahniah hi chuan kan thil neih min tihlu êm êm tûr engmah a awm hran lo. Krista hnên aţanga thupêk kan dawn—mi dangte rawngbâwlsak tûr kan nihna avâng chauhva hlû kan ni a. Chutiang taka thilpêk ropui chu kan dawn avângin a nei vê lote hnêna pe chhâwng vê zêl tûra koh kan ni rêng a ni. “A thlâwnin in dawng a, a thlâwnin pe vê ang che u,” tih ang khân (*Mat. 10:8*, NKJV).

Filipi 2:13–15 chhiar la. Hetah hian eng thil nge min hrilh a, a thil sawi chu mi dangte hnêna rawngbâwl tûra koh kan nihnaah hian engtiangin nge a inrem viau le?

Khawvêl laka him kan tum luatah khawvêla mihring awmte nêna inbe pawh miah lo khawpa kan awm a hlauhawm vê tho mai. Mahni thlarau chan leh Pathian thu pawm dân nghet neih sa huang chhôngah hian lungmuan taka awm a, thlarau lama inkhârkip tlat mi nih a awl hlê. Chutianga inkhârkhîp tlatna chu mahni chauh indah pawimawhna sâkhuaah a inlet hlauh thei lehngâl. Entîrna nân, tual chhông kohhran thenkhatte pawh hi Pathian biak inkhâwm kalpui dân tûrah leh, thurin chungchôngah an inbei tawn fo mai a, khawvêl thi mêk hnêna chanchin t̄ha hril lam chu an theihngihl titih dêr thung sî.

Robert Linthicum-a chuan a lehkhabu ziah *Empowering the Poor* (pp. 21–30)-ah chuan kohhran chi thum a sawi a: 1) Khawpuia *awm* kohhran. He kohhran hian vêng chhông mî leh sâte nên inpawhna an nei lo tluk a ni a. Kohhranin a buaipui ber pawh an member-te mamawh phuhrûksak a ni bawk. 2) Khawpui *hnêna* kohhran. He kohhran hi chuan khawtlâng tâna rawngbâwlinaah a inhmang tûr a ni tih a hria a. Khawtlâng mamawh nia a hriat chu anmahni pawh râwn chuang lovin a thawk mawp mawp mai t̄hîn. ‘Khawtlâng tân’ tiin eng eng emaw a ti a; mahse a rawngbâwlina chu khawtual mîten an ta neih miao loh avângin an tân hlutna vak a nei hran lo. 3) Khawpui *tân/nên* kohhran. He kohhran hi chuan rawng a bawlsakte harsatna a hriatthiam theih nân an dinhmun a zir chianna a nei a. Member-te chu khawtlâng hruaitûte leh mipuite nêan an inkâwm tlâng a, an mamawhte an zâwt t̄hîn a. An hnathawh chu khawtlâng miten thlâwp avâng leh an rin ngam tlat avângin ngaihthlut a hlawh êm êm a ni. Khaw chhông mîte chu an duh ang khawtlâng siamna kawngah an theih ang angin an thawhpui ve a. Khaw chhônga pâwl hrang hrangah awmahte chuan inhmangin, mamawh an nihna lai apiangah an inpe ngâl zêl a. Chutianga neitu rilru an put tlân tlat avâng chuan t̄ha takin a thawk ho thei a, an mamawhte pawh an lo nei ta t̄hîn a ni.

ZIRTÂWPNI

AUGUST 5

Ngaihtuah zui tûr: Ellen G. White-i lehkhabu ziah, *Tihdam Rawngbâwlina-a*, “Kan Entawn Tûr,” tih (pp. 7–19) leh *Chatuan Nghahfâk-a* “Levia Matthaia” tih (pp. 251-260) te chhiar la.

Kohhran chu mahnî tân chauhva inhmang lovin, khawvêl tân pawh a thawk tûr a ni. Mî dangte tâna rawngbâwl tûra din a ni a. Kohhran pakhat (Adventist ni lo) chuan an biak in panna kawng tâwp, kawngpui va pawhna tûr lai takah hian hê thuziak: “Chhiahlawhte Luhna Kawngkâ” tih hi an târ a ni. A sawi tum chu a Chiang mai a ni lo’ m ni?

“Bo tawhte nêna hun kan hmang ho lo a nih chuan, anmahni kan hnaih thei tak tak ngai lo vang.” Isua kha mîte chênchilh t̄hîntu ropui tak a ni a, amah ang kha tûnlaia Pathian kohhran pawh hi kan ni vê tûr a nih tih Ellen White-i chuan a sawi.

“Sazupuite pianthartîr tûra rawngbâwlina nei tûrin thlalêr hmuna bibo daih tûra kohna a awm lo. LALPÂ zâwlneiin kohna zahawm tak a siam chu, Isua angin mi duhawmlo te, rethei pachhia te, leh mi bote zînga khawsa tûrin a ni. Ani chu misualte t̄hian a ni a. An intihlimnahte telpuiin—an awmna hmun apiangah a pan t̄hîn. Isuan A rinna a hnûkhnam ngai lo, mahse misualte awmna hmuna kal chu A nuam tihzâwng a ni thung. Isuâ kiana ngaihmuâng taka awm t̄hînte chu misualte an ni a, mi thianglim an tihte erawh chu ngaihngam lo ber berte an ni sî. Ani chuan tum bulfûk tak A neih sâ avângin chutiang lam chu a ngaihtuah vê lo. Chû chu a lo kal chhan a ni a, mi thianglimte chuan lo buaipah deuh dâwn pawh ni se, keinî rawngbâwlina pawh chutiang chu a ni vê tûr a ni. . . .

“Adventist-te hi kan sahimna leh kan thlamuanna hmunah rei tak chhông kan lo inkhunhrang tawh t̄hîn a, keimahni lo chu mi dang tû mah khawvêlah hian an awm vê lo emaw kan ti ni tûr a ni. Chumi hun chu tûnah chuan a tâwp tawh a. Chutiang rin dân dik lo deuh mai kan nei thei tawh lo va, kan nei ngam tawh bawk hek lo. A mi mal leh a kohhran ang pawhin khawtlâng hi kan luhchilh ve a hun tawh a ni.”—Russell Burrill, *How to Grow an Adventist Church* (Fallbrook, Calif.: Hart Books, 2009), p. 50.

Sawi ho tûrte:

- ❶ Keimahni hlang chauhva inkhûrkhung tlatna hi “rin dân dik lo” a ni tih thû hi sawi ho ula. A thû hi a khawng lutuk em, nge a dik chiaah zâwk? A dik a nih chuan, i chhâna pui tûrin Bible châng tanchhan tûr i nei em?
- ❷ Rawngbâwl tûr chuan mi dangte nêna thil tih ho ngai tho mah se, eng vângin nge kohhran chhôngkua aţanga puihna leh an rinngam nih nih chu thil pawimawh tak, kan ngaihthah theih miah loh a nih sî le? Engtin nge kohhran kan nihna ang hian khawvêl mîte tih ang ti vê sî lova khawvêl mîte rawngbâwlsak kan tumna kawngah hian kan inpuih tawn theih ang?
- ❸ Kohhran thenkhat chu chêt chhuah nâna inhmang lovin, anmahni chhôngkaw buaina hrang hrangah an inhmang nasa zâwk tih thu hi sawi ho ula. He thang hlauhawm tak hi engtin nge kan pumpelth theih ang?

ZIRLAI 7-NA

AUGUST 6–12, 2016

ISUAN AN THATNA TÛR A DUHSAK

CHÂNGVAWN: “Aw Jerusalem, Jerusalem, zâwlneite thattu, i hnêna an rawn tirhte lunga lo dênghlumtu, arpuin a notê a thla hnuai a awm awp khâwm angin i fâte vawi eng zât nge awp khâwm ka tum kha! Nimahsela in duh sî lo,” (*Matthaia 23:37*).

SABBATH CHAWHNU

AUGUST 6

Chhiar tûrte: *Jona 3:4–4:6; Matthaia 5:43–47; Marka 8:22–25; Luka 19:38–42; 1 Korin 13; Filipi 2:3–5; Jakoba 2:14–17.*

SABBATH zînga Sabbath Sikul inkhâwm lai leh Divine Service neih lai laite hian naupang rahtleng (skateboard) chuangte chu Seventh-day Adventist kohhran inkhâwmna in kawngkhârpui zâwnah an rawn tleng fua fua zêl mai a.

Eng vâng nge? A chhan chu he kohhran hi naupang rahtleng chuanna hmun bul maia awm community youth centre building-a an inkhâwm vâng a ni a. Hêng naupang rahtlenga chuangte hi ninawm i lo ti a nih chuan, ngaihtuah tha leh ang che.

Thalaite zînga thil sual ti pung zêl tûr danna atân an khawpuia thuneitute chuan he park hi an din a, he hmunah hian thalaite chu infiamna thianghlim chi hrang hrang tiin an hun âwl an rawn hmang thîn dâwn a ni. Youth Centre leh trahtleng chuanna hmun te an siam zawh hnû chuan, an khaw hotute chuan community youth centre building-a Pathian chibai bûk inkhâwmna nei thîn tûr kohhran pakhat awm se an ti a. Chutianga inkhâwmna a awm chuan park rawn hmangtu thalaite hnênah a tha zâwngin huhâng a neih theih an beisei a. Tichuan, Kristian kohhran pâwl hrang hrang hnênah sâwmna an pê a; mashe pakhat chiahin an lo pawm a, chu kohhran chu Saturday zînga Sabbath Sikul leh Pathian biak inkhâwm nei thîn an ni.

Chu Adventist kohhran member-te chu youth centre-a an insawn dâwn avângin an phûr hlê mai a, a chhan chu hêng thîrsakawr chuang thînte hi chanchina tha hrilh an lo duh êm êm thînte kha an nih vâng a ni.

He khuua kohhranin “kohhran” awmzia an hrilhfiah dân chu: mahni tân ni lova mipui awm khâwm tih a ni tawp mai. Hê an hrilhfiahna hi kan kohhran zawng zawngte hrilhfiahna pawh a ni ve tûr a ni.

SUNDAY

AUGUST 7

Ninevi khawpuiah Jona

Jona 3:4–4:6 chhiar la. He zâwlnei hian ngaihdân dik lo tak mai a neih chu eng nge ni?

Zâwlnei Jona chuan Ninevi khawpui ropui tak chhak lampangah chuan thuthmun a rem a. Pathianin an chhiatna tûr thu sawi tûra a hrilh chu a puang tawh a. A zinkawng a han chhui lêt a, Ninevi khawpuia a kal hrehzia te, a ni lo lama a kal tâk daih dân te, Pathianin a hnâ thawk tûra a um zui ngat ngat dân te, sangha kawchhônga ni thum chhông zet awm dân te, leh chumi hnû-a khawmuala a lo chhuah leh tâk hlawl dân zawng zawng te chu a ngaihtuah a. Eng vângin nge khâng thilte kha a thlen le? *Hêng mi zahpuiawm tak takte hi an sual hawisantîr a, a chung a khawngaihna lantîr tûrin Pathianin a duh a ni lo'm ni?* Mîte chuan an sual an sim ta chêng a, Jona erawh chuan phatsan hlauh niin a inhre tlat mai thung sî. Mualpho taka awmtîr niin a inngai a. A beisei leh duh ber chu he Pathian dik pawh hre lohote khawpui, mihring pawh 120,000 zet mai an awmna hi tihboral vek ni se, chu chuan Pathianin a mîte a duhsak bikzia leh Ninevi khawpuia chêngte a hua chu a lo tidik a ni tih a tilang dâwn a ni.

Luka 19:38–42 chhiar la. Hemi tum hian eng thil nge thleng a, Jerusalem khawpui chung a Isuâ rilru puthmang chu eng nge ni?

Jona thih hnû kum kum zariat vêlah Isua chu sabengtung no chungah chuangin Jerusalem lam arawn pan a. “LALPA hminga Lal lo kal chu fakim awm rawh se, vânah remthu lêng sela, chungnung berah khian ropuina awm rawh se” tia amah lâwma mipui âu thâwmtê chu hriat a ni a. Jerusalem khawpui lan theihna tlâng chhîp a thlen chuan a ding a, “Aw, nang lul hian tûn chhông hian thlamuanna tûr thu hi lo hre hrâm la!” (*Luka 19:42*) tiin a tap ta hawm hawm mai a.

Jona nêh chuan an inang lo hlê mai. Jona kha chuan hreh tak chungin Pathian thû a zâwm a, Ninevi khawpuia chêngte thâtna tûr kha a ngaituhtuah tehchiam lo. Isua erawh chuan Jerusalem khawpui chu a thinlung takin a vei ve thung a; chhandamna pêk a tum chu lo chang vê hrâm se a duh êm êm a ni.

Khawpui pahnih: Ninevi leh Jerusalem. Thuhrlitu pahnih: Johna leh Isua. An danglamna chu sawi sawi ngai lova chiang sâ a ni. Isua chuan mahni hmasialna tel lo, mi dangte ngaihsakna leh an thâtna tûr ngaihtuahpuina rilrû a pû a. Keini pawh hian, Pathian khawngaihna azârah Isuan bo tawhte chung a rilru put ang hi i pu vê ang u.

Engtin nge mahni hmasialna hian mi dangten chhandamna an chan ve theihna tûr kawng ngaihtuah miah lo mî-ah mi a siam theih thîn le?

**THAWHTANNÎ
“Tho” dân chu**

AUGUST 8

Phâr pakhat chuan Isuarawn panin tihdam a ngên a. Vântlâng ngaihdânah chuan he pa hi khung hran tûr a ni. Mahse mi thianghlim Isua chuan a khawih a, a tithianghlim ta *tho* va (*Mat. 8:1–4*). Petera chuan Isua chu a chungthû an rêl laiin wawi thum ngawt a phat a (*Johana 18*). Thlân aţanga a thawhleleh hnû khân Petera rilru chu a hriat chian êm avângin a rawngbâwl tûrin a la lût leh ta *tho* va (*Johana 21*). Korin khuua Pathian kohhran khân Paula thuneihna leh a huhâng neih chu an lâwm lo hlê mai a; mahse Paula chuan an rawng a bâwlsak *tho* a nih kha (*2 Korin 12:14, 15*).

He “tho” emaw, “nachungin” emaw dân hi an thâtna tûr duhtu nungchang târlan nân chuan thil tûl tak a ni.

Tûnah hian boral mai tûr mihring, hriatlohna leh soal khaidiatin a phuar beh, Kristan a hmangaih a ni tih pawh la hre ngai miah lo maktaduai tam tak an awm a. Kan dinhmun hi inthleng ta ila, kan tân eng nge ti se kan duh ang le? Kan tâna ti se kan tih zawng zawngte chu kan theih zâwng a nih phawt chuan an tân ti ngei tûrin mawhphurhna khûn tak kan nei. Krista nunna tehfung, rorêlna nî a thlen huna thiam min chantîrtu tûr emaw, thiam lo min chantîrtu tûr emaw chu, ‘Thil engkim miin in chung a an tiha in duh tûr ang apiang chu mi chungah pawh ti vê rawh u’ tih kha a ni ang.’—Ellen G. White, *Chatuan Nghahfâk*, p. 623.

He “dân rangkachak” hi keimahni hlâwkna tûr ni lova rawng kan bâwlsak tûrte thâtna tûr ngaihtuhtûrte rilru puthmang inngahna chu a ni.

Matthaia 5:43–47; Luka 6:27, 35; 23:34 chhiar la. Hetah hian mi danglam deuh tûte emaw chung a kan rilru puthmang tûr chungchângah eng thu pawimawh tak nge Isua min hmuhtîr le?

Isua chuan mi hawtûte leh kan hmêlmâte ngei pawh hmangaihna leh ngilneihna lantîr tho tûrin min sâwm a. Isua chuan hêng thiltihte leh rilru puthmangte hi Pathian nungchang nêna a sawi zawm a ni. “Amaherawhchu, in hmêlmâte hmangaih ula, an thâtna tûrin ti ula, pûktîr rawh u, beidawng hauh lovin, tichuan in lâwmm a tam ang a, Chungnungbera fâte in ni baw k ang; ani chuan mi lâwm nachâng hre lote leh mi sualte a khawngaih thîn,” (*Luka 6:35*).

Pathian chu “mi lâwm nachâng hre lote leh mi sualte chungah” a ngilneihna a lantîr tih thu hi engtiangin kan hriatthiam ang? (Entîr nân, engtin nge hei hian, “Eng vângin nge mi sualte hi an hmuingîl thûr thûr le?” tih zawhna ang te hi a chhân). Engtin nge Rom 2:4 pawh hian a chhâna pakhat chu min pêk le?

THAWHLEHNÎ

AUGUST 9

Hmangaihna chuan a tibeidawng ngai lo

Isua ngaihdân chuan thupêk ropui ber pahnihte chu Pathian kan hmangaih tûr a ni tih leh, kan vêngte kan hmangaih tûr a ni tih hi a ni a (*Luka 10:27, 28*). Tûte nge kan vêngte chu ni tih pawh min kawhhmuh tawh baw k (*Luka 10:29–37*). Isua nun kha, a pian aţanga a thih thleng khân Pathian hmangaihna thianglim târlanna a ni tih pawh hi sawi leh chuan ngai lo khawpa Chiang a ni a, Amah Pathian ngei pawh chu hmangaihna a ni baw k (*1 Johana 4:16*). Chuvângin Pathian nungchang chu kan lantîr dâwn a nih a, mi dangte hnêna Pathian nihna dik tak leh eng ang nge a nih tih kan târlang dâwn a nih chuan, anmahni chu kan hmangaih mai tûr a ni.

Kawng dang deuhin han ngaihtuah chhin teh ang. Mi thenkhatin Isua leh Kristian sâkhua hrim hrim hnâwlna atâna “chhuanlam” an hman thîn langsâr tak pakhat chu Kristian nia in chhâlthe hi zuk ni tlat a.

Hun kal tawhah a ni emaw, tûnlai hunah ngei pawh ni se, “Kristiana” in chhâl tûten emaw thil râpthlâk tak tak, Isua hming chhâl lehngâla an tih sawi tûr i hria em? Chutiang chu a thleng dâwn tih Daniela lehkhabu (*Dan. 7:24, 25; Rom 2:24*) pawh hian min hrih rêng lo vem ni?

Hmân atâ tawh waviin thlenga mi tam takin Kristian sâkhua hrim hrim an hnaih duh miah lo mai pawh hi a mak hran vak lo. Chuvângin mi dangte hnênah Krista chu keimahni nun ngei hmanga puangchhuak tûr kan nih thû pawh hi hmânlai âiin tûnah chuan a chak zâwk tawh tûr a ni rêng a. Mahse chu chu amah Isua ngeiin a lo lan chhuahtîr thîn hmangaihna ang kha keimahni nuna kan lanchhuahtîr vêna âia thaw k nasa zâwk tûr engmah a awm lo va ni.

1 Korin 13 chhiar la. Paulan hmangaihna chu eng nge nia a sawi? Hmangaihna ni lo nia a sawi chu eng nge ni? Hmangaihna a tih loh a sawite chu eng nge? A tâwi zâwngin, engtiangin nge hmangaihna chu keini Kristiante hian kan nunah kan lan chhuahtîr ang a, engtiangin nge hmangaihna chu kan khawtlânga thuhretu kan nihna tûrah kan hman tângkai theih ang? Chu âi pawha pawimawh zâwk chu, hetiang hmangaihna târlang thei tûr hian eng nge thlâk danglam ngai i neih le?

NILÂNÎ

AUGUST 10

Khawih nawn lehna chu

Marka 8:22–25 chhiar la. Isuan vawi khat a khawihnaah khân mittel kha a dam ngâh hmiâh lo ve tlat mai a, heta tâng hian thlarau lam zirlai eng nge zir theih kan neih le?

Midel pa mita chil a “chhâk” hnû khân Isuia chuan a chungah kut a ngat a, “Khua i hmu thei em?” tiin a zâwt a nih kha (*Marka 8:23*). Eng vângin nge Isua khân a mita chil a “chhâk” kher le? Hmasâng mîte thuziak pakhatâh chuan doctor-ten damlo enkawl nâna chil an hman tîn thu a lo inziak ve a. Hemi tuma thilmak thleng hi a hmâ deuhva Dekapoli biala bengngawng tawng thei lo tihdam (*Marka 7:31–37 chhiar la*) nêh pawh khân a inanna lai a awm a. Amaherawhchu, mi a tihdam dang zawng zawngte ang lo takin he mittel tihdamna hi chu tum hnih thawh a ni tlat mai.

Marka 8:23, 24 hi chhiar nawn leh la. “Khua i hmu thei em?” tia Isuan a zawhna a chhâna hi engtiangin nge kan lo hriathiam?

“Mihring ka hmû a; mahse thingkûng kal angin ka hmû ” (*Marka 8:24*, NIV) tiin a chhâng a. Chumi awmzia chu, mihringte chu an chêt avângin thing nêh a thliar hrang thei tihna a ni. Engtin nge he thil thleng hi keimahni nunah kan lâk luh vê theih ang. Hetiang deuh hian sawi ta îla, Isuan thlarau lam thil hmuh theihna min pêk tawh hnû-ah pawh kan nihna tûr ang tak chu kan la ni pha rih chuang lo va. Mihringte chu “thingkûng” ang te, thil dang ang tein kan la hmu tho a ni mai thei. Chumi awmzia chu an rawng kan bâwlsak tûrte chu an nihna dik tak leh an mamawh tak tak kan la hmuhsak thei tlat lo tihna a ni a. Kan kohhran rawn zawm vê se chu kan duh a, kan baptisma chantîr zât titamtu atân leh kan hming tihtatu atân mai mai kan ti a ni mai thei. Chutiang mahni hmasialna rilrû nêna entute kohhranah chuan mi an awm peih lo a ni.

Marka 8:25 hi chhiar nawn leh la. Eng vângin nge Isua hian he mittel hi tidam tak tak tûrin vawi hnih a khawih kher ni ang le?

He mittel a tihdam hmâ chia hian mittel dân chi danga mittel a zirtîrte chu, “Farisaite dâwidim leh Heroda dâwidim lakah chuan invêng rawh u,” (*Marka 8:15*) tia a sawi awmzia an hriathiam loh avângin a lo kam khat hlek tawh a. Lawnga an awm chhûnga an tla tâwk tûr chhang an neih loh vânga chu thu chu sawi emaw an ti a. Chutah Isua chuan, “Mit nei reng sîn in hmu lo vem ni?” (*Marka 8:18*, NIV) a ti ta a ni.

Kohhran huang pâwna mîte chauhin Isua damna kut chu an mamawh a ni lo va. Kohhran chhûngah ngei pawh hian midelna chu a awm vê tho a ni. Kohhran member khawhmuh fiah fak lo, number leh hmanrua anga mihring hmu tlat tîhnte chuan Kristaa nau piang thar tam takte chu biak in hnunglam kawngkhârah an pût chhuak leh a ni tih an hre miah lo va, a ngaihsak pawh an ngaihsak lo hrim hrim bawk. Hêng mîte hian thil engkim fiah taka hmuh a, Isua a hmangaih anga mi dangte pawh an hmangaih vê theih nân a khawih nawn leh an mamawh a ni.

Mi dangte dah pawimawhtu kohhran chu

“Mahni hmasial avâng leh chopona avângin eng thil mah ti lo ula. Chu âi chuan inngaitlâwm tak chungin mi dangte chu nangmahni âia ʒa zâwkah ngai ula, nangmahni tâna ʒa tûr chauh en lovin, mi dang ʒatna tûr pawh en ʒeuh zâwk ʒîn ang che u. In- inlaichîn tawna thû-ah chuan, Krista Isua rilru puthmang ang kha nei vê rawh u,” (*Filipi 2:3–5, NIV*).

Leia a awm lai khân Isua chuan amah a inngaihtuah chang ngai lo va. A tum ber chu mi dangte ʒatna tûr tihsak a ni tawp mai. A rawngbawlina zînga tam tak kha chu a thil tih lai mêk an rawn tihkhaihlâk avânga a tihte a ni hlawm a, entfîr nân Jairan a fanu damlo thi mai tûr tidam tûra a ina kal atâna a rawn ngên te kha. Chumi ti tûra a kal mêk lai chuan hmeichhe pakhat, kum 12 chhûng zet thî pût reh thei lovin a lo tikhaihlak leh chhâwng bawh a nih kha (*Marka 5:21–43 chhiar la*).

Krista kohhran hi he leia Kristâ thinlung leh kutte a ni a. Isua chuan thil dang zawng âiin mihringte a hmangaih zâwk a, a kohhran ni tak tak chuan a tih ang khân a ti vê ang.

Kohhrante chuan remruatna leh tih hlawhtlin tum eng eng emaw an nei ang, chu chu thil ʒa tak pawh a ni. Mahse thu delh kilh engmah awm lova mihringte hmangaihna chuan thiltum lâwk kan lo neih, a bîk takin mi dangte hnêna Pathian hmangaihna kan lantîrna tûr kawng dâl theitu tûr ang chîte lak aʒanga min hruai chhuah daih châng a awm dâwn a. Kohhran tam tak chuan baptisma chantîr hi thupui berah an nei a. Baptisma chantîr chu a ropui thlâwt a. Baptisma chantîr chu *Matthaia 28:19*-a thupêk kan hmuh hlenchhuahna a ni bawh. Nimahsela, in kohhranin baptisma chantîr in phûr êm êmna chhan chu eng nge ni? Mahni hmasialna vâng a ni em? Kohhran hmêl tihmâwina tûr leh, pastor hming tihʒatna tûr atân a ni em? Nge ni a, in kohhran chuan in khua/vênga mîte chu Krista pawm avânga nun tam lo awm thei (*Johana 10:10*) chu chang vê se, an tâna ʒa ber tûrin in duhsak avângin pêk a tum zawng zawng chu lo pawm vek tûra in duh tak tak vâng zâwk le?

Kohhran pakhat chuan khawpui pakhata vêng tlabirh deuh laiah hian chu lai vêla chêngten an mamawh êm êm satui hâng siamna hmun an siam a. Ni rei vak lo hnuah an pastor chuan, “He satui hâng siamna hmun hi khâr ang u, heta ʒang hian baptisma chang pakhat mah kan nei sî lo,” a ti a. Kohhran dang pakhat chuan biak in thar mâwi tak an sa zo chiaah a. An chhuang êm êm mai lehngâl a. An pastor-in khaw chhûng mîte chu an biak ina lo lût a, Vacation Bible School (VBS) leh hrisêlna endikna an neih ʒhinte chu rawn chhim ve se tia rawta a han siam chuan, an ngaihtuahnaa lo lût hmasa ber chu an chhuat phah (carpet) thar chu a bâl ang a, a thlêr palh ang tih a ni. An inthiarna hmun thar siamte chu a hmêlhem ang ti tih te an hlau va. Hêng kohhran pahnithe thil tih dân hi rahtleng khalhna hmun bula awm kohhran nêl khân khaikhin ang che.

***Filipi 2:3-5* kha chhiar nawn leh la. Engtiang takin nge mi dangte chung a rilru puthmang a târlan le? Kan nuna hetiang nungchang hi târlan a nih theihna tûra tûl êm êm, mahni inthihsanna chu engtin nge a taka chan dân kan lo zir theih ang?**

Ngaihtuah zui tûr: Ellen G. White-i lehkhabu, *Tihdam Rawngbawlina*-a, “Kan Entawn Tûr” (pp. 7–19) tih te; *Chatuan Nghahfâk*-a, “Kawng Khat I La Bâk E” (pp. 499-504) tih te chhiar ni se

“Mi tinte hnên kan thleng dâwn a nih chuan an awmna hmunah kan pan a ngai a; anmahni duhthu chuan min rawn pan ngai lo vang. Pulpit tlâng aʒang chauh hian Pathian thutak hmangin mi thinlung khawih theih a ni lo va. Krista kha chuan mîte chu an ʒatna tûr duhtu anga an zînga

kalin an rilru a chawk tho va. An nî tin hnathawhna hmunah va kal chilhin, an thil lo buaipui mêkte chu a tuipui ve tak tak a ni tih a lantîr thîn.”—Ellen G. White, *My Life Today*, p. 186.

Mi tam tak hi chuan a chhan hrang hrang avângin, “anmahni duhthû chuan min rawn pan mang mang dâwn lo” tih thu hi a va dik êm! Isua chu leiah a lo chhuk a, kan awmna hmunah min rawn pan ang chiah hian mi dangte tân pawh kan tih vê a ngai a. Hei hi eng emaw chenah chuan thil harsa vak tûr pawh a ni hran lo. A chhan chu mamawh nei leh ãnpui ngai tak tak an awm a. He khawvêl hi hmun chhe tawh leh hliam tuâr, thinlung keh sawm tawhte leh hliam tuarte awmna a ni a, chûng mîte chuan an thusawi ngaihthlâktu tûr, ti tipuitu tûr, leh anmahni ngaihsaktu an mamawh a. A kohhran ang zâwng pawhin eng emaw chen chu an tîsa mamawh kan pe thei. Mahse Jakobana sawi ang kha (thiltih tel lo rinna) kan nih lohna tûrin kan fîmkhur hlê erawh a ngai. Thil ngaihnawm deuh mai chu, he vaukhanna thu hi ei leh in emaw, incheina emaw, nungchang emaw chungchânga a pêk a ni lo va, ãnpui ngaite ãnpui thû-ah a ni zâwk teh tlat hi a ni (*Jakoba 2:14–17*). Chu hmangaihna tehna dik tak chu kan “vêngte” mamawh kan chhân dân hi a ni.

Sawi ho tûrte:

- ❶ **Jakoba 2:14–17** chhiar la. Engtin nge Jakobana sawi ang hi in kohhran chuan in ti vê lo a ni tih a chian theih nân i ãnpui ang?
- ❷ Bible mahni hmasial ngai miah lo leh mi dangte ngaihsak êm êm thîn kan hmuhte hi ngaihtuah la. Entîr nân, “Joppa khuaah chuan zirtîr pakhat, a hming Tabitha an tih chu a awm a (a Grik hming chu Dorki a ni a, ‘sazuk lâ’ tihna a ni); chu nû chuan thil tha tak tak a ti thîn a, mi retheite a ãnpui peih hlê baw (*Tirh. 9:36*, NIV). In kohhran “Joppa khua” ve-ah khân eng nge i tih thîn le?
- ❸ Lawm leh fak i hlawh a, “thil tha” ti anga thantîr i nih chuan thil tha tih pawh a awl deuh ngei ang. Mahse mi tû mâ hriat loh (i ãnpuite chauhin an hriat) leh ngaihven pawh an ngaihven lêm lohva mi dangte tâna thil tihsak hi eng nge a an le?
- ❹ Mi tu emaw chuan Kristian pakhat hnênah, “In nunin tum a neih chu eng nge ni?” tiin a zâwt a. Ani chuan, “Engmah beisei lêt nei lova mi dang hnêna thil pêk” tiin a chhâng a. He a chhanna hian engtiangin nge Kristian kan nih anga kan rilru puthmang tûr tlângpui chu a târlan le?

ZIRLAI 8-NA

AUGUST 13–19, 2016

ISUAN LAINATNA A LANTÎR THÎN

CHÂNGVAWN: “Tichuan ani chu vaukama a lo chhuah chuan mipui tam tak a hmû a, a khawngaih êm êm a, an dam lote a tidam a,” (*Matthaia 14:14*).

SABBATH CHAWHNÛ

Chhiar tûrte: *Exodus 2:23–25; 2 Lalte 13:23; Luka 7:11–16; Johana 11:35; Rom 12:15; 2 Korin 1:3, 4; 1 Johana 3:17.*

Aâia râphtlâk thil dang a awm thei tawh dâwn chuang em ni? Tleirâwl pakhat, kum 17-a upa chu a rualpuite pawh an tâl buai ve thonaah chuan a tâl buai vê a. Mahse mi dang zawng âia a tâl buai nasat zual bîk avângin a tâwpah pheih chuan amâ nunna ngei chu a la ta a ni. A nû leh pâte rilru nat dân tûr chu tu-in nge suangtuah thiam ang le?

An pastor chuan a va tlawh vat a. An inkawm khâwmna pindan-ah chuan an bulah ngâwi rengin a thû ve a. An lungngaihna chu a tâwmpui ve tawp mai a ni. Nakin deuhah chuan a inhnît tan ta a, dan rual lovin a mittui chu lo luang ta zung zung mai a. Tichuan, eng thu mah pawh sawi lovin a tho va, a chhuak leh ta ringawt mai a ni.

A hnû-a an inhmuh leh chuan an pa ber chuan a thil tih chu lâwmawm a tih thu a hrilh a. Khatih lai tak kha chuan eng thu mah, eng thutiam mah, leh eng thurâwn mah an mamawh lo. An mamawh awm chhun chu an lungngaihna tawrhpuita a ni.

Pastor hnênah chuan, “Kan lungngaihna min rawn tawrhpuia ve kha a hlû kan tihzia chu kan sawi chhuak thiam lo hial zâwk a ni,” tiin a sawi a.

Tawrhpuina tih awmzia chu “khawngaihna nê” tihna a ni a, “khawngaihna” tih pawh chu lainatna, duatna, leh lungngaihna tih te nê a inzawm baw. A awmzia chu mi tu emaw rilrû thûk taka tâwmpui tihna a ni. Miin lungngaihna an tawh laia tawrhpuina lantîr tûr chuan anmahni nêna inchênchilh tak tak a ngai thîn.

Chutianga mi lungngaite tawrhpuina chu Isua mi a hneh theihna kawng pawimawh tak pakhat a ni baw.

SUNDAY

AUGUST 14

Lungngaia rûm rîte chu hriain

Lei leh vân zauzia, nêlawm lohzia, leh a lakah chuan awmzia kan neih tham lohzia kan ngaihtuah châng hi chuan kan tê chem chem mai a, hmun hlauhawm tak niin a lang thei hial a ni. Chutiang khawpa zau leh hmun râltî a nihzia chu tûnlai science thiamna hian a tilang chiang lehzuah tawh a; an enhlata tha tak takte chuan vân thengreng chu kan lo suangtuah thiam dân âi daiha lian leh zau a ni tih an puang leh tawh nghê nghê a. Chu mai chu ni lovin, Darwin-an nunna lo awm tan dân leh a danglam chhoh zêl dân nia sawi chuan Siamtu a awm ni âwma ngaihna hi a malmâk dêr mai baw a. Chutianga min ngaihsak rêng rêng an awm lo nia lang hmunah hian beisei tûr pakhat mah nei lovin kan inhambuai ve mai mai tihna a ni dawn a ni.

Amaherawhchu, Bible hian thil siam tam takte zînga kan nihna dik tak chu thlîr dân dangin min hrilh thung.

A hnuaia Bible chângte hian Pathianin suala tlu tawh leh kehsawm tawh a thil siamte a khawngaihnia engtin nge min hrilh?

Rorêltûte 2:16–18: _____

2 Lalte 13:23: _____

Isaia 54:7, 8, 10: _____

Thuthlung Hlui lehkhabeten Pathian a sawi hi chu fir leh khirh tak, ngaihdamna leh khawngaihna pawh nei lo, Thuthlung Thar lehkhabeten Pathian an sawi leh Isua nê phei chuan inang lo tak nia ngaihna lian tak a awm thîn a. Mahse chutiang chu a nih lohzia Thuthlung Hlui châng tam takah hian hmuh tûr a awm vê tho a ni.

Pathianin hrehawm tawrhna a chinfele dân Exodus 2:23-25-in min hrilh chu eng nge ni?

Pathian chuan mihringte hi a ngaihsak êm êm a (*Jakoba 5:11*). He thupui hi Bible pum puiah hian hmuh tûr a awm a.

“Hmangaihnaa khat a thinsung chu kan lungngaihnaite leh kan lungngaih thû kan sawite hian a khawih êm êm thîn a. . . . Thlamuanna kan chan theihna tûr a nih phawt chuan eng thil mah hi atâna hriat tham loh khawpa tê lutuk a awm lo. . . . A fâte zînga a tê ber chungah pawh hian kan

vân Pâ hmuh loh emaw, a ngaihsak nghâl vat loh emawa chhiatna thleng engmah a awm thei hek lo.”—Ellen G. White, *Krista Panna Kailâwn*, pp. 78, 79.

In khua/vêngah khân a khawtlâng huap rûmna eng ang chí nge vân lamah chho le? Chu mi tawrhpuî tûr leh hrehawm tuar mêkte tanpuî tûr chuan engtin nge Pathianin a hman theih che?

THAWHTANNÎ

AUGUST 15

Min tawrhpuîtu kan Chhandamtu chu

Khatia leia rawng a bâwl laia mîte zînga a awm lai pawh khân hrehawm an tawrhate chu a tawrhpuî ve thinzia leh, anmahni a lainatzia a lanna a awm nual a. “Ani chu a lo chhuak a, mipui tam takte chu a hmû a, tichuan a khawngaih ta êm êm a, an nâte pawh a tidamsak ta a,” (*Mat. 14:14*, ASV).

Matthaia 9:35, 36 leh Luka 7:11-16 chhiar la. Hêng chângte hian inlaintna leh inkhawngaihna dik tak chungchâng eng nge min hrilh le:

Tawrhpuina tih thumal han sawi hian a kaihnawih thumal dang, entîr nân, *hriatthiampuina* tih te, *khawngaihna* tih te rilru-ah a lo lang ve nghâl thîn a. *Khawngaihna* tih chuan mi tu emawin hrehawm a tuar a, chu a hrehawm tawrh avânga lungngaihpuina chu a kâwk a. *Hriatthiampuina* tih pawh hi mi dangte rilru tûr hriatthiampuina leh an hrehawm tawrhate tawrhpuî vêna a ni.

Khawngaihna leh lainatna te hian mi dangte tawrhna chu kan hriatthiamsak ni mai lovin, an tawrhna chu lâk kiansak a, titâwpsak kan duh bawk tih a lantîr.

In khua/vênga chêng tute emaw chungah thil lungchhiatthlâk tak, entîr nân, an in a kâng emaw, an chhûngkuaah tihna a thleng emaw a ni tih i hria a, chutih hunah chuan engtin nge i awm thîn? “Aw, a va lungchhiatthlâk ve!” i lo ti satliah ngawt a, i thil tih lai chu i ti chhunzawm leh ta mai em? Chutianga tih chu a awl khawp mai. Nge ni a, i tawrhpuinate chu a lo chhuak a, chu chuan anmahni i khawngaihna chu a rawn *chêttîr* ta zâwk che? Khawngaihna dik tak chuan i thiante leh i hriat ngai lohte pawh thlamuama tanpuî tûrin a hruai dâwn che a ni. I tawrhpuizia i ziahna lehkha (card) i thawn a ni emaw, a nih loh leh i va tlawh chhuak a, an thil mamawh chawpchilh nghâl mai tûrte chu i va pê pawh a ni thei, eng pawh ni se, hmangaihna nêna a taka thil tih hi intawrhpuina dik tak rah chhuah chiang taka lang chu a ni.

Vânneihthlâk takin, mi tlâwmngate leh mi tanpuî tûr hrim hrima pâwl dingte hian, chhiatna liam tham a lo thlenin khawngaihna nêna a chhânlet hna thawh nghâl vat an tum thîn a. Amaherawhchu, “mi reitheî zâwkte” vânduaina leh chhiatna tawh an tawh vête hi chu kan ngaihsak vak loh châng a awm vê leh zauh thîn.

Isua kha chuan a tawrhpuî a ni satliah mai lovin, a khawngaihna chu thiltihin a tilang nghâl thîn a. Keini pawh hi a tih anga ti vê tûra koh kan ni a. Mi tu emawin vânduaina an tawh chuan pawî kan ti a, kan lainat hlê thei vek bawk. Mahse zawhna awm ta chu, ‘Chu kan khawngaihna chuan eng thil nge min tihthîr?’ tih hi a ni.

Tûkthuan an ei mawlh mawlh lai chuan chhûngkaw nû ber chuan ram dang daiha thil râpthlâk tak, mi sâng chuangin nunna an chân phanna a thlen thu a sawi a. Chû thil râpthlâk tak mai chu rei vak lo chhûng an sawi zui a; mahse a pasal chuan thu dang daih, a hmâ zâna football team tan takten hnehna an chan thû a sawi daih mai a. He pa ang tho kan nihna lai hi a tam viau lo’ng maw? Hetiang ngawt lo deuh hi tih theih eng nge ka neih le?

An pheikhawk chu bun vê chhinin

Kolosa 3:12; 1 Petera 3:8 leh 1 Johana 3:17 chhiar la. Hêng Bible chângte hian eng thú nge min hrilh a, he khawngaihna kan nunah engtin nge kan lantîr theih ang?

Khawngaihna tih hi Latin ɣawnga thumal pakhat, *compati* tih aɣanga lâk a ni a, chu thumal awmzia chu “hrehawm tuar dũn tũrin” tihna a ni. Keini pawh hi hrehawm lo tuar ve tawh kan nih avângin mi dangte tawrhna chu kan hriatthiampui thei a; chũng kan tawrhnaahte chuan khawngaihna leh tawrhpuina kan beisei ɣhĩn ang chiaah khãn mi dangte chungah pawh khawngaihna leh tawrhpuina kan lantîr vê tũr a ni.

Zirlai hmasa lamah khãn Samari mi ɣa chanchin kan hmu tawh a. Isua chuan, “Amaherawhchu, Samari rama mi tu emaw a zin kalin a awmna chu a lo thleng a, a hmuh vêleh a khawngaih ta êm êm a” (*Luka 10:33*) tiin a sawi a. He khawngaihna, lainatna hian Samari khualzin chu hliam tuar ɣanpui tũrin a chêtĩr ta a ni. Puithiam leh Levia chi te kha chuan, “He pa ɣanpui ta ıla, ka chungah eng nge lo thleng ang?” tiin an inzawt a nih hmêl a. Samari mi erawh hi chuan, “He pa hi ɣanpui lo ta ıla, a chungah eng nge thleng ang?” a ti ve thung niin a lang. He thawnthu-ah hian Samari mi hian mahni hmasialna tel miah lovin hliam tuarpa chan chu a chanah a han dah chhin a, chu chuan a chêtĩr ta rêng a ni. Amâ sahimna tũr pawh a ngaihtuah chang tawh lo va, a neih sumte chu a hmêl hriat loh tãn a sêng hmiah mai a ni. ɣawngkam dangin sawi ıla, Kristian kan ni a nih chuan a nghawng tũr *hre lâwk lova* chêt a ɣũl châng a awm thei a, insên deuh a ɣũl hun pawh a awm ang.

He thlĩrna aɣang aɣang bawh hian fapa tlãnbo tehkhin thú kha han chhiar leh la (*Luka 15:20–32*). Fapa tlãnbo pa hian sawisêl hlawh leh chhũngkaw innghirnghona a thlen pawh huama thil a tih kha eng nge ni? A fapa tlãn bo tawh lo kĩr leh chu khawngaihna nêna a lo pawm te, neitu nihna kawrfual a lo hãktĩr te, rin ngamna zungbun a lo buntĩr te, zalênna pheikhawk a lo buntĩr, leh a lawmna ruai ɣeh a rawt te khãn, mahni hmasialna tel miah lova lâwmna a neihzia a tilang a; a fapa tlãn bo tawh hnũ-in a dinhmun ngai a luah leh theihna tũr a nih dãn phawt chuan engkim hlan a huam a ni.

Tlãn bo tih awmzia chu che tlaran, pawisak nei lo, hleihluak taka che, leh zilh loh fa ang tihna a ni a. He a nungchang hian he thawnthu-a fapa naupang zãwk kawng zawh chu a hrilhfiah Chiang hlê. Amaherawhchu, hei hi han ngaihtuah chhin lawk teh, a fapa tlãn bo tawh hnũ a lo lawm dânah hian a zahawmna zawng zawng chu a dah ɣhã a, engmah vênthãwn nei lovin a thil neih tin rêng mai chu he a fapa lâktlãk loh tak hnênah hian a vũr vak mai a. A fapa upa zãwk ngaiha chuan a pa hi hleihluak tak leh a tlaran zãwnga che, zilh lo fa ang deuh a ni.

Hetianga mĩte tawrhpuĩ tũr leh khawngaih thei tũr chuan mahni inphat a ngai a, an tawrhna chu kan ɣãwmpui vê avâng leh, an dinhmun ngai awh leh thei tũra kan puĩh tlat avâng chuan eng emaw chu kan chãn pawh a ɣũl mai thei bawh. A tãwi zãwngin sawi mai ıla, khawngaihna leh tawrhpuina dik tak chuan chãnna pawh a thlen thei a ni.

Isua a ɣap

“Isua chu a ɣap ta a” (*Johana 11:35*). He Bible châng hian Isua kha mihring vê bawh a nih thu ni mai lovin, chu a mihrinnaah chuan engtiangin nge mi dangte tawrhna a ɣãwmpui dân min hrilh le? *Rom 12:15 pawh en bawh la.*

Johana 11:35-ah hian Isuan a rilru chhông ril taka mi dangte a tawrhpuina, an dinhmun a hriatthiamsakna, leh a khawngaihna a lantîr thu kan hmû a. Lazara chu kaitho mai dâwn tho mah sela, a ðhian kawmngaih takte lungngaihna chuan a taksa leh a rilru a nghawng ve hlê a ni.

Amaherawhchu, Isua hi a ðhian duhtak thihna avâng chauhva ðap a ni lo va, sualin mi sawisakna avânga mihring zawng zawngten hrehawm kan tawrhna pawh hi a rilru-ah khân a awm baw a.

“Kum tam tak kal tawh aţanga lungngaihna inçhêk khâwm chu a chungah hian nghah a ni a. Pathian dân bawhchhian nghawng râpthlâk tak takte chu a hmû a. Abela a thih a chin kha soal leh ðha indona hi a la tâwp ngai lo rêng rêng tih pawh a hmu baw. Kum lo awm leh zêl tûrte pawh chu a thlîr a, hrehawm tawrhna leh lungngaihna, mittui leh thihna te chu mihringte chan tûr sa a ni tih a hmu a. Chhuan zawng zawng leh ram tina mihring awmte hrehawm tawrhna chuan a thinlung a chhun thlêr a. Suala tlu tawh mihringte manganna chuan a tnun a delh rit a, an hrehawmna zawng zawng chu lâk kiansak a duh êm avângin a mittui chu dan rual lohvin a pût ta zawih zawih mai a ni.”—Ellen G. White, *Chatuan Nghahfâk*, p. 515.

Pi White-i sawi hi han ngaihtuah zui mah teh: Isua chuan, kan zînga mi tû mahin kan la hmuh ngai loh, “chhuan zawng zawng leh ram tina mihring awmte hrehawm tawrh” chu a hmu bîk a nih chu.

Keini vê hi chuan kan mi hriat zâwngte leh kan lam hnai deuhte tawrhna chauh kan hriatthiampui ðâwk a ni a. Chanchin thara kan hmuh leh kan chhiarte hi kan hriat dang leh chu a ni deuh mai baw. Mahse LALPA kan nei a, ani chuan kan hriat dân ang lo vin thil a hria a, mihringte tawrhna inţâwm chungah hian a ðap ðhîn a ni. Pathian chauhin mihringte manganna leh lungngaihna chu a famkimn a hria a. Chu lungngaihna chu chiang lo ruai chauhva kan hriat avângin kan lâwm hlê zâwk tûr a ni, a châng chuan chu pawh chu kan tuar zo lo lek lek ðhîn. Chutih lai huna Isua thinlung tithotu tûr chu eng nge ni ang tih ngaihtuah ang che.

General William Booth-a, Chhandamna Sipai Pâwl dintupa hian, “He khawpui i ðahchhan thei lo a nih chuan, kan hmang thei bîk lo vang che” tiin a sawi.—Roger S. Greenway and Timothy M. Monsma, *Cities: Missions’ News Frontier* (Grand Rapids, Mich.: Baker Pub. Group, 2000) p. 246. **He a thusawi hi keimahni ðheuhah engtiangin nge a thawh le?**

NINGÂNÎ

AUGUST 18

Thlamuantu Dang

“Kan LALPA Isua Krista Pathian leh Pa, khawngaihate Pa leh thlamuanna zawng zawng Pathian, Pathianin keimahni min lo thlamuan tawh dân anga hrehawm tuar vê dangte pawh kan thlamuan theihna tûra kan hrehawmna zawng zawnga min thlamuantu chu chawimawiin awm rawh se,” (2 Korin 1:3, 4, NKJV). Tirhkoh Paulan keimahni hrehawm tawrhate hian kan vêla awmte hnêna khawngaihna leh thlamuanna lantîr thei tûra min ðanpui dân a sawi chu eng nge ni? Hêng a thil sawite hi engtiangin nge in nunah khân a taka i lo chan ve tawh le?

Thlamuan tih thumal hi Latin ðawnga *com* (a rualin, nê) tih leh *fortis* (chak) tih aţanga lâk a ni a. Kan tawrhnaah hian Krista chuan min tichak ðhîn ang hian, keini pawhin chu chakna chu mi dangte hnênah kan pe chhâwng ve thei a. Keimahni tawrhate aţanga zir chhuak kan nih avângin mi dangte pawh an tawrhnaah awmze nei zâwkin kan ðanpui thei baw a ni.

Kohhran member-te zîngah hian ðhenkhat chu hrehawm tuar an ni a, ðhenkhat chu hrehawm tuarte thlamuantu an ni thung. Hetianga hrehawm tuarte leh thlamuantûte inkawp hian in kohhran chu “hmun him”—humhimna khawpui (*Numbers 35 chhiar la*), khaw chhûnga luang lût damna luih (*Ezek. 47:1–12*) a chantîr a ni.

Mîte tawrhna tâwmpui leh thlamuan hi thiamthil pakhat a ni vê a. Hêngte hi a neih nâna thurâwn ðhenkhatê chu a ni:

- Lem chang suh. A ðawng lam ni lovin ngaihlâk uâr zâwk la. I taksa chêt vêl dân chuan khawngaih leh thlamuan i duh a ni tih tilang rawh se.
- A mi mal takin i tawrhpuia a ni tih lantîr la. Mi ðhenkhat chuan ngâwi rengin buaina tâwkte chu an ðanpui ðhîn a. Mi dang erawh chuan ðanpui lovin, lusûnte thlamuantu tûr thil eng emaw huaihawtin an tawrhpuizia an lantîr ðhîn thung.
- Thusawi emaw, thil eng emaw tihsak âi chuan an bula va awm ve ngawtna hi a pawimawh zâwk châng a awm.
- Anmahni duh dân anga lû an sùn phalsak rawh.
- Lusûna thil lo thleng ðhîn hrang hrangte hi a tahtawla a lo thlen dân hriat vê tum rawh.
- “I rilru tûr chu ka hriatpui che alâwm” ti ngawt suh. I hriat loh thil a awm ve thei.
- Thurâwn pe thiam leh hnêm thiam bîk an awm a ni tih hre rawh.
- I tum tak tak a nih loh chuan, “Ka lo ðawngtaisak ang che” ti ngawt suh. A theih hunah amah nêñ ðawngtaï ula, khawi hmunah emaw te kal dîn ula, Bible-a fuihna thutiam ðha tak tak awmte hi hrilh ang che.
- In kohhranah emaw, in khawtlângah emaw khân (a remchân chuan) lûsûnte ðanpuitu pâwl din ang che u.

ZIRTÂWPNÎ

AUGUST 19

Ngaihtuah zui tûr: *Deuteronomi 24:10–22; Jona 3; Malakia 3:17; Matthaia 15:32–38; Marka 6:34–44, Galatia 6:2; Hebrai 10:32–34*-te hi chhiar la. Ellen G. White-i lehkhabu, *Krista Panna Kailâwn-a*, “*Ðawngtaïna Hun Remchâng*” (p. 100) tih te chhiar ni se.

Ðhianho chhûngkaw palî panga chuan naupang sikul chawlh laiin thil ðha eng emaw tih an tum a. An fâte nêñ chuan an khuaa chênna tûr in nei lote pêk tûr chaw leh ei tûr chi hrang hrang an fûn a. Chutianga dârkâr tlêm an buai mar mar hnû chuan, an car chhûngah an lût a, khawpui lailî lamah chuan an kal ta a, dârkâr chanve vêl chhûngin an thil fûnte chu an sem zo ta a. Tichuan, museum-ah hun an hmang leh a, chumi hnû chuan zanriah ei tûrin an chhuak leh ta a. Chutia an car lam pana an kal lai chuan, an zînga naupang pakhat chuan, “He thil kan tih avâng hian ka hlim hlê mai. Mahse, tûnah chuan ei tûr kan pêkte zînga a tam zâwk kha chu an ril a ðâm leh tawh mai thei a ni,” a ti a. Ni e, thlamuanna, tawrhpuina, leh ðanpuina mamawh tam tak an awm a, a tam lutuk hi, *Thlamuan sên leh puïh sên pawh an ni lo hi!* tih mai pawh awl tak a ni.

Amaherawhchu, chutiang zâwnga ngaihtuahnaah chuan harsatna tam tak a awm. A hmasa berin, chutiang chuan mi zawng zawngin ngai ta se, mi tu mahin mi dangte an ðanpui dân lo tihna a ni a, eng anga ðanpui ngai tâwp pawh ni se; chu chu a ðha lo fê zâwk ang. A lehlamah chuan, mi dangte ðanpui thei zawng zawng hi chuan ðanpui vek se, thil awm dân chu a ziaawm zâwk ngei thung ang.

Pahnihnaah chuan, Bible-ah hian mihringte natna, hrehawm tawrhna, leh thil ðha lote hi he leiah hian tihbo vek a nih tûr thu a awm lo hrim hrim a. Dik tak pheï chuan chumi letling chiah zâwk chu hrilh kan ni. Isua meuh pawh khân, he leia a awm chhûng khân mihringte tawrhna chu a zavaiin a titâwp bîk chuang lo a nih kha. A theih chin zawng a ti mai a. Keni pawhin kan theih chin zawng ti vê-in, mi dangte hnênah thlamuanna, tawrhpuina, leh ðanpuina kan pe vê tûr a ni.

Sawi ho tûrte:

- ❶ Engtin nge in kohhran kha mi lunggaite tân hmun him, leh damna hmunah in siam theih ang?
- ❷ “Mi tam tak chuan, ‘Eng vângin nge Pathian a lo chêt loh le?’ an ti ðhîn. Pathian chuan, ‘Eng vângin nge mi tam takte hian ðanpui ngaitê hi an ngaihsak miah lo le?’ a ti vê

thung”—Dwight Nelson, *Pursuing the Passion of Jesus* (Nampa, Idaho: Pacific Press Publishing Association, 2005) tih thû hi in class-ah sawi ho ula. Chona a siam hi i pawmpui rêng em? I pawmpui a nih chuan a thlâk danglam tûrin eng nge kan tih theih le?

- ⑤ Ellen G. White-i chuan ti hian a sawi a: “Thu hriat nuam sawi ngawt mai te, ngaihsakna tê tham tak lantîr ngawt mai te hian thlêmna leh rinhlelhna chhûm, rîlrû-a lo zîng thînte chu a chhêm kiang ang a. Krista khawngaihna ang târlanna thinlung dik tak, mâwl tê-a pêk chuan Krisa Thlarauvin dîm tak leh mâwl têa a khawih mamawhte thinlung kawngkhâr chu a hawng thei a ni.”—Ellen G. White, *Testimonies for the Church*, vol. 9, p. 30. He thû hian ngilneihna leh khawngaihnten lusûnte a tanpui theih dân ropui tak chu eng nge min hrilh le?

ZIRLAI 9-NA

AUGUST 20–26, 2016

ISUAN AN MAMAWHTE A PHUHRÛKSAK

CHÂNGVAWN: “Isua chuan khaw lian deuhte leh khaw tê deuhte pawh a zavaiin a tlawh chhuak vek a, an inkhâwmna inahte zirtîrin lalram chanchin tha chu a hril thîn a, natna leh dam lohna tinrêngte chu a tidam zêl a,” (*Matthaia 9:35*, NIV).

SABBATH CHAWHNÛ

AUGUST 20

Chhiar tûrte: *Sâm 139:1–13; Marka 2:1–12; 5:22–43, 10:46–52; Johana 5:1–9; Tirhkohte 9:36–42.*

AFRICA ram pakhatata Seventh-day Adventist nu pakhat chu a hnâ aţanga a pension tawh hnû-ah pawh rawngbâwl hnâ chawhhsan a la duh chuang lo va. A awmna khua chu HIV/AIDS natnain a rûn nasat avângin damna an mamawh hlê mai. An mamawhte zînga a hmanhmawh thlâk ber chu AIDS vei naupang, nû leh pa nei tawh baw k sî lote chuan an taksa mamawh tâwk pawh ei tûr an tlachham tlat mai chu a ni a. Kum 2002 khân amah leh a lâwina kohhrante chuan chu khuaa naupangte hnêna nî tin chaw pêk program chu an tan ta a.

A tîrah chuan naupang 50 hnênah an pe phawt a, kum sâwm hnû (2012)-ah erawh 300 lai an châwm thei ta a. Chaw pêk mai chu duhtâwk lovin nau-awmna hmun pawh an hawng leh a, chutah chuan naupang 45 an lût baw k. Program dang dang - ADRA hnên aţanga lo kal thawhnhaw sem te, an chuktuah huan siama an thar thlai leh vaimîm mi harsate hnêna pêk te, leh damlo enkawlte pawh an ti a. Hmeichhiate tân bîk thiam thil zirna program te an kalpui a, chuta an thil zir chhuahte chu eizawn nân an hmang nghê nghê. Hetianga Isua hmangaihna a taka an lantîrna hian kohhran thar a hring chhuak a. A tîr chuan member panga chiah an awm a; mahse hun a lo kal zêl a, kum 2012-ah kha chuan 160 lai an lo tling ve ta a. Pathian chuan fahrah enkawlina in leh biak in thar an sak theihna tûrin kawng a hawnsak leh ta zêl a ni.

He an thil tih hi Kristiante tâna khawtlâng mamawhte phuhrûksak pawimawhzia entîrtu tha tak a va ni tehlu em!

SUNDAY

AUGUST 21

Rawngbâwlina tikhaihlakna

Isua chu Kapernaum khaw kianga dîl kamah chuan lawng aţangin a lo chhuak a (*Marka 5 en la*). A zirtîrte Dekapoli biala ramhuai man mi pakhat an tawh khân a la tihlauthâwng hlê a ni. Dân pangngaiin, he mi tum pawh hian mipui tam tak chu Isua hmu tûrin a lo tlim leh hmu tawh a. A thusawi hre phâka awm an duh theuh avângin an innêk nasa mai a. Hetih lai tak hian a tanpuina dîltu mi pakhat a lo lang nawlh mai a, chu pa chu inkhâwmna in hotûte zînga mî a ni.

Marka 5:22–43 chhiar la. Inkhâwmna in hotûte zînga mi mamawh phuhrûksak tûra Isua a kal mêl lai kha engin nge rawn tikhaihlak kha, chu chu engtin nge a lo chhân? He thil thleng aţang hian eng zirlaite nge kan zir chhuah theih a, kan rawngbâwl tikhaihlaktu thilte hi engtin nge kan dawnsawn thîn ang?

Tû mah hian kan thil tih mêk lai chu tikhaihlaka a awm kan duh lo theuh a ni lo'm ni? Kan buai êm êm a, thil eng eng emaw tih tûr kan nei a, khawi hmunah emaw kal kan tum a, thawh zawh ngei ngei ngai hnâ eng emaw kan nei a. Tum eng emaw kan insiam a, chu kan thiltum chu hlenchhuah ngei kan duh bawk, a châng chuan hlenchhuah hun tûr kan inbituk thîn.

Chutia kan buai êm êm lai chuan mi tu emaw-in a mamawh min rawn dîl ta se emaw, ţanpuina rawn ngên ta sa se, “a hun lo mang e aw” lo tih mai a awl viau rêng a ni. I thil tih lai mêk chu kalsan tawp mai a rem loh châng a lo awm ve bawk sî. Chutih rual chuan, kan thil tih lai chu dah rih theih reng pawh ni se, ţanpui duh lo chhuanlama atâna kan hman hlauh châng pawh a awm ve thîn tho lo maw?

Mahse mîte mamawh kan phuhrûksak theihna hun remchâng ţa ber chu thil eng emaw kan tih mêk lai tikhailak tûr tak zâwngin a lo thleng ve thîn tlat sî. Chutianga intikhaihlaktîr chu kan duh lo hlawn theuh a, kan lo ruahman lâwk anga kal thei dâwn lo nia kan inhriat phei chuan kan hnual rawih thîn. Isua rawngbâwlina kha kan en chuan, mîte mamawh a phuhrûksakna thenkhat kha chu thil dang eng emaw a tih laia thleng a ni a, ani chuan hmangaih takin a lo chhâng thîn a ni. Samari mi ţa chanchin pawh kan hre tawh a. Kha pa kha khawiah nge a kal dâwn a, a kalna tûr hmun a thlen hunah chuan eng nge a tih ang tû ma'n kan hre lo? Mahse ţanpui ngai ţanpui tûrin a ding a nih kha.

Mi tu emawin i thil tih lai tikhailak zâwnga ţanpuina a rawn dîl hnuhnung ber kha eng tik nge ni? Engtin nge i lo chhân?

THAWHTANNÎ

AUGUST 22

Engtin nge ka ţanpui ang che?

Marka 10:46–52 leh **Johana 5:1–9** chhiar la. Hêng damlo pahnihte hi Isua khân zawhna a zâwt ve ve a. Eng vânga zâwt nge a nih le?

Hêng damlo pahnihte hian eng nge ni an duh tih chu Chiang sa reng mah se, Isua chuan an mamawh a zâwt tho tih hi lo chhinchhiah la. An sawi kher lo pawhin ani chuan chûng an mamawhte chu a hriatsak vek tawh hrim hrim bawk a.

Amaherawhchu, hetia zawhna a han zawh hian Isua khân anmahni a zah ve a ni tih a lantîr a. An thusawi chu a ngaihthlâksak a, chutia a ngaihthlâkna chuan an harsatna tawh chu a ngaihsak a ni tih tilang bawk. A châng chuan mîte hian thil dang zawng âi pawhin mi tu emaw an thusawi ngaihthlâksaktu tûr an mamawh ber thîn a, a chhan pawh kan harsatna tawh chu min lo ngaihthlâksaktu hnêna kan hrilh hian kan ven huai thîn vâng a ni.

Doctor hnênah inentîr tûrin i va kal a, doctor chuan a lo melh thuak che a, i damdawi ei tûr hming a ziak leh mawlh mawlh a, chutah a pindan aţang chuan chhuahtîr leh ta mai che sela engtiangin nge i ngaih ang? I natna leh a damna tûr chu a hriat tak tak meuh pawh i ring kher âwm lo ve. “Kha doctor khân ka awm dân pawh min zâwt miah lo va, ka lungphû leh ka mar a that leh that lo pawh a en bawk sî lo. . .” i ti rauh rauh mai thei. Damlo enkawltûte tâna dân pawimawh tak pakhat chu, “Enkawlna i pêk hmian endik hmasa phawt rawh” tih hi a ni.

Missionary-te zînga tihdam rawngbâwl hna thawktûte pawhin an hre reng tûr a ni; a chhan pawh an tum ber chu mîte hrisêlna leh an mamawhte a kima phuhrûksak a ni tlat a ni. Kohhran

tam tak chuan an khua/vênga chêngte mamawh leh thawh tûlte chu an hre sa vek niin an inngai thîn a. Khawtlâng mipuite chu an mamawh leh an harsatnate kan sawipui hian, an thâtna tûr kan ngaihtuahpui a ni tih kan hriattîr a, anmahni pawhin an hlut ve theih tûr kawnga thawh dân kan lo hriatphah bawk a. Thian thar siamna remchâng thà tak a ni bawk ang.

“ ‘Nangmah dodâl nasa bertu che pawh kha mi mal taka anmahni i ngaihsak tlat a nih chuan an do reng thei miah lo vang che. Krista pawhin he leia A chên lai khân mîte chu a ngaihsak êm êm a. A kalna hmun apiangah damna famkim thlentû a ni zêl thîn. A tih ang hian keini pawhin kan kalna apiangah thil thà kan ti ve tûr a ni a. Rilfâmte hnênah châw pê a, saruaka awm hnênah thawmhânâw pên, lungngaite thlamuan tûra thu pêk kan ni.’ ”—Ellen G. White, *Welfare Ministry*, p. 162.

Mi tam zâwk daih hi chuan kan ngaihdân sawi chhuah kan harsat vak lo hlawm a. Mahse engtin nge ngaihtlatu thà tak nih dân kan zir theih ang?

THAWHLEHNNÎ

AUGUST 23

Mamawh ril zâwkte chu

Isua khân, LALPA a nih miao avângin, mîte chu anmahni an inhriatna âia chiang zâwkin an chanchin a hriatsak a. Chanchin Thà bû-ahthe hian Isua chuan mîte chu an rilrû ngaihtuah lai mêkte (*Marka 2:8*) chauh pawh ni lovin, an hun kal tawh nêl lam a hriatsak vek a ni (*Joh. 4:18*) tih a lanna tam tak kan hmû.

Sâm 139:1–13 chhiar la. Hetah hian Pathian Thu chuan eng nge min hrilh le?

Nimin lama kan hmuh tâk ang khân, Isua chuan mîte chu an mamawh a hriatsak vek a, chûng an thil mamawhte chu a phuhrûksak bawk thîn a ni. Dik tak phei chuan, anmahnin an mamawh tih pawh an hriat lo thlengin ani chuan a hria a. Chutiang a nihzia chu zeng pakhat a tihdam thû-ah khân kan hmû. A lang maiyah chuan kha pa khân taksa damna a mamawh tih a chiang a; mahse chumi âia thûk zâwk harsatna dang a la awm a. Chuvâng tak chuan a nia Isua pawhin a puanthuah lâa kal tûra a hrilh hmâ khân, “Ka fapa, i sualte chu ngaihdam a ni ta e,” (*Marka 2:5*) tih thu a hrilh rêng ni.

Marka 2:1–12 chhiar la. He pa chungchângah hian a phêna thil awm chu eng nge ni? Engtiang kawngte-in nge he a mamawh thûk zâwk hi an rawngbâwlsak kan tumte mamawh pawh a nih vê theih tho le?

Isua chuan a mamawh chu taksa damna ngawt a ni lo tih a hria a. “He pa hian a duh ber chu taksa damna ni lovin, a sual phurrit lâk kiansak a ni zâwk a. Isua chu a hmu thei a nih a, a hnên aţanga sual ngaihdamna leh Pathian aţanga thlamuanna a dawng a nih phawt chuan thih emaw, dam emaw, Pathian thû a nih phawt chuan lâwm takin a pawm mai dâwn a ni.”—Ellen G. White, *Chatuan Nghahfâk*, p. 246.

Isuan a phêna thil awmte pawh a hriat vek ang kha chuan kan hre ve kher dâwn lo. Mahse an rawng kan bâwlsakte chu tu pawh ni se, sualin a tikhawloh tawh chu an ni vek tho tih erawh kan hre chiang hlê tûr a ni. Chumi awmzia chu, a lang lova an thil mamawh chu eng pawh lo ni se, khawngaihna, ngaihdam nih inhriatna, anmahni hmangaihtu, an tâna thî, leh a thà ber chauh duhsaktu Pathian chu an mamawh hlê a ni.

Chhandam nih inhriat chianna leh Pathianin a hmangaih che a ni tih hriatna i mamawhzia kha ngaihtuah la. Chutiang chu mi dangte pawhin an chan ve theih nân engtin nge i puhi theih ang?

NILAINÎ

AUGUST 24

Joppa khuaa mi Dorki

***Tirhkohte 9:36–42* chhiar la. Dorki hian an bul vêla awmte mamawh a hmuh khân eng thil nge a tih? *Tirhkohte 9:41*-a “ringtute, a bîk takin hmeithaite” (NIV) tih tawngkam hian eng nge a kawh?**

Dorki kha a taka thil ti tîn mî a ni a. “Joppa khuaah chuan zirtîr pakhat, a hming ‘Tabithi’ an tih chu a awm (*Tirh. 9:36*, NIV). Hetiang hian a sawi ve theih ang em? “[I awmna khua (entîr nân Aizawl) sawi la] khuaah chuan zirtîrte [in kohhran hming sawi leh la] an awm a, chû mîte chuan “thil t̄ha tak tak an ti tîn a, mîte an tanpui peih hlê bawk,” tiin (*Tirhkohte 9:36*)?”

Heti laia “ringtute” a tih hi Kristian kohhran member-te an ni a; “hmeithaite” tih hi chuan kohhran member-te leh member ni vê lêm lote pawh a huam thei vek thung. In “Joppa khua” vê chuan in kohhran huang chhûng leh pawns a huam tûr a ni. In kohhran member-te in ngaihsak rengna pawh kha chanchin t̄ha hril dân t̄ha tak a ni vê hrim hrim bawk a (*Tirhkohte 2:42–47*). Chutianga in inngaihsak a nih chuan, kohhran pawns lama mîte pawhin, “En mah teh u, Seventh-day Adventist-te inhmangaih leh inngaihsak tawnzia sâw!” an ti thei dân a ni.

***Johana 13:34, 35* leh *Johana 15:12* chhiar la. Hêng Bible châng pathuma thuchah thuhmun awm vek chu eng nge ni a, eng vângin nge chu thuchah chu a kohhran angin keini tân pawh zawm ve a pawimawh viau? Chutih rual chuan, eng vângin nge zawm harsat viau châng a awm sî?**

In kohhran huang pawns awmte rawngbâwlsak in tum a nih chuan, engtianga bâwl tûr nge ni ang tih in ngaihtuah hmasak phawt tîn tûr a ni.

Amy Sherman-i chuan kohhranin khawtlâng tâna rawng a bâwl theih dân chi hrang hrang pathum a sawi a: 1) *Awm chilhtu*. Hei hian in biak in hnaia awmte mamawh tihsakna lam a tinzawn ber a. HIV/AIDS veite rawngbâwlsak hna thawktu hmeichhia khân a awmna vêng chu a “Joppa khua” vê-ah a thlang a nih kha. 2) *Huan enkawltu*. Hei hi chu in biak in atanga hla deuh hlekte rawngbâwlsakna lam a ni a, huan enkawltute chuan an huan chu an chenna in atanga va pênhle deuhva an ngaih ang hi a ni awm e. A châng chuan kohhran eng emaw zât chu anmahni awmna vêng ni lo t̄heuha rawngbâwl tûrin an thawk ho tîn a. Khawpui pakhat chuan, kohhran tam takin hrisêlna atâna chaw t̄ha zawrhna dân an siam a—chuta tang chuan kohhran thar a ding ta a ni. 3) *Berâmpu*. Hei hi chuan vêng tinzawn bîk nei lovin, mipui hlâwm khat hlawk chu bitumah an neih zawk thung.”—Adapted from Ronald J. Sider et al., *Churches That Make a Difference: Reaching Your Community with Good News and Good Works* (Grand Rapids, Mich.: Baker Books, 2002), p. 146.

NINGANÎ

AUGUST 25

Hnathawk kohhran chu

“I hnâte chu LALPA kawltîr rawh, tichuan i thil ruahmante chu tihnghehin a awm ang,” (*Thufingte 16:3*).

In kohhran khân khawtlâng tâna rawngbâwlina tûrin hmathlîr chiang tak in neih hunah, chu in hmathlîr chu a taka chantîr a nih theihna tûrin kohhrana department hrang hrang awmten an thawh tlân vek theih nâna ruahmanna in siam a pawimawh dâwn a. In kohhranah chuan “hruaitu” niin i ngai vê lo pawh a ni mai thei a; mahse thawh theih chu i nei vê tho. Kohhran member zawng zawngten in thil tih chu an hriat vê theuh a ða baw, a chhan chu in khawtlâng tâna in kohhranin hnâ a thawh a ni tlat vâng a ni.

Duhtusâmah chuan, kohhranin ruahmanna a siam chu thil pathum aţanga ngaihdân lâk khâwma inngat a ni se, chûngte chu: 1) Bible leh Hrilhlâwkna Thlarau aţanga thurâwn; 2) khawtlâng mamawhte hriatna; leh 3) kohhran member-te ngaihdân. Kohhran ðhenkhat chuan an member zawng zawngte chu ko khâwmin, rawngbâwlina atân leh an kohhran chhûng hmasâwnna atâna ngaihdân leh an duh an neih vête an sawi tûrin an sâwm a, chuta ðang chuan thurâwn an la ðhîn.

Luka 14:25–35 chhiar la. He thû hian in kohhranin thawh tum in neihte tihhlawhtlin nâna rilru pèkna leh ruahmanna siam a pawimawhzia engtin nge a sawi le?

In khawtlâng mamawhte chu awmze nei taka phuhrûk a nih theih nâna thil tih ngaite i ngaihtuah lai chuan, *he thil ti tûr hian inpumpèkna nei leh hun sên tam a va ngai deuh ve maw le!* i ti ram ram mai thei. A awlsam zâwnge thil tih mai kan châk ðhîn a. Isua tehkhin thu sawi pahnihte hian mawhphurhna kan neih leh zirtîr nihna chu holam taka la lo tûrin min vaulâwk a ni. Kan tih tûr chu kan tih tak tak hmâin zir chianna leh ruahmanna neih phawt a ðulzia min hrilh a. A nihna takah chuan, sum enkawltu ða nih thu hlâ a ni deuh ber e. *Luka 14:34-a* “chi alna” tih hian inpèkna tih a entîr a. Chumi tel lo chuan kan rawngbâwlina leh zirtîr kan nihnate hian ðangkaina leh awmzia engmah a nei lo. Kan LALPA hnêna inpèkna tak tak leh nung kan neih a ngai a, chumi chu kan nei a nih phawt chuan rawngbâwlinaa inpèkna tak tak leh nung chu kan nei chhawm mai dâwn a ni.

In kohhranin khawtlâng tâna rawngbâwl in tumna kawngah engtiangin nge tûn aia nasa zâwk khân ruahmanna in lo siam lâwk theih ang?

ZIRTÂWPNÎ

AUGUST 26

Ngaihtuah zui tûr: *Deuteronomi 15:11; Joba 29:11–17; Thufingte 14:31, 19:17; Tirhkohte 3:6; Jakoba1:27–2:5* te hi chhiar la.

Paula pawh kha Isua ang bawkin mîten an mamawh an sawi chu phuhrûksak tûrin a inhmang ðhîn a. Atheni khawpuia a thiltih hmingthang takah pawh khân kan hmu thei a. Milem biakna hmun hrang hrang a hmuhte chu a helh hlê mai a. Tichuan, khawpuia mi fing awmte leh dâwr hmunah awm amah tîtîpui duh zâwnge nêen chuan thil an sawi ho ta a. Chuta ðang chuan an mamawh leh an ngaihven zâwnge a lo hria a. An nunah chuan hriat loh Pathian, eng nge a nih tak an hriat theih sî loh chu a awm a, Pathian dik tak chu tu nge ni tih an hriat a, engmah ti thei hlei lo milemte chibai bûk chu an bânsan a ngai a ni tih a hmuchhuak ta a ni. Tichuan, Juda-te leh “Gentail ni chung Pathian chibai bûktûte inkhâwm honaah chuan thu a hril ðan ta a (*Tirh. 17:17, NKJV*). ðawngkam dangin sawi ta ila, remchânna a hmuh chu hmang ðangkai nghâlin, chanchin ða a hrilh ta nghek mai a ni. Paula chuan mîte chu an awmna hmunah va hmuh a tum hrâm ðhîn a, inkhâwmna in pâwnah leh kawthlêrah te pawh a hmuh apiang a kâwm mawlh mawlh mai ðhîn. Atheni khaw mipuite hian an hriat loh Pathian eng emaw tak chu awm niin an ring a, chuvâng chuan “Hriat Loh Pathian” tân maichâm pawh an siam rêng a ni (*Tirh. 17:23*). Chumi chu hre rânin Paula chuan Pathian dik tak, “hre lova chibai an bûk ðhina” ngei mai chu a kawhhmuh ta a (*Tirh. 17:23*). A hnû-ah phei chuan anmahni hlapuahthiam tu emaw-in thil dik ve deuh mai, “Keini pawh a thlahte kan ni sî a,” (*Tirh. 17:28*) tia a lo sawi chu a sawi chhâwnge a

ni. Mîte chu a lo hriat tawh chin aţanga bulţanpuiin, an milem pathiante lak ata hruai chhuak a, Pathian nung leh Isua, thihna ata lo tholeha hn nah chuan hruai thlen a tum tlat a. A t wi z wnɡa sawi chuan, thu a hrih duhte mamawh chu a zir Chiang hmasa pahwt a, tichuan ch ng an mamawhte chu an neih theih n n a  anpui ta  h n a ni.

Sawi ho t rte:

- ❶ M te hn na thlamuanna leh hlimna neih theihna t r kawng zirt rtu chu an thlarau lam mamawh an ngaihtuah ang bawkin an t sa mamawhte pawh an ngaihtuah a ni.”—Ellen G. White, *Chatuan Nghahf k*, p. 365. He tah hian eng v nga mi dangte mamawh phuhr ksak nge ni?
- ❷ Mi dangte rawngb wlsak chungch ng kan sawi hian eng v ngin nge kan tum ber chu theihngihl lo t ra kan fimkhur a   l viau le? Kan tum ber ni t r chu eng nge ni? Kan theihngihl lohna t r chhan hrang hrangte chu sawi rawh?
- ❸ Kan thil tih lai m k rawn tikhaihlaktu thenkhatte hi engtin nge min zarbuaitu ni lova, rawngb wlna remch ng  ha tak anga ngaih z wk d n kan zir theih ang? Hemi kawngah hian *Galatia 2:20* hian engtin nge min  anpui?

ZIRLAI 10-NA

AUGUST 27–SEPTEMBER 2, 2016

ISUAN M TE A INRIN NGAMT R  H N

CH NGVAWN: “Nimahsela a chanchin chu a thang zual ta sauh va; mipui tam tak [ch i a thu hriat duh leh an n te tihdamsak duhin an lo kal kh wm tup tup a” (*Luka 5:15, CL*).

SABBATH CHAWHNU

AUGUST 27

Chhiar t rte: *Genesis 15:6; Number 14:11; Deuteronomi 4:1–9; Nehemia 2:1–9; Daniela 6:1–3; 1 Korin 3:1–9; Tirhkohte 2:42–47.*

KUM tam tak ch ng chu Seventh-day Adventist kohhran pakhat chuan an awmna khuaa sawrk r primary sikul zirlaite hn nah chawlh k r khata ni nga ch ng z l t k thuan ei t r an lo sem tawh  h n a. An ram chu s khaw tih b k nei lo tak ni mah se, sawrk r sikul tinten chaplain (pastor) pakhat  euh an rawih theih n na sum p kna t r d n thar an siam a, an khaw sikul hot te leh khawtl ng mipui pawhin Seventh-day Adventist kohhran chu pakhat thawh ve t rin an duh a (kohhran pakhat chauh an sawm b k hi chu thil thleng kh t tak a ni). Chaplain hn  t r chu zirlaite taksa, rilru leh thlarau lam mamawhte enpui a ni a, zirt rt te leh hnathawk dangte an puih ch ng pawh a awm bawk  h n. Remch nna awm theite hi a ropui hl  mai.

Principal chuan an sikul rawn tlawhtu pastor hn nah chuan, “In kohhran n na inzawmna danglam leh *b k* tak kan nei hi nuam ka ti a. In tih ang hian kohhran dangte pawhin ti ve s  ka ti hl  mai,” tiin a hrih a. Pastor-in sikul a chhuahsan d wn lai chuan sikul hotunu pakhat (community liaison officer) chuan rawn be lehin, an kohhranin thil an tih av nga a l wmthu a sawi a, Sabbath wawi khat chu an biak ina inkh wm v  a duh th  a hrih bawk a.

T n k rah hian rawngb wlsak kan tumte leh Krista t na hneh kan tumte rinngamna nih chungch ng kan zir d wn a ni.

SUNDAY

AUGUST 28

M te rinngam niin

Isua kh n m te chu a  atna t r a duhsak a, anmahni a khawngaihzia a lant r a, an mamawhte a phuhr ksak phawt a, chumi hn  chuan an lo “ring ngam” ta  h n a ni.

Rin ngamna tih hi Latin *řawng* chuan thumal pahnih *con* tih leh *fides* tih kaihkawp ařanga lo piang a ni a, *con* tih awzia chu “nên” tihna a ni a, *fides* tih chu “rinna” tihna a ni. Bible-ah hian *rinna* tih awmzia sawifiah nân thumal eng emaw zât hman a ni.

Hebrai řawnga “rinna” tih thumal řobul chu *amn* a ni a, chu chu *amen* tih thumal lo chhuahna hi a ni nghê nghê. A bulthûm takah chuan nghehna, chhunzawm rengna, leh rintlâk nihna tihna a ni a. Thil eng emaw sakhat řa tak, nghet, kan rringam tûr lam a kâwk. Pathiana chhandamna pe thei rinna a awm thu sawinaah chuan, “ring” (believe) ti pawha lehlin a ni fo va, “thutak,” “thudik” tihna pawh a ni thei bawk. Kristan mîte rringam a hlawh řhin thu sawinaah chuan a inpêkna nghet leh nghing ngai lo an hmuh ařanga rringamna lo piang chhuak a kâwk ve thung a. Mîte nêna thil an tih ho řhin avâng te, an đinhmun a hriatthiampui avâng te leh, an rawng a bâuwsak řhin avângte-in an rringam nih a hlawh êm êm řhin a ni.

Hêng, *amn* tih ařanga lo piang thumal awmna Bible chângte (Genesis 15:6; Number 14:11; Isaia 7:9; Habakuka 2:4) hi chhiar la. Engtiangin hêng chânghte hian hman a nih a, engtin nge rringamna leh rinna tih chungchâng an târlan hlawm le?

Thuthlung Thar lehkhâbûte an ziahna Grik řawngah chuan Hebrai-hoten *amn* (rinna, ring) an tih chu *pistis* tih a ni vê thung a. He Grik thumal, rinna tih sawi nâna an hman hian rinna, rin tlatna, hnial rual lova chianna, rintlâk a ni tih hriatna, a ni tih chian hlê-na tih te a kâwk a. Kristan mîte rringam a hlawh řhin thu sawinaah chuan, mahni hmasialna tel miah lova thil ti ho tûr te, khawngaihna lantîr te leh, an rawngbâuwsak tûr tea a inpêkna chu hnial rual lova Chiang a ni tih an hriatna, a ni ngei a ni tih an chian hlê-na, an rin tlatna leh, an rinna lam a kâwk ang.

Thil pawimawh tak kan hriat tûr awm chu, he rringamna thu hi mihringte chungchângna hman a nihna rêng rêngah chuan (mahni inrintâwkna emaw, mi tu emaw chungna rinna nghahna emaw pawh ni se), thil řa lo lam kâwka hman a ni ve thei fo tih hi a ni (*Mika 7:5 leh Sâm 118:9-te hi chhiar mah teh*). Mahse Pathian chungchângna hman a nih erawh chuan a řa zâwng hlîr a ni ve thung a. Hei hian a hman dânah kan fîmkhur a ngaih thu min hrilh a ni. Krista zuitûte chu amah Kristan mîte nêna thil an tih ho dân anga ti vê a, an khawngaih anga khawngaih a, an mamawh a phuhrûksak anga phuhrûksak vê tûra koh kan ni. An rawng kan bâuwsakten min rringam ta a ni tih an lantîr hunah Isua kan kawhmuh a, an tâna thil a lo tih tawh chu kan hrilh ngei ngei tûr a ni.

Mi tu emaw-in, “Pathiana rinna ngat tak takte awm dân chu eng nge ni?” tiin zâwt ta che sela, engtin nge i chhân ang? Chutiang chuan eng vânga chhâng nge i nih?

THAWHTANNÎ *AUGUST 29*
Fîmkhur Taka Inchawih Tâwktîrin

Africa ram pakhata Seventh-day Adventist Kohhran chu a řangh chak hlê mai a. An řhan châk êm êmna thurûk chu eng nge ni? An kohhran hruaitûte chuan he an řhanna leh kohhran member-ten mahni hmasialna tel lo leh thudelhkilh awm miah lova khawtlâng mipuite tâna rawng an bâuwna chuan inzawmna nghet tak a nei niim an sawi. Chutianga Seventh-day Adventist Kohhranin mîte rin an hlawh thu lo darh zau zêl chuan an ram president beng pawh a lo thleng vê ta hial a. Adventist-ten khawtlâng rawngbâuwna hun lian tham tak an huaihawtah chuan tel vê-in, an rawngbâuwna avânga mi mal taka a lâwmzia a hrilh nghê nghê a ni.

Chutih rual chuan, Krista âiawhtûte kan nih angin fîmkhur taka kan kal thiam erawh a pawimawh a. Isuan a tih ang khân mîte rringam nih kan hlawh a ngai a. Mahse keimahniah rinna an nghahna chu Isua hnêna hruai nân kan hmang tûr a ni thung. Keini chu hmanrua mai kan ni a. Keimahniah hian Isua mîzia eng eng emaw-mahni hmâ a sial lohna, a hmangaihna, mi dangte a

ngaihsakna, mi dangte thatna tûr a nih chuan mahni a inphat thinna te pawh a ni ang—an hmû a, chu chuan kan lamah a hîp ta thîn a ni. Mahse keimahni min en chîk leh lutuk a nih chuan (mi sual vê tho kan ni bawk sî a), an thil hmuh zawng zawng chu an duh vek kher lo mai thei. Chuvâng tak chuan Isua lam kan kawhhmuh fo tûr a ni rêng a, amahah chauh chuan rinna an nghat pumhlûm ngam dâwn a ni. Keini vê hi zawng, engtikah emaw chuan beidawng vê leh mai tûr kan ni hlawm tlat sî a.

1 Korin 3:1-9; 5:1 chhiar la. Paula'n Kohhrana buaina awm chil fel a tum chu eng nge ni? Hêng mîte hian an kohhrana lo inkhâwm vê tûrin mi dangte sâwm ta sela, an mi sâwmte chuan Paula thil sawi hi rawn hmu sî se, engtin nge an ngaih ang le?

Mi dangte mamawh phuhrûksak hnâ thawh kan tum hmawm mi tha famkim emaw, kohhran fel famkim emaw kan nih phawt chu a ngai kher lo ngei mai a. Chu tih rual chuan, mi dangten eng emaw ti zâwng tala mi rintlâk leh rinawm nih an zirna tlâk nih kan tum ngei chu a ngai sî a ni. Chutiang chu Isuan a lo tih tawh dân anga rinawm tak leh tihtakzeta mi dangte kan ngaihsak a nih chauhin kan ti thei bawk. Kohhran chhûnga inremlohna leh inbeih tawna tam tak hi chu member-te khawtlânga tanpui ngai awmte tanpuina lamah chauh an insâwr bing a, an hnêna Kristâ hmangaihna an puang chhuak a nih phawt chuan rang takin a reh mai dâwn a ni.

Mî tûten emaw *regular* takin in kohhran kha rawn tlawh thîn ta sela, eng thil nge an hmuh ang a, in kohhran chuan an hnênah eng ang thû nge an hriattûr ang le?

THAWHLEHNÎ
Nun Chenfâkawm

AUGUST 30

“Hmingthatna chu hausakna namên lo aiin a duhawm zâwk a; mi ngaihsânawm nih chu tangkarua emaw, rangkachak emaw aiin pawhin a tha zâwk bawk” (Thufîngte 22:1, NIV). Heta a thu sawi hi thuhretu kan nihna leh khawtlâng tâna rawng kan bâwlnate nêng engtiangin nge a inkûngkaih le?

“Nun chenfâkawm” an tih chu eng nge ni? I bank account-a pawisa i dah luh chuan a hlutna chu a lo thang chho zêl thîn a. Nun chenfâkawm an tih chu inlaichînna tha leh thawk hlâwk hi a ni a, chutiang chu bank-a kan pawisa dah ang bawka hlû a ni. Khawtlâng hruaitûte nêna inkûngkaihna tha in neih chu in chhawm nun zêl a, an khawtlâng mamawhte in zawh fo va, chûng an mamawhte tihhlawhtlin a nih theihna tûra an thurâwn in lâk thîn a, a tak taka in thawh zui zêl bawk chuan, anmahni nêng chuan inlaichînna in siam chho zêl tihna a ni a. Chû chu nun chenfâkawm an tih chu a ni. Anmahni nêna thil kan tih honaa kan thil tawn tha tinrêng mai chu kan inzawmna tinghet zualtu a ni ang a. Tichuan, in social capital chu a lo thang lian chho zêl ang a, an hmuhah chuan in hlu telh telh bawk dâwn a ni.

Kan *Church Manual* chuan Seventh-day Adventist-te chu “khua leh tui tha chungchuang. . . , zavaia that tlânna atâna hna thawk thîn nia mîte hriat” kan ni tûr niin a sawi a. “Kan rawngbâwlna leh kan thil neihte hmangin, a theih ang ang leh kan thurinte nêna inrem chinah chuan khawtlâng thatna atân leh a lo changkân zâwkna tûra hna thawhte chu kan tanpui thîn tûr a ni a,” “khawtlâng thila rorêlna dik leh mi mal chanvo humhalhna kawngah chuan eng nêng maha inhnûkhniam lovin, nghet takin kan ding tlat tûr a ni bawk.” - “Standards of Christian Living,” pp. 137, 138.

Isua rawngbâwlna bâkah hian, Pathian Lehkhabu chuan Pathian mîten “social capital” an neih hun a thil lo thleng thei entîrna dang pawh min pê a. A hnuia Bible chângte hi chhiar

la, hêng mîte leh “pâwn lam mîten” inlaichînna ̣ha a neih dân leh chumiina a rahchhuahte chu sawi ang che:

Tirhkohte 7:9, 10: _____

Genesis 41:38–45: _____

Daniela 2:46–49: _____

Daniela 6:1–3: _____

Heta kan hmuh ang chhanchhuahta mak tak hi chu kan chang ve kher lo vang a. Nimahsela chû chu a pawimawh ber pawh a ni chuang lo. He mîte hian an bûl vêla awmte rilru khawih tak nungchang ̣ha an târlang a. Ellen G. White-i chuan a lehkhabu, *Thlahtubulte leh Zâwlneite-ah* (pp. 217, 218, 221) leh *Zâwlneite leh Lalte-ah* (p. 628) hêng Pathian ̣ih mî takten an vêla chêng, “Pathian dik tak pawh hre lohote” rin leh duhsak an hlawh theihna chhan nungchang an neih chu a lo ziak a, chûngte chu: zâidamna, rinawmna, finna, rorêlna rintlâk, theihna, zahawmna, leh dikna te a ni.

NILAINÎ

AUGUST 31

Nu Chenfâkawm hlutna chu

Kohhran hi chu mahni thua rawn inpe vê tawpte awm khâwmna a ni deuh ber a, chêt vêlna atâna sum an neih pawh a tam tâwk lo hlê ̣hîn. Chuvângin inkûngkaih tawmna hi in kohhranin amah maia a theih loh tûr thil pawimawh tak taka a hlenchhuaht theih phahna tûr atâna ̣angkai tak a ni a. Buh seng hunlaia loneitûte an inpuitawn angte hi nun chenfâkawm chi khat chu a ni. Chumi awmzia chu, thil rêng rêng hi uluk taka a awm dân kan thlîthlai ngai tho mah se, a theih chin chinah erawh kan thil tumte chu hlenchhuaht tûrin mi dangte kan thawhpui ̣hîn tûr a ni.

***Nehemia 2:1-9* chhiar la. Pathianin Nehemia chung a Lal Artezaria rinna a ngah ngamtûrna rah chhuaht chu eng nge ni?**

“Mamawh leh châkkhai a [*Nehemia*] tlâkchhamte a pe theitû tûr hnênah a dîl mai a. Thutakin hmâ sâwn theihna tûrin LALPAN A sum enkawltûte thinlunga kaihhruaisak a la duh reng a. Amâ tâna thawktûte chuan pe tûra mîte thinlung A chawhthawhsakte ̣anpunate chu an hmang ̣angkai tûr a ni. . . . Thilpêk hlântûtr chuan Krista rinna an nei kher lo a ni thei a, A thû pawh an la hre lo a ni thei e; mahse hêng atâna an thilthlâwnpêkte chu lo hnar tûr a ni lo.”—Ellen G. White, *Zâwlneite leh Lalte*, p. 638.

Pathianin Amâ hnâ tihmasâwmna tûra milem be mîte thinlung a rawn khawih daih hi a ngaihnam hlê a ni. Hei hian zir lai pawimawh tak min zirtîr a. Kan theih chin chinah mi dangte nêna thawh lân kan tum tûr a ni a, chutianga kan thawhpui tûrte chu kan thurin min ̣awmpui ve lotûte pawh an ni mai thei e, Krista ram a zauhna tûr a ni dâwn phawt chuan eng kohhran pawh ni se, kan iai tûr a ni chuang lo. Mahse mi dangte nêna inzawmna kan siam rêng rêngin kan fimkhur thiam erawh a ngai a, an tel vêna chuan khawtlâng ̣hatna tûra thil tih kan duh chu a pui thei dâwn a nih chuan, fimkhur tak leh ̣awngtai reng chungin kan thawhpui thei ang. A châng chuan sawrkâr te, mi mal sumdâwng lian te, leh mi hausa tak tu emaw ten mi dangte ̣hatna tûra hnâ kan thawh hi ̣ha an tih êm avângin min rawn puih vê an duh thu pawh an rawn sawi ang. Mahse chutianga chu lo pawm ngâl mai emaw, lo hnâwl ngâl ngawt emaw tûr a ni lo va. Thutlûkna siam hmâin ̣awngtaina nên fimkhur taka ngaihtuah a, thurâwnte lâk hmasak phawt ̣hin tûr a ni.

In khawtlângah khân *i tân ni lo*, mi dangte tân zâwka thil ̣ha thlen theitu tûr “nun chenfâkawm” i siam theih dân kawngte chu engte nge ni?

Mĭ Zawng Zawng Duhsakin

LALPA hnên ațanga êng ropui tak pêk bĭk kan nihzia hi chu sawi loha lêng a ni a. Hê êng hi Pathian thu lamah chauh a ni lo va (entĭrna atân Kraws awmzia kan hriatthiam dânah te, biak bŭk chungchâng te, thih hnŭ-a kan awm zui tâk dânah te, Sabbath thŭ-ah te, leh indona ropui kan pawm dânah te), hêngte hi anmahni ngawt pawh hi malsâwmna ropui tak a ni hlawm ngei mai. Hrisêlna leh damna thŭ-a êng pêk kan nih thŭ pawh hi kan ngaihtuah chuan, kan vêla awmte hnêna pêk tŭr tam tak kan nei a ni tih a chiang hlê a ni.

Dik tak chuan hrisêlna thuchah phei hi chu kan khawtlânga rawngbâwlna kan neih theihna tŭr remchâng min siamsaktu ța tak a ni thei a. Kan thurin rawn ngaihven tum miah lo tŭrte pawh hian hrisêlna ța tak neih chu an duh vê tho. Chu tak chu Pathianin êng min pêkte kan hrilh chhâwn ve theihna remchâng tak a ni dân a. Isua chuan, “Tŭ pawh tam tak an pêka hnênah chuan tam tak an phŭt ang; tŭ pawh tam tak an kawltĭra hnênah chuan tam deuh an phŭt ang,” a ti a nih kha (*Luka 12:48*). Tam tak pêk kan nihzia chu sawi ngai lova chiang sa a ni.

Deuteronomi 4:1-9 chhiar la. **Hetih hunlaia a mĭte hnênah khân LALPAN eng thu nge a sawi, chu a thu sawi chu, engtiang kawngte-in nge keimahni hnênah pawh hman ve theih tho a nih le?**

Kum tam vak lo liam taah khân Seventh-day Adventist kohhran pakhat chuan, “Kan kohhran hi zankhat thil thŭ-ah bo ta phiar ila, kan khawtlâng hian min ui viau a ngem?” tih zawhna hi an ngaihtuah a. A chhâna chu a chiang sa reng mai. An ui hauh lo vang. A chhan chu an khaw mipuite hian anmahniah rinna an ngat ngam tlat lo a lâwm.

A chhâna chu an duh khawp mai a, tichuan khawtlâng mĭte nêna an indaidanna bang zawng zawng țaiah vek a, inkalpawhna tŭr lei dawh zâwk zai an rêl ta a. Thutak an hriat chu thlah chuang sĭ lovin Pathian hna thawk ve tho pâwl dangte nêna pawh an thawk ho va. Nakinah phei chuan a kahpah mai ni lovin, an khawtlângin an hlâwkpuĭ êm êm thawh hona kumhlun deuh zâwk chu an neihui ta zêl a. An laka khawtlâng rilru put hmang pawh a inthlâk danglam chiang ta hlê a ni.

Tirhkohte 2:42-47 chhiar la. **Kohhran hmasa hunah khân “mĭ zawng zawng lâwmzâwnga awm” (*Tirhkohte 2:47*) leh kohhran țaanna hian eng nge inzawmna a neih? He lai thŭ-a an awm dân a sawi leh in kohhran awm dân kha khaikhin ang che.**

Ngaihtuah zui tŭr: *Marka 5:18-20; Luka 8:38, 39; Tirhkohte 5:12-16* te hi chhiar la. Tin, Ellen G. White-i lehkhabu, *Tihdam Rawngbâwlna*-a, “Kan Entawn Tŭr” (pp. 17-28) tih leh, *Chatuan Nghahfâk*-a, “Naupangte Malsâwmin” (pp. 511-517) tihte kha chhiar ni se.

Kohhran pâwl dangte leh tlâwngngai pâwl eng eng emawte nêna nangmah leh in kohhran pawh in thawh ho theih dân tŭr kawng tam tak a awm a. In kohhran tâna thil tih tŭr pawimawh deuh mai chu in khawtlâng mamawhte hriat a, a tihhlawhtling tŭra a theih ang ang mi dangte nêna thawh ho a ni. Khawtlâng mipuite leh kohhran pâwl dangte rinngam nih theih dân kawng ța zâwk dang a la awm ang em? Chutianga in kohhran leh an rawng in bâwlsak tŭr khawtlâng mipuite inkâra inrin tawna a awm tawh ber chuan, Isua an zui theihna tŭra thil tih ngaite chu tih a ni dêr tawh tihna a ni a, “chu in thil tih chu rah chhuah lohvin a awm hauh lo vang a, a awm pawh a awm thei hek lo.”—Ellen G. White, *Tihdam Rawngbâwlna*, p. 144.

Hetianga rawngbâwlna mâwl tê avâng leh mi dangte țaatna tŭra kan thil tihte ațanga mi kan hneh tawh leh la hneh leh zêl tŭr zât chu Pathian chauhin a hria a ni.

Sawi ho tûrte:

- ❶ Khawtlâng mipute nêna inzawmna ʈa tak siam a, an ngaiha hming ʈa tak nih leh Isua *Matthaia 10:22*-a vaulâwkna thu khauh tak min pêk, “Keimâ hming avângin mi zawng zawng huat in ni ang; nimahsela a tâwp thlenga tuar peih apiang chu, chu mi ngei chu chhandamnin a awm ang,” tihte hi engtiangin nge kan sawi rem ang?
- ❷ In class-ah khân, “Rinna dik tak neitûte awm dân chu eng nge ni?” tih zawhna hi sawi ho ula. Chumi awmzia chu, Isuaa rinna kan nghat tak tak a nih chuan, a nghat vê lote nêna eng nge kan danglamna ni tûr le?
- ❸ Kan rin ang ring vê lote hnên aʈanga thilpêk dawn chungchâng hi fîmkhur taka kan ngaihtuah a ngai a. Nilaini zirlaia kan hmuh tâk ang khân Ellen G. White-i chuan kan rin ang ring vê lote chu sawi loh, Isua ring lotûte hnên aʈang pawha dawn a pawl lo ang zâwngin a sawi a nih kha. Amaherawhchu, *Tihdam Rawngbâwlina* (p. 340)-ah chuan zu zuarte (member ʈa pangngai tak pawh ni se) hnên aʈanga pawisa dawng kohhrante chu na takin a khak a. Hêng mîten pawisa an thawh chu “thisen kai a ni a, ânchhia a awm a ni” a ti hial. Thilpêk min petûte emaw, mi dangte nêna kan thawh hona hrim hrimahte pawh hian, thil ʈa tihna tûr pawh ni se, engtin nge a dik leh dik lo kan thliar hran theih ang?

ZIRLAI 11-NA

SEPTEMBER 3–9, 2016

ISUAN, “MIN ZUI RAWH U” TIIN A SÂWM

CHÂNGVAWN: “Nimahsela [berânte chuan] hmêl hriat loh chu an zui ngai lo vang; zui ahnehin an lak ata an tân bo zâwk ang, a chhan pawh hmêl hriat loh âw chu an hriat ʈhan a nih loh vâng a ni,” (*Johana 10:5*, NIV).

SABBATH CHAWHNU

SEPTEMBER 3

Chhiar tûrte: *Luka 9:2; 19:1–10; Johana 10:1–5, 16; Tirhkohte 26:11–27; Thupuan 3:20; 14:6, 7.*

ROME ram lal ber Julian-a chuan, A.D. 362 khân milem biakna tharthawh a nih leh theih nân a bei chiam mai a. He tih lai vêl hian Kristian sâkhua chuan Rome Lalram zawng zawng a tuam chhuak ti tih tawh a, Julian-a leh milem be sâkhaw hruaitûte chu an mangang hlê a ni. Milem be sâkhaw puithiam pakhat hnêna a thurâwn pêk hian a thil helhkhâm ber chu a tilang a, Kristian sâkhua a ʈhan chak êm êmna chhan nia a hriat pawh hetiang hian a sawi a: “[Milem be sâkhaw] puithiamte’ n mi retheite ngaihsak lova an en khûm daih lai hi pathian zah lo tak Galili mîte chuan an lo hmu reng a, tichuan anmahni ʈanpui tûrin an lo inpe ta ʈhîn niin ka hria Anmahni mî leh sâte chauh ni lovin, kan zînga mi rethei awmte pawh an ʈanpui vek a, kan mîte hian kan hnên aʈangin ʈanpuina an dawng mang lo tih chu mi tinin an hmu vek a ni.”—Quoted in Rodney Stark, *Cities of God* (San Francisco: Harper Collins Publishers, 2006), p. 31.

Rom-hote khân Kristiante chu an hruaitu ber Isua a thih hnû kha chuan ʈiavai zui mai tûrah an ngai a. Mahse a teuh lo mai, Rome khua leh tuite zîngah Isua zuitu an lo pung thûr thûr a. Engtin nge chu an “harsatna” chu an hrilhfiat tak le? Isua zuitûte chuan an bul vêla awmte mamawh phuhrûksak zâwngin Isua hmangaihna an lantîr ʈhîn a. Chutiang chuan Isua pawhin he laia a awm lai khân a ti ʈhîn a, amah zuitûte pawhin an ti vê tûr a ni bawk.

Chuvângin Isua zui tûra sâwmna an pêk pawh khân mi tam takin an lo pawm ta a nih kha.

SUNDAY

SEPTEMBER 4

A âw an hria

Johana 10:1–5, 16 chhiar la. Engtin nge hêng chângte hian kan khawtlânga chêng vête chu Isua hnêna hruai kan tum a nih chuan anmahni nêna inlaichinna ða leh duhawm tak kan siam a pawimawh a ni tih an târlan?

Thian ða inhrilhrûkna thû chu mikhual aurî âi chuan mîte Isua hnêna hruai thlen nân a ðangkai zâwk a. Min rîngam tum tak thian kan siam dâwn a nih chuan, Samari Mi Thâ (*Johana 10:11, 14*) thawntu hian keimahni hmangin chûng mîte chu Isua âw hriaa zui tûrin a pui thei ang.

Isua âw chu mi dangten an hriat theih nâna kan ðanpui hmâin, keimahni ngei hian kan hriat hmasak phawt a pawimawh a. Mahse Setana âw fing vervêk tak leh, Isua âw thliar hrang thiam tûr chuan Pathian ðanpuina kan mamawh a ni. Indona ropui chu a taka thleng ngei a ni a, hmêlpa chuan a lang lo thei ang ber tûrin Isua nêna inlaichinna ða kan neihna tûr dâl a tum reng bawk a ni tih hi kan theihngihl ngai tûr a ni lo.

Chutiang chu ni mah sela, Isua âw hre tûra mîte ðanpuitu ropui tak kan ni thei tho. Ani chuan thil siam hmang te, thil lo thleng palh nia kan ngaih hmang te, Thlarau Thianghlim uapna hmang te, Pathian ðih mi takte hmang te, leh a Thu hmang tein minrawn be thîn a (Ellen G. White, *Krista Panna Kâilâwn*, pp. 85–91 en la). Keimahni hian a âw chu kan hriat a, kan zawm bawk chuan, mi dangte kaihhruaitu kan lo ni thei dâwn a ni. Chutih rual chuan, amah Isuan min lo vaulâwk tawh ang khân, mitdelin mitdel vêk a hruai (*Mat. 15:14*) ang erawh chu kan ni tûr a ni lo.

Eng vâng in nge Isua khân mîte a lamah a hîp theih êm êm mai le? A chhan chu mahni hmasialna tel miah lova mi dangte tâna a inpêkna kha lo do lêt a har êm vâng a ni. Keini a taksate (kohhranho) pawh hian mahni hmasialna kan hnâwl a, chhiahhlawh zia chu kan put a, keimahniah hian amah chu kan nun chhuahtîr a nih ngat chuan, Krista kohna lamah chuan mi an lo kal zut zut mai dâwn a ni.

Berâmpu Thâ âiawhtûte kan nih ang ngeiin amah zui tûra mîte kan hrilh hun chuan a rawngbâwl dân ang chiah khân kan bâwl vê tûr a ni. Isua hmangaihna tilangtu thudik leh a tak taka rawngbâwlina chuan an rawng kan bâwlsakte beng a verh hlê a, khawtlâng leh kohhran inkâra indaidanna bang pawh a thiat thîn a ni.

Mi dangten Berâmpu âw an hriat theih nâna i ðanpui theih dân kawng chu engte nge ni?

THAWHTANNÎ

SEPTEMBER 5

Zawng chhuak tûr kan ni

Luka 9:2; 19:10; Marka 1:17; Thupuan 14:6, 7-te hi chhiar la. Hêng Bible chângte hian thil thuhmun pakhat an sawi theuh chu eng nge ni? Chumi awmzia chu, eng thil nge ti tûra min hrilh le?

Seventh-day Adventist kohhran pakhat chu, “LALPA, khawngaih takin kan bul vêla chêngte hi kan kohhranah leh nangma hnênah hîp rawh” tiin kum tam tak chhûng chu an ðawngtâi tawh a –kan kohhran hi thîrhîpthei lian tak, mak tak maia mîte hîptu tûr emaw an ti a ni teh chêk a niang chu. Ni e, a châng chuan keimahni lamin kan va sâwm pawh ni hran lo hian mîte hi Pathian zawngin kan kohhranahte hian an lo tei lût ve ngei mai thîn tak a.

Mahse kum tam tak a liam hnû-ah pawh in awmna vêla chêng vê mi tû mahin in biak in kawngkâ anrawn rap lo hrim hrim a nih chuan eng nge in tih ang? Mîte chu in hnêna lo kal tûra in ðawngtâi tlut tlut ringawt a nih chuan Isua thlarau man dân phung in zui lo tihna a ni a. Ani kha chu mîte nênan chêng ho va, an inkâwm tlâng a, chhandam tûr mi a zawng thîn. “Mîte chu

kan hnêna an lo kal hun kan nghâk tûr a ni lo va; an awmna hmunah kan va zawng chhuak zâwk tûr a ni. . . . An hnêna kan va thlen chawt te a nih loh chuan chanchin ƣa dawng ngai rêng rêng lo tûr mi tam tak a awm a ni.”—Ellen G. White, *Kristâ Tehkhin Thûte*, p. 229.

Chanchin ƣa dawng tûr zawn chhuah chungchâng hi tehkhin thu hrang hrang hmanga sawi a ni a:

1. Berâmpu chuan a berâm pakhat bo zawng tûrin berâm huanga berâm 99 awmte chu a kalsan hmiah a (*Mat. 18:10–14*). He tehkhin thû hi “mi tê-te” chu soal lo tûra vênhim leh châwm puitlin an ngaihia târlan nâna a sawi a ni a. Heti laia “mi tê-te” a tih hi naupangte emaw, Kristian nun kawnga la puitling rih lote emaw a ni thei ve ve. Chúng mîte chu khawvêlah an lêt leh a nih chuan, Isuan a lo tih tawh ang khân kan va zawng chhuak ang a, hmangaihna takin a hnênah kan hruai kîr leh tûr a ni.

Heti laia a sawi tum ber chu bo tawhte zawng chhuak tûrin kan che vat vat tûr a ni tih hi a ni. Anmahni va pawh tûrin kan beih a ngai a. A châng chuan kawthlêra kan kal mai mai laia, “Pathian chanchin te, chhandamna chungchâng leh thutak thu chu min lo hrih ve teh” tia minrawn pan ve chawt pawh an awm ve ngei ƣhîn tak a. Mahse chutiang chu kan tawng khât viau a ni lo’ m ni?

2. Bo tawhte zawn hmuh nân “Krista tih dân hi chu rah chhuah lovin a awm dân lo va, a awm thei lo hrim hrim bawk.”—Ellen G. White, *Tihdam Rawngbâwlna*, p. 144. Amaherawhchu, “a zâr hniam laia rahte” chauh—Kristian thurin tângpui pawm ve tawh sate, entîr nân, kohhran pâwl danga mîte ang hi lawh kan tum em? A “lâwn har laia rahte”—sâkhaw ngaihsak miah lo te, Pathian awm pawh ring lo te, Muslim te, Juda te, Hindu te, Buddhist te, leh a dangte hi pawh kan tum ve tho em?

Dân narânin, Kristiante thlîr dân khawvêl thlîrtûte chuan Adventist thurin leh zirîrnate hi chu dik an ti deuh zêl a; mahse thlîr dân dang neite hnêna Isua chanchin hrih tûr hian ƣan kan lâk thar hlê a ngai a ni.

THAWHLEHNÎ Leihlâwn chu

SEPTEMBER 6

Kohhran chuan khawtlâng rawngbâwlna atân tiin program chi hrang hrang—hrisêlna chungchâng, chhûngkaw thil, sum leh pai lam, buaina chin felna, leh a dangte pawh a huaihawt châng a awm ƣhîn a. Chuta zawhna awm ta chu: “Tûin nge ‘Min Zui Rawh’ tih ang dinhmun hi hruai thleng ta ang?” tih a ni maithei e. Mahse hei hi kan inzâwt zâwk tûr a ni ang: ‘Tu nge dawhzawmtu (leihlâwn) ah ƣang dân?’ A chhânna chu: ‘Nang kha lê!’ tih a ni.

“Mîten chanchin ƣa an pawm theih nâna sawi mâwi dân ƣa ber chu mîte hmangaih thei leh hmangaih theih Kristian nih hi a ni.”—Ellen G. White, *Tihdam Rawngbâwlna*, p. 470. An thil tihna hrang hrangrawn chhim ƣhîntu chanchin lo vawng ƣa thlap zêl kohhrante chu Pathian hmangaih tak taktu member-in malsâwm an ni ƣhîn a, an kohhranrawn tlawhtûte nêchuan inƣhian ƣatna kumhlun neih theih dân mawlh an zawng bawk ƣhîn.

A lehlamah, tlawhtûte ngaihsak ngai lêm lo kohhran member-te chuan in kohhranin chêt chhuah rawngbâwlna a neihnaa nghawng ƣa lo tak a nei ve thei thung a. “Kohhran member-te zînga piantharna la chang ve ngai miah lote leh, wawi khat pianthar hnua tawlh kîr leh tâte avâng hian LALPA chuan thudika mi tam tak hruai hnâ a thawk nghâl mai rih dân lo. Hêng kohhran member rilru thianghlim lo tak takte hian, kohhranrawn zawm tharte-ah eng ang nghawng nge an neih ang? A mîten an ken atâna Pathianin thuchah a pêk chu engmah lovah an chantîr mai ang tih a hlauhawm a ni.”—Ellen G. White, *Testimonies for the Church*, vol. 6, p. 371.

Luka 19:1–10 chhiar la. Eng vângin nge Zakaia kha Isua hmu tûra thingkûngah a lâwn kher? He thawnthu aƣang hian thlarau lam zirlai engte nge kan lâk chhuah theih le?

Jeriko khuaa chêng sâkhaw hotu, mîten Isua an hmuh theih loh nâna dang tlat thînte khân Zaikaian Isuarawn hnaih a châkzia leh amah Isua pawhin he “mi sual” hi hmangaih takin a hnêna kal tûra a sâwmzia hi lo hmu ta sela, eng thil nge thlenga i rin?

Isua vêla “mipui” awmte zînga tel ve keini pawh hi harsatna nei leh mi sualte a hmangaihna hrî chuan min “man” ve ngei tûr a ni a, chu hrî kan vei chu mi dangte hnênah kan “kai chhâwng” vê zêl tûr a ni bawk. Keimahni an bawka mi sualte chu Pathian in a hmangaih in a khawngaih vê tho a ni tih kan hre tak tak a nih chuan, mipui kâra awm ve phâk lo, thlarau lama pa tâwi takte chu hmangaihna nêna kan zawng chhuak ang a, duat takin Krista hnênah kan hruai thleng thîn dâwn a ni.

In kohhrana hmêl tharte lakah khân engtin nge i awm thîn? Va biak i tum hrâm thîn em? Nge ni a, mi dang tûte emaw ngaihsak zâwk rawh se tih rilru pu chungin i haider lui thîn zâwk? I chhâna chuan nangma chungchâng eng nge a sawi a, eng nge thlâk danglam ngai awm le?

NILAINÎ

SEPTEMBER 7

Sâwmna chu

Isua leh a zirtîrte khân mîte tidamin an rilru chu chatuan thil lamah an hawitîr thîn a (Ellen G. White, *Tihdam Rawngbâwlina*, p. 20). Mark Finley-a chuan mîte harsatna phuhrûksak ringawt a, Pathian chanchin hrilh leh sî loh chu chîn dân tha lo tak niin a sawi. Isua kha chuan chanchin tha a hrilin mîte chu an mamawh tak a pe thîn a. A taksa damna a thlensak khân a duhtâwk nghâl mai ngai lo. Hetiang hi tihdam rawngbâwltûte hnâ pawh a ni. Isuaa chatuan nuna âw chu pêk ngei kan tum tûr a ni a. Tihdam rawngbâwltute hnâ chu kan mi hriat zâwngte Isua zui tûra sâwmna hmangin a tan nghâl mai theih châng a awm mai thei a; mahse kan la sâwm nge nge tho tûr chu a ni. Anmahni kan hmangaih êm avângin Kristan a pêk tum *zawng zawngte* chu hrilh vek kan châk ang.

“Isua tih dâna a then khatna hi kei chuan ka ti ang a, ‘Mi zui rawh u’ tiha sâwmna tak hi chu ka ti lo vang. Chu chu ka thilpêk dawn a ni a ni ve lo” i ti a ni mai thei a. Nimahsela, a hmasa zâwk hi i ti a nih chuan, i hriat miah lovin Isua chanchin pawh i hrilh zui lehngghâl mai dâwn a ni. Chutiang chu thil nihphung pângngai ve rêng, tih awlsam êm êm bawk sî a ni a, a chhan pawh an thinlungah chuan “tanhmun tûr” i lo chheh fel tawh vâng a ni.

An rawng in bâwlsakte nêna in innêl tak tak hnû chuan rinna chungchâng leh in tâna LALPA thâtna te sawina hun remchâng zawng reng tawh ula. Thlarau lam thil sawina hun in melh rân dâwn nia. In thian thar chu an chhûngkaw chanchin te, an eizawna leh an sâkhua/kohhran chanchin te zâwt ula, chu chuan in *testimony* in sawina theihna tûr kawng a hawng dâwn a ni.

Dik taka sawi chuan mi mal *testimony*-te hi thuhretu nihna kawng tha tak a ni thei a, a lo ngaithlatu tân pawh a hlauhthâwnawm loh ber bawk. Uâlâu takin thu in hril lo va; thawntu in hrilh vê a ni mai zâwk a. A thuhriam kan zavai hian kan nuna Isuan thil a lo tih tawh dân chanchin sawi tûr kan nei vek tûr a ni.

Tirkohte 26:11-27-a Tirkoh Paulan Lal Agrippa hnêna a *testimony* a sawi thu kha chhiar la. Heta tang hian mi dangte hnêna Isua chanchin hrilh kan tumna kawngah eng thil nge zir theih kan neih le?

Paulan rahbi hrang hrang a zawhte hi lo chhinchhiah la. A hmasa berin LALPA a hriat hmâa a nihna a sawi phawt a. Chutah a pianthar tuma a thil tawn a hrilh leh a. Tichuan a pianthar atanga Pahianin a nuna thil a tih tawh zawng zawngte chu a hrilh leh a. Tichuan, sâwmna a siam ta a ni.

Kan thil tawn chu Paula thil tawn anga ngaihna a ni vê kher lo mai thei a, mahse kan thil tawn ang chu mi dangte hnêna hrilh a ùl hun a lo thlen hunah engtin nge hrilh ve ngei dân kan zir theih ang?

NINGANÍ

SEPTEMBER 8

Zawng ula, tichuan in hmû ang

***Thupuan 3:20; Matthaia 7:7, 8, leh Johana 1:12* chhiar la. Hêng châng pathumte hi engti kawngin nge an inkûngkaih kual vek a, LALPA zawn leh hmuh awmzia chu engtin nge an sawi hlawm?**

Hêng Bible chângte hian Isua chu kan dîl a, kan zawn a, kan thinlunga a luh theihna tûra kan inhawn a ùl thu an sawi ðeuh va. Chutih rualin *Thupuan 3:20* chuan Isua chu kawngkhâr bula dînga kik ang leh, kawng lo hawntûte hnênah chuan a lût ang a, an hnênah zanriah a ei ang a, anni pawhin a hnênah an ei ve tûr thû a sawi tho bawk.

An thil sawi hi a inkalh lo va. Thlarau Thianghlim thiltihtheihna hmangin LALPA chuan mîte thinlungah hnâ a thawk mêk a, anmahni hre lêm lo mah se Amâ lamah híp reng a ni. Mihring nunin a pêk theih sî loh thil eng emaw tak an zawng ðhîn a. Chutiang mîte kawng dik kawhhuha, an thil zawn tak mai chu eng nge ni tih hrilhfiyah thei tûra kan lo awm hlauh hi a vânehthlâk hlê a ni.

Nangmah hmangin Isua chuan in khawtlânga mîte nun “kawngkâ” chu a kik thei a, an “kawng lo hawng” a, an in chhûnga luhtîr duh apiangte chuan a ken tel malsâwmnate chu an dawng ang (*Thupuan 3:20, Johana 1:12*). Amah zuitûte chu dîl a, zawng a, a kawngkhâr kik a, a lalram “thilthlâwnpêk ða tak takte” chu dawng tûrin a sâwm bawk a ni (*Mat. 7:7, 8, 11*).

Mi tu emawin Krista luh nân a “kawngkhâr hawn” a duh a ni tih Thlarau Thianghlimin a hriattîr hunah che chuan, “Isua Krista chu i lo neih vê theih nân leh, a chhûngkuaa i lo tel vê theih nân i ðawngtâi dûn ang hmiang?” tiin sâwm la. Hetiang deuh hian a ðawngtâi vê thei ang:

“LALPA duhtak Isu, mi sual ka ni tih ka inhria a, i ngaihdamna ka mamawh a ni. Kan sualte tlan nân i thi tawh a ni tih ka hria a. Ka sualte hi kalsan ka duh a ni. Tûnah hian kan thinlung leh ka nunah lo lût tûrin ka sâwm a che. Ka ring duh che a, ka LALPA leh Chhandamtu atân zui che ka duh a ni. Chûng chu Isua hmangin ka dîl e. Amen.”

Sâwmna siamna hun ða kan hriat theih nân thlarau lam finna kan mamawh a. Kan nun hmanhmawh lutuk ang tih a hlauhawm rualin, kan nawr lo lutuk ang tih pawh a hlauhawm vê tho bawk a; nawr lutuk âi chuan nawr miah loh hi a la hlauhawm zâwk mah thei a ni. A châng chuan mîte hian LALPA chu thlang tûrin nawr vê deuh hlekte pawh an mamawh a; mahse chu chu hmangaihna nêna tih ni se. Hetih hunah hian duhthlan tûr pahni a awma (Kristaa chatuan nuna awm emaw, chatuana boralna emaw) thlan zâwk tûr hre lova an inkhâp buai mêk leh mêk loh tuin nge hria le?

Mawhpurhna thianghlim tak kan nei a ni tih a chiang hlê.

ZIRTÂWPNI

SEPTEMBER 9

Ngaihtuah zui tûr: *Sâm 77:20; Hosea 11:4; 2 Korin 5:11–21* te hi chhiar la. Ellen G. White-i lehkhabu, *Tihdam Rawngbâwlna-a*, “Zirtîrna leh Tihdamna,” (pp. 139-146) tih te, *Krista Tehkhin Thute-a*, “‘He Mi Hian Mi Sualte A Pâwl ðhîn,’” (pp. 185–197) tih leh, “Kawthlêrahte leh Daiahte Kal Ula,” (pp. 228–237) tih te chhiar ni bawk se.

LALPA hmangaih êm êmtu, Isua chanchin a hriat ang ang pawh mi dangte hnêna hrilh chhâwn vê zêl duh tlangvâl pakhat hi a awm a. Thusawi a thiam leh mîte ngaihnat hlauh tak a nih avângin thuhretu ropui tak a ni bawk a. A thusawite chu mîten an ngaithla chhâk hlê ðhîn a ni.

Mahse harsatna pakhat a nei tlat mai a: mîte chu Isua hnêna inpêk an duh leh duh loh a zâwt hlau tlat zêl a. Chû chu kohhran member dangte pawhin mak an ti a, a chhan chu thil dang zawngah chuan LALPA tân a huaisen êm êm niin a lang a, a rinna thû pawh ualau takin a sawi chhuak ngam tho bawk sî. A tâwpah chuan a hlauhna chhan an zâwt ta a, a chhâna chu: Nilaini zirlaia kan hmuh thû ang deuh khân, Isua hnêna mîte hruai chu a thilpêk dawn a nih loh thu a ni mauh mai.

Chi tuh chu nuam a ti hlê a; a seng hnê erawh mi dang thawh atân a kian zêl dâwn a ni âwm e. Mahse nakîn deuhah chuan a inpuang ta ngê ngê a, a thil hlauh ber mai chu eng dang ni lovin, a sâwmna chu min an lo hnâwl ang tih chu a ni. LALPA tâna thuhretu ni tûr chuan tling lo deuh riauva inhriatna a nei a (chu chu thil tha tak pawh a ni rêng a), chuvâng chuan Isua hnêna inpe tûra mîte sâwm pawh ni se, an lo pawm loh mai a hlau thîn a ni. An kohhran member thenkhat chuan thuhretu nih chu keimahni chungchâng ni lovin, Isua chungchâng a ni zâwk a. Keini hi chu thuhretu tha famkim lo kan ni reng ang. Tawngtaina leh hmangaihna nêh Isua lam chu kan kawhhmuh thei nameuh mai a; mahse Thlarau Thianghlim hnê chu keinin kan thawk thei lo, Amah chauh chuan mahni sual inpawmna leh piantharna a thlen thei a ni. Keini hi chu Kristan mi dangte a hmangaihka kalkawng mai kan ni e.

Sawi ho tûrte:

- ❶ Mi tu emaw chuan Isua hnêna inpe tûrin mi dangte sâwm chu a hlauh zâwng tak niin sawi ta sela, chu mi hnênah chuan eng nge i sawi ang?
- ❷ *Johana 1:9* thu: “Êng tak, mi tin ti-êng thîn kha awm a, khawvêlah a lo kal mêk a ni” tih kha chhiar la. Engtin nge he châng hian LALPA chuan mi tin hi chhandamna chantîr vek a tum a ni tih hrethiam tûrin min puih le?
- ❸ In kohhran kha tlawhtûte lakah engtiang taka nêlawm nge in nih le? In inkhâwm rawn chhimtu mikhualte chu tha lehzuala in lo dawnawm theih dân tûr kawng a awm em?
- ❹ Kawthlêra tei rawlai vêl mai mai tû emaw in biak ina a rawn tei luh ve nawlh tum khân engtin nge in kohhanin in lo dawnawm?
- ❺ In class-ah khân i lo pianthar dân chanchin sawi la. Chu i pianthar dân chanchin chu mi dangte hnêna thuhretu nihna atân engtin nge i lo hman or i hman theih ang?

ZIRLAI 12-NA

SEPTEMBER 10–16, 2016

TÂWPNA HUNA KHAWPUI RAWNGBÂWLNA

CHÂNGVAWN: “ ‘Sala ka tîrhna che u khawpui thatna zawnsak ula, LALPA hnênah dîlsak rawh u. Chu ram hmuingîlna zâr chu nangni pawhin in zo ve dâwn sî a,’ ” (*Jeremia 29:7, CL*).

SABBATH CHAWHNU

SEPTEMBER 10

Chhiar tûrte: *Exodus 2:23–25; Matthaia 13:3–9, 18–23; Johana 15:12, 13; Tîrhkohte 18:1–28; 2 Petera 3:9.*

YÂNTIRHKOH pathum thuchahte hian chanchin tha chu “hnam tinrêng te, chi tinrêng, tawng tinrêng, leh mi tinrêng te” hnênah tlângaupui tûrin min sâwm a (*Thupuan 14:6*). Chuti a nih chuan, he thuchah hian mihring awmna tawh phawt chu a thleng tûr a ni. Tûnlai hunah hi chuan khawpui mi tam tak an chên tawh avângin khawpui hrang hrangah kan kal tûr a ni bawk.

Dik tak chuan, khawpui rawngbâwl hna tûah tak mai hi kum 2007 aţang khân a tûah zual a, hemi kum hian United Nation-a mithiamte (statistical experts) chuan an lo chhinchhiah dâna a vawi khatna atâna khawvêl mihring zînga a tam zâwk hi khawpui huam chhûnga awm an nih thu

an puang a. Vawiinah pawh hian khawpui rawngbâwlna chu Seventh-day Adventist mission rorêlna atâna thupui chai hlawh ber a lo ni ta a ni.

Ram tam takah chuan Adventist-te rawngbâwlna hi khawpui lian tak takah âiin, khaw lian vak lo leh thingtlâng lamah a hlawhtling zâwk tlângpui a. Endiknate'n an târlan dânin khawpui thenkhatah chuan mihring chêngte zînga a tam zâwk daihin Seventh-day Adventist Kohhran hi an lo la hre ngai miah lo va, “vântirhkoh pathumte thuchah” phei chu a rim a râ pawh an la hre lo.

Heta tang hian, khawvêl hnêna rawngbâwl tak tak tûr chuan khawpui hrang hrangte kan luh chilh ngei a ngai a ni tih a Chiang hlê a ni.

SUNDAY

SEPTEMBER 11

Khawpui nihphung chu

Khawpuite hian hnam zia leh tawng pawh inang lo tak tak te, sâkhaw hrang hrang vuantûte a hîp khâwm a. Tûn hmâ deuh chuan tawng khat hmangte leh sâkhaw thuhmun vuante chu a hlang deuh hlekin an chêng khâwm thîn a. Mahse tûnah chuan mi chi tinrêng hi an inchên pawlh vek tawh mai a. Hetianga hnam hrang hrang inpawhsawpa chên hona hian, thil tha lo leh buaina eng eng emaw a thlen theih rualin, chanchin tha hrilh nân erawh a remchâng êm êm thung sî a. Khawpui pâwna chêngte âi chuan a tlângpui thu-in ngaihdân tharte an ngaithei zâwk a, sâkhaw dang thurinte pawh ngaihlhla thei tûrin an inhawng zâwk baw. Seventh-day Adventist thuchah hre ngai lo tûr mang mangte pawhin khawpuia an rawn pêm luh avângin an hriat phah thîn.

Paulan khawpuia kohhran a dân a tum dân kawng khat hre tûrin *Tirhkohte 18:1-28* chhiar la. He khuaa a thil tih atang hian eng nge zir theih kan neih sawi rawh.

Hêng khawpuite pawh hi tûnlaia kan khawpuite ang chiah hian tawng chi hrang hmangtûte leh hnamze inang lo tak tak awm khâwmna hmun a ni ve tho va. Paula chuan mi tûte emaw, a hnû zêlah pawh a kawm ngeih zui tâkte chu a chhar hlauh mai a. Chûng mîte chu Juda sâkhaw vuantu, Rom khua leh tui nihna nei leh, amah pawhin a lo thiam ve zâwng tak puan in siamtûte an ni a. Chu a thiam thil chu a intunnun nân a hmang nghê nghê a ni. Nupa tuak pakhat, a hnu-a ringtu lo ni leh chanchin tha hriltu tangkai tak ni zui ve tâte inah a chêng a. Inkhâwmna inah a zirtîr thîn a; mahse hnawhchhuah a tawh hnû chuan ringtu tûte emaw inah inkhâwmna a huaihawt tan ta a ni. Ringtharte chu zirtîrin a vil zui reng a, a kalsan hnû-ah pawh chutianga a zirtîr chhuahte chuan mi dangte pawh an lo kaihhruai ve thei dâwn a ni.

Paula khân hnam chi tinrêng leh sâkhaw hrang hrang betûte inawm pawlhna khawpui zia a man a, a tlângnêl takin hnâ a thawk thîn tih a Chiang khawp mai (*1 Korin 9:20-23 pawh en baw la*). A awmna hmun mila insiam rem zêl dân a hria a, mîte chu an mamawh tak phuhrûksak zâwnga thudik hrilh dân a thiam êm êm baw a ni.

Engtin nge a mi mal leh a kohhran mal ang zâwng pawh hian kan khua/vênga awmte nêl tha zâwka kan inpawh a, an hnênah chanchin tha kan hrilh theih ang le?

THAWHTANNÎ

SEPTEMBER 12

Hrehawm tuara rûm rîte chu hriain

Kristan Jerusalem te, Kapernaum te, leh khawpui dang dangte a pan thîn lai khân, Tidamtu a nih tih an tih an hriat avângin damlo, piangsual, leh mi rethei tak takten an zui nguah nguah zêl a. Hrehawm tuarte kha a lainat hlê thîn a ni.

Khawpuiah chuan thingtlâng lam âiin thil tinrêng mai hi a tam zâwk a–mihring an tam zâwk a, in a tam zâwk, motor a tam zâwk a, buaina leh harsatna pawh a tam zâwk hlê bawk. Hei hi kohhrante tân pawh chona lian tak a ni a. Chanchin ða thehdarh hna thawktute hian a thuchah ringawt buaipuiin, an bul maia mihring awmte mamawh lian tak takte chu an ngaithah ngawt thiàng lo hrim hrim a; chutianga an tih a nih chuan thuchah hlutna an tihnam vek ang. Kan thiltihte hian hmangaihna, khawngaihna, leh beiseina kan sawi chamchête hi a lantîr lo a nih chuan, kan thusawiin awmzia a nei thei dâwn lo va. Mipui pungkhâwm hriat inchuh aw tam takte zînga pakhat ve mai anga hriat a ni ang.

***Exodus 2:23–25, 6:5; Sâm 12:5; Rom 8:22; leh Joba 24:12* te hi chhiar la. Hêng Bible chângahnte hian kan tân eng thuchah nge awm le?**

Kan khawvêl hi na tawrhna hmun a ni a. Sual vânga hrehawm leh phurit hnuaiyah a rûm tlawk tlawk mai a. Hemi lak aţangin tû mah kan tlân chhuak thei lo.

He tawrhna hian thuhretu ni thei tûrin remchâng ða tak tak min siamsak a. Mahse kan fimkhur erawh a ngai hlê. Kohhran hi kohhran member ni vê lote'n nêl awm nia min hmuh leh, hmuh loh theihna tûr chungchângah hian khawtlâng huap thil thlengte leh mîte mamawh phuhrûksak rawngbâwna kal mêk te danglamna kan hriatthiam a pawimawh khawp mai. Khawtlâng mipuite rilrû-ah hian kum khata vawi khat mîte hnêna chaw ei tûr petu kohhran leh khawpui lian tak pakhat Adventist kohhran pakhat phun te danglamna hi a awm ve hrim hrim a.

Chu kohhran chuan eng nge a tih le? Member-te chu vântlâng hmun pakhatah nî tin an kal khâwm a. Chutah chuan zîng tin mi an va kal a, tûkthuan la lum vat vat hi an dawng ðhîn a. Chu kohhran chu kohhran lian tak pawh a ni hran lo. Member pawh sawmsarih leh panga âwrh chauh an ni; mahse an ðhenawmte mamawh phuhrûksak chu an tum ruh êm êm a. Hetianga hna ropui tak thawk tûr hi chuan inpumpêkna leh ðanpui ngaite ðanpui lo thei lo nia hriatna neih a ngai thung a ni.

Kan kohhran zawng zawngte hian kan ðhenawm khawvêng ðeuhva hrehawm tuara rûm mêkte ðanpuina tûr hian thil eng emaw tak ti hlawm ni ila nghawng kan neih dân tûr han suangtuah teh.

THAWHLEHNÎ *SEPTEMBER 13*
Khawpuiahte chi tuhin leh rah sengin

***Matthaia 13:3–9, 18–23* chhiar la. Engtin nge he tehkhin thu-ina min zirtîr hi kan khawtlânga, khawpuite pawh telin rawngbâwl dân tûr leh thuhretu nih dân tûr kan hriatthiam theih nân kan hman ðangkai ang?**

He tehkhin thu hi thingtlâng nun nêna inhmehtak nih mah se, khaw lian vak lo leh thingtlâng lamah âi chuan khawmpuia rawngbâwna kawngah a pawimawh zâwk. A chhan pawh thingtlâng lam âi chuan khawpuiah hian “thlâi chinna tûr hmun” chi hrang hrang a tam hlê a, chanchin ða hril hna thawh pawh thingtlâng lam âiin khawpuiah a châkawm zâwk bawk.

A tlâkna lei azirin rah pawh a chhuah ðhain a ða lo mai a, chuvângin chanchin ða hril hnâ kan thawh hmian kan hrilna tûr hmun chanchin kan zir hmasa phawt ðhîn tûr a ni. In kohhran chuan chanchin ða hril hna thawh in tumna vêng “lei” chanchin chu in zir chian hnuah, “lei ða” tlêm azâwng chauh a awm a ni tih i hmuchhuak a nih chuan, chu lei chu tihtat tumin a châr laite chu in tinêng ang a, lung awmte chu la sawnin, hlîngte pawh in thian fai tûr a ni. Chumi awmzia chu, chanchin ða hlawhtling taka hril a nih theih nân, kohhran chuan hmâ a lo la lâwk ang a, chi tuhna tûr lei chu a lo buatsaih sa vek tûr a ni. Inbuatsaih lâwkna a ðat leh ðat loh azirin

chanchin ƣa hrilh hna pawh a hlawhtlingin a hlawhtling lo thei a ni.

*I Korin 12 te, Rom 12 te, leh Efesi 4-ah te hian thlarau thilpêk chungchâng kan hmû a. Tirhko Paula hian thilpêk chu chi hrang hrang awm tho mah se, tum thuhmun nei an nih thu Chiang takin a sawi a. Lei chi hrang hrang lei buh chi theh chungchâng tehkhin thu hian khawpuia rawngbâwl hnâ thawk tûr chuan thilpêk chi hrang hrangte a ƣangkai thu Chiang takin a tilang a ni. Khawpui lian tak takahte hian “thilpêk inang lo tak tak neite chu hna thawh tlântîr tûr a ni” tiin Ellen G. White-i chuan a lo sawi a. “Tihdân tharte hman tûr a ni a. Pathian mîte chuan an hunlaia mîte mamawh âwm chu an hre zung zung tûr a ni.”—Ellen G. White, *Evangelism*, p. 70.*

Pathian thilthlâwnpêk inlârna hmangin khawpui rawngbâwlnaa mi ƣangkai tak ni tûra thil tih ngai chu eng nge ni tih a hmû a. Tûnah hi chuan hmânlai âiin tihdân leh thilpêk chi hrang hrang hmang a, huam zau taka thil tih a ƣûl lehzial tawh a. Hmun khata thu sawi emaw, project lian tak pakhat neih emaw hi chuan hlawhtlinna a thlen rei tak tak dâwn lo va. Chutiang program-te chu khawpui boruak leh huhâng lian tak hian a lân hneh lutuk a, a nghawng chu chawlhkâr tam pawh a liam hmâ-in chhui hleih theih loh a ni thuai mai ang. Chuvâng chuan, inhmâkhua lâwkna ƣa tak neih lâwk phawt ƣin tûr a ni.

Thuhretu nih in tumnate hi ngaihtuah la. Eng ang leiah nge thuhretu nih an tum? Chi tuh an tumna lei chu tihƣa deuh tûrin engtin nge i puih theih ang?

NILAINÎ

SEPTEMBER 14

Mi mal thilah la rawh

Johana 15:12, 13; Jakoba 1:27; leh Galatia 6:2 te hi chhiar la. Rawngbâwlna tihtakzeta kan thawhna tûra thil pawimawh tak awm min hrilh chu eng nge ni?

Khawpuiah hi chuan mihring an tam êm avângin rinna chu mi mal thil a ni tih theihngihl mai a âwl ƣîn khawp mai a. Khawpuiah a ni emaw, hmun dangah emaw pawh ni se, rawngbâwlna hlawhtling a awm theih nân chuan a rawngbâwl tûrten Krista nêna mi mal taka inzawmna an neih a pawimawh a. Zir chiannain a târlan dânin, Seventh-day Adventist Kohhrana inpête zînga a tam zâwk fê hi chuan Adventist hmêlhriat tu emaw an neih vânga lo lût niin an insawi a. ƣhiana mîte siam tak tak tûr chuan, mahni inthihtîr a, mi dangte ƣatna atâna thil tih tumna neih a ngai a, chu chu rawngbâwlna thilah chuan a ni lehzial a ni.

Lei cheh phut, thlai chi thlâk, thlai lo ƣiak chu rah chhuah thei ngei tûra châwm len, leh rah sêng te hi a inzawmna ƣa a awm a nih phawt chuan a thawk ƣa êm êm vek a. Mîte tâna ƣian ƣa tak nih dân kan zir a ƣûl a; an thil sawite ngaihthlâk dân kan zir a ƣûl a; anmahni hmangaih dân pawh kan zir a ƣûl baw. Hêngte hi rawngbâwlna eng chî tân pawh a ƣûl a nih chuan, khawpui rawngbâwlna atân phei chuan a va ƣûl lehzial dâwn êm! Khawpuiah chuan mi bo leh ngaihsaktu nei ve lo nia inngai mi tam tak an awm sî a.

Khawpui rawngbâwl hnâ chu Thuhlung Thar kohhrana an tih ang deuh khân (*Tirhkohte 2:46*) pâwl lian lo tê tê-a inthena thawh chî a ni a. Kohhran la dân lohna khawpui vêng thenkhat leh thingtlâng khaw lian deuh, Seventh-day Adventists pali panga vêl chauh an awmna angahte chuan group lian vak lo siam a, chu lai vêlah chuan hna thawh ƣan nghâl mai tûr a ni. (Ellen G. White, *Testimonies for the Church*, vol. 7, pp. 21, 22 en la.)

Hetianga tih hi khawpui rawngbâwlna atân chuan a ƣûl riauna chhan tam tak a awm a. A chhan pakhat chu khawpui lian lutuk ni lovah pawh luh chilh tûr vêng leh kawthlêr tam tak a awm a, chûng vêng leh kawthlêr tinte lah hnam hrang hrang hrang, ƣawng hrang hrang hmang, leh sum leh pai dinhmunah pawh inang lo tak takte an awm tlâng vek mai a. Hêng hlâwm hrang

hrangte bitum tûr hian group hrang hrangah kan insiam loh chuan Krista rawngbâwl hna hi thawh zawh tik a awm lo vang.

Pâwl hrang hranga inthena rawngbâwl hi ringtûte tân khawpuia Isua zui a harsat êm avâng pawhin thil tûl tak a ni a. Khawpuiah chuan min nêktu leh thlêmna pui a tam a, tin, sakhaw dang leh ngaihdân hrang hmachhawn tûr a awm reng bawk. Ring thenkhat chuan chutiang nawrna chu zo lovin kohhran an chhuahsan leh ta mai thîn a, chutih laiin mi thenkhat chu an rinna vawnhim an tumna lamah kâwr khawng tak an siam a, an bul vêla mi awm, hmangaihna nêna Isua âiawhtu mamawh êm êmtûte lakah an chawmawlh ve tlat thung sî a ni.

NINGANÎ

SEPTEMBER 15

Khawpui Lian Lama Chechhuakin

Pâwnlam rawngbâwlina leh kohhran chhûnga rawngbâwlina hi thil awlsam tak a nih thu sawi tû mah an awm lo. Ni e, a awlsam lo rêng a ni. Mihringte hi suala tlu tawh, chhe lailet dêr, leh kan nihphung rêngah thlarau lam thil ngaihsak lo tak kan ni a. Paula chuan amâ chungchâng heti hian a sawi a: “Dân chu thlarau lam thil a ni tih kan hre sî a; kei erawh chu tîsa lama mi, sual bâwiha hralh tawh ka ni,” (*Rom 7:14*). Hetiang hi Paulan a sawi a nih chuan, LALPA la hre miah lote leh, Isua nêna nun inthlâk danglamna la chang ve ngai miah lote phei chu ang ang tak ni ang maw?

Suala tlu tawh kan nihphung ve rêng chu chhe lailet dêr ni lo êm êm lo pawh lo ni ta ang se, khawpuite hi chu suahsual zir chhuahna hmunpui anga hriat a ni tho mai. Khawpuia chêngte hian thlêmna tam tak an hmachhawn reng a, chûngte chu hmêlmapa chuan aw h nâna hmangin, sual salah leh khawvêla tântîr nân a hmang thîn a. Chuvâng chuan khawpuia pâwnlam rawngbâwlina neih tum chu thil awl-âi tak a ni lo rêng a ni; mahse chu hnâ chu thawh ngei a ngai thung sî a, a kohhran ang zâwng pawh hian koh kan nihnaah kan rinawm hlê a pawimawh khawp mai.

Hêng Bible chângte hian pâwnlam rawngbâwlina pawimawhzia eng nge min hrilh le?

2 Petera 3:9 _____

1 Timothea 2:4 _____

Pathian Thû-in min hrilh dân chuan Krista thihna kha mi tin huap a ni a: mihring zawng zawng, Evi leh Adama-te aţanga lo la piang leh zêl tûrte pawh a huam vek. Hetah hian khawpui lian tak taka mihring chhiar sên lo hial tûr khawpa tamte pawh an tel a. Anni pawh hian thudik ropui tak, kan duh leh ngaihlut êm êmte hi an hriat ve ngei a ngai a ni.

“Hmâna Pathianin thuchah a lo thawn tawhahte khân tihdanglam tâk pakhat mah a awm lo. Khawpuia thawh tûr hnâ chu tûn hunah hian hna tûl tak a ni a. Khawpuiah hian Pathian duh dân anga hna thawh a nih hunah chuan kan la hmuh ngai miah lo khawpa ropui rah kan seng ang.— Ellen G. White, *Medical Ministry*, p. 304.

Khawpuia rawngbâwl tûra kohna hi mi mal thil a ni a. Krista nêna inzawmna thûk zâwk nei tûra kohna a ni a, tihtakzeta indîlsakna, ruahmanna siam leh hmanrua dap khâwm tûra kohna pawh a ni bawk. Harhtharna leh siamthatna lungphûm chung a sak a ni a, Thlarau Thianghlim thiltihtheihna azârah chauh a hlawhtling dâwn a ni.

***Rom 10:14, 15* chhiar la. Heti laiah hian Krista zuitu nia inçhâl zawng zawngten a thuphunga an lo inhmehbel theih a sawi chu eng nge ni? Kan awmna hmun chu khawiah pawh ni se, engtin nge kan zavai hian pâwnlam leh kohhran chhûng rawngbâwlina lamah nasa zâwka kan inhman theih ang?**

ZIRTÂWPNÎ

SEPTEMBER 16

Ngaihtuah zui tûr: Ellen G. White Estate-in khawpui rawngbâwlna chungchânga Ellen G. White-i thuziak zawng zawng deuh thâw an chilh khâwmna bu, *Ministry to the Cities*, (Hagerstown, Md.: Review and Herald® Publishing Association, 2012) tih bu hi chhiar ang che.

Khawpui rawngbâwlna lama Seventh-day Adventist mi thiam tak pakhat chuan chanchinbu hrang hranga Ellen G. White-in khawpuia luh leh chhuahsan chungchâng a lo ziah tawhnate a zir Chiang a. A thuziak 107 zînga 24 chu khawpui chhuahsan tûr leh khawpui pâwna zirna in din tûra Adventist-te a hrilhna a ni a. Mahse a thuziak zînga 75 zet chu khawpuia lût a, khawpui rawngbâwlna nei tûra thurâwnte a ni ve thung. A dang pariatte chu chhuahsan emaw, luh chilh emaw lam pawh ni chuang lote a ni bawk. Kohhran chanchin kal tawh ziaktu pakhat chuan khawpui rawngbâwlna chungchânga Ellen G. White-i thurâwnte hi a khaikhâwm a, zirna in chu khawpui pâwna din ni se, kohhran erawh chuan khawpui chhûngah hna thawk thung se a ti niin a sawi.

Khawpuia rawngbâwlna nei tak tak tûrin in kohhran khân eng ruahmannate nge in neih le? In kohhran kha in hnaih ber khawpui lian tak aţangin engtianga hla nge a nih? Eng kohhran mah hian khawpuia rawngbâwl chu awmze nei lo vah ngai suh se. Adventist kohhran member tinte chuan he missionary hna ropui tak atân hian eng emaw tak an tih theuh a tûl a. Khawpui ngaihtuah a, khawpui pâwn vêl ringawt mai hmâ tum chu Isuan rawngbâwl hna min pêk chhân lêtna dik a ni thei lo.

“Eng vângin nge tûnlai thudik hreh tawh chhûngkuate hi hêng khawpuiah hian an inbenbel loh vang ni? . . . Kohhran mimirte zînga hian khawpuia pêrn lût tûr eng emaw zât an awm a. . . , chûng mîte chuan Pathianin êng a pêk chu mi dangte hnênah an pe chhâwng ve dâwn a ni.”— Ellen G. White in *Advent Review and Sabbath Herald*, September 29, 1891.

Sawi ho tûrte:

- ❶ Êng ropui tak Pathianin min pêk hi ngaihtuah la. Beiseina kan neih te, tûna nun t̄a zâwk chen tiam kan nihna te leh, chatuan atâna beiseina ropi tak kan neih te hi ngaihtuah bawk ang che. Bible-a i châng duh ber ber, a bîk takin Isuaa beiseina kan neih thu sawina chângte chu engte nge ni? Eng vângin nge chûng chângte chu t̄a i tih êm êm le? Sabbath nî-ah in class member-puite i hrilh ve dâwn nia.
- ❷ Beisei engmah nei lo angin han indah chhin teh. He nun chauh hi i neih chhun chu a ni a, a chakna leh a hrehawm tawrh zawng zawng nêrn; tichuan i thî ang a, thlânah i tawih ral mai dâwn chu a ni sî a. Hetiang hi khawpuia chêng mi tam takte rin dân chu a ni. Chuti a nih chuan engtin nge thlarau hmangaihna lian tak neih dân leh, mîte chu an awmna hmun apianga luh chilh zêl duhna thilung neih dân kan zir theih ang le?

ZIRLAI 13-NA

SEPTEMBER 17–23, 2016

ENGTIN NGE KAN LO NGHAIH ANG?

CHÂNGVAWN: “Thahnemngaihna lamah chuan inthlahdah ngai miah lo ula, rilru phûr tak chungin LALPA rawng chu bâwl zâwk rawh u. Beiseina neia lâwm chungin, hrehawmna kârah pawh chhel takin awm ula, tawngt̄ai fan fan t̄hin ang che u. Pathian mîte chu an tlâkchhamnaah chhawmdâwl ula. Mikhualte chungah t̄hat chhuah theihngihl suh u,” (*Rom 12:11–13*, NIV).

SABBATH CHAWHNU

SEPTEMBER 17

Chhiar tûrte: *Mathaia 24:35–25:46; Johana 4:35–38; 1 Korin 3:6–8; Jakoba 2:14–26; 2 Petera 3; Thupuan 21:1–4.*

Kum 1906-a San Francisco-a lîr a ngîh vak hmâ khân kum eng emaw zât chhûng chu San Francisco leh Oakland khawpuia Seventh-day Adventist kohhrante chu an rawngbâwlin an inhmanhlel thîn hlê mai a. Member-te chu damlote leh tlachhamte tlawh kualin an inhmang a. Fahrahte tân awmna tûr zawnsakin, hna nei lote tân hnâ an siamsak a. Damlote an enkawl a, in hrang hrangah lût kualin Bible zirna an neihpui bawk a. Pathian thuziak lehkhate sem darhin mîte chu hrisêl taka nun theih dân tûrte an zirtîr bawk thîn.

Laguna Street-a an inkhâwmna in hnuaijah chuan naupangte tân sikul an din a. Hnathawk mîte chênna tûr hmun siamsiakin, tihdam rawngbâwl hnâte an kalpui a. Hrisêlna atâna tha tûr chaw chi hrang hrang zawrhna dâwrte hawngin, sa tel lo va inhnangfâkna hmun (vegetarian café) an siam a. An khuua lawng chawlhna hmunah chuan a theih ang angin mîte tanpui hnâ an thawk a, an pastor-te chuan khawpui chhûnga hall lian tak tak awmahte chuan a khât tâwkin inkhâwmna an buatsaih reng bawk.

Hêng kohhrante hi Ellen G. White-i chuan “khuaihu pahnihte” tiin a sawi mai thîn a, an hnathawk hi a fakin a lâwm hlê a ni (*Advent Review and Sabbath Herald*, July 5, 1900). Keini pawh hian Krista lo kal lehna kan nghah lai hian an tih angte hi kan ti vê thei reng a, kan ti vê ngei tûr pawh a ni bawk. Kan LALPA chu a lo kal leh ngei dâwn a ni tih kan hre Chiang a. Kan tâna thil pawimawh tak ni ta chu: ‘Kan nghah chhûng hian eng nge kan lo tih?’ tih hi a ni.

Chu zawhna kan chhân dân chuan chatuana kan chan tûr a hril ang.

SUNDAY

SEPTEMBER 18

Isua lo kal lehna kan nghah chhûng hian

Zirtîrte chuan ni tla tûrina Pathian biak in a chhun tle sur mai an hmuh chuan ropui an ti hlê mai a. Chutah Isua chuan Kristian kohhranin rei vak lo hnû-a thil tak tak a hmachawn tûrte chu lo ngaihtuah lâwk tûra a duh avângin, thil eng eng emaw chu thukhuh deuh sîin a hrilh ta a: “Hêng zawng zawng hi in hmû maw? Tih tak meuhvin ka hrilh a che u, tihchim lohva lung intiang rêng rêng hetah a awm lo vang,” tiin (*Mat. 24:2*). A thil sawi chu zirtîrte chuan mak an tih êm avângin, “Chu chu engtikah nge a lo thlen ang? I lo kal lehna leh khawvêl hun tâwpna chhinchhiahna eng nge ni dâwn?” tiin an zâwt a (*Mat. 24:3, NIV*). *Matthaia 24:4-31*-ah hian Isuan a lo kal leh hmâa thil lo thleng tûr a zirtîrte hnêna a hrilh chu kan hmû a ni.

A lo kal lehna chhinchhiahna hrang hrangte a sawi hnû-in Isua chuan tâwpna chu a la nih rih loh thû a hrilh a (*Mat. 24:6*). “Chûng zawng zawng chu nau vei tantirhna” ang niin a sawi a (*Mat. 24:8*). Zirtîrte zawhna tak a chhânna chu châng 14-naah hian kan hmû a, “Chutichuan, he lalram chanchin tha hi hnam zawng zawngte hriattîrna ni tûrin khawvêl pumah hril chhuah vek a ni ang a, chumi zawhah chuan tâwpna chu a lo thleng ang,” tiin (*Mat. 24:14, NIV*).

Matthaia 24-a a châng hmasa lam 35-te hian chhinchhiahnate chu ngun taka lo ngaihven tûrin min fuhi a; chutih rual chuan “khawvêl hun tâwpna” chu engtianga lo nghâk tûr nge kan nih tih pawh min hrilh tho bawk (*Mat. 24:3*). Tawngkam danga sawi chuan, bus stand-a bus lo kal hun tûr nghâka kan lo thû anga, a lo kal lehna chu ka lo pâwng nghah ngawt ngawt mai tûr a ni lo tihna a ni. Chutianga chu ni lovin, LALPA lo kal lehna kan nghah chhûnga kan lo thawh tûr hna tam tak tuk kan ni.

***Matthaia 24:36–25:46* chhiar la. Hêng tehkhin thûte hian Pathian mîten Isua lo kal lehna an nghah paha an lo tih tûr chungchâng an sawi a. Heti laia LALPA thusawi awmzia ber chu eng nge ni tih hriat tum ang che. Tichuan, a mi mal ang leh a kohhran ang pawhin he zawhna hi i inzâwt ang u: Hêng tehkhin thu hrang hranga LALPAN zirtîrna min pête hi engtiang taka tha-in nge kan zawm le?**

Hetah hian Isua chuan a amah zuitu dik takten A lo kal lehna an lo nghah dân tûr thû-ah fuihna a pe ãan a. Hemi chhûng hian Isua zirtîrte chu inring rengin an awm tûr a ni a. An inhmangaih tawn ðeuh ang a, an inngaihsakin an inzah tawh hlê bawk tûr a ni; an inrâlring reng ang a, an lo inbuatsaih lâwk vek ang a, anmahni thlarau lam dinhmun ðeuhah mawh an phur bawk ang. Pathianin an kuta theihna a dahte chu an ða takin an hmang ang a, Pathian ram zauh zêl nân an peipui ang a, hmangaihnaa khat an Pathian nungchang dik tak chu an zah ang a, “Isua unau tê berte zînga mi pakhat” pawh an ngaihsak êm êm bawk tûr a ni.

THAWHTANNÎ

SEPTEMBER 19

Kan nghah chhûngin harhtharna leh siamthamna

2 Petera 3 chhiar la. Hemi bunga harhtharna leh siamthamna lam hawi thil a sawite chu khâikhâwm la. Hêng Bible chângte hi tûn kuartar tluana kan thu zir tâk nêh hian engtiangin nge a inrem viau le?

Pathianin a duh ber chu “mi zawng zawng” hian an “sual sim” vek se tih hi a ni a (*Mat. 3:9*). Mîte an سوال simtîr hnâ chu Thlarau Thianghlim thawh tûr a nih avângin keini lo tih ve tûr a awm lo va; amaherawhchu an hnêna chhandamna thuchah thlen tûra koh kan ni a, chu thuchah chu an lo pawm a nih chuan, simna thinlung an lo put pah thung dâwn a ni.

Keini kohhran member-te pawh hian simna thinlung kan put ve a ngai tho bawk a. Simna chu harhtharna leh siamthamna a thlen theihna tûr a thil tûl tak pakhat a ni. Harhtharna tih awmzia chu ‘nunna nei leh tûra lo kîr, siamthara awm, dinhmun ngaia dah leh’ tihna a ni a. Siamthamna tih awmzia pawh ‘a pian hmang siam danglam, siam ða–thil siam thar lo ni’ (*2 Kor. 5:17*) tihna a ni bawk. “Pathian anna dik tak nei tûra harhtharna hi kan mamawh zawng zawngte zînga a ropui ber leh hmanhmawhthlâk ber a ni a. Chumi chang tûra beih chu kan hna hmasa ber a ni tûr a ni.”—Ellen G. White, *Selected Messages*, book 1, p. 121.

Nimin zirlaia “engtiangin nge kan lo nghah ang” tih thu khân harhtharna leh siamthamna a thlen theih nâna thil tûlte leh a rah chhuah tûrte a sawi a. Entîr nân, nula thianghlim sâwmte kha an mutthlû an harh a, an thawh chhuah a ngai ðeuh va (*Mat. 25:1–13*). An zînga a â pangâte khân an nuna Thlarau Thianghlima chhûn khah an mamawh hlê a ni. Keimahni kan inngaihtlâwm a, mahni kan inthihtîr a, mahni hmasialna tel miah lova kan ðawngtaï a, Pathian Thû kan zir a, kan thil hriatte chu mi dangte hnêna thu leh hmangaih thiltih hmanga kan pêk chhâwn ve zêl hian, Thlarau Thianghlim chu nasa lehzuala chang thei tûrin kan inhawng tihna a ni. Amaherawhchu, dârkâr eng emaw zât chhûng Bible zir ve ngat ngat chung hian mahni hmasial tak a la nih reng theih tlat sî. Hartharna leh ruah hnuhnung te pawh hi keimahni tân chauha thleng tûrin kan lo dîl tlut tlut mai palh ang e. *Harhtharna chuan mahni hmasialna tel miah lova mi dangte ðhatna tûr ngaihtuahna lamah mi a hrui ðhîn a*. Thlarau Thianghlima kan khah hunah chuan mi dangte khawngaihtu, changchin ða hril darh châk leh rawngbâwl duh zirtîr-ahte siamthamna kan ni dâwn a ni.

Kan ðawngtaïnaah te, Bible kan zirnaah te, ruah hnuhnung a sûr huna Thlarau Thianghlim chan ve ngei kan lo tumnaah te hian harhtharna leh siamthamna kan mamawh a. Mahse a kohhran ang zâwng pawhin, kan rilru sùkthlêk leh kan thil tihdân hmangah hrim hrim hian harhtharna leh siamthamna kan mamawh hlê mai. “Isua unau tê berte” chung a kan rilru puthmang leh thiltih dânah pawh harhtharna leh siamthamna kan mamawh a. Hêng zawng zawng hi tûn kuartar-a kan zirlaiin a tinzâwn ber pawh a ni rêng a ni.

Engtin nge Isua lo kal lehna chungchângah hian ngaihthâ taka kan lo awm ngawt lohna tûrin kan invên theih ang? Chumi awmzia chu, kumte a lo ral zêl lai hian, engtin nge

LALPA lo kal lehna chu a taka thleng ngei tûr leh thleng thuai tûr a ni tih kan hriat reng theih ang?

THAWHLEHNÎ

SEPTEMBER 20

Kan ngah chhûnga Kohhran tih tûr chu

Jakoba 2:14–26 chhiar la. Engtiang kawngte-in nge hêng chângte hian tute nge kan nih a, eng vânga heta awm nge kan nih tih min hrilh le?

Sunday zirlaiah khân zirtîrten Jerusalem-a awm Pathian biak in mawizia an sawi thû kan hmû a. Chutah Isuan a chhûnga kohhran dinhmun leh khawvêl tâwp mai tûra a hnathawh tûr lam chu a kawhmuh ta zâwk a. Kohhran hi hnathawh tûr a awm avânga awm chauh a ni tih hi kan hre reng tûr a ni.

Seventh-day Adventist Kohhran hnathawh tûr (mission), General Conference *Working Policy* (A 05)-a târlan a nih dân chu, “mi zawng zawng zirtîra siam a, *Thupuan 14:6-12*-a vântirhkoh pathumten thuchah an puan chatuana chanchin ða [lalram chanchin ða (*Matthaia 24:14*)] mi tin hnêna hrilh a, Isua chu an mi mal Chhandamtua pawm ve tûr leh, a kohhran la bâng nêna inpumkhat tûra hruai a, amah chu LALPA a ni tih hria a rawngbâwl tûra zirtîr a, a lo kal leh thuaina tûr atâna anmahni lo buatsaih a ni,” tih a ni. He rawngbâwl hnâ hi thuhrih hmang te, zirîrna hmang te, leh tihdamna te hmanga thawh tûr a ni a. “Tihdamna” tih hi *Working Policy* bu chuan hetiang hian a sawifiah a: “Bible-in mi chu a pum puia hrisêl tûra a duhna chu pawmpuiin, hrisêlna vawnthath leh damlo tihdam hnâ hi ngaih pawimawh berte zîngah kan neih a. Mi retheite leh rahbeha awmte hnêna kan rawngbâwlna hmang hian Siamtu chu a khawngaihna avânga dînharleh hnâ a thawhna kawngah kan pui vê a ni.”

Tûn kuartar-a kan zirlai hi Isua chuan mihringte-ah hian amah anna kha dînhar leh a, a hnung zuitûte chu keimahni awmnaah ðeuh dînhar lehna thawhna hmanrua ni tûra min tihchak a duh a ni tih thu nêna a inñan a. “Tûnlai khawvêl hian—kum 1900 kal taa a mamawh—Isua Krista inpuanna tho kha a la mamawh reng a. Siamthamna hna ropui tak chu mamawh a ni a, taksa, rilru, leh thlarau dînharlehna hnâ hi Krista khawngaihna azârah hlenchhuah theih a ni.”—Ellen G. White, *Tihdam Rawngbâwlna*, p. 143.

Isua rawngbâwlna chu tâwpna huna a kohhranin a entawn ber tûr leh, a tih tûr ni bawh a nih thu an sawi a hriat hnû-in kohhran member pakhat chuan hetiang hian a sawi a: “Kan awmna ramah chuan ngaihdân tharte leh thil tih dân kawng tharte hi pawm mai harsa kan ti ðhîn a. Tûn kâra Isua rawngbâwl dân hmang zui chungchâng kan zir tâk pawh hi a nihna takah chuan thil thar a ni lo. Ngaihdân hlui tak a ni zâwk a. Kan lo theihngilh hmin dêr tawh a ni,” tiin.

“Thiltih tel lo rinna chu a thî a ni.” Engtiangin nge rinna leh thiltihte inzawm hnaihzia hi a takin i lo hriatthiam ve tâk? Engtiangin thiltihte hian i rinna a tihpun ðhin le?

NILAINÎ

SEPTEMBER 21

Kan ngah chhûng hian rahsengna hnukung atâna inbuatsaihin

Zirlai 5-naah pawh kan hmuh tawh ang khân, Isuan lalram chungchâng a zirtîrnaah lo neih lama an ðawngkam hman ðhin tlânglâwn tak takte chu a hmang a. Hlawhtling taka rah thar tûr chuan chhel taka hnathawh a ngai ðhîn. Hna hrang hrangte chu a thawh hun tûr tak zêlah mi hran hranin ða taka an tih tûr ðeuh an tih a ngai a. Chutiang deuh chiah chuan, keini pawh hi leilung buatsaih, thlai chi thlâk, leh rah seng hna thawh tûra LALPAN min hman theih nân Thlarau Thianghlim hruai theih tûra kan inhawn ve a ngai a ni.

Johana 4:35–38 chhiar la. Hetah hian eng thil nge mitthlâ tûrin a zirtîrte a hrilh a, mi dangte tâna hnâ kan thawhna tûr chungchângah kan tân eng thuchah awm chu eng nge ni?

Thu dik tak chu ‘mîte thinlung kan hriatsak lo’ tih hi a ni a. An nuna Thlarau Thianghlimin hnâ a thawh dân pawh kan hre lo bawh a. Mi tam tak hi chu seng (baptisma chantîr) an nih hmâa kawng thui tak zawh tûr la nei niin kan hmu a ni mai thei a; mahse an mamawh tak erawh chu mi tu emaw, Isua hnêna an inpêk theihna tûra nawrtu a ni zâwk sî. Mi tin thinlung leh ngaihtuahnaah hian indona a thleng mêk a, mîten Amah an thlan theih nâna pui tûrin Pathian chuan keini hi min ko va ni.

1 Korin 3:6–8 chhiar la. Hetah hian kal chhuak zâwnga rawngbâwl hnâ thawhna kawngah kan tân eng thuchah nge awm?

Hetah hian Paula chuan a hmâa Isua pawhin a lo sawi tawh ang bawh kha a rawn sawi ve leh a. Rawngbâwl hnâ chu lo neih ang deuh a ni a. Kan zavaiin hna inang kan thawh thup thup kher lo a ni mai thei e; mahse kan hnathawh theuhte chu mi dangte va pawha thlarau hnehna kawnga a pêng pawimawh tak a ni vek tho. Pathian chuan kawng hrang hrangin min hmang tho mah sela, a tâwpa thlarau piantharna thlen theitu chu Pathian chauh a ni leh tho dâwn a ni.

Mi dangte rawngbâwlsak hnâ kan thawhna kawngah hian, Pathianin hna bîk min tuk theuhte hi engtin nge lâwm tak leh inngaitlâwm tak chungah thawh dân kan zir theih ang? He hna thawh hi eng vângin nge hamthatna a nih le?

NINGÂNÎ

SEPTEMBER 22

Kan nghâk chhuak ta

Kum tam tak kal ta khân England rama ziaktu lâr tak pakhat, Charles Dickens-a chuan *A Tale of Two Cities* (Khawpui Pahnih Thawnthû) tih lehkhabu a zia a. Chu lehkhabu-a khawpui pahnih a sawite chu London leh Paris-te a ni. A nihna takah chuan Bible pawh hi khawpui pahnih chanchin a ni vê tho va. Chûng khawpui pahnihte chu **Babulon** leh **Jerusalem** a ni.

Thupuan 14:8-ah leh *Thupuan 18*-ah chuan tirkoh Johanan Babulon chanchin a sawi a. Chu khawpui chu ramhuaite chênna leh thlarau bawhlhlawhte kulhpui a lo ni ta a. Hnam hrang hrangte chu thlarau lama uirênaah a hruai lût tawh a. A chungah chhiahna lo thleng tûr pawh puan tawh niin, khawpui “tlâwm hnû” anga sawi a ni a. He khawpui, thil tha lo leh kalsualna, Pathian laka helna chhinchhiahna hi eng tik nî-ah emaw chuan hneh a la ni ang a, tihboral vek a ni dâwn a ni.

***Thupuan 21:1–4* chhiar la. Engtiangin nge Jerusalem Thar chu Babulon nêna danglam viau le?**

Khawpui pahnihna chu Khawpui Thianghlim, Jerusalem Thar, *Thupuan 21* leh *22*-a kan hmuh hi a ni a. He khawpuihi chuan mo neitu thlangtûte leh Setana hmasialna leh thlarau lama a uirênaate leh amah zuitute hnâwtûte chu an chêng a. Tlansate hi chuan Pathian khawngaihna azârah a thupêkte zâwmin, Isua rinna chu lan chhuahtîr bawh a (*Thupuan 14:12*). Chhel taka hrehawm an tawrh chhuahna leh, Isua rawngbâwlna chhawzawm zêl an tumna chuan leia an awm lai ngei pawhin, vân ram nun a lo tem lâwktîr a. Isua rinna an neih tlat avângah chhandam tawh an ni a; Amâ felna chauh chuan vânrama chêng tlâkah a siam a. Isua “unau tê berte zîng mi” (*Mat. 25:40*) an ngaihsakna chu chhandamna pe thei rinna an neihzia tilangtu a ni.

Berâm No thisen avângin (*Thupuan 5*) kohhranin khawngaihna rawngbâwlina hmanga dindharna hnâ a thawh chu hlim taka lawmnain khâr a ni ta a ni (*Thupuan 5:13, 14*). Chu khawpui nuam leh thianghlim takah chuan “Pathianin an mit atâ mittui zawng zawng a hruifai ang a; thihna a awm leh thei tawh lo vang a, lungngaih te, tah te, nat te pawh a awm leh tawh hek lo vang; thil hmasâte chu a ral vek tawh dâwn a ni,” (*Thupuan 21:4*). Remna dik tak chu dindharn leh a ni ta. Taksa, rilru, leh thlarau lama Pathian anpui kan nihna chu a pumhlûmin pêk kîr leh vek kan ni a. Indona ropui pawh tâwp tawh a, “thil tê ber ațanga thil ropui ber thlengin, engkim-nunna nei leh nei lote pawhin, an mawina zawng zawng leh hlimna famkim nêh Pathian chu hmangaihna a ni tih an puang ang.”—Ellen G. White, *Indona Ropui*, p. 678.

***Thupuan 22:21* chhiar la. Engtin nge he Bible châng, Bible-a châng tâwp ber hian kan thurin zawng zawngte laimû chu a sawi chhuah le?**

ZIRTÂWPNÎ

SEPTEMBER 23

Ngaihtuah zui tûr: *Matthaia 5:16; Kolosa 3:17; Hebrai 13:15, 16* leh, Ellen G. White-i lehkhabu, *Chatuan Nghahfâk* tiha, “Olive Tlângah” (pp. 627-636) tih leh, “Hêng Ka Ûnau Tê Berte Zînga Mî” (pp. 637-641) tikhka chhiar awn leh bawk ang che.

Isuan a lo kîr leh hmâa thil thleng tûr hrang hrangte min hrilh a. Chûngte chu a duhawm lo viau hlawm lehngihâl a—Indona te, indo thuthang te, hrilêng leh thil dang thlen tûr thûte a ni. Mihringte hian hêng thil ța lo chi hrang hrangte hi Pathian hnâwl phah nân an hmang dâwn a nih chuan, tûnah ngei pawh han chhuanlam tûr tam tak an nei a, tâwpna hun kan hnaih chhoh zêl ang a, an nei tam telh telh bawk ang. Chuti a nih chuan Pathian mî, amah zuitu nia inchhâlthe tân chuan khawvêl hnêna Pathian nungchang dik tak târlan a, Pathian chu eng ang nge a nih tih hriattîr a pawimawh deuh deuh dâwn tihna a ni.

“Pathian hmâah chuan kan inngaihtlâwm a, ngilnei leh hawihâwm, thilnung nêh leh khawngaih thei taka kan awm a nih phawt chuan tûn âia a lêt zaa tam daih hi thutak rawn pawm thar an awm dâwn a ni.—Ellen G. White, *Testimonies for the Church*, vol. 9, p. 189.

Mi dangte tâna rawngbâwl leh chêt chhuah chungchânga thusawi hriatthiam awlsam, thiltithei tak bawk sî a va ni tehluh êm! Isua lo kal lehna kan nghah chhûng hian Isua chuan a kohhran member-te chu chanchin ța pum pui hi hrila, nunpui bawk tûrin a beisei a; keimahni leh kan thil neihte hi a hna thawh nân hmang a; mîte chu hmangaiha, zah a, ngaihsak hlê tûr leh; Thlarau Thianghlim chu kan nuna a pumhlûma a lo luh theih nâna inhawng tûrin min duh a. Chutiang taka thuhretu hnâ kan thawk a nih chuan, khawvêla hnial khân fîng tak takte pawh hian min khing thla thei dâwn lo va ni.

Sawi ho tûrte:

❶ **In class-ah khân “Babulon-a” chên leh “Jerusalem-a” chên a inan loh dân tûr sawi ho ula. Hêng khawpui pahnihte danglamna lian deuh deuhthe chu engte nge ni ang? Chumi awmzia chu, khawî hmunahte nge a danglamna hmuh a nih ang a, tute nge a mi chêngate ni ang?**

❷ **Kristiante tâna zawhna ropui tak chu, “Kristian rinnaah hian thiltihten pawimawhna a nei em?” tih lam a ni lo. A nei chuan an nei nameuh mai. Chu aia kan inzawh zâwk tûr chu, “Thiltihten min chhandam thei lo a nih sî chuan, Kristian rinnaah hian eng nge pawimawhna an nei ve?” tih hi a ni. Engtin nge he zawhna hi kan chhân ang, a bik takin tlachhamte ța npui leh rawngbâwlsakna kawngah hian?**

❶ Engtiangin nge Isua lo kîr lehna tûr chu kan nghah le? Chumi awmzia chu, a lo kal leh kan rinna hi a tak tak a nihzia tichiang tûrin kan nunah hian eng nge kan tih? Eng vângin nge Isua lo kal lehna ring vê lotûte nun dân ang lo taka kan nun ang?

2016-4 Zirlai

Zirlai Thupui: Joba Bû

Chawlhkâr 1-na

Thupui: Tâwpna

CHÂNGVAWN: Johana 11:25.

Sunday: Hlim Taka Awm Zui Ta Zêl—Joba 42:10-17.

Thawhtannî: Tâwpna Hlimawm Lote—Abela-Gen. 4:8; Uria-2 Samuela 11:17; Elia-1 Samuela 4:18; Lal Josia-2 Chro. 35:22-24; Baptistu Johana-Matt. 14:10; Stefana-Tirhkohte 7:59, 60.

Thawhlehnî: Thil Thenkhat Nei Lêh—Joba 42:10; 1 Korin 4:5.

Nilâinî: Lalram Lo Ding Tûr—Daniela 2:44; 7:18.

Ningânî: Thawhlehna leh Nunna Chu—Joba 14:14, 15; Johana 11:25.

Zirtâwpnî: *Indona Ropui*, pp. 677, 678.

Chawlhkâr 2-na

Thupui: Indona Ropui

CHÂNGVAWN: Zekaria 3:2.

Sunday: Lei Chunga Vân Tê—Joba 1:1-4, 5-6.

Thawhtannî: Lei leh Vân Huapa Indona—Joba 1:6-12.

Thawhlehnî: Lei Chunga Inbeihna—Gen. 3:1-4; Zekaria 3:2; Matthaia 4:1; 1 Pet. 5:8; 1 Johana 3:8; Thupuan 12:9.

Nilâinî: Joba: Khawvêl Tê Tak Tê—Isaia 14:12-14; Ezek. 28:12-16; 1 Tim. 3:6.

Ningânî: A Chhânate Kraws-ah—1 Korin 13:12; Johana 12:31,32; Thupuan 12:10-12; Rom. 3:26; Hebrai 2:14.

Zirtâwpnî: *Indona Ropui*, pp. 498, 499.